

Enrichment Calendar

Road Trip Across the U.S.A.--California

SEPTEMBER 2017

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					<p>9:30 Reading the Portsmouth Herald (Art Rm)</p> <p>10:15 Chair Yoga with Sherry (3rd DR)</p> <p>11:00 Manicures (Salon)</p> <p>11:00 Water Color Class (Art Rm)</p> <p>2:00 New Radio Broadcast (Media Rm)</p> <p>3:00 Tai Chi (Chair Exercise) (4th DR)</p> <p>4:00 Appetizers and Spirits (Bistro)</p> <p>7:00 Friday Night Movie (4th DR)</p>	<p>10:30 Ramblin' Richard Guitar Concert (4th DR)</p> <p>2:30 Bingo (4th DR)</p> <p>3:45 Drinks and Conversation (Bistro)</p>

<p>3</p> <p>10:30 Travel, Biographies and Music (Bistro)</p> <p>11:00 Sunday News & Views (Art Rm)</p> <p>1:30 Trivia Hour (Lobby)</p> <p>2:00 Ken Burns Documentary: JAZZ (4th DR)</p> <p>3:15 Patriotic Sundaes (Bistro)</p>	<p>4</p> <p>9:30 Reading the Portsmouth Herald (Art Rm)</p> <p>10:15 Exercise Group (3rd DR)</p> <p>11:00 Scrabble (Art Rm)</p> <p>2:00 Walks to Our Garden (Meet in the Lobby)</p> <p>3:30 Summer Lecture Series: TED Talks (Media Rm)</p> <p>4:00 Social Hour (Bistro)</p>	<p>5</p> <p>10:15 Strengthening (3rd DR)</p> <p>11:30 Out to Lunch Bunch (Meet in the Lobby)</p> <p>2:00 Scenic Ride (Sign up) (Lobby)</p> <p>4:00 Social Hour (Bistro)</p> <p>7:00 Movie (4th DR)</p>	<p>6</p> <p>9:30 Reading the Portsmouth Herald (Art Rm)</p> <p>10:15 Dance Aerobics with Lindsey (3rd DR)</p> <p>11:00 Virtual Tour & History of Alcatraz (Media Rm)</p> <p>1:30 Reciting the Rosary (4th DR)</p> <p>2:00 Catholic Mass (3rd DR)</p> <p>3:00 Crossword Puzzles with Laura (Art Rm)</p> <p>4:00 Sailor Social (Bistro)</p>	<p>7</p> <p>10:15 Strengthening (3rd DR)</p> <p>11:00 Classical Music Appreciation (Media Rm)</p> <p>2:00 Scenic Ride (Lobby)</p> <p>2:30 Tai Chi (Chair Exercise) (4th DR)</p> <p>4:00 Social Hour (Bistro)</p> <p>4:00 Meditation with Jenna (Private DR)</p> <p>7:00 Game Night (Bistro)</p>	<p>8</p> <p>9:30 Reading the Portsmouth Herald (Art Rm)</p> <p>10:15 Stretch Class (3rd DR)</p> <p>11:00 Manicures (Salon)</p> <p>11:00 Water Color Class (Art Rm)</p> <p>2:00 New Radio Broadcast (Media Rm)</p> <p>3:00 Ornament Workshop (Art Rm)</p> <p>4:00 Appetizers and Spirits (Bistro)</p> <p>7:00 Friday Night Movie (4th DR)</p>	<p>9</p> <p>10:15 Exercise Group (3rd DR)</p> <p>11:00 Sing Along with Debra (Media Rm)</p> <p>2:30 Bingo (4th DR)</p> <p>3:45 Drinks and Conversation (Bistro)</p>
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<p>10:30 Travel, Biographies and Music (Bistro)</p> <p>11:00 Sunday News & Views (Art Rm)</p> <p>2:00 Family Ice Cream Social (Bistro)</p> <p>3:00 Holy Trinity Music Concert (4th DR)</p>	<p>1 0</p> <p>9:30 Reading the Portsmouth Herald (Art Rm)</p> <p>10:15 Exercise Group (3rd DR)</p> <p>11:00 Scrabble (Art Rm)</p> <p>2:00 Left, Right, Center (Dice Game) (Art Rm)</p> <p>3:30 Summer Lecture Series: TED Talks (Media Rm)</p> <p>4:00 Social Hour (Bistro)</p>	<p>1 1</p> <p>10:00 Shopping Trip (Meet in the Lobby (2nd Floor))</p> <p>10:15 Strengthening Group (3rd DR)</p> <p>11:00 Word Games (Art Rm)</p> <p>1:30 Alzheimer's Fundraiser Event: Tricycle Race (Meet in the Lobby)</p> <p>4:00 Social Hour (Bistro)</p> <p>7:00 Movie (4th DR)</p>	<p>1 2</p> <p>9:30 Reading the Portsmouth Herald (Art Rm)</p> <p>10:15 Exercise Group (3rd DR)</p> <p>11:00 Portsmouth Naval Prison Presentation (Media Rm)</p> <p>2:00 Strengthen Your Mind (Art Rm)</p> <p>3:30 Deborah Windham Piano Concert (4th DR)</p>	<p>1 3</p> <p>10:15 Strengthening (3rd DR)</p> <p>11:00 Reciting the Rosary (4th DR)</p> <p>11:30 Catholic Communion (3rd DR)</p> <p>12:00 Community Pizza Party! (4th DR)</p> <p>2:00 Ice Cream Ride (Meet in the Lobby)</p> <p>3:45 1001 Questions with Jenna (Art Rm)</p> <p>6:00 Outing: The Finest Hours @ Rye Library (Meet in the Lobby)</p> <p>7:00 Game Night (Bistro)</p>	<p>1 4</p> <p>10:15 Reading the Portsmouth Herald (Art Rm)</p> <p>10:15 Chair Yoga with Sherry (3rd DR)</p> <p>11:00 Manicures (Salon)</p> <p>11:00 Water Color Class (Art Rm)</p> <p>2:00 New Radio Broadcast (Media Rm)</p> <p>3:00 Veterans Coffee Hour (3rd FL DR)</p> <p>3:15 Meditation with Jenna (Private DR)</p> <p>4:00 Appetizers and Spirits (Bistro)</p> <p>7:00 Friday Night Movie (4th DR)</p>	<p>1 5</p> <p>10:15 Exercise Group (3rd DR)</p> <p>11:00 Twenty Questions (Media Rm)</p> <p>2:30 Bingo (4th DR)</p> <p>3:45 Drinks and Conversation (Bistro)</p>	<p>1 6</p>
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<p>10:30 Travel, Biographies and Music (Bistro)</p> <p>11:00 Sunday News & Views (Art Rm)</p> <p>1:30 Trivia Hour (Lobby)</p> <p>2:00 Ken Burns Documentary: JAZZ (4th DR)</p> <p>3:15 Root Beer Floats (Bistro)</p>	<p>1 7</p> <p>9:30 Reading the Portsmouth Herald (Art Rm)</p> <p>10:15 Exercise Group (3rd DR)</p> <p>11:00 Scrabble (Art Rm)</p> <p>2:15 Singing Hymns with Deb Knowlton (4th DR)</p> <p>3:30 Summer Lecture Series: TED Talks (Media Rm)</p> <p>4:00 Social Hour (Bistro)</p>	<p>1 8</p> <p>10:00 Shopping Trip (Meet in the Lobby (2nd Floor))</p> <p>10:15 Strengthening (3rd DR)</p> <p>11:15 Fall Foliage Cruise (Meet in the Lobby)</p> <p>2:00 Walks to the Garden (meet in the lobby)</p> <p>3:45 Poetry & Wine with Jenna (Sunroom)</p> <p>7:00 Movie (4th DR)</p>	<p>1 9</p> <p>9:30 Reading the Portsmouth Herald (Art Rm)</p> <p>10:30 Richard King Guitar Concert (4th DR)</p> <p>12:00 Men's Lunch (Private DR)</p> <p>2:00 Dance Aerobics with Lindsey (3rd DR)</p> <p>3:00 Meditation with Jenna (Private DR)</p> <p>4:00 Sailor Social (Bistro)</p>	<p>2 0</p> <p>10:15 Strengthening (3rd DR)</p> <p>11:00 Reciting the Rosary (4th DR)</p> <p>11:00 Trip to Portsmouth Naval Shipyard (Meet in the Lobby)</p> <p>11:30 Catholic Communion (4th DR)</p> <p>2:00 Scenic Ride (Lobby)</p> <p>2:30 Readings of Roald Dahl (Sunroom)</p> <p>4:00 Social Hour (Bistro)</p> <p>7:00 Game Night (Bistro)</p>	<p>2 1</p> <p>9:30 Reading the Portsmouth Herald (Art Rm)</p> <p>10:15 Stretch Class (3rd DR)</p> <p>11:00 Manicures (Salon)</p> <p>11:00 Water Color Class (Art Rm)</p> <p>2:00 New Radio Broadcast (Media Rm)</p> <p>3:00 Ornament Workshop (Art Rm)</p> <p>4:00 Appetizers and Spirits (Bistro)</p> <p>7:00 Friday Night Movie (4th DR)</p>	<p>2 2</p> <p>10:15 Exercise Group (3rd DR)</p> <p>11:00 Broadway Music Hour (Media Rm)</p> <p>2:30 Bingo (4th DR)</p> <p>3:45 Drinks and Conversation (Bistro)</p>	<p>2 3</p>
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<p>10:30 Travel, Biographies and Music (Bistro)</p> <p>11:00 Sunday News & Views (Art Rm)</p> <p>1:30 Trivia Hour (Lobby)</p> <p>2:00 Ken Burns Documentary: JAZZ (4th DR)</p> <p>3:15 Apple Cider Floats (Bistro)</p>	<p>2 4</p> <p>9:30 Reading the Portsmouth Herald (Art Rm)</p> <p>10:15 Exercise Group (3rd DR)</p> <p>11:00 Scrabble (Art Rm)</p> <p>2:00 Candy Bar Bingo (4th DR)</p> <p>3:30 Autumn Lecture Series: TED Talks (Media Rm)</p> <p>4:00 Social Hour (Bistro)</p>	<p>2 5</p> <p>10:00 Shopping Trip to Wal-Mart (Meet in the Lobby)</p> <p>10:15 Strengthening (3rd DR)</p> <p>11:00 Word Games (Art Rm)</p> <p>1:00 Archaeological Treasures from the Isles of Shoals (Meet in the Lobby)</p> <p>3:15 Meditation with Jenna (Private DR)</p> <p>4:00 Social Hour (Bistro)</p> <p>7:00 Movie (4th DR)</p>	<p>2 6</p> <p>10:00 Shopping Trip to Wal-Mart (Meet in the Lobby)</p> <p>10:15 Strengthening (3rd DR)</p> <p>11:00 Word Games (Art Rm)</p> <p>1:00 Archaeological Treasures from the Isles of Shoals (Meet in the Lobby)</p> <p>3:15 Meditation with Jenna (Private DR)</p> <p>4:00 Social Hour (Bistro)</p> <p>7:00 Movie (4th DR)</p>	<p>2 7</p> <p>9:30 Reading the Portsmouth Herald (Art Rm)</p> <p>10:15 Dance Aerobics with Lindsey (3rd DR)</p> <p>11:00 Food Discussion Meeting (4th FL DR)</p> <p>12:00 Ladies Lunch (Private DR)</p> <p>1:30 Reciting the Rosary (4th DR)</p> <p>2:00 Catholic Mass (3rd DR)</p> <p>3:00 Strengthen Your Mind (Art Rm)</p> <p>4:00 Sailor Social (Bistro)</p>	<p>2 8</p> <p>10:15 Strengthening (3rd DR)</p> <p>11:00 In-House Informational Meeting (3rd DR)</p> <p>12:00 California Themed Lunch (4th DR)</p> <p>2:00 Scenic Ride (Lobby)</p> <p>2:15 Princess Diana Documentary (4th DR)</p> <p>4:00 September Birthday Party! (Bistro)</p> <p>7:00 Game Night (Bistro)</p>	<p>2 9</p> <p>9:30 Reading the Portsmouth Herald (Art Rm)</p> <p>10:15 Stretch Class (3rd DR)</p> <p>11:00 Manicures (Salon)</p> <p>11:00 Water Color Class (Art Rm)</p> <p>2:00 New Radio Broadcast (Media Rm)</p> <p>3:00 Tai Chi (Chair Exercise) (4th DR)</p> <p>4:00 Appetizers and Spirits (Bistro)</p> <p>7:00 Friday Night Movie (4th DR)</p>	<p>3 0</p> <p>10:15 Exercise Group (3rd DR)</p> <p>11:00 Well Wishers (Art Rm)</p> <p>2:30 Bingo (4th DR)</p> <p>3:45 Drinks and Conversation (Bistro)</p>
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