



Wentworth Senior Living Dining Selections Week of 10/1/17

Week 1 (FW 2016/17)

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p><i>Breakfast</i></p> <p>French Toast Sausage Danish</p>	<p><i>Breakfast</i></p> <p>Scrambled Eggs Bacon</p>	<p><i>Breakfast</i></p> <p>Cheese Omelette Sausage Homefries</p>	<p><i>Breakfast</i></p> <p>Pancakes Bacon</p>	<p><i>Breakfast</i></p> <p>Scrambled Eggs Bacon Cinnamon Donuts</p>	<p><i>Breakfast</i></p> <p>Waffles Sausage</p>	<p><i>Breakfast</i></p> <p>Scrambled Eggs w/ Cheese Corned Beef Hash</p>
<p><i>Dinner</i></p> <p>Fresh Garden Salad Fresh Fruit Salad Butternut Squash Bisque</p> <p>Honey Baked Ham w/ Raisin Sauce Potatoes Au Gratin Roasted Beets</p> <p>Stuffed Sole Potatoes Au Gratin Roasted Beets</p> <p>Roll Alternate Veg Dessert of the Day Sugar Free Dessert</p>	<p><i>Dinner</i></p> <p>Fresh Garden Salad Fresh Fruit Salad Beef Vegetable</p> <p>Maple Glazed Salmon Roasted Red Bliss Potatoes Turnip</p> <p>Chicken Florentine w/ Mushroom Gravy Roasted Red Bliss Potatoes Turnip</p> <p>Roll Alternate Veg Dessert of the Day Sugar Free Dessert</p>	<p><i>Dinner</i></p> <p>Fresh Garden Salad Fresh Fruit Salad Turkey & Spinach</p> <p>Pork Tenderloin w/Apple Chutney Mashed Potato Broccoli</p> <p>Shepherd's Pie Broccoli</p> <p>Roll Alternate Veg Dessert of the Day Sugar Free Dessert</p>	<p><i>Dinner</i></p> <p>Fresh Garden Salad Fresh Fruit Salad Escarole</p> <p>Chicken Cacciatore Linguine Vegetable Medley</p> <p>Shrimp Alfredo Linguine Vegetable Medley</p> <p>Garlic Bread Alternate Veg Dessert of the Day Sugar Free Dessert</p>	<p><i>Dinner</i></p> <p>Fresh Garden Salad Fresh Fruit Salad Chicken Noodle</p> <p>Pot Roast w/ Gravy Baked Potatoes Parsnips & Carrots</p> <p>Sesame Pork Baked Potatoes Parsnips & Carrots</p> <p>Roll Alternate Veg Dessert of the Day Sugar Free Dessert</p>	<p><i>Dinner</i></p> <p>Fresh Garden Salad Fresh Fruit Salad Clam Chowder</p> <p>Mediterranean Baked Fish Cous Cous Kale Sauté</p> <p>Chicken w/ a Sage Cornbread Crust Cous Cous Kale Sauté</p> <p>Roll Alternate Veg Dessert of the Day Sugar Free Dessert</p>	<p><i>Dinner</i></p> <p>Fresh Garden Salad Fresh Fruit Salad Lentil</p> <p>Chicken Stuffed w/ Cranberries & Apple Stuffing Wild Rice Carrots</p> <p>Vegetable Lasagna Carrots</p> <p>Roll Alternate Veg Dessert of the Day Sugar Free Dessert</p>
<p><i>Supper</i></p> <p>Butternut Squash Bisque</p> <p>Meatball Sub Hot Bacon Potato Salad Peas & Carrots</p> <p>Caesar Salad w/ Grilled Chicken Garlic Bread</p> <p>Dessert of the Day Sugar Free Dessert</p>	<p><i>Supper</i></p> <p>Beef Vegetable</p> <p>Chef's Quiche Asparagus</p> <p>Grilled Ham & Cheese Chips & Pickle Asparagus</p> <p>Dessert of the Day Sugar Free Dessert</p>	<p><i>Supper</i></p> <p>Turkey & Spinach</p> <p>Chili Con Carne Cornbread Chef's Choice Vegetables</p> <p>Grilled Rubeen & Swiss on Rye Chips & Pickle Chef's Choice Vegetables</p> <p>Dessert of the Day Sugar Free Dessert</p>	<p><i>Supper</i></p> <p>Escarole</p> <p>Baked Haddock Wild Rice Roasted Butternut Squash</p> <p>Monte Cristo Roasted Butternut Squash</p> <p>Dessert Of the Day Sugar Free Dessert</p>	<p><i>Supper</i></p> <p>Chicken Noodle</p> <p>Cheese Ravioli w/ Pomodoro Sauce Bread Stick Green Beans</p> <p>Patty Melt Waffle Fries Green Beans</p> <p>Dessert of the Day Sugar Free Dessert</p>	<p><i>Supper</i></p> <p>Clam Chowder</p> <p>Fried Cajun Catfish Onion Rings Apple Cole Slaw</p> <p>Roast Beef & Cheddar Onion Rings Apple Cole Slaw</p> <p>Dessert of the day Sugar Free Dessert</p>	<p><i>Supper</i></p> <p>Lentil</p> <p>Spaghetti & Meatballs Garlic Bread Caesar Salad</p> <p>Turkey Stew Garlic Bread Caesar Salad</p> <p>Dessert of the Day Sugar Free Dessert</p>



Wentworth Senior Living Dining Selections Week of 10/8/17

Week 2 (FW 2016/17)

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p><i>Breakfast</i></p> <p>French Toast Sausage Danish</p>	<p><i>Breakfast</i></p> <p>Quiche Bacon Homefries</p>	<p><i>Breakfast</i></p> <p>Scrambled Eggs Bacon Scones</p>	<p><i>Breakfast</i></p> <p>Cheese Omelette Corned Beef Hash</p>	<p><i>Breakfast</i></p> <p>Pancakes Sausage Donut</p>	<p><i>Breakfast</i></p> <p>Eggs Over Easy Bacon</p>	<p><i>Breakfast</i></p> <p>Scrambled Eggs Sausage Coffee Cake</p>
<p><i>Dinner</i></p> <p>Fresh Garden Salad Fresh Fruit Salad Split Pea & Ham</p> <p>Roast Turkey & Gravy Stuffing Mashed Potatoes Butternut Squash</p> <p>Liver w/ Bacon & Onions Mashed Potatoes Butternut Squash</p> <p>Roll Alternate Veg Dessert of the Day Sugar Free Dessert</p>	<p><i>Dinner</i></p> <p>Fresh Garden Salad Fresh Fruit Salad Minestrone</p> <p>Corned Beef & Cabbage Red Bliss Potatoes Carrots</p> <p>Chicken Leg Red Bliss Potatoes Carrots</p> <p>Roll Alternate Veg Dessert of the day Sugar Free Dessert</p>	<p><i>Dinner</i></p> <p>Fresh Garden Salad Fresh Fruit Salad Country Vegetable Noodle</p> <p>Veal Saltimbocca Wild Rice Green Beans Almondine</p> <p>Turkey cutlet w/ Tarragon Sauce Wild Rice Green Beans Almondine</p> <p>Roll Alternate Veg Dessert of the Day Sugar Free Dessert</p>	<p><i>Dinner</i></p> <p>Fresh Garden Salad Fresh Fruit Salad Beef Barley</p> <p>Meatloaf & Gravy Mashed Potatoes Fall Vegetable Blend</p> <p>Pork Tenderloin w/ Cranberry Apple Compote Mashed Potatoes Fall Vegetable Blend</p> <p>Roll Alternate Veg Dessert of the Day Sugar Free Dessert</p>	<p><i>Dinner</i></p> <p>Fresh Garden Salad Fresh Fruit Salad Turkey Orzo</p> <p>Pork Chop w/ Gravy Vegetable Risotto Acorn Squash</p> <p>Stuffed Portabella Vegetable Risotto Acorn Squash</p> <p>Roll Alternate Veg Dessert of the Day Sugar Free Dessert</p>	<p><i>Dinner</i></p> <p>Fresh Garden Salad Fresh Fruit Salad Seafood Chowder</p> <p>Lobster & Shrimp Scampi Tagliatelle Pasta Roasted Beets</p> <p>Stuffed Red Pepper Roasted Beets</p> <p>Roll Alternate Veg Dessert of the day Sugar Free Dessert</p>	<p><i>Dinner</i></p> <p>Fresh Garden Salad Fresh Fruit Salad Split Pea w/ Rosemary</p> <p>Beef Stroganoff Egg Noodles Sautéed Baby Spinach</p> <p>Chicken Alfredo Egg Noodles Sautéed Baby Spinach</p> <p>Roll Alternate Veg Dessert of the Day Sugar Free Dessert</p>
<p><i>Supper</i></p> <p>Split Pea & Ham</p> <p>Lobster Roll French Fries Broccoli Slaw</p> <p>BBQ Chicken French Fries Broccoli Slaw</p> <p>Dessert of the Day Sugar Free Dessert</p>	<p><i>Supper</i></p> <p>Minestrone</p> <p>Beef & Broccoli Stir Fry Stir Fried Rice Oriental Vegetables</p> <p>Egg Salad on a Croissant Lettuce & Tomato Waldorf Salad</p> <p>Dessert of the Day Sugar Free Dessert</p>	<p><i>Supper</i></p> <p>Country Vegetable Noodle</p> <p>Seafood Salad Roll French Fries Peas & Carrots</p> <p>Chicken Fingers w/ Honey Mustard French Fries Peas & Carrots</p> <p>Dessert of the Day Sugar Free Dessert</p>	<p><i>Supper</i></p> <p>Beef Barley</p> <p>Hot Open Faced Turkey Sandwich Mashed Potatoes Tomato Salad</p> <p>Roast Beef Sandwich Lettuce & Tomato Tomato Salad</p> <p>Dessert of the Day Sugar Free Dessert</p>	<p><i>Supper</i></p> <p>Turkey Orzo</p> <p>American Chop Suey Italian Green Beans</p> <p>Ham Salad Sandwich Lettuce & Tomato Vegetable Cous Cous</p> <p>Dessert of the Day Sugar Free Dessert</p>	<p><i>Supper</i></p> <p>Seafood Chowder</p> <p>Pizza-Cheese, Veggie or Pepperoni Garden Salad</p> <p>Tuna Melt Garden Salad</p> <p>Dessert of the Day Sugar Free Dessert</p>	<p><i>Supper</i></p> <p>Split Pea w/ Rosemary</p> <p>Hot Dogs & Beans Brown Bread Coleslaw</p> <p>Grilled Turkey & Cheddar Lettuce & Tomato Coleslaw</p> <p>Dessert of the Day Sugar Free Dessert</p>



Wentworth Senior Living Dining Selections Week of 10/15/17

Week 3 (FW 2016/17)

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p><i>Breakfast</i></p> <p>Eggs Over Hard Bacon Danish</p>	<p><i>Breakfast</i></p> <p>French Toast Sausage</p>	<p><i>Breakfast</i></p> <p>Scrambled Eggs Corned Beef Hash Cinnamon Donut</p>	<p><i>Breakfast</i></p> <p>Vegetable Strata Bacon</p>	<p><i>Breakfast</i></p> <p>Pancakes Sausage</p>	<p><i>Breakfast</i></p> <p>Ham Omelette Bacon Homefries</p>	<p><i>Breakfast</i></p> <p>Scrambled Eggs Bacon Scone</p>
<p><i>Dinner</i></p> <p>Fresh Garden Salad Fresh Fruit Salad Cream of Spinach</p> <p>Beef Tenderloin Sweet Potato Broccoli</p> <p>Roasted Chicken Thigh Sweet Potato Broccoli</p> <p>Roll Alternate Veg Dessert of the Day Sugar Free Dessert</p>	<p><i>Dinner</i></p> <p>Fresh Garden Salad Fresh Fruit Salad Pumpkin Soup</p> <p>Rosemary Pork Tenderloin Confetti Rice Broccoli</p> <p>Baked Lasagna Broccoli</p> <p>Garlic Bread Alternate Veg Dessert of the Day Sugar Free Dessert</p>	<p><i>Dinner</i></p> <p>Fresh Garden Salad Fresh Fruit Salad Minestrone</p> <p>Beef Brisket Egg Noodles Cauliflower</p> <p>Crab Cake Egg Noodles Cauliflower</p> <p>Roll Alternate Veg Dessert of the Day Sugar Free Dessert</p>	<p><i>Dinner</i></p> <p>Fresh Garden Salad Fresh Fruit Salad Wild Mushroom</p> <p>Seared Duck Breast Wild Mushroom Risotto Roasted Brussel Sprouts</p> <p>Chicken Picatta Wild Mushroom Risotto Roasted Brussels Sprouts</p> <p>Roll Alternate Veg Dessert of the Day Sugar Free Dessert</p>	<p><i>Dinner</i></p> <p>Fresh Garden Salad Fresh Fruit Salad Beef Garden Bareley</p> <p>Turkey Tenderloin Brown Rice Steamed Beets</p> <p>Kielbasa w/ Apples Brown Rice Steamed Beets</p> <p>Roll Alternate Veg Dessert of the Day Sugar Free Dessert</p>	<p><i>Dinner</i></p> <p>Fresh Garden Salad Fresh Fruit Salad Clam Chowder</p> <p>Seafood St. Jacque Mashed Potato Roasted Root Vegetables</p> <p>Stewed Chicken Mashed Potato Roasted Root Vegetables</p> <p>Roll Alternate Veg Dessert of the Day Sugar Free Dessert</p>	<p><i>Dinner</i></p> <p>Fresh Garden Salad Fresh Fruit Salad Chicken Noodle Soup</p> <p>BBQ Ribs Cole Slaw Buttered Cut Corn</p> <p>Turkey a la King Cole Slaw</p> <p>Biscuit Alternate Veg Dessert of the Day Sugar Free Dessert</p>
<p><i>Supper</i></p> <p>Cream of Spinach</p> <p>Macaroni & Cheese Stewed Tomatoes</p> <p>Salami & Provolone Sandwich Rice & Bean Salad</p> <p>Dessert of the Day Sugar Free Dessert</p>	<p><i>Supper</i></p> <p>Pumpkin Soup</p> <p>Cranberry Chicken Salad Roll Steak Fries Waldorf Salad</p> <p>Meatloaf Sandwich Steak Fries Waldorf Salad</p> <p>Dessert of the Day Sugar Free Dessert</p>	<p><i>Supper</i></p> <p>Minestrone</p> <p>Pork Pie German Potato Salad Wax & Green Beans</p> <p>BLT Sandwich w/ Cheese German Potato Salad Wax & Green Beans</p> <p>Dessert of the Day Sugar Free Dessert</p>	<p><i>Supper</i></p> <p>Wild Mushroom</p> <p>Fried Chicken Sandwich Smiley Fries Carrots</p> <p>Chef Salad Garlic Bread</p> <p>Dessert of the Day Sugar Free Dessert</p>	<p><i>Supper</i></p> <p>Beef Garden Bareley</p> <p>Stuffed Shells Garlic Bread Caesar Salad</p> <p>Chicken Meatballs w/ Honey Mustard Glaze Peas & Carrots</p> <p>Dessert of the Day Sugar Free Dessert</p>	<p><i>Supper</i></p> <p>Clam Chowder</p> <p>Burger with Onion, Bacon Lettuce & Tomato Broccoli Slaw</p> <p>Grilled Chicken Sandwich Lettuce & Tomato Broccoli Slaw</p> <p>Dessert of the Day Sugar Free Dessert</p>	<p><i>Supper</i></p> <p>Chicken Noodle Soup</p> <p>Baked Stuffed Shrimp Vegetable Rice Chef's Blend Vegetable</p> <p>Steak & Cheese Submarine w/ Mushrooms and Onions Waffle Fries Chef's Blend Vegetable Dessert of the Day Sugar Free Dessert</p>



Wentworth Senior Living Dining Selections Week of 10/22/17

Week 4 (FW 2016/17)

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p><i>Breakfast</i></p> <p>Pancakes Sausage Danish</p>	<p><i>Breakfast</i></p> <p>Scrambled Eggs Bacon</p>	<p><i>Breakfast</i></p> <p>French Toast Sausage Cinnamon Roll</p>	<p><i>Breakfast</i></p> <p>Scrambled Eggs Bacon</p>	<p><i>Breakfast</i></p> <p>Blueberry Pancakes Sausage</p>	<p><i>Breakfast</i></p> <p>Waffles Bacon Coffee Cake</p>	<p><i>Breakfast</i></p> <p>Cheese Omelette Bacon Homefries</p>
<p><i>Dinner</i></p> <p>Fresh Garden Salad Fresh Fruit Salad Minestrone</p> <p>Cranberry Pork Roast Mashed Sweet Potato Rutabaga & Celery Root</p> <p>Braised Lamb Shank w/ Mint Jelly Mashed Sweet Potato Rutabaga & Celery Root</p> <p>Roll Alternate Veg Dessert of the Day Sugar Free Dessert</p>	<p><i>Dinner</i></p> <p>Fresh Garden Salad Fresh Fruit Salad Corn Chowder</p> <p>Pesto Chicken Baked Potato Honey Glazed Baby Carrots</p> <p>Arctic Char Baked Potato Honey Glazed Baby Carrots</p> <p>Roll Alternate Veg Dessert of the Day Sugar Free Dessert</p>	<p><i>Dinner</i></p> <p>Fresh Garden Salad Fresh Fruit Salad Italian Wedding</p> <p>Swedish Meatball Buttered Egg Noodles Sautéed Red Cabbage</p> <p>Chicken Marsala Buttered Egg Noodles Sautéed Red Cabbage</p> <p>Roll Alternate Veg Dessert of the Day Sugar Free Dessert</p>	<p><i>Dinner</i></p> <p>Fresh Garden Salad Fresh Fruit Salad Chunky Tomato & Bacon</p> <p>Turkey Tenderloin w/ Cranberry Glaze Couscous Kale & Mushrooms</p> <p>Salisbury Steak Couscous Kale & Mushrooms</p> <p>Roll Alternate Veg Dessert of the Day Sugar Free Dessert</p>	<p><i>Dinner</i></p> <p>Fresh Garden Salad Fresh Fruit Salad Kale w/ White Bean</p> <p>Chicken w/ Artichokes Orzo Roasted Eggplant</p> <p>Greek Tofu Sauté Orzo Roasted Eggplant</p> <p>Roll Alternate Veg Dessert of the Day Sugar Free Dessert</p>	<p><i>Dinner</i></p> <p>Fresh Garden Salad Fresh Fruit Salad Seafood Chowder</p> <p>Baked Haddock Confetti Rice Broccoli</p> <p>Beef Stir Fry Confetti Rice Broccoli</p> <p>Roll Alternate Veg Dessert of the Day Sugar Free Dessert</p>	<p><i>Dinner</i></p> <p>Fresh Caesar Salad Fresh Fruit Salad Turkey Noodle</p> <p>Chicken Parmesan Tagliatelle Pasta Cauliflower & Carrots</p> <p>Sausage & Wild Mushrooms Tagliatelle Pasta Cauliflower & Carrots</p> <p>Roll Alternate Veg Dessert of the Day Sugar Free Dessert</p>
<p><i>Supper</i></p> <p>Minestrone</p> <p>Baked Manicotti Garlic Bread Red & Yellow Pepper Sauté</p> <p>Hot Pastrami Sandwich Chips & Pickle Red & Yellow Pepper Sauté</p> <p>Dessert of the Day Sugar Free Dessert</p>	<p><i>Supper</i></p> <p>Corn Chowder</p> <p>Chicken Salad on a Croissant Lettuce & Tomato Vegetable Barley Salad</p> <p>Cheeseburger Sliders Lettuce & Tomato Chips & Pickle Vegetable Barley Salad</p> <p>Dessert of the Day Sugar Free Dessert</p>	<p><i>Supper</i></p> <p>Italian Wedding</p> <p>Salmon Pie Rice Pilaf Chef's Choice Vegetable</p> <p>Pulled Pork Sandwich Rice Pilaf Chef's Choice Vegetable</p> <p>Dessert of the Day Sugar Free Dessert</p>	<p><i>Supper</i></p> <p>Chunky Tomato & Bacon</p> <p>Spaghetti & Meat sauce Garlic Bread Baby Spinach</p> <p>Chicken Tenders w/ Honey Mustard Smiley Fries Peas & Carrots</p> <p>Dessert of the Day Sugar Free Dessert</p>	<p><i>Supper</i></p> <p>Kale w/ White Bean</p> <p>French Dip Sandwich Tater tots Broccoli Slaw</p> <p>Italian Submarine Tater tots Broccoli Slaw</p> <p>Dessert of the Day Sugar Free Dessert</p>	<p><i>Supper</i></p> <p>Seafood Chowder</p> <p>Pizza-Cheese, Veggie or Pepperoni Garden Salad</p> <p>Vegetable Burger Over Greens</p> <p>Dessert of the Day Sugar Free Dessert</p>	<p><i>Supper</i></p> <p>Turkey Noodle</p> <p>Hot Dogs & Beans Brown Bread Cole Slaw</p> <p>Chicken & Vegetable Pot Pie Cranberry Sauce Biscuit</p> <p>Dessert of the Day Sugar Free Dessert</p>



Wentworth Senior Living Dining Selections Week of 10/29/17

Week 1 (FW 2016/17)

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p><i>Breakfast</i></p> <p>French Toast Sausage Danish</p>	<p><i>Breakfast</i></p> <p>Scrambled Eggs Bacon</p>	<p><i>Breakfast</i></p> <p>Cheese Omelette Sausage Homefries</p>	<p><i>Breakfast</i></p> <p>Pancakes Bacon</p>	<p><i>Breakfast</i></p> <p>Scrambled Eggs Bacon Cinnamon Donuts</p>	<p><i>Breakfast</i></p> <p>Waffles Sausage</p>	<p><i>Breakfast</i></p> <p>Scrambled Eggs w/ Cheese Corned Beef Hash</p>
<p><i>Dinner</i></p> <p>Fresh Garden Salad Fresh Fruit Salad Butternut Squash Bisque</p> <p>Honey Baked Ham w/ Raisin Sauce Potatoes Au Gratin Roasted Beets</p> <p>Stuffed Sole Potatoes Au Gratin Roasted Beets</p> <p>Roll Alternate Veg Dessert of the Day Sugar Free Dessert</p>	<p><i>Dinner</i></p> <p>Fresh Garden Salad Fresh Fruit Salad Beef Vegetable</p> <p>Maple Glazed Salmon Roasted Red Bliss Potatoes Turnip</p> <p>Chicken Florentine w/ Mushroom Gravy Roasted Red Bliss Potatoes Turnip</p> <p>Roll Alternate Veg Dessert of the Day Sugar Free Dessert</p>	<p><i>Dinner</i></p> <p>Fresh Garden Salad Fresh Fruit Salad Turkey & Spinach</p> <p>Pork Tenderloin w/Apple Chutney Mashed Potato Broccoli</p> <p>Shepherd's Pie Broccoli</p> <p>Roll Alternate Veg Dessert of the Day Sugar Free Dessert</p>	<p><i>Dinner</i></p> <p>Fresh Garden Salad Fresh Fruit Salad Escarole</p> <p>Chicken Cacciatore Linguine Vegetable Medley</p> <p>Shrimp Alfredo Linguine Vegetable Medley</p> <p>Garlic Bread Alternate Veg Dessert of the Day Sugar Free Dessert</p>	<p><i>Dinner</i></p> <p>Fresh Garden Salad Fresh Fruit Salad Chicken Noodle</p> <p>Pot Roast w/ Gravy Baked Potatoes Parsnips & Carrots</p> <p>Sesame Pork Baked Potatoes Parsnips & Carrots</p> <p>Roll Alternate Veg Dessert of the Day Sugar Free Dessert</p>	<p><i>Dinner</i></p> <p>Fresh Garden Salad Fresh Fruit Salad Clam Chowder</p> <p>Mediterranean Baked Fish Cous Cous Kale Sauté</p> <p>Chicken w/ a Sage Cornbread Crust Cous Cous Kale Sauté</p> <p>Roll Alternate Veg Dessert of the Day Sugar Free Dessert</p>	<p><i>Dinner</i></p> <p>Fresh Garden Salad Fresh Fruit Salad Lentil</p> <p>Chicken Stuffed w/ Cranberries & Apple Stuffing Wild Rice Carrots</p> <p>Vegetable Lasagna Carrots</p> <p>Roll Alternate Veg Dessert of the Day Sugar Free Dessert</p>
<p><i>Supper</i></p> <p>Butternut Squash Bisque</p> <p>Meatball Sub Hot Bacon Potato Salad Peas & Carrots</p> <p>Caesar Salad w/ Grilled Chicken Garlic Bread</p> <p>Dessert of the Day Sugar Free Dessert</p>	<p><i>Supper</i></p> <p>Beef Vegetable</p> <p>Chef's Quiche Asparagus</p> <p>Grilled Ham & Cheese Chips & Pickle Asparagus</p> <p>Dessert of the Day Sugar Free Dessert</p>	<p><i>Supper</i></p> <p>Turkey & Spinach</p> <p>Chili Con Carne Cornbread Chef's Choice Vegetables</p> <p>Grilled Rubeen & Swiss on Rye Chips & Pickle Chef's Choice Vegetables</p> <p>Dessert of the Day Sugar Free Dessert</p>	<p><i>Supper</i></p> <p>Escarole</p> <p>Baked Haddock Wild Rice Roasted Butternut Squash</p> <p>Monte Cristo Roasted Butternut Squash</p> <p>Dessert Of the Day Sugar Free Dessert</p>	<p><i>Supper</i></p> <p>Chicken Noodle</p> <p>Cheese Ravioli w/ Pomodoro Sauce Bread Stick Green Beans</p> <p>Patty Melt Waffle Fries Green Beans</p> <p>Dessert of the Day Sugar Free Dessert</p>	<p><i>Supper</i></p> <p>Clam Chowder</p> <p>Fried Cajun Catfish Onion Rings Apple Cole Slaw</p> <p>Roast Beef & Cheddar Onion Rings Apple Cole Slaw</p> <p>Dessert of the day Sugar Free Dessert</p>	<p><i>Supper</i></p> <p>Lentil</p> <p>Spaghetti & Meatballs Garlic Bread Caesar Salad</p> <p>Turkey Stew Garlic Bread Caesar Salad</p> <p>Dessert of the Day Sugar Free Dessert</p>



Wentworth Senior Living Dining Selections Week of 11/5/17

Week 2 (FW 2016/17)

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p><i>Breakfast</i></p> <p>French Toast Sausage Danish</p>	<p><i>Breakfast</i></p> <p>Quiche Bacon Homefries</p>	<p><i>Breakfast</i></p> <p>Scrambled Eggs Bacon Scones</p>	<p><i>Breakfast</i></p> <p>Cheese Omelette Corned Beef Hash</p>	<p><i>Breakfast</i></p> <p>Pancakes Sausage Donut</p>	<p><i>Breakfast</i></p> <p>Eggs Over Easy Bacon</p>	<p><i>Breakfast</i></p> <p>Scrambled Eggs Sausage Coffee Cake</p>
<p><i>Dinner</i></p> <p>Fresh Garden Salad Fresh Fruit Salad Split Pea & Ham</p> <p>Roast Turkey & Gravy Stuffing Mashed Potatoes Butternut Squash</p> <p>Liver w/ Bacon & Onions Mashed Potatoes Butternut Squash</p> <p>Roll Alternate Veg Dessert of the Day Sugar Free Dessert</p>	<p><i>Dinner</i></p> <p>Fresh Garden Salad Fresh Fruit Salad Minestrone</p> <p>Corned Beef & Cabbage Red Bliss Potatoes Carrots</p> <p>Chicken Leg Red Bliss Potatoes Carrots</p> <p>Roll Alternate Veg Dessert of the day Sugar Free Dessert</p>	<p><i>Dinner</i></p> <p>Fresh Garden Salad Fresh Fruit Salad Country Vegetable Noodle</p> <p>Veal Saltimbocca Wild Rice Green Beans Almondine</p> <p>Turkey cutlet w/ Tarragon Sauce Wild Rice Green Beans Almondine</p> <p>Roll Alternate Veg Dessert of the Day Sugar Free Dessert</p>	<p><i>Dinner</i></p> <p>Fresh Garden Salad Fresh Fruit Salad Beef Barley</p> <p>Meatloaf & Gravy Mashed Potatoes Fall Vegetable Blend</p> <p>Pork Tenderloin w/ Cranberry Apple Compote Mashed Potatoes Fall Vegetable Blend</p> <p>Roll Alternate Veg Dessert of the Day Sugar Free Dessert</p>	<p><i>Dinner</i></p> <p>Fresh Garden Salad Fresh Fruit Salad Turkey Orzo</p> <p>Pork Chop w/ Gravy Vegetable Risotto Acorn Squash</p> <p>Stuffed Portabella Vegetable Risotto Acorn Squash</p> <p>Roll Alternate Veg Dessert of the Day Sugar Free Dessert</p>	<p><i>Dinner</i></p> <p>Fresh Garden Salad Fresh Fruit Salad Seafood Chowder</p> <p>Lobster & Shrimp Scampi Tagliatelle Pasta Roasted Beets</p> <p>Stuffed Red Pepper Roasted Beets</p> <p>Roll Alternate Veg Dessert of the day Sugar Free Dessert</p>	<p><i>Dinner</i></p> <p>Fresh Garden Salad Fresh Fruit Salad Split Pea w/ Rosemary</p> <p>Beef Stroganoff Egg Noodles Sautéed Baby Spinach</p> <p>Chicken Alfredo Egg Noodles Sautéed Baby Spinach</p> <p>Roll Alternate Veg Dessert of the Day Sugar Free Dessert</p>
<p><i>Supper</i></p> <p>Split Pea & Ham</p> <p>Lobster Roll French Fries Broccoli Slaw</p> <p>BBQ Chicken French Fries Broccoli Slaw</p> <p>Dessert of the Day Sugar Free Dessert</p>	<p><i>Supper</i></p> <p>Minestrone</p> <p>Beef & Broccoli Stir Fry Stir Fried Rice Oriental Vegetables</p> <p>Egg Salad on a Croissant Lettuce & Tomato Waldorf Salad</p> <p>Dessert of the Day Sugar Free Dessert</p>	<p><i>Supper</i></p> <p>Country Vegetable Noodle</p> <p>Seafood Salad Roll French Fries Peas & Carrots</p> <p>Chicken Fingers w/ Honey Mustard French Fries Peas & Carrots</p> <p>Dessert of the Day Sugar Free Dessert</p>	<p><i>Supper</i></p> <p>Beef Barley</p> <p>Hot Open Faced Turkey Sandwich Mashed Potatoes Tomato Salad</p> <p>Roast Beef Sandwich Lettuce & Tomato Tomato Salad</p> <p>Dessert of the Day Sugar Free Dessert</p>	<p><i>Supper</i></p> <p>Turkey Orzo</p> <p>American Chop Suey Italian Green Beans</p> <p>Ham Salad Sandwich Lettuce & Tomato Vegetable Cous Cous</p> <p>Dessert of the Day Sugar Free Dessert</p>	<p><i>Supper</i></p> <p>Seafood Chowder</p> <p>Pizza-Cheese, Veggie or Pepperoni Garden Salad</p> <p>Tuna Melt Garden Salad</p> <p>Dessert of the Day Sugar Free Dessert</p>	<p><i>Supper</i></p> <p>Split Pea w/ Rosemary</p> <p>Hot Dogs & Beans Brown Bread Coleslaw</p> <p>Grilled Turkey & Cheddar Lettuce & Tomato Coleslaw</p> <p>Dessert of the Day Sugar Free Dessert</p>



Wentworth Senior Living Dining Selections Week of 11/12/17

Week 3 (FW 2016/17)

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<i>Breakfast</i>	<i>Breakfast</i>	<i>Breakfast</i>	<i>Breakfast</i>	<i>Breakfast</i>	<i>Breakfast</i>	<i>Breakfast</i>
Eggs Over Hard Bacon Danish	French Toast Sausage	Scrambled Eggs Corned Beef Hash Cinnamon Donut	Vegetable Strata Bacon	Pancakes Sausage	Ham Omelette Bacon Homefries	Scrambled Eggs Bacon Scone
<i>Dinner</i> Fresh Garden Salad Fresh Fruit Salad Cream of Spinach Beef Tenderloin Sweet Potato Broccoli Roasted Chicken Thigh Sweet Potato Broccoli Roll Alternate Veg Dessert of the Day Sugar Free Dessert	<i>Dinner</i> Fresh Garden Salad Fresh Fruit Salad Pumpkin Soup Rosemary Pork Tenderloin Confetti Rice Broccoli Baked Lasagna Broccoli Garlic Bread Alternate Veg Dessert of the Day Sugar Free Dessert	<i>Dinner</i> Fresh Garden Salad Fresh Fruit Salad Minestrone Beef Brisket Egg Noodles Cauliflower Crab Cake Egg Noodles Cauliflower Roll Alternate Veg Dessert of the Day Sugar Free Dessert	<i>Dinner</i> Fresh Garden Salad Fresh Fruit Salad Wild Mushroom Seared Duck Breast Wild Mushroom Risotto Roasted Brussel Sprouts Chicken Picatta Wild Mushroom Risotto Roasted Brussels Sprouts Roll Alternate Veg Dessert of the Day Sugar Free Dessert	<i>Dinner</i> Fresh Garden Salad Fresh Fruit Salad Beef Garden Bareley Turkey Tenderloin Brown Rice Steamed Beets Kielbasa w/ Apples Brown Rice Steamed Beets Roll Alternate Veg Dessert of the Day Sugar Free Dessert	<i>Dinner</i> Fresh Garden Salad Fresh Fruit Salad Clam Chowder Seafood St. Jacque Mashed Potato Roasted Root Vegetables Stewed Chicken Mashed Potato Roasted Root Vegetables Roll Alternate Veg Dessert of the Day Sugar Free Dessert	<i>Dinner</i> Fresh Garden Salad Fresh Fruit Salad Chicken Noodle Soup BBQ Ribs Cole Slaw Buttered Cut Corn Turkey a la King Cole Slaw Biscuit Alternate Veg Dessert of the Day Sugar Free Dessert
<i>Supper</i> Cream of Spinach Macaroni & Cheese Stewed Tomatoes Salami & Provolone Sandwich Rice & Bean Salad Dessert of the Day Sugar Free Dessert	<i>Supper</i> Pumpkin Soup Cranberry Chicken Salad Roll Steak Fries Waldorf Salad Meatloaf Sandwich Steak Fries Waldorf Salad Dessert of the Day Sugar Free Dessert	<i>Supper</i> Minestrone Pork Pie German Potato Salad Wax & Green Beans BLT Sandwich w/ Cheese German Potato Salad Wax & Green Beans Dessert of the Day Sugar Free Dessert	<i>Supper</i> Wild Mushroom Fried Chicken Sandwich Smiley Fries Carrots Chef Salad Garlic Bread Dessert of the Day Sugar Free Dessert	<i>Supper</i> Beef Garden Bareley Stuffed Shells Garlic Bread Caesar Salad Chicken Meatballs w/ Honey Mustard Glaze Peas & Carrots Dessert of the Day Sugar Free Dessert	<i>Supper</i> Clam Chowder Burger with Onion, Bacon Lettuce & Tomato Broccoli Slaw Grilled Chicken Sandwich Lettuce & Tomato Broccoli Slaw Dessert of the Day Sugar Free Dessert	<i>Supper</i> Chicken Noodle Soup Baked Stuffed Shrimp Vegetable Rice Chef's Blend Vegetable Steak & Cheese Submarine w/ Mushrooms and Onions Waffle Fries Chef's Blend Vegetable Dessert of the Day Sugar Free Dessert



Wentworth Senior Living Dining Selections Week of 11/19/17

Week 4 (FW 2016/17)

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p><i>Breakfast</i></p> <p>Pancakes Sausage Danish</p>	<p><i>Breakfast</i></p> <p>Scrambled Eggs Bacon</p>	<p><i>Breakfast</i></p> <p>French Toast Sausage Cinnamon Roll</p>	<p><i>Breakfast</i></p> <p>Scrambled Eggs Bacon</p>	<p><i>Breakfast</i></p> <p>Blueberry Pancakes Sausage</p>	<p><i>Breakfast</i></p> <p>Waffles Bacon Coffee Cake</p>	<p><i>Breakfast</i></p> <p>Cheese Omelette Bacon Homefries</p>
<p><i>Dinner</i></p> <p>Fresh Garden Salad Fresh Fruit Salad Minestrone</p> <p>Cranberry Pork Roast Mashed Sweet Potato Rutabaga & Celery Root</p> <p>Braised Lamb Shank w/ Mint Jelly Mashed Sweet Potato Rutabaga & Celery Root</p> <p>Roll Alternate Veg Dessert of the Day Sugar Free Dessert</p>	<p><i>Dinner</i></p> <p>Fresh Garden Salad Fresh Fruit Salad Corn Chowder</p> <p>Pesto Chicken Baked Potato Honey Glazed Baby Carrots</p> <p>Arctic Char Baked Potato Honey Glazed Baby Carrots</p> <p>Roll Alternate Veg Dessert of the Day Sugar Free Dessert</p>	<p><i>Dinner</i></p> <p>Fresh Garden Salad Fresh Fruit Salad Italian Wedding</p> <p>Swedish Meatball Buttered Egg Noodles Sautéed Red Cabbage</p> <p>Chicken Marsala Buttered Egg Noodles Sautéed Red Cabbage</p> <p>Roll Alternate Veg Dessert of the Day Sugar Free Dessert</p>	<p><i>Dinner</i></p> <p>Fresh Garden Salad Fresh Fruit Salad Chunky Tomato & Bacon</p> <p>Turkey Tenderloin w/ Cranberry Glaze Couscous Kale & Mushrooms</p> <p>Salisbury Steak Couscous Kale & Mushrooms</p> <p>Roll Alternate Veg Dessert of the Day Sugar Free Dessert</p>	<p><i>Dinner</i></p> <p>Fresh Garden Salad Fresh Fruit Salad Kale w/ White Bean</p> <p>Chicken w/ Artichokes Orzo Roasted Eggplant</p> <p>Greek Tofu Sauté Orzo Roasted Eggplant</p> <p>Roll Alternate Veg Dessert of the Day Sugar Free Dessert</p>	<p><i>Dinner</i></p> <p>Fresh Garden Salad Fresh Fruit Salad Seafood Chowder</p> <p>Baked Haddock Confetti Rice Broccoli</p> <p>Beef Stir Fry Confetti Rice Broccoli</p> <p>Roll Alternate Veg Dessert of the Day Sugar Free Dessert</p>	<p><i>Dinner</i></p> <p>Fresh Caesar Salad Fresh Fruit Salad Turkey Noodle</p> <p>Chicken Parmesan Tagliatelle Pasta Cauliflower & Carrots</p> <p>Sausage & Wild Mushrooms Tagliatelle Pasta Cauliflower & Carrots</p> <p>Roll Alternate Veg Dessert of the Day Sugar Free Dessert</p>
<p><i>Supper</i></p> <p>Minestrone</p> <p>Baked Manicotti Garlic Bread Red & Yellow Pepper Sauté</p> <p>Hot Pastrami Sandwich Chips & Pickle Red & Yellow Pepper Sauté</p> <p>Dessert of the Day Sugar Free Dessert</p>	<p><i>Supper</i></p> <p>Corn Chowder</p> <p>Chicken Salad on a Croissant Lettuce & Tomato Vegetable Barley Salad</p> <p>Cheeseburger Sliders Lettuce & Tomato Chips & Pickle Vegetable Barley Salad</p> <p>Dessert of the Day Sugar Free Dessert</p>	<p><i>Supper</i></p> <p>Italian Wedding</p> <p>Salmon Pie Rice Pilaf Chef's Choice Vegetable</p> <p>Pulled Pork Sandwich Rice Pilaf Chef's Choice Vegetable</p> <p>Dessert of the Day Sugar Free Dessert</p>	<p><i>Supper</i></p> <p>Chunky Tomato & Bacon</p> <p>Spaghetti & Meat sauce Garlic Bread Baby Spinach</p> <p>Chicken Tenders w/ Honey Mustard Smiley Fries Peas & Carrots</p> <p>Dessert of the Day Sugar Free Dessert</p>	<p><i>Supper</i></p> <p>Kale w/ White Bean</p> <p>French Dip Sandwich Tater tots Broccoli Slaw</p> <p>Italian Submarine Tater tots Broccoli Slaw</p> <p>Dessert of the Day Sugar Free Dessert</p>	<p><i>Supper</i></p> <p>Seafood Chowder</p> <p>Pizza-Cheese, Veggie or Pepperoni Garden Salad</p> <p>Vegetable Burger Over Greens</p> <p>Dessert of the Day Sugar Free Dessert</p>	<p><i>Supper</i></p> <p>Turkey Noodle</p> <p>Hot Dogs & Beans Brown Bread Cole Slaw</p> <p>Chicken & Vegetable Pot Pie Cranberry Sauce Biscuit</p> <p>Dessert of the Day Sugar Free Dessert</p>



Wentworth Senior Living Dining Selections Week of 11/26/17

Week 1 (FW 2016/17)

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p><i>Breakfast</i></p> <p>French Toast Sausage Danish</p>	<p><i>Breakfast</i></p> <p>Scrambled Eggs Bacon</p>	<p><i>Breakfast</i></p> <p>Cheese Omelette Sausage Homefries</p>	<p><i>Breakfast</i></p> <p>Pancakes Bacon</p>	<p><i>Breakfast</i></p> <p>Scrambled Eggs Bacon Cinnamon Donuts</p>	<p><i>Breakfast</i></p> <p>Waffles Sausage</p>	<p><i>Breakfast</i></p> <p>Scrambled Eggs w/ Cheese Corned Beef Hash</p>
<p><i>Dinner</i></p> <p>Fresh Garden Salad Fresh Fruit Salad Butternut Squash Bisque</p> <p>Honey Baked Ham w/ Raisin Sauce Potatoes Au Gratin Roasted Beets</p> <p>Stuffed Sole Potatoes Au Gratin Roasted Beets</p> <p>Roll Alternate Veg Dessert of the Day Sugar Free Dessert</p>	<p><i>Dinner</i></p> <p>Fresh Garden Salad Fresh Fruit Salad Beef Vegetable</p> <p>Maple Glazed Salmon Roasted Red Bliss Potatoes Turnip</p> <p>Chicken Florentine w/ Mushroom Gravy Roasted Red Bliss Potatoes Turnip</p> <p>Roll Alternate Veg Dessert of the Day Sugar Free Dessert</p>	<p><i>Dinner</i></p> <p>Fresh Garden Salad Fresh Fruit Salad Turkey & Spinach</p> <p>Pork Tenderloin w/Apple Chutney Mashed Potato Broccoli</p> <p>Shepherd's Pie Broccoli</p> <p>Roll Alternate Veg Dessert of the Day Sugar Free Dessert</p>	<p><i>Dinner</i></p> <p>Fresh Garden Salad Fresh Fruit Salad Escarole</p> <p>Chicken Cacciatore Linguine Vegetable Medley</p> <p>Shrimp Alfredo Linguine Vegetable Medley</p> <p>Garlic Bread Alternate Veg Dessert of the Day Sugar Free Dessert</p>	<p><i>Dinner</i></p> <p>Fresh Garden Salad Fresh Fruit Salad Chicken Noodle</p> <p>Pot Roast w/ Gravy Baked Potatoes Parsnips & Carrots</p> <p>Sesame Pork Baked Potatoes Parsnips & Carrots</p> <p>Roll Alternate Veg Dessert of the Day Sugar Free Dessert</p>	<p><i>Dinner</i></p> <p>Fresh Garden Salad Fresh Fruit Salad Clam Chowder</p> <p>Mediterranean Baked Fish Cous Cous Kale Sauté</p> <p>Chicken w/ a Sage Cornbread Crust Cous Cous Kale Sauté</p> <p>Roll Alternate Veg Dessert of the Day Sugar Free Dessert</p>	<p><i>Dinner</i></p> <p>Fresh Garden Salad Fresh Fruit Salad Lentil</p> <p>Chicken Stuffed w/ Cranberries & Apple Stuffing Wild Rice Carrots</p> <p>Vegetable Lasagna Carrots</p> <p>Roll Alternate Veg Dessert of the Day Sugar Free Dessert</p>
<p><i>Supper</i></p> <p>Butternut Squash Bisque</p> <p>Meatball Sub Hot Bacon Potato Salad Peas & Carrots</p> <p>Caesar Salad w/ Grilled Chicken Garlic Bread</p> <p>Dessert of the Day Sugar Free Dessert</p>	<p><i>Supper</i></p> <p>Beef Vegetable</p> <p>Chef's Quiche Asparagus</p> <p>Grilled Ham & Cheese Chips & Pickle Asparagus</p> <p>Dessert of the Day Sugar Free Dessert</p>	<p><i>Supper</i></p> <p>Turkey & Spinach</p> <p>Chili Con Carne Cornbread Chef's Choice Vegetables</p> <p>Grilled Rubeen & Swiss on Rye Chips & Pickle Chef's Choice Vegetables</p> <p>Dessert of the Day Sugar Free Dessert</p>	<p><i>Supper</i></p> <p>Escarole</p> <p>Baked Haddock Wild Rice Roasted Butternut Squash</p> <p>Monte Cristo Roasted Butternut Squash</p> <p>Dessert Of the Day Sugar Free Dessert</p>	<p><i>Supper</i></p> <p>Chicken Noodle</p> <p>Cheese Ravioli w/ Pomodoro Sauce Bread Stick Green Beans</p> <p>Patty Melt Waffle Fries Green Beans</p> <p>Dessert of the Day Sugar Free Dessert</p>	<p><i>Supper</i></p> <p>Clam Chowder</p> <p>Fried Cajun Catfish Onion Rings Apple Cole Slaw</p> <p>Roast Beef & Cheddar Onion Rings Apple Cole Slaw</p> <p>Dessert of the day Sugar Free Dessert</p>	<p><i>Supper</i></p> <p>Lentil</p> <p>Spaghetti & Meatballs Garlic Bread Caesar Salad</p> <p>Turkey Stew Garlic Bread Caesar Salad</p> <p>Dessert of the Day Sugar Free Dessert</p>



Wentworth Senior Living Dining Selections Week of 12/3/17

Week 2 (FW 2016/17)

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p><i>Breakfast</i></p> <p>French Toast Sausage Danish</p>	<p><i>Breakfast</i></p> <p>Quiche Bacon Homefries</p>	<p><i>Breakfast</i></p> <p>Scrambled Eggs Bacon Scones</p>	<p><i>Breakfast</i></p> <p>Cheese Omelette Corned Beef Hash</p>	<p><i>Breakfast</i></p> <p>Pancakes Sausage Donut</p>	<p><i>Breakfast</i></p> <p>Eggs Over Easy Bacon</p>	<p><i>Breakfast</i></p> <p>Scrambled Eggs Sausage Coffee Cake</p>
<p><i>Dinner</i></p> <p>Fresh Garden Salad Fresh Fruit Salad Split Pea & Ham</p> <p>Roast Turkey & Gravy Stuffing Mashed Potatoes Butternut Squash</p> <p>Liver w/ Bacon & Onions Mashed Potatoes Butternut Squash</p> <p>Roll Alternate Veg Dessert of the Day Sugar Free Dessert</p>	<p><i>Dinner</i></p> <p>Fresh Garden Salad Fresh Fruit Salad Minestrone</p> <p>Corned Beef & Cabbage Red Bliss Potatoes Carrots</p> <p>Chicken Leg Red Bliss Potatoes Carrots</p> <p>Roll Alternate Veg Dessert of the day Sugar Free Dessert</p>	<p><i>Dinner</i></p> <p>Fresh Garden Salad Fresh Fruit Salad Country Vegetable Noodle</p> <p>Veal Saltimbocca Wild Rice Green Beans Almondine</p> <p>Turkey cutlet w/ Tarragon Sauce Wild Rice Green Beans Almondine</p> <p>Roll Alternate Veg Dessert of the Day Sugar Free Dessert</p>	<p><i>Dinner</i></p> <p>Fresh Garden Salad Fresh Fruit Salad Beef Barley</p> <p>Meatloaf & Gravy Mashed Potatoes Fall Vegetable Blend</p> <p>Pork Tenderloin w/ Cranberry Apple Compote Mashed Potatoes Fall Vegetable Blend</p> <p>Roll Alternate Veg Dessert of the Day Sugar Free Dessert</p>	<p><i>Dinner</i></p> <p>Fresh Garden Salad Fresh Fruit Salad Turkey Orzo</p> <p>Pork Chop w/ Gravy Vegetable Risotto Acorn Squash</p> <p>Stuffed Portabella Vegetable Risotto Acorn Squash</p> <p>Roll Alternate Veg Dessert of the Day Sugar Free Dessert</p>	<p><i>Dinner</i></p> <p>Fresh Garden Salad Fresh Fruit Salad Seafood Chowder</p> <p>Lobster & Shrimp Scampi Tagliatelle Pasta Roasted Beets</p> <p>Stuffed Red Pepper Roasted Beets</p> <p>Roll Alternate Veg Dessert of the day Sugar Free Dessert</p>	<p><i>Dinner</i></p> <p>Fresh Garden Salad Fresh Fruit Salad Split Pea w/ Rosemary</p> <p>Beef Stroganoff Egg Noodles Sautéed Baby Spinach</p> <p>Chicken Alfredo Egg Noodles Sautéed Baby Spinach</p> <p>Roll Alternate Veg Dessert of the Day Sugar Free Dessert</p>
<p><i>Supper</i></p> <p>Split Pea & Ham</p> <p>Lobster Roll French Fries Broccoli Slaw</p> <p>BBQ Chicken French Fries Broccoli Slaw</p> <p>Dessert of the Day Sugar Free Dessert</p>	<p><i>Supper</i></p> <p>Minestrone</p> <p>Beef & Broccoli Stir Fry Stir Fried Rice Oriental Vegetables</p> <p>Egg Salad on a Croissant Lettuce & Tomato Waldorf Salad</p> <p>Dessert of the Day Sugar Free Dessert</p>	<p><i>Supper</i></p> <p>Country Vegetable Noodle</p> <p>Seafood Salad Roll French Fries Peas & Carrots</p> <p>Chicken Fingers w/ Honey Mustard French Fries Peas & Carrots</p> <p>Dessert of the Day Sugar Free Dessert</p>	<p><i>Supper</i></p> <p>Beef Barley</p> <p>Hot Open Faced Turkey Sandwich Mashed Potatoes Tomato Salad</p> <p>Roast Beef Sandwich Lettuce & Tomato Tomato Salad</p> <p>Dessert of the Day Sugar Free Dessert</p>	<p><i>Supper</i></p> <p>Turkey Orzo</p> <p>American Chop Suey Italian Green Beans</p> <p>Ham Salad Sandwich Lettuce & Tomato Vegetable Cous Cous</p> <p>Dessert of the Day Sugar Free Dessert</p>	<p><i>Supper</i></p> <p>Seafood Chowder</p> <p>Pizza-Cheese, Veggie or Pepperoni Garden Salad</p> <p>Tuna Melt Garden Salad</p> <p>Dessert of the Day Sugar Free Dessert</p>	<p><i>Supper</i></p> <p>Split Pea w/ Rosemary</p> <p>Hot Dogs & Beans Brown Bread Coleslaw</p> <p>Grilled Turkey & Cheddar Lettuce & Tomato Coleslaw</p> <p>Dessert of the Day Sugar Free Dessert</p>



Wentworth Senior Living Dining Selections Week of 12/10/17

Week 3 (FW 2016/17)

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p><i>Breakfast</i></p> <p>Eggs Over Hard Bacon Danish</p>	<p><i>Breakfast</i></p> <p>French Toast Sausage</p>	<p><i>Breakfast</i></p> <p>Scrambled Eggs Corned Beef Hash Cinnamon Donut</p>	<p><i>Breakfast</i></p> <p>Vegetable Strata Bacon</p>	<p><i>Breakfast</i></p> <p>Pancakes Sausage</p>	<p><i>Breakfast</i></p> <p>Ham Omelette Bacon Homefries</p>	<p><i>Breakfast</i></p> <p>Scrambled Eggs Bacon Scone</p>
<p><i>Dinner</i></p> <p>Fresh Garden Salad Fresh Fruit Salad Cream of Spinach</p> <p>Beef Tenderloin Sweet Potato Broccoli</p> <p>Roasted Chicken Thigh Sweet Potato Broccoli</p> <p>Roll Alternate Veg Dessert of the Day Sugar Free Dessert</p>	<p><i>Dinner</i></p> <p>Fresh Garden Salad Fresh Fruit Salad Pumpkin Soup</p> <p>Rosemary Pork Tenderloin Confetti Rice Broccoli</p> <p>Baked Lasagna Broccoli</p> <p>Garlic Bread Alternate Veg Dessert of the Day Sugar Free Dessert</p>	<p><i>Dinner</i></p> <p>Fresh Garden Salad Fresh Fruit Salad Minestrone</p> <p>Beef Brisket Egg Noodles Cauliflower</p> <p>Crab Cake Egg Noodles Cauliflower</p> <p>Roll Alternate Veg Dessert of the Day Sugar Free Dessert</p>	<p><i>Dinner</i></p> <p>Fresh Garden Salad Fresh Fruit Salad Wild Mushroom</p> <p>Seared Duck Breast Wild Mushroom Risotto Roasted Brussel Sprouts</p> <p>Chicken Picatta Wild Mushroom Risotto Roasted Brussels Sprouts</p> <p>Roll Alternate Veg Dessert of the Day Sugar Free Dessert</p>	<p><i>Dinner</i></p> <p>Fresh Garden Salad Fresh Fruit Salad Beef Garden Bareley</p> <p>Turkey Tenderloin Brown Rice Steamed Beets</p> <p>Kielbasa w/ Apples Brown Rice Steamed Beets</p> <p>Roll Alternate Veg Dessert of the Day Sugar Free Dessert</p>	<p><i>Dinner</i></p> <p>Fresh Garden Salad Fresh Fruit Salad Clam Chowder</p> <p>Seafood St. Jacque Mashed Potato Roasted Root Vegetables</p> <p>Stewed Chicken Mashed Potato Roasted Root Vegetables</p> <p>Roll Alternate Veg Dessert of the Day Sugar Free Dessert</p>	<p><i>Dinner</i></p> <p>Fresh Garden Salad Fresh Fruit Salad Chicken Noodle Soup</p> <p>BBQ Ribs Cole Slaw Buttered Cut Corn</p> <p>Turkey a la King Cole Slaw</p> <p>Biscuit Alternate Veg Dessert of the Day Sugar Free Dessert</p>
<p><i>Supper</i></p> <p>Cream of Spinach</p> <p>Macaroni & Cheese Stewed Tomatoes</p> <p>Salami & Provolone Sandwich Rice & Bean Salad</p> <p>Dessert of the Day Sugar Free Dessert</p>	<p><i>Supper</i></p> <p>Pumpkin Soup</p> <p>Cranberry Chicken Salad Roll Steak Fries Waldorf Salad</p> <p>Meatloaf Sandwich Steak Fries Waldorf Salad</p> <p>Dessert of the Day Sugar Free Dessert</p>	<p><i>Supper</i></p> <p>Minestrone</p> <p>Pork Pie German Potato Salad Wax & Green Beans</p> <p>BLT Sandwich w/ Cheese German Potato Salad Wax & Green Beans</p> <p>Dessert of the Day Sugar Free Dessert</p>	<p><i>Supper</i></p> <p>Wild Mushroom</p> <p>Fried Chicken Sandwich Smiley Fries Carrots</p> <p>Chef Salad Garlic Bread</p> <p>Dessert of the Day Sugar Free Dessert</p>	<p><i>Supper</i></p> <p>Beef Garden Bareley</p> <p>Stuffed Shells Garlic Bread Caesar Salad</p> <p>Chicken Meatballs w/ Honey Mustard Glaze Peas & Carrots</p> <p>Dessert of the Day Sugar Free Dessert</p>	<p><i>Supper</i></p> <p>Clam Chowder</p> <p>Burger with Onion, Bacon Lettuce & Tomato Broccoli Slaw</p> <p>Grilled Chicken Sandwich Lettuce & Tomato Broccoli Slaw</p> <p>Dessert of the Day Sugar Free Dessert</p>	<p><i>Supper</i></p> <p>Chicken Noodle Soup</p> <p>Baked Stuffed Shrimp Vegetable Rice Chef's Blend Vegetable</p> <p>Steak & Cheese Submarine w/ Mushrooms and Onions Waffle Fries Chef's Blend Vegetable Dessert of the Day Sugar Free Dessert</p>



Wentworth Senior Living Dining Selections Week of 12/17/17

Week 4 (FW 2016/17)

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<i>Breakfast</i> Pancakes Sausage Danish	<i>Breakfast</i> Scrambled Eggs Bacon	<i>Breakfast</i> French Toast Sausage Cinnamon Roll	<i>Breakfast</i> Scrambled Eggs Bacon	<i>Breakfast</i> Blueberry Pancakes Sausage	<i>Breakfast</i> Waffles Bacon Coffee Cake	<i>Breakfast</i> Cheese Omelette Bacon Homefries
<i>Dinner</i> Fresh Garden Salad Fresh Fruit Salad Minestrone Cranberry Pork Roast Mashed Sweet Potato Rutabaga & Celery Root Braised Lamb Shank w/ Mint Jelly Mashed Sweet Potato Rutabaga & Celery Root Roll Alternate Veg Dessert of the Day Sugar Free Dessert	<i>Dinner</i> Fresh Garden Salad Fresh Fruit Salad Corn Chowder Pesto Chicken Baked Potato Honey Glazed Baby Carrots Arctic Char Baked Potato Honey Glazed Baby Carrots Roll Alternate Veg Dessert of the Day Sugar Free Dessert	<i>Dinner</i> Fresh Garden Salad Fresh Fruit Salad Italian Wedding Swedish Meatball Buttered Egg Noodles Sautéed Red Cabbage Chicken Marsala Buttered Egg Noodles Sautéed Red Cabbage Roll Alternate Veg Dessert of the Day Sugar Free Dessert	<i>Dinner</i> Fresh Garden Salad Fresh Fruit Salad Chunky Tomato & Bacon Turkey Tenderloin w/ Cranberry Glaze Couscous Kale & Mushrooms Salisbury Steak Couscous Kale & Mushrooms Roll Alternate Veg Dessert of the Day Sugar Free Dessert	<i>Dinner</i> Fresh Garden Salad Fresh Fruit Salad Kale w/ White Bean Chicken w/ Artichokes Orzo Roasted Eggplant Greek Tofu Sauté Orzo Roasted Eggplant Roll Alternate Veg Dessert of the Day Sugar Free Dessert	<i>Dinner</i> Fresh Garden Salad Fresh Fruit Salad Seafood Chowder Baked Haddock Confetti Rice Broccoli Beef Stir Fry Confetti Rice Broccoli Roll Alternate Veg Dessert of the Day Sugar Free Dessert	<i>Dinner</i> Fresh Caesar Salad Fresh Fruit Salad Turkey Noodle Chicken Parmesan Tagliatelle Pasta Cauliflower & Carrots Sausage & Wild Mushrooms Tagliatelle Pasta Cauliflower & Carrots Roll Alternate Veg Dessert of the Day Sugar Free Dessert
<i>Supper</i> Minestrone Baked Manicotti Garlic Bread Red & Yellow Pepper Sauté Hot Pastrami Sandwich Chips & Pickle Red & Yellow Pepper Sauté Dessert of the Day Sugar Free Dessert	<i>Supper</i> Corn Chowder Chicken Salad on a Croissant Lettuce & Tomato Vegetable Barley Salad Cheeseburger Sliders Lettuce & Tomato Chips & Pickle Vegetable Barley Salad Dessert of the Day Sugar Free Dessert	<i>Supper</i> Italian Wedding Salmon Pie Rice Pilaf Chef's Choice Vegetable Pulled Pork Sandwich Rice Pilaf Chef's Choice Vegetable Dessert of the Day Sugar Free Dessert	<i>Supper</i> Chunky Tomato & Bacon Spaghetti & Meat sauce Garlic Bread Baby Spinach Chicken Tenders w/ Honey Mustard Smiley Fries Peas & Carrots Dessert of the Day Sugar Free Dessert	<i>Supper</i> Kale w/ White Bean French Dip Sandwich Tater tots Broccoli Slaw Italian Submarine Tater tots Broccoli Slaw Dessert of the Day Sugar Free Dessert	<i>Supper</i> Seafood Chowder Pizza-Cheese, Veggie or Pepperoni Garden Salad Vegetable Burger Over Greens Dessert of the Day Sugar Free Dessert	<i>Supper</i> Turkey Noodle Hot Dogs & Beans Brown Bread Cole Slaw Chicken & Vegetable Pot Pie Cranberry Sauce Biscuit Dessert of the Day Sugar Free Dessert



Wentworth Senior Living Dining Selections Week of 12/24/17

Week 1 (FW 2016/17)

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p><i>Breakfast</i></p> <p>French Toast Sausage Danish</p>	<p><i>Breakfast</i></p> <p>Scrambled Eggs Bacon</p>	<p><i>Breakfast</i></p> <p>Cheese Omelette Sausage Homefries</p>	<p><i>Breakfast</i></p> <p>Pancakes Bacon</p>	<p><i>Breakfast</i></p> <p>Scrambled Eggs Bacon Cinnamon Donuts</p>	<p><i>Breakfast</i></p> <p>Waffles Sausage</p>	<p><i>Breakfast</i></p> <p>Scrambled Eggs w/ Cheese Corned Beef Hash</p>
<p><i>Dinner</i></p> <p>Fresh Garden Salad Fresh Fruit Salad Butternut Squash Bisque</p> <p>Honey Baked Ham w/ Raisin Sauce Potatoes Au Gratin Roasted Beets</p> <p>Stuffed Sole Potatoes Au Gratin Roasted Beets</p> <p>Roll Alternate Veg Dessert of the Day Sugar Free Dessert</p>	<p><i>Dinner</i></p> <p>Fresh Garden Salad Fresh Fruit Salad Beef Vegetable</p> <p>Maple Glazed Salmon Roasted Red Bliss Potatoes Turnip</p> <p>Chicken Florentine w/ Mushroom Gravy Roasted Red Bliss Potatoes Turnip</p> <p>Roll Alternate Veg Dessert of the Day Sugar Free Dessert</p>	<p><i>Dinner</i></p> <p>Fresh Garden Salad Fresh Fruit Salad Turkey & Spinach</p> <p>Pork Tenderloin w/Apple Chutney Mashed Potato Broccoli</p> <p>Shepherd's Pie Broccoli</p> <p>Roll Alternate Veg Dessert of the Day Sugar Free Dessert</p>	<p><i>Dinner</i></p> <p>Fresh Garden Salad Fresh Fruit Salad Escarole</p> <p>Chicken Cacciatore Linguine Vegetable Medley</p> <p>Shrimp Alfredo Linguine Vegetable Medley</p> <p>Garlic Bread Alternate Veg Dessert of the Day Sugar Free Dessert</p>	<p><i>Dinner</i></p> <p>Fresh Garden Salad Fresh Fruit Salad Chicken Noodle</p> <p>Pot Roast w/ Gravy Baked Potatoes Parsnips & Carrots</p> <p>Sesame Pork Baked Potatoes Parsnips & Carrots</p> <p>Roll Alternate Veg Dessert of the Day Sugar Free Dessert</p>	<p><i>Dinner</i></p> <p>Fresh Garden Salad Fresh Fruit Salad Clam Chowder</p> <p>Mediterranean Baked Fish Cous Cous Kale Sauté</p> <p>Chicken w/ a Sage Cornbread Crust Cous Cous Kale Sauté</p> <p>Roll Alternate Veg Dessert of the Day Sugar Free Dessert</p>	<p><i>Dinner</i></p> <p>Fresh Garden Salad Fresh Fruit Salad Lentil</p> <p>Chicken Stuffed w/ Cranberries & Apple Stuffing Wild Rice Carrots</p> <p>Vegetable Lasagna Carrots</p> <p>Roll Alternate Veg Dessert of the Day Sugar Free Dessert</p>
<p><i>Supper</i></p> <p>Butternut Squash Bisque</p> <p>Meatball Sub Hot Bacon Potato Salad Peas & Carrots</p> <p>Caesar Salad w/ Grilled Chicken Garlic Bread</p> <p>Dessert of the Day Sugar Free Dessert</p>	<p><i>Supper</i></p> <p>Beef Vegetable</p> <p>Chef's Quiche Asparagus</p> <p>Grilled Ham & Cheese Chips & Pickle Asparagus</p> <p>Dessert of the Day Sugar Free Dessert</p>	<p><i>Supper</i></p> <p>Turkey & Spinach</p> <p>Chili Con Carne Cornbread Chef's Choice Vegetables</p> <p>Grilled Rubeen & Swiss on Rye Chips & Pickle Chef's Choice Vegetables</p> <p>Dessert of the Day Sugar Free Dessert</p>	<p><i>Supper</i></p> <p>Escarole</p> <p>Baked Haddock Wild Rice Roasted Butternut Squash</p> <p>Monte Cristo Roasted Butternut Squash</p> <p>Dessert Of the Day Sugar Free Dessert</p>	<p><i>Supper</i></p> <p>Chicken Noodle</p> <p>Cheese Ravioli w/ Pomodoro Sauce Bread Stick Green Beans</p> <p>Patty Melt Waffle Fries Green Beans</p> <p>Dessert of the Day Sugar Free Dessert</p>	<p><i>Supper</i></p> <p>Clam Chowder</p> <p>Fried Cajun Catfish Onion Rings Apple Cole Slaw</p> <p>Roast Beef & Cheddar Onion Rings Apple Cole Slaw</p> <p>Dessert of the day Sugar Free Dessert</p>	<p><i>Supper</i></p> <p>Lentil</p> <p>Spaghetti & Meatballs Garlic Bread Caesar Salad</p> <p>Turkey Stew Garlic Bread Caesar Salad</p> <p>Dessert of the Day Sugar Free Dessert</p>



Wentworth Senior Living Dining Selections Week of 12/31/17

Week 2 (FW 2016/17)

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p><i>Breakfast</i></p> <p>French Toast Sausage Danish</p>	<p><i>Breakfast</i></p> <p>Quiche Bacon Homefries</p>	<p><i>Breakfast</i></p> <p>Scrambled Eggs Bacon Scones</p>	<p><i>Breakfast</i></p> <p>Cheese Omelette Corned Beef Hash</p>	<p><i>Breakfast</i></p> <p>Pancakes Sausage Donut</p>	<p><i>Breakfast</i></p> <p>Eggs Over Easy Bacon</p>	<p><i>Breakfast</i></p> <p>Scrambled Eggs Sausage Coffee Cake</p>
<p><i>Dinner</i></p> <p>Fresh Garden Salad Fresh Fruit Salad Split Pea & Ham</p> <p>Roast Turkey & Gravy Stuffing Mashed Potatoes Butternut Squash</p> <p>Liver w/ Bacon & Onions Mashed Potatoes Butternut Squash</p> <p>Roll Alternate Veg Dessert of the Day Sugar Free Dessert</p>	<p><i>Dinner</i></p> <p>Fresh Garden Salad Fresh Fruit Salad Minestrone</p> <p>Corned Beef & Cabbage Red Bliss Potatoes Carrots</p> <p>Chicken Leg Red Bliss Potatoes Carrots</p> <p>Roll Alternate Veg Dessert of the day Sugar Free Dessert</p>	<p><i>Dinner</i></p> <p>Fresh Garden Salad Fresh Fruit Salad Country Vegetable Noodle</p> <p>Veal Saltimbocca Wild Rice Green Beans Almondine</p> <p>Turkey cutlet w/ Tarragon Sauce Wild Rice Green Beans Almondine</p> <p>Roll Alternate Veg Dessert of the Day Sugar Free Dessert</p>	<p><i>Dinner</i></p> <p>Fresh Garden Salad Fresh Fruit Salad Beef Barley</p> <p>Meatloaf & Gravy Mashed Potatoes Fall Vegetable Blend</p> <p>Pork Tenderloin w/ Cranberry Apple Compote Mashed Potatoes Fall Vegetable Blend</p> <p>Roll Alternate Veg Dessert of the Day Sugar Free Dessert</p>	<p><i>Dinner</i></p> <p>Fresh Garden Salad Fresh Fruit Salad Turkey Orzo</p> <p>Pork Chop w/ Gravy Vegetable Risotto Acorn Squash</p> <p>Stuffed Portabella Vegetable Risotto Acorn Squash</p> <p>Roll Alternate Veg Dessert of the Day Sugar Free Dessert</p>	<p><i>Dinner</i></p> <p>Fresh Garden Salad Fresh Fruit Salad Seafood Chowder</p> <p>Lobster & Shrimp Scampi Tagliatelle Pasta Roasted Beets</p> <p>Stuffed Red Pepper Roasted Beets</p> <p>Roll Alternate Veg Dessert of the day Sugar Free Dessert</p>	<p><i>Dinner</i></p> <p>Fresh Garden Salad Fresh Fruit Salad Split Pea w/ Rosemary</p> <p>Beef Stroganoff Egg Noodles Sautéed Baby Spinach</p> <p>Chicken Alfredo Egg Noodles Sautéed Baby Spinach</p> <p>Roll Alternate Veg Dessert of the Day Sugar Free Dessert</p>
<p><i>Supper</i></p> <p>Split Pea & Ham</p> <p>Lobster Roll French Fries Broccoli Slaw</p> <p>BBQ Chicken French Fries Broccoli Slaw</p> <p>Dessert of the Day Sugar Free Dessert</p>	<p><i>Supper</i></p> <p>Minestrone</p> <p>Beef & Broccoli Stir Fry Stir Fried Rice Oriental Vegetables</p> <p>Egg Salad on a Croissant Lettuce & Tomato Waldorf Salad</p> <p>Dessert of the Day Sugar Free Dessert</p>	<p><i>Supper</i></p> <p>Country Vegetable Noodle</p> <p>Seafood Salad Roll French Fries Peas & Carrots</p> <p>Chicken Fingers w/ Honey Mustard French Fries Peas & Carrots</p> <p>Dessert of the Day Sugar Free Dessert</p>	<p><i>Supper</i></p> <p>Beef Barley</p> <p>Hot Open Faced Turkey Sandwich Mashed Potatoes Tomato Salad</p> <p>Roast Beef Sandwich Lettuce & Tomato Tomato Salad</p> <p>Dessert of the Day Sugar Free Dessert</p>	<p><i>Supper</i></p> <p>Turkey Orzo</p> <p>American Chop Suey Italian Green Beans</p> <p>Ham Salad Sandwich Lettuce & Tomato Vegetable Cous Cous</p> <p>Dessert of the Day Sugar Free Dessert</p>	<p><i>Supper</i></p> <p>Seafood Chowder</p> <p>Pizza-Cheese, Veggie or Pepperoni Garden Salad</p> <p>Tuna Melt Garden Salad</p> <p>Dessert of the Day Sugar Free Dessert</p>	<p><i>Supper</i></p> <p>Split Pea w/ Rosemary</p> <p>Hot Dogs & Beans Brown Bread Coleslaw</p> <p>Grilled Turkey & Cheddar Lettuce & Tomato Coleslaw</p> <p>Dessert of the Day Sugar Free Dessert</p>



Wentworth Senior Living Dining Selections Week of 1/7/18

Week 3 (FW 2016/17)

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p><i>Breakfast</i></p> <p>Eggs Over Hard Bacon Danish</p>	<p><i>Breakfast</i></p> <p>French Toast Sausage</p>	<p><i>Breakfast</i></p> <p>Scrambled Eggs Corned Beef Hash Cinnamon Donut</p>	<p><i>Breakfast</i></p> <p>Vegetable Strata Bacon</p>	<p><i>Breakfast</i></p> <p>Pancakes Sausage</p>	<p><i>Breakfast</i></p> <p>Ham Omelette Bacon Homefries</p>	<p><i>Breakfast</i></p> <p>Scrambled Eggs Bacon Scone</p>
<p><i>Dinner</i></p> <p>Fresh Garden Salad Fresh Fruit Salad Cream of Spinach</p> <p>Beef Tenderloin Sweet Potato Broccoli</p> <p>Roasted Chicken Thigh Sweet Potato Broccoli</p> <p>Roll Alternate Veg Dessert of the Day Sugar Free Dessert</p>	<p><i>Dinner</i></p> <p>Fresh Garden Salad Fresh Fruit Salad Pumpkin Soup</p> <p>Rosemary Pork Tenderloin Confetti Rice Broccoli</p> <p>Baked Lasagna Broccoli</p> <p>Garlic Bread Alternate Veg Dessert of the Day Sugar Free Dessert</p>	<p><i>Dinner</i></p> <p>Fresh Garden Salad Fresh Fruit Salad Minestrone</p> <p>Beef Brisket Egg Noodles Cauliflower</p> <p>Crab Cake Egg Noodles Cauliflower</p> <p>Roll Alternate Veg Dessert of the Day Sugar Free Dessert</p>	<p><i>Dinner</i></p> <p>Fresh Garden Salad Fresh Fruit Salad Wild Mushroom</p> <p>Seared Duck Breast Wild Mushroom Risotto Roasted Brussel Sprouts</p> <p>Chicken Picatta Wild Mushroom Risotto Roasted Brussels Sprouts</p> <p>Roll Alternate Veg Dessert of the Day Sugar Free Dessert</p>	<p><i>Dinner</i></p> <p>Fresh Garden Salad Fresh Fruit Salad Beef Garden Bareley</p> <p>Turkey Tenderloin Brown Rice Steamed Beets</p> <p>Kielbasa w/ Apples Brown Rice Steamed Beets</p> <p>Roll Alternate Veg Dessert of the Day Sugar Free Dessert</p>	<p><i>Dinner</i></p> <p>Fresh Garden Salad Fresh Fruit Salad Clam Chowder</p> <p>Seafood St. Jacque Mashed Potato Roasted Root Vegetables</p> <p>Stewed Chicken Mashed Potato Roasted Root Vegetables</p> <p>Roll Alternate Veg Dessert of the Day Sugar Free Dessert</p>	<p><i>Dinner</i></p> <p>Fresh Garden Salad Fresh Fruit Salad Chicken Noodle Soup</p> <p>BBQ Ribs Cole Slaw Buttered Cut Corn</p> <p>Turkey a la King Cole Slaw</p> <p>Biscuit Alternate Veg Dessert of the Day Sugar Free Dessert</p>
<p><i>Supper</i></p> <p>Cream of Spinach</p> <p>Macaroni & Cheese Stewed Tomatoes</p> <p>Salami & Provolone Sandwich Rice & Bean Salad</p> <p>Dessert of the Day Sugar Free Dessert</p>	<p><i>Supper</i></p> <p>Pumpkin Soup</p> <p>Cranberry Chicken Salad Roll Steak Fries Waldorf Salad</p> <p>Meatloaf Sandwich Steak Fries Waldorf Salad</p> <p>Dessert of the Day Sugar Free Dessert</p>	<p><i>Supper</i></p> <p>Minestrone</p> <p>Pork Pie German Potato Salad Wax & Green Beans</p> <p>BLT Sandwich w/ Cheese German Potato Salad Wax & Green Beans</p> <p>Dessert of the Day Sugar Free Dessert</p>	<p><i>Supper</i></p> <p>Wild Mushroom</p> <p>Fried Chicken Sandwich Smiley Fries Carrots</p> <p>Chef Salad Garlic Bread</p> <p>Dessert of the Day Sugar Free Dessert</p>	<p><i>Supper</i></p> <p>Beef Garden Bareley</p> <p>Stuffed Shells Garlic Bread Caesar Salad</p> <p>Chicken Meatballs w/ Honey Mustard Glaze Peas & Carrots</p> <p>Dessert of the Day Sugar Free Dessert</p>	<p><i>Supper</i></p> <p>Clam Chowder</p> <p>Burger with Onion, Bacon Lettuce & Tomato Broccoli Slaw</p> <p>Grilled Chicken Sandwich Lettuce & Tomato Broccoli Slaw</p> <p>Dessert of the Day Sugar Free Dessert</p>	<p><i>Supper</i></p> <p>Chicken Noodle Soup</p> <p>Baked Stuffed Shrimp Vegetable Rice Chef's Blend Vegetable</p> <p>Steak & Cheese Submarine w/ Mushrooms and Onions Waffle Fries Chef's Blend Vegetable Dessert of the Day Sugar Free Dessert</p>



Wentworth Senior Living Dining Selections Week of 1/14/18

Week 4 (FW 2016/17)

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p><i>Breakfast</i></p> <p>Pancakes Sausage Danish</p>	<p><i>Breakfast</i></p> <p>Scrambled Eggs Bacon</p>	<p><i>Breakfast</i></p> <p>French Toast Sausage Cinnamon Roll</p>	<p><i>Breakfast</i></p> <p>Scrambled Eggs Bacon</p>	<p><i>Breakfast</i></p> <p>Blueberry Pancakes Sausage</p>	<p><i>Breakfast</i></p> <p>Waffles Bacon Coffee Cake</p>	<p><i>Breakfast</i></p> <p>Cheese Omelette Bacon Homefries</p>
<p><i>Dinner</i></p> <p>Fresh Garden Salad Fresh Fruit Salad Minestrone</p> <p>Cranberry Pork Roast Mashed Sweet Potato Rutabaga & Celery Root</p> <p>Braised Lamb Shank w/ Mint Jelly Mashed Sweet Potato Rutabaga & Celery Root</p> <p>Roll Alternate Veg Dessert of the Day Sugar Free Dessert</p>	<p><i>Dinner</i></p> <p>Fresh Garden Salad Fresh Fruit Salad Corn Chowder</p> <p>Pesto Chicken Baked Potato Honey Glazed Baby Carrots</p> <p>Arctic Char Baked Potato Honey Glazed Baby Carrots</p> <p>Roll Alternate Veg Dessert of the Day Sugar Free Dessert</p>	<p><i>Dinner</i></p> <p>Fresh Garden Salad Fresh Fruit Salad Italian Wedding</p> <p>Swedish Meatball Buttered Egg Noodles Sautéed Red Cabbage</p> <p>Chicken Marsala Buttered Egg Noodles Sautéed Red Cabbage</p> <p>Roll Alternate Veg Dessert of the Day Sugar Free Dessert</p>	<p><i>Dinner</i></p> <p>Fresh Garden Salad Fresh Fruit Salad Chunky Tomato & Bacon</p> <p>Turkey Tenderloin w/ Cranberry Glaze Couscous Kale & Mushrooms</p> <p>Salisbury Steak Couscous Kale & Mushrooms</p> <p>Roll Alternate Veg Dessert of the Day Sugar Free Dessert</p>	<p><i>Dinner</i></p> <p>Fresh Garden Salad Fresh Fruit Salad Kale w/ White Bean</p> <p>Chicken w/ Artichokes Orzo Roasted Eggplant</p> <p>Greek Tofu Sauté Orzo Roasted Eggplant</p> <p>Roll Alternate Veg Dessert of the Day Sugar Free Dessert</p>	<p><i>Dinner</i></p> <p>Fresh Garden Salad Fresh Fruit Salad Seafood Chowder</p> <p>Baked Haddock Confetti Rice Broccoli</p> <p>Beef Stir Fry Confetti Rice Broccoli</p> <p>Roll Alternate Veg Dessert of the Day Sugar Free Dessert</p>	<p><i>Dinner</i></p> <p>Fresh Caesar Salad Fresh Fruit Salad Turkey Noodle</p> <p>Chicken Parmesan Tagliatelle Pasta Cauliflower & Carrots</p> <p>Sausage & Wild Mushrooms Tagliatelle Pasta Cauliflower & Carrots</p> <p>Roll Alternate Veg Dessert of the Day Sugar Free Dessert</p>
<p><i>Supper</i></p> <p>Minestrone</p> <p>Baked Manicotti Garlic Bread Red & Yellow Pepper Sauté</p> <p>Hot Pastrami Sandwich Chips & Pickle Red & Yellow Pepper Sauté</p> <p>Dessert of the Day Sugar Free Dessert</p>	<p><i>Supper</i></p> <p>Corn Chowder</p> <p>Chicken Salad on a Croissant Lettuce & Tomato Vegetable Barley Salad</p> <p>Cheeseburger Sliders Lettuce & Tomato Chips & Pickle Vegetable Barley Salad</p> <p>Dessert of the Day Sugar Free Dessert</p>	<p><i>Supper</i></p> <p>Italian Wedding</p> <p>Salmon Pie Rice Pilaf Chef's Choice Vegetable</p> <p>Pulled Pork Sandwich Rice Pilaf Chef's Choice Vegetable</p> <p>Dessert of the Day Sugar Free Dessert</p>	<p><i>Supper</i></p> <p>Chunky Tomato & Bacon</p> <p>Spaghetti & Meat sauce Garlic Bread Baby Spinach</p> <p>Chicken Tenders w/ Honey Mustard Smiley Fries Peas & Carrots</p> <p>Dessert of the Day Sugar Free Dessert</p>	<p><i>Supper</i></p> <p>Kale w/ White Bean</p> <p>French Dip Sandwich Tater tots Broccoli Slaw</p> <p>Italian Submarine Tater tots Broccoli Slaw</p> <p>Dessert of the Day Sugar Free Dessert</p>	<p><i>Supper</i></p> <p>Seafood Chowder</p> <p>Pizza-Cheese, Veggie or Pepperoni Garden Salad</p> <p>Vegetable Burger Over Greens</p> <p>Dessert of the Day Sugar Free Dessert</p>	<p><i>Supper</i></p> <p>Turkey Noodle</p> <p>Hot Dogs & Beans Brown Bread Cole Slaw</p> <p>Chicken & Vegetable Pot Pie Cranberry Sauce Biscuit</p> <p>Dessert of the Day Sugar Free Dessert</p>



Wentworth Senior Living Dining Selections Week of 1/21/18

Week 1 (FW 2016/17)

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p><i>Breakfast</i></p> <p>French Toast Sausage Danish</p>	<p><i>Breakfast</i></p> <p>Scrambled Eggs Bacon</p>	<p><i>Breakfast</i></p> <p>Cheese Omelette Sausage Homefries</p>	<p><i>Breakfast</i></p> <p>Pancakes Bacon</p>	<p><i>Breakfast</i></p> <p>Scrambled Eggs Bacon Cinnamon Donuts</p>	<p><i>Breakfast</i></p> <p>Waffles Sausage</p>	<p><i>Breakfast</i></p> <p>Scrambled Eggs w/ Cheese Corned Beef Hash</p>
<p><i>Dinner</i></p> <p>Fresh Garden Salad Fresh Fruit Salad Butternut Squash Bisque</p> <p>Honey Baked Ham w/ Raisin Sauce Potatoes Au Gratin Roasted Beets</p> <p>Stuffed Sole Potatoes Au Gratin Roasted Beets</p> <p>Roll Alternate Veg Dessert of the Day Sugar Free Dessert</p>	<p><i>Dinner</i></p> <p>Fresh Garden Salad Fresh Fruit Salad Beef Vegetable</p> <p>Maple Glazed Salmon Roasted Red Bliss Potatoes Turnip</p> <p>Chicken Florentine w/ Mushroom Gravy Roasted Red Bliss Potatoes Turnip</p> <p>Roll Alternate Veg Dessert of the Day Sugar Free Dessert</p>	<p><i>Dinner</i></p> <p>Fresh Garden Salad Fresh Fruit Salad Turkey & Spinach</p> <p>Pork Tenderloin w/Apple Chutney Mashed Potato Broccoli</p> <p>Shepherd's Pie Broccoli</p> <p>Roll Alternate Veg Dessert of the Day Sugar Free Dessert</p>	<p><i>Dinner</i></p> <p>Fresh Garden Salad Fresh Fruit Salad Escarole</p> <p>Chicken Cacciatore Linguine Vegetable Medley</p> <p>Shrimp Alfredo Linguine Vegetable Medley</p> <p>Garlic Bread Alternate Veg Dessert of the Day Sugar Free Dessert</p>	<p><i>Dinner</i></p> <p>Fresh Garden Salad Fresh Fruit Salad Chicken Noodle</p> <p>Pot Roast w/ Gravy Baked Potatoes Parsnips & Carrots</p> <p>Sesame Pork Baked Potatoes Parsnips & Carrots</p> <p>Roll Alternate Veg Dessert of the Day Sugar Free Dessert</p>	<p><i>Dinner</i></p> <p>Fresh Garden Salad Fresh Fruit Salad Clam Chowder</p> <p>Mediterranean Baked Fish Cous Cous Kale Sauté</p> <p>Chicken w/ a Sage Cornbread Crust Cous Cous Kale Sauté</p> <p>Roll Alternate Veg Dessert of the Day Sugar Free Dessert</p>	<p><i>Dinner</i></p> <p>Fresh Garden Salad Fresh Fruit Salad Lentil</p> <p>Chicken Stuffed w/ Cranberries & Apple Stuffing Wild Rice Carrots</p> <p>Vegetable Lasagna Carrots</p> <p>Roll Alternate Veg Dessert of the Day Sugar Free Dessert</p>
<p><i>Supper</i></p> <p>Butternut Squash Bisque</p> <p>Meatball Sub Hot Bacon Potato Salad Peas & Carrots</p> <p>Caesar Salad w/ Grilled Chicken Garlic Bread</p> <p>Dessert of the Day Sugar Free Dessert</p>	<p><i>Supper</i></p> <p>Beef Vegetable</p> <p>Chef's Quiche Asparagus</p> <p>Grilled Ham & Cheese Chips & Pickle Asparagus</p> <p>Dessert of the Day Sugar Free Dessert</p>	<p><i>Supper</i></p> <p>Turkey & Spinach</p> <p>Chili Con Carne Cornbread Chef's Choice Vegetables</p> <p>Grilled Rubeen & Swiss on Rye Chips & Pickle Chef's Choice Vegetables</p> <p>Dessert of the Day Sugar Free Dessert</p>	<p><i>Supper</i></p> <p>Escarole</p> <p>Baked Haddock Wild Rice Roasted Butternut Squash</p> <p>Monte Cristo Roasted Butternut Squash</p> <p>Dessert Of the Day Sugar Free Dessert</p>	<p><i>Supper</i></p> <p>Chicken Noodle</p> <p>Cheese Ravioli w/ Pomodoro Sauce Bread Stick Green Beans</p> <p>Patty Melt Waffle Fries Green Beans</p> <p>Dessert of the Day Sugar Free Dessert</p>	<p><i>Supper</i></p> <p>Clam Chowder</p> <p>Fried Cajun Catfish Onion Rings Apple Cole Slaw</p> <p>Roast Beef & Cheddar Onion Rings Apple Cole Slaw</p> <p>Dessert of the day Sugar Free Dessert</p>	<p><i>Supper</i></p> <p>Lentil</p> <p>Spaghetti & Meatballs Garlic Bread Caesar Salad</p> <p>Turkey Stew Garlic Bread Caesar Salad</p> <p>Dessert of the Day Sugar Free Dessert</p>



Wentworth Senior Living Dining Selections Week of 1/28/18

Week 2 (FW 2016/17)

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p><i>Breakfast</i></p> <p>French Toast Sausage Danish</p>	<p><i>Breakfast</i></p> <p>Quiche Bacon Homefries</p>	<p><i>Breakfast</i></p> <p>Scrambled Eggs Bacon Scones</p>	<p><i>Breakfast</i></p> <p>Cheese Omelette Corned Beef Hash</p>	<p><i>Breakfast</i></p> <p>Pancakes Sausage Donut</p>	<p><i>Breakfast</i></p> <p>Eggs Over Easy Bacon</p>	<p><i>Breakfast</i></p> <p>Scrambled Eggs Sausage Coffee Cake</p>
<p><i>Dinner</i></p> <p>Fresh Garden Salad Fresh Fruit Salad Split Pea & Ham</p> <p>Roast Turkey & Gravy Stuffing Mashed Potatoes Butternut Squash</p> <p>Liver w/ Bacon & Onions Mashed Potatoes Butternut Squash</p> <p>Roll Alternate Veg Dessert of the Day Sugar Free Dessert</p>	<p><i>Dinner</i></p> <p>Fresh Garden Salad Fresh Fruit Salad Minestrone</p> <p>Corned Beef & Cabbage Red Bliss Potatoes Carrots</p> <p>Chicken Leg Red Bliss Potatoes Carrots</p> <p>Roll Alternate Veg Dessert of the day Sugar Free Dessert</p>	<p><i>Dinner</i></p> <p>Fresh Garden Salad Fresh Fruit Salad Country Vegetable Noodle</p> <p>Veal Saltimbocca Wild Rice Green Beans Almondine</p> <p>Turkey cutlet w/ Tarragon Sauce Wild Rice Green Beans Almondine</p> <p>Roll Alternate Veg Dessert of the Day Sugar Free Dessert</p>	<p><i>Dinner</i></p> <p>Fresh Garden Salad Fresh Fruit Salad Beef Barley</p> <p>Meatloaf & Gravy Mashed Potatoes Fall Vegetable Blend</p> <p>Pork Tenderloin w/ Cranberry Apple Compote Mashed Potatoes Fall Vegetable Blend</p> <p>Roll Alternate Veg Dessert of the Day Sugar Free Dessert</p>	<p><i>Dinner</i></p> <p>Fresh Garden Salad Fresh Fruit Salad Turkey Orzo</p> <p>Pork Chop w/ Gravy Vegetable Risotto Acorn Squash</p> <p>Stuffed Portabella Vegetable Risotto Acorn Squash</p> <p>Roll Alternate Veg Dessert of the Day Sugar Free Dessert</p>	<p><i>Dinner</i></p> <p>Fresh Garden Salad Fresh Fruit Salad Seafood Chowder</p> <p>Lobster & Shrimp Scampi Tagliatelle Pasta Roasted Beets</p> <p>Stuffed Red Pepper Roasted Beets</p> <p>Roll Alternate Veg Dessert of the day Sugar Free Dessert</p>	<p><i>Dinner</i></p> <p>Fresh Garden Salad Fresh Fruit Salad Split Pea w/ Rosemary</p> <p>Beef Stroganoff Egg Noodles Sautéed Baby Spinach</p> <p>Chicken Alfredo Egg Noodles Sautéed Baby Spinach</p> <p>Roll Alternate Veg Dessert of the Day Sugar Free Dessert</p>
<p><i>Supper</i></p> <p>Split Pea & Ham</p> <p>Lobster Roll French Fries Broccoli Slaw</p> <p>BBQ Chicken French Fries Broccoli Slaw</p> <p>Dessert of the Day Sugar Free Dessert</p>	<p><i>Supper</i></p> <p>Minestrone</p> <p>Beef & Broccoli Stir Fry Stir Fried Rice Oriental Vegetables</p> <p>Egg Salad on a Croissant Lettuce & Tomato Waldorf Salad</p> <p>Dessert of the Day Sugar Free Dessert</p>	<p><i>Supper</i></p> <p>Country Vegetable Noodle</p> <p>Seafood Salad Roll French Fries Peas & Carrots</p> <p>Chicken Fingers w/ Honey Mustard French Fries Peas & Carrots</p> <p>Dessert of the Day Sugar Free Dessert</p>	<p><i>Supper</i></p> <p>Beef Barley</p> <p>Hot Open Faced Turkey Sandwich Mashed Potatoes Tomato Salad</p> <p>Roast Beef Sandwich Lettuce & Tomato Tomato Salad</p> <p>Dessert of the Day Sugar Free Dessert</p>	<p><i>Supper</i></p> <p>Turkey Orzo</p> <p>American Chop Suey Italian Green Beans</p> <p>Ham Salad Sandwich Lettuce & Tomato Vegetable Cous Cous</p> <p>Dessert of the Day Sugar Free Dessert</p>	<p><i>Supper</i></p> <p>Seafood Chowder</p> <p>Pizza-Cheese, Veggie or Pepperoni Garden Salad</p> <p>Tuna Melt Garden Salad</p> <p>Dessert of the Day Sugar Free Dessert</p>	<p><i>Supper</i></p> <p>Split Pea w/ Rosemary</p> <p>Hot Dogs & Beans Brown Bread Coleslaw</p> <p>Grilled Turkey & Cheddar Lettuce & Tomato Coleslaw</p> <p>Dessert of the Day Sugar Free Dessert</p>



Wentworth Senior Living Dining Selections Week of 2/4/18

Week 3 (FW 2016/17)

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<i>Breakfast</i>	<i>Breakfast</i>	<i>Breakfast</i>	<i>Breakfast</i>	<i>Breakfast</i>	<i>Breakfast</i>	<i>Breakfast</i>
Eggs Over Hard Bacon Danish	French Toast Sausage	Scrambled Eggs Corned Beef Hash Cinnamon Donut	Vegetable Strata Bacon	Pancakes Sausage	Ham Omelette Bacon Homefries	Scrambled Eggs Bacon Scone
<i>Dinner</i> Fresh Garden Salad Fresh Fruit Salad Cream of Spinach Beef Tenderloin Sweet Potato Broccoli Roasted Chicken Thigh Sweet Potato Broccoli Roll Alternate Veg Dessert of the Day Sugar Free Dessert	<i>Dinner</i> Fresh Garden Salad Fresh Fruit Salad Pumpkin Soup Rosemary Pork Tenderloin Confetti Rice Broccoli Baked Lasagna Broccoli Garlic Bread Alternate Veg Dessert of the Day Sugar Free Dessert	<i>Dinner</i> Fresh Garden Salad Fresh Fruit Salad Minestrone Beef Brisket Egg Noodles Cauliflower Crab Cake Egg Noodles Cauliflower Roll Alternate Veg Dessert of the Day Sugar Free Dessert	<i>Dinner</i> Fresh Garden Salad Fresh Fruit Salad Wild Mushroom Seared Duck Breast Wild Mushroom Risotto Roasted Brussel Sprouts Chicken Picatta Wild Mushroom Risotto Roasted Brussels Sprouts Roll Alternate Veg Dessert of the Day Sugar Free Dessert	<i>Dinner</i> Fresh Garden Salad Fresh Fruit Salad Beef Garden Bareley Turkey Tenderloin Brown Rice Steamed Beets Kielbasa w/ Apples Brown Rice Steamed Beets Roll Alternate Veg Dessert of the Day Sugar Free Dessert	<i>Dinner</i> Fresh Garden Salad Fresh Fruit Salad Clam Chowder Seafood St. Jacque Mashed Potato Roasted Root Vegetables Stewed Chicken Mashed Potato Roasted Root Vegetables Roll Alternate Veg Dessert of the Day Sugar Free Dessert	<i>Dinner</i> Fresh Garden Salad Fresh Fruit Salad Chicken Noodle Soup BBQ Ribs Cole Slaw Buttered Cut Corn Turkey a la King Cole Slaw Biscuit Alternate Veg Dessert of the Day Sugar Free Dessert
<i>Supper</i> Cream of Spinach Macaroni & Cheese Stewed Tomatoes Salami & Provolone Sandwich Rice & Bean Salad Dessert of the Day Sugar Free Dessert	<i>Supper</i> Pumpkin Soup Cranberry Chicken Salad Roll Steak Fries Waldorf Salad Meatloaf Sandwich Steak Fries Waldorf Salad Dessert of the Day Sugar Free Dessert	<i>Supper</i> Minestrone Pork Pie German Potato Salad Wax & Green Beans BLT Sandwich w/ Cheese German Potato Salad Wax & Green Beans Dessert of the Day Sugar Free Dessert	<i>Supper</i> Wild Mushroom Fried Chicken Sandwich Smiley Fries Carrots Chef Salad Garlic Bread Dessert of the Day Sugar Free Dessert	<i>Supper</i> Beef Garden Bareley Stuffed Shells Garlic Bread Caesar Salad Chicken Meatballs w/ Honey Mustard Glaze Peas & Carrots Dessert of the Day Sugar Free Dessert	<i>Supper</i> Clam Chowder Burger with Onion, Bacon Lettuce & Tomato Broccoli Slaw Grilled Chicken Sandwich Lettuce & Tomato Broccoli Slaw Dessert of the Day Sugar Free Dessert	<i>Supper</i> Chicken Noodle Soup Baked Stuffed Shrimp Vegetable Rice Chef's Blend Vegetable Steak & Cheese Submarine w/ Mushrooms and Onions Waffle Fries Chef's Blend Vegetable Dessert of the Day Sugar Free Dessert



Wentworth Senior Living Dining Selections Week of 2/11/17

Week 4 (FW 2016/17)

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p><i>Breakfast</i></p> <p>Pancakes Sausage Danish</p>	<p><i>Breakfast</i></p> <p>Scrambled Eggs Bacon</p>	<p><i>Breakfast</i></p> <p>French Toast Sausage Cinnamon Roll</p>	<p><i>Breakfast</i></p> <p>Scrambled Eggs Bacon</p>	<p><i>Breakfast</i></p> <p>Blueberry Pancakes Sausage</p>	<p><i>Breakfast</i></p> <p>Waffles Bacon Coffee Cake</p>	<p><i>Breakfast</i></p> <p>Cheese Omelette Bacon Homefries</p>
<p><i>Dinner</i></p> <p>Fresh Garden Salad Fresh Fruit Salad Minestrone</p> <p>Cranberry Pork Roast Mashed Sweet Potato Rutabaga & Celery Root</p> <p>Braised Lamb Shank w/ Mint Jelly Mashed Sweet Potato Rutabaga & Celery Root</p> <p>Roll Alternate Veg Dessert of the Day Sugar Free Dessert</p>	<p><i>Dinner</i></p> <p>Fresh Garden Salad Fresh Fruit Salad Corn Chowder</p> <p>Pesto Chicken Baked Potato Honey Glazed Baby Carrots</p> <p>Arctic Char Baked Potato Honey Glazed Baby Carrots</p> <p>Roll Alternate Veg Dessert of the Day Sugar Free Dessert</p>	<p><i>Dinner</i></p> <p>Fresh Garden Salad Fresh Fruit Salad Italian Wedding</p> <p>Swedish Meatball Buttered Egg Noodles Sautéed Red Cabbage</p> <p>Chicken Marsala Buttered Egg Noodles Sautéed Red Cabbage</p> <p>Roll Alternate Veg Dessert of the Day Sugar Free Dessert</p>	<p><i>Dinner</i></p> <p>Fresh Garden Salad Fresh Fruit Salad Chunky Tomato & Bacon</p> <p>Turkey Tenderloin w/ Cranberry Glaze Couscous Kale & Mushrooms</p> <p>Salisbury Steak Couscous Kale & Mushrooms</p> <p>Roll Alternate Veg Dessert of the Day Sugar Free Dessert</p>	<p><i>Dinner</i></p> <p>Fresh Garden Salad Fresh Fruit Salad Kale w/ White Bean</p> <p>Chicken w/ Artichokes Orzo Roasted Eggplant</p> <p>Greek Tofu Sauté Orzo Roasted Eggplant</p> <p>Roll Alternate Veg Dessert of the Day Sugar Free Dessert</p>	<p><i>Dinner</i></p> <p>Fresh Garden Salad Fresh Fruit Salad Seafood Chowder</p> <p>Baked Haddock Confetti Rice Broccoli</p> <p>Beef Stir Fry Confetti Rice Broccoli</p> <p>Roll Alternate Veg Dessert of the Day Sugar Free Dessert</p>	<p><i>Dinner</i></p> <p>Fresh Caesar Salad Fresh Fruit Salad Turkey Noodle</p> <p>Chicken Parmesan Tagliatelle Pasta Cauliflower & Carrots</p> <p>Sausage & Wild Mushrooms Tagliatelle Pasta Cauliflower & Carrots</p> <p>Roll Alternate Veg Dessert of the Day Sugar Free Dessert</p>
<p><i>Supper</i></p> <p>Minestrone</p> <p>Baked Manicotti Garlic Bread Red & Yellow Pepper Sauté</p> <p>Hot Pastrami Sandwich Chips & Pickle Red & Yellow Pepper Sauté</p> <p>Dessert of the Day Sugar Free Dessert</p>	<p><i>Supper</i></p> <p>Corn Chowder</p> <p>Chicken Salad on a Croissant Lettuce & Tomato Vegetable Barley Salad</p> <p>Cheeseburger Sliders Lettuce & Tomato Chips & Pickle Vegetable Barley Salad</p> <p>Dessert of the Day Sugar Free Dessert</p>	<p><i>Supper</i></p> <p>Italian Wedding</p> <p>Salmon Pie Rice Pilaf Chef's Choice Vegetable</p> <p>Pulled Pork Sandwich Rice Pilaf Chef's Choice Vegetable</p> <p>Dessert of the Day Sugar Free Dessert</p>	<p><i>Supper</i></p> <p>Chunky Tomato & Bacon</p> <p>Spaghetti & Meat sauce Garlic Bread Baby Spinach</p> <p>Chicken Tenders w/ Honey Mustard Smiley Fries Peas & Carrots</p> <p>Dessert of the Day Sugar Free Dessert</p>	<p><i>Supper</i></p> <p>Kale w/ White Bean</p> <p>French Dip Sandwich Tater tots Broccoli Slaw</p> <p>Italian Submarine Tater tots Broccoli Slaw</p> <p>Dessert of the Day Sugar Free Dessert</p>	<p><i>Supper</i></p> <p>Seafood Chowder</p> <p>Pizza-Cheese, Veggie or Pepperoni Garden Salad</p> <p>Vegetable Burger Over Greens</p> <p>Dessert of the Day Sugar Free Dessert</p>	<p><i>Supper</i></p> <p>Turkey Noodle</p> <p>Hot Dogs & Beans Brown Bread Cole Slaw</p> <p>Chicken & Vegetable Pot Pie Cranberry Sauce Biscuit</p> <p>Dessert of the Day Sugar Free Dessert</p>



Wentworth Senior Living Dining Selections Week of 2/18/18

Week 1 (FW 2016/17)

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p><i>Breakfast</i></p> <p>French Toast Sausage Danish</p>	<p><i>Breakfast</i></p> <p>Scrambled Eggs Bacon</p>	<p><i>Breakfast</i></p> <p>Cheese Omelette Sausage Homefries</p>	<p><i>Breakfast</i></p> <p>Pancakes Bacon</p>	<p><i>Breakfast</i></p> <p>Scrambled Eggs Bacon Cinnamon Donuts</p>	<p><i>Breakfast</i></p> <p>Waffles Sausage</p>	<p><i>Breakfast</i></p> <p>Scrambled Eggs w/ Cheese Corned Beef Hash</p>
<p><i>Dinner</i></p> <p>Fresh Garden Salad Fresh Fruit Salad Butternut Squash Bisque</p> <p>Honey Baked Ham w/ Raisin Sauce Potatoes Au Gratin Roasted Beets</p> <p>Stuffed Sole Potatoes Au Gratin Roasted Beets</p> <p>Roll Alternate Veg Dessert of the Day Sugar Free Dessert</p>	<p><i>Dinner</i></p> <p>Fresh Garden Salad Fresh Fruit Salad Beef Vegetable</p> <p>Maple Glazed Salmon Roasted Red Bliss Potatoes Turnip</p> <p>Chicken Florentine w/ Mushroom Gravy Roasted Red Bliss Potatoes Turnip</p> <p>Roll Alternate Veg Dessert of the Day Sugar Free Dessert</p>	<p><i>Dinner</i></p> <p>Fresh Garden Salad Fresh Fruit Salad Turkey & Spinach</p> <p>Pork Tenderloin w/Apple Chutney Mashed Potato Broccoli</p> <p>Shepherd's Pie Broccoli</p> <p>Roll Alternate Veg Dessert of the Day Sugar Free Dessert</p>	<p><i>Dinner</i></p> <p>Fresh Garden Salad Fresh Fruit Salad Escarole</p> <p>Chicken Cacciatore Linguine Vegetable Medley</p> <p>Shrimp Alfredo Linguine Vegetable Medley</p> <p>Garlic Bread Alternate Veg Dessert of the Day Sugar Free Dessert</p>	<p><i>Dinner</i></p> <p>Fresh Garden Salad Fresh Fruit Salad Chicken Noodle</p> <p>Pot Roast w/ Gravy Baked Potatoes Parsnips & Carrots</p> <p>Sesame Pork Baked Potatoes Parsnips & Carrots</p> <p>Roll Alternate Veg Dessert of the Day Sugar Free Dessert</p>	<p><i>Dinner</i></p> <p>Fresh Garden Salad Fresh Fruit Salad Clam Chowder</p> <p>Mediterranean Baked Fish Cous Cous Kale Sauté</p> <p>Chicken w/ a Sage Cornbread Crust Cous Cous Kale Sauté</p> <p>Roll Alternate Veg Dessert of the Day Sugar Free Dessert</p>	<p><i>Dinner</i></p> <p>Fresh Garden Salad Fresh Fruit Salad Lentil</p> <p>Chicken Stuffed w/ Cranberries & Apple Stuffing Wild Rice Carrots</p> <p>Vegetable Lasagna Carrots</p> <p>Roll Alternate Veg Dessert of the Day Sugar Free Dessert</p>
<p><i>Supper</i></p> <p>Butternut Squash Bisque</p> <p>Meatball Sub Hot Bacon Potato Salad Peas & Carrots</p> <p>Caesar Salad w/ Grilled Chicken Garlic Bread</p> <p>Dessert of the Day Sugar Free Dessert</p>	<p><i>Supper</i></p> <p>Beef Vegetable</p> <p>Chef's Quiche Asparagus</p> <p>Grilled Ham & Cheese Chips & Pickle Asparagus</p> <p>Dessert of the Day Sugar Free Dessert</p>	<p><i>Supper</i></p> <p>Turkey & Spinach</p> <p>Chili Con Carne Cornbread Chef's Choice Vegetables</p> <p>Grilled Rubeen & Swiss on Rye Chips & Pickle Chef's Choice Vegetables</p> <p>Dessert of the Day Sugar Free Dessert</p>	<p><i>Supper</i></p> <p>Escarole</p> <p>Baked Haddock Wild Rice Roasted Butternut Squash</p> <p>Monte Cristo Roasted Butternut Squash</p> <p>Dessert Of the Day Sugar Free Dessert</p>	<p><i>Supper</i></p> <p>Chicken Noodle</p> <p>Cheese Ravioli w/ Pomodoro Sauce Bread Stick Green Beans</p> <p>Patty Melt Waffle Fries Green Beans</p> <p>Dessert of the Day Sugar Free Dessert</p>	<p><i>Supper</i></p> <p>Clam Chowder</p> <p>Fried Cajun Catfish Onion Rings Apple Cole Slaw</p> <p>Roast Beef & Cheddar Onion Rings Apple Cole Slaw</p> <p>Dessert of the day Sugar Free Dessert</p>	<p><i>Supper</i></p> <p>Lentil</p> <p>Spaghetti & Meatballs Garlic Bread Caesar Salad</p> <p>Turkey Stew Garlic Bread Caesar Salad</p> <p>Dessert of the Day Sugar Free Dessert</p>



Wentworth Senior Living Dining Selections Week of 2/25/18

Week 2 (FW 2016/17)

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p><i>Breakfast</i></p> <p>French Toast Sausage Danish</p>	<p><i>Breakfast</i></p> <p>Quiche Bacon Homefries</p>	<p><i>Breakfast</i></p> <p>Scrambled Eggs Bacon Scones</p>	<p><i>Breakfast</i></p> <p>Cheese Omelette Corned Beef Hash</p>	<p><i>Breakfast</i></p> <p>Pancakes Sausage Donut</p>	<p><i>Breakfast</i></p> <p>Eggs Over Easy Bacon</p>	<p><i>Breakfast</i></p> <p>Scrambled Eggs Sausage Coffee Cake</p>
<p><i>Dinner</i></p> <p>Fresh Garden Salad Fresh Fruit Salad Split Pea & Ham</p> <p>Roast Turkey & Gravy Stuffing Mashed Potatoes Butternut Squash</p> <p>Liver w/ Bacon & Onions Mashed Potatoes Butternut Squash</p> <p>Roll Alternate Veg Dessert of the Day Sugar Free Dessert</p>	<p><i>Dinner</i></p> <p>Fresh Garden Salad Fresh Fruit Salad Minestrone</p> <p>Corned Beef & Cabbage Red Bliss Potatoes Carrots</p> <p>Chicken Leg Red Bliss Potatoes Carrots</p> <p>Roll Alternate Veg Dessert of the day Sugar Free Dessert</p>	<p><i>Dinner</i></p> <p>Fresh Garden Salad Fresh Fruit Salad Country Vegetable Noodle</p> <p>Veal Saltimbocca Wild Rice Green Beans Almondine</p> <p>Turkey cutlet w/ Tarragon Sauce Wild Rice Green Beans Almondine</p> <p>Roll Alternate Veg Dessert of the Day Sugar Free Dessert</p>	<p><i>Dinner</i></p> <p>Fresh Garden Salad Fresh Fruit Salad Beef Barley</p> <p>Meatloaf & Gravy Mashed Potatoes Fall Vegetable Blend</p> <p>Pork Tenderloin w/ Cranberry Apple Compote Mashed Potatoes Fall Vegetable Blend</p> <p>Roll Alternate Veg Dessert of the Day Sugar Free Dessert</p>	<p><i>Dinner</i></p> <p>Fresh Garden Salad Fresh Fruit Salad Turkey Orzo</p> <p>Pork Chop w/ Gravy Vegetable Risotto Acorn Squash</p> <p>Stuffed Portabella Vegetable Risotto Acorn Squash</p> <p>Roll Alternate Veg Dessert of the Day Sugar Free Dessert</p>	<p><i>Dinner</i></p> <p>Fresh Garden Salad Fresh Fruit Salad Seafood Chowder</p> <p>Lobster & Shrimp Scampi Tagliatelle Pasta Roasted Beets</p> <p>Stuffed Red Pepper Roasted Beets</p> <p>Roll Alternate Veg Dessert of the day Sugar Free Dessert</p>	<p><i>Dinner</i></p> <p>Fresh Garden Salad Fresh Fruit Salad Split Pea w/ Rosemary</p> <p>Beef Stroganoff Egg Noodles Sautéed Baby Spinach</p> <p>Chicken Alfredo Egg Noodles Sautéed Baby Spinach</p> <p>Roll Alternate Veg Dessert of the Day Sugar Free Dessert</p>
<p><i>Supper</i></p> <p>Split Pea & Ham</p> <p>Lobster Roll French Fries Broccoli Slaw</p> <p>BBQ Chicken French Fries Broccoli Slaw</p> <p>Dessert of the Day Sugar Free Dessert</p>	<p><i>Supper</i></p> <p>Minestrone</p> <p>Beef & Broccoli Stir Fry Stir Fried Rice Oriental Vegetables</p> <p>Egg Salad on a Croissant Lettuce & Tomato Waldorf Salad</p> <p>Dessert of the Day Sugar Free Dessert</p>	<p><i>Supper</i></p> <p>Country Vegetable Noodle</p> <p>Seafood Salad Roll French Fries Peas & Carrots</p> <p>Chicken Fingers w/ Honey Mustard French Fries Peas & Carrots</p> <p>Dessert of the Day Sugar Free Dessert</p>	<p><i>Supper</i></p> <p>Beef Barley</p> <p>Hot Open Faced Turkey Sandwich Mashed Potatoes Tomato Salad</p> <p>Roast Beef Sandwich Lettuce & Tomato Tomato Salad</p> <p>Dessert of the Day Sugar Free Dessert</p>	<p><i>Supper</i></p> <p>Turkey Orzo</p> <p>American Chop Suey Italian Green Beans</p> <p>Ham Salad Sandwich Lettuce & Tomato Vegetable Cous Cous</p> <p>Dessert of the Day Sugar Free Dessert</p>	<p><i>Supper</i></p> <p>Seafood Chowder</p> <p>Pizza-Cheese, Veggie or Pepperoni Garden Salad</p> <p>Tuna Melt Garden Salad</p> <p>Dessert of the Day Sugar Free Dessert</p>	<p><i>Supper</i></p> <p>Split Pea w/ Rosemary</p> <p>Hot Dogs & Beans Brown Bread Coleslaw</p> <p>Grilled Turkey & Cheddar Lettuce & Tomato Coleslaw</p> <p>Dessert of the Day Sugar Free Dessert</p>



Wentworth Senior Living Dining Selections Week of 3/4/18

Week 3 (FW 2016/17)

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p><i>Breakfast</i></p> <p>Eggs Over Hard Bacon Danish</p>	<p><i>Breakfast</i></p> <p>French Toast Sausage</p>	<p><i>Breakfast</i></p> <p>Scrambled Eggs Corned Beef Hash Cinnamon Donut</p>	<p><i>Breakfast</i></p> <p>Vegetable Strata Bacon</p>	<p><i>Breakfast</i></p> <p>Pancakes Sausage</p>	<p><i>Breakfast</i></p> <p>Ham Omelette Bacon Homefries</p>	<p><i>Breakfast</i></p> <p>Scrambled Eggs Bacon Scone</p>
<p><i>Dinner</i></p> <p>Fresh Garden Salad Fresh Fruit Salad Cream of Spinach</p> <p>Beef Tenderloin Sweet Potato Broccoli</p> <p>Roasted Chicken Thigh Sweet Potato Broccoli</p> <p>Roll Alternate Veg Dessert of the Day Sugar Free Dessert</p>	<p><i>Dinner</i></p> <p>Fresh Garden Salad Fresh Fruit Salad Pumpkin Soup</p> <p>Rosemary Pork Tenderloin Confetti Rice Broccoli</p> <p>Baked Lasagna Broccoli</p> <p>Garlic Bread Alternate Veg Dessert of the Day Sugar Free Dessert</p>	<p><i>Dinner</i></p> <p>Fresh Garden Salad Fresh Fruit Salad Minestrone</p> <p>Beef Brisket Egg Noodles Cauliflower</p> <p>Crab Cake Egg Noodles Cauliflower</p> <p>Roll Alternate Veg Dessert of the Day Sugar Free Dessert</p>	<p><i>Dinner</i></p> <p>Fresh Garden Salad Fresh Fruit Salad Wild Mushroom</p> <p>Seared Duck Breast Wild Mushroom Risotto Roasted Brussel Sprouts</p> <p>Chicken Picatta Wild Mushroom Risotto Roasted Brussels Sprouts</p> <p>Roll Alternate Veg Dessert of the Day Sugar Free Dessert</p>	<p><i>Dinner</i></p> <p>Fresh Garden Salad Fresh Fruit Salad Beef Garden Bareley</p> <p>Turkey Tenderloin Brown Rice Steamed Beets</p> <p>Kielbasa w/ Apples Brown Rice Steamed Beets</p> <p>Roll Alternate Veg Dessert of the Day Sugar Free Dessert</p>	<p><i>Dinner</i></p> <p>Fresh Garden Salad Fresh Fruit Salad Clam Chowder</p> <p>Seafood St. Jacque Mashed Potato Roasted Root Vegetables</p> <p>Stewed Chicken Mashed Potato Roasted Root Vegetables</p> <p>Roll Alternate Veg Dessert of the Day Sugar Free Dessert</p>	<p><i>Dinner</i></p> <p>Fresh Garden Salad Fresh Fruit Salad Chicken Noodle Soup</p> <p>BBQ Ribs Cole Slaw Buttered Cut Corn</p> <p>Turkey a la King Cole Slaw</p> <p>Biscuit Alternate Veg Dessert of the Day Sugar Free Dessert</p>
<p><i>Supper</i></p> <p>Cream of Spinach</p> <p>Macaroni & Cheese Stewed Tomatoes</p> <p>Salami & Provolone Sandwich Rice & Bean Salad</p> <p>Dessert of the Day Sugar Free Dessert</p>	<p><i>Supper</i></p> <p>Pumpkin Soup</p> <p>Cranberry Chicken Salad Roll Steak Fries Waldorf Salad</p> <p>Meatloaf Sandwich Steak Fries Waldorf Salad</p> <p>Dessert of the Day Sugar Free Dessert</p>	<p><i>Supper</i></p> <p>Minestrone</p> <p>Pork Pie German Potato Salad Wax & Green Beans</p> <p>BLT Sandwich w/ Cheese German Potato Salad Wax & Green Beans</p> <p>Dessert of the Day Sugar Free Dessert</p>	<p><i>Supper</i></p> <p>Wild Mushroom</p> <p>Fried Chicken Sandwich Smiley Fries Carrots</p> <p>Chef Salad Garlic Bread</p> <p>Dessert of the Day Sugar Free Dessert</p>	<p><i>Supper</i></p> <p>Beef Garden Bareley</p> <p>Stuffed Shells Garlic Bread Caesar Salad</p> <p>Chicken Meatballs w/ Honey Mustard Glaze Peas & Carrots</p> <p>Dessert of the Day Sugar Free Dessert</p>	<p><i>Supper</i></p> <p>Clam Chowder</p> <p>Burger with Onion, Bacon Lettuce & Tomato Broccoli Slaw</p> <p>Grilled Chicken Sandwich Lettuce & Tomato Broccoli Slaw</p> <p>Dessert of the Day Sugar Free Dessert</p>	<p><i>Supper</i></p> <p>Chicken Noodle Soup</p> <p>Baked Stuffed Shrimp Vegetable Rice Chef's Blend Vegetable</p> <p>Steak & Cheese Submarine w/ Mushrooms and Onions Waffle Fries Chef's Blend Vegetable Dessert of the Day Sugar Free Dessert</p>



Wentworth Senior Living Dining Selections Week of 3/11/18

Week 4 (FW 2016/17)

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p><i>Breakfast</i></p> <p>Pancakes Sausage Danish</p>	<p><i>Breakfast</i></p> <p>Scrambled Eggs Bacon</p>	<p><i>Breakfast</i></p> <p>French Toast Sausage Cinnamon Roll</p>	<p><i>Breakfast</i></p> <p>Scrambled Eggs Bacon</p>	<p><i>Breakfast</i></p> <p>Blueberry Pancakes Sausage</p>	<p><i>Breakfast</i></p> <p>Waffles Bacon Coffee Cake</p>	<p><i>Breakfast</i></p> <p>Cheese Omelette Bacon Homefries</p>
<p><i>Dinner</i></p> <p>Fresh Garden Salad Fresh Fruit Salad Minestrone</p> <p>Cranberry Pork Roast Mashed Sweet Potato Rutabaga & Celery Root</p> <p>Braised Lamb Shank w/ Mint Jelly Mashed Sweet Potato Rutabaga & Celery Root</p> <p>Roll Alternate Veg Dessert of the Day Sugar Free Dessert</p>	<p><i>Dinner</i></p> <p>Fresh Garden Salad Fresh Fruit Salad Corn Chowder</p> <p>Pesto Chicken Baked Potato Honey Glazed Baby Carrots</p> <p>Arctic Char Baked Potato Honey Glazed Baby Carrots</p> <p>Roll Alternate Veg Dessert of the Day Sugar Free Dessert</p>	<p><i>Dinner</i></p> <p>Fresh Garden Salad Fresh Fruit Salad Italian Wedding</p> <p>Swedish Meatball Buttered Egg Noodles Sautéed Red Cabbage</p> <p>Chicken Marsala Buttered Egg Noodles Sautéed Red Cabbage</p> <p>Roll Alternate Veg Dessert of the Day Sugar Free Dessert</p>	<p><i>Dinner</i></p> <p>Fresh Garden Salad Fresh Fruit Salad Chunky Tomato & Bacon</p> <p>Turkey Tenderloin w/ Cranberry Glaze Couscous Kale & Mushrooms</p> <p>Salisbury Steak Couscous Kale & Mushrooms</p> <p>Roll Alternate Veg Dessert of the Day Sugar Free Dessert</p>	<p><i>Dinner</i></p> <p>Fresh Garden Salad Fresh Fruit Salad Kale w/ White Bean</p> <p>Chicken w/ Artichokes Orzo Roasted Eggplant</p> <p>Greek Tofu Sauté Orzo Roasted Eggplant</p> <p>Roll Alternate Veg Dessert of the Day Sugar Free Dessert</p>	<p><i>Dinner</i></p> <p>Fresh Garden Salad Fresh Fruit Salad Seafood Chowder</p> <p>Baked Haddock Confetti Rice Broccoli</p> <p>Beef Stir Fry Confetti Rice Broccoli</p> <p>Roll Alternate Veg Dessert of the Day Sugar Free Dessert</p>	<p><i>Dinner</i></p> <p>Fresh Caesar Salad Fresh Fruit Salad Turkey Noodle</p> <p>Chicken Parmesan Tagliatelle Pasta Cauliflower & Carrots</p> <p>Sausage & Wild Mushrooms Tagliatelle Pasta Cauliflower & Carrots</p> <p>Roll Alternate Veg Dessert of the Day Sugar Free Dessert</p>
<p><i>Supper</i></p> <p>Minestrone</p> <p>Baked Manicotti Garlic Bread Red & Yellow Pepper Sauté</p> <p>Hot Pastrami Sandwich Chips & Pickle Red & Yellow Pepper Sauté</p> <p>Dessert of the Day Sugar Free Dessert</p>	<p><i>Supper</i></p> <p>Corn Chowder</p> <p>Chicken Salad on a Croissant Lettuce & Tomato Vegetable Barley Salad</p> <p>Cheeseburger Sliders Lettuce & Tomato Chips & Pickle Vegetable Barley Salad</p> <p>Dessert of the Day Sugar Free Dessert</p>	<p><i>Supper</i></p> <p>Italian Wedding</p> <p>Salmon Pie Rice Pilaf Chef's Choice Vegetable</p> <p>Pulled Pork Sandwich Rice Pilaf Chef's Choice Vegetable</p> <p>Dessert of the Day Sugar Free Dessert</p>	<p><i>Supper</i></p> <p>Chunky Tomato & Bacon</p> <p>Spaghetti & Meat sauce Garlic Bread Baby Spinach</p> <p>Chicken Tenders w/ Honey Mustard Smiley Fries Peas & Carrots</p> <p>Dessert of the Day Sugar Free Dessert</p>	<p><i>Supper</i></p> <p>Kale w/ White Bean</p> <p>French Dip Sandwich Tater tots Broccoli Slaw</p> <p>Italian Submarine Tater tots Broccoli Slaw</p> <p>Dessert of the Day Sugar Free Dessert</p>	<p><i>Supper</i></p> <p>Seafood Chowder</p> <p>Pizza-Cheese, Veggie or Pepperoni Garden Salad</p> <p>Vegetable Burger Over Greens</p> <p>Dessert of the Day Sugar Free Dessert</p>	<p><i>Supper</i></p> <p>Turkey Noodle</p> <p>Hot Dogs & Beans Brown Bread Cole Slaw</p> <p>Chicken & Vegetable Pot Pie Cranberry Sauce Biscuit</p> <p>Dessert of the Day Sugar Free Dessert</p>



Wentworth Senior Living Dining Selections Week of 3/18/18

Week 1 (FW 2016/17)

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p><i>Breakfast</i></p> <p>French Toast Sausage Danish</p>	<p><i>Breakfast</i></p> <p>Scrambled Eggs Bacon</p>	<p><i>Breakfast</i></p> <p>Cheese Omelette Sausage Homefries</p>	<p><i>Breakfast</i></p> <p>Pancakes Bacon</p>	<p><i>Breakfast</i></p> <p>Scrambled Eggs Bacon Cinnamon Donuts</p>	<p><i>Breakfast</i></p> <p>Waffles Sausage</p>	<p><i>Breakfast</i></p> <p>Scrambled Eggs w/ Cheese Corned Beef Hash</p>
<p><i>Dinner</i></p> <p>Fresh Garden Salad Fresh Fruit Salad Butternut Squash Bisque</p> <p>Honey Baked Ham w/ Raisin Sauce Potatoes Au Gratin Roasted Beets</p> <p>Stuffed Sole Potatoes Au Gratin Roasted Beets</p> <p>Roll Alternate Veg Dessert of the Day Sugar Free Dessert</p>	<p><i>Dinner</i></p> <p>Fresh Garden Salad Fresh Fruit Salad Beef Vegetable</p> <p>Maple Glazed Salmon Roasted Red Bliss Potatoes Turnip</p> <p>Chicken Florentine w/ Mushroom Gravy Roasted Red Bliss Potatoes Turnip</p> <p>Roll Alternate Veg Dessert of the Day Sugar Free Dessert</p>	<p><i>Dinner</i></p> <p>Fresh Garden Salad Fresh Fruit Salad Turkey & Spinach</p> <p>Pork Tenderloin w/Apple Chutney Mashed Potato Broccoli</p> <p>Shepherd's Pie Broccoli</p> <p>Roll Alternate Veg Dessert of the Day Sugar Free Dessert</p>	<p><i>Dinner</i></p> <p>Fresh Garden Salad Fresh Fruit Salad Escarole</p> <p>Chicken Cacciatore Linguine Vegetable Medley</p> <p>Shrimp Alfredo Linguine Vegetable Medley</p> <p>Garlic Bread Alternate Veg Dessert of the Day Sugar Free Dessert</p>	<p><i>Dinner</i></p> <p>Fresh Garden Salad Fresh Fruit Salad Chicken Noodle</p> <p>Pot Roast w/ Gravy Baked Potatoes Parsnips & Carrots</p> <p>Sesame Pork Baked Potatoes Parsnips & Carrots</p> <p>Roll Alternate Veg Dessert of the Day Sugar Free Dessert</p>	<p><i>Dinner</i></p> <p>Fresh Garden Salad Fresh Fruit Salad Clam Chowder</p> <p>Mediterranean Baked Fish Cous Cous Kale Sauté</p> <p>Chicken w/ a Sage Cornbread Crust Cous Cous Kale Sauté</p> <p>Roll Alternate Veg Dessert of the Day Sugar Free Dessert</p>	<p><i>Dinner</i></p> <p>Fresh Garden Salad Fresh Fruit Salad Lentil</p> <p>Chicken Stuffed w/ Cranberries & Apple Stuffing Wild Rice Carrots</p> <p>Vegetable Lasagna Carrots</p> <p>Roll Alternate Veg Dessert of the Day Sugar Free Dessert</p>
<p><i>Supper</i></p> <p>Butternut Squash Bisque</p> <p>Meatball Sub Hot Bacon Potato Salad Peas & Carrots</p> <p>Caesar Salad w/ Grilled Chicken Garlic Bread</p> <p>Dessert of the Day Sugar Free Dessert</p>	<p><i>Supper</i></p> <p>Beef Vegetable</p> <p>Chef's Quiche Asparagus</p> <p>Grilled Ham & Cheese Chips & Pickle Asparagus</p> <p>Dessert of the Day Sugar Free Dessert</p>	<p><i>Supper</i></p> <p>Turkey & Spinach</p> <p>Chili Con Carne Cornbread Chef's Choice Vegetables</p> <p>Grilled Rubeen & Swiss on Rye Chips & Pickle Chef's Choice Vegetables</p> <p>Dessert of the Day Sugar Free Dessert</p>	<p><i>Supper</i></p> <p>Escarole</p> <p>Baked Haddock Wild Rice Roasted Butternut Squash</p> <p>Monte Cristo Roasted Butternut Squash</p> <p>Dessert Of the Day Sugar Free Dessert</p>	<p><i>Supper</i></p> <p>Chicken Noodle</p> <p>Cheese Ravioli w/ Pomodoro Sauce Bread Stick Green Beans</p> <p>Patty Melt Waffle Fries Green Beans</p> <p>Dessert of the Day Sugar Free Dessert</p>	<p><i>Supper</i></p> <p>Clam Chowder</p> <p>Fried Cajun Catfish Onion Rings Apple Cole Slaw</p> <p>Roast Beef & Cheddar Onion Rings Apple Cole Slaw</p> <p>Dessert of the day Sugar Free Dessert</p>	<p><i>Supper</i></p> <p>Lentil</p> <p>Spaghetti & Meatballs Garlic Bread Caesar Salad</p> <p>Turkey Stew Garlic Bread Caesar Salad</p> <p>Dessert of the Day Sugar Free Dessert</p>



Wentworth Senior Living Dining Selections Week of 3/25/18

Week 2 (FW 2016/17)

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p><i>Breakfast</i></p> <p>French Toast Sausage Danish</p>	<p><i>Breakfast</i></p> <p>Quiche Bacon Homefries</p>	<p><i>Breakfast</i></p> <p>Scrambled Eggs Bacon Scones</p>	<p><i>Breakfast</i></p> <p>Cheese Omelette Corned Beef Hash</p>	<p><i>Breakfast</i></p> <p>Pancakes Sausage Donut</p>	<p><i>Breakfast</i></p> <p>Eggs Over Easy Bacon</p>	<p><i>Breakfast</i></p> <p>Scrambled Eggs Sausage Coffee Cake</p>
<p><i>Dinner</i></p> <p>Fresh Garden Salad Fresh Fruit Salad Split Pea & Ham</p> <p>Roast Turkey & Gravy Stuffing Mashed Potatoes Butternut Squash</p> <p>Liver w/ Bacon & Onions Mashed Potatoes Butternut Squash</p> <p>Roll Alternate Veg Dessert of the Day Sugar Free Dessert</p>	<p><i>Dinner</i></p> <p>Fresh Garden Salad Fresh Fruit Salad Minestrone</p> <p>Corned Beef & Cabbage Red Bliss Potatoes Carrots</p> <p>Chicken Leg Red Bliss Potatoes Carrots</p> <p>Roll Alternate Veg Dessert of the day Sugar Free Dessert</p>	<p><i>Dinner</i></p> <p>Fresh Garden Salad Fresh Fruit Salad Country Vegetable Noodle</p> <p>Veal Saltimbocca Wild Rice Green Beans Almondine</p> <p>Turkey cutlet w/ Tarragon Sauce Wild Rice Green Beans Almondine</p> <p>Roll Alternate Veg Dessert of the Day Sugar Free Dessert</p>	<p><i>Dinner</i></p> <p>Fresh Garden Salad Fresh Fruit Salad Beef Barley</p> <p>Meatloaf & Gravy Mashed Potatoes Fall Vegetable Blend</p> <p>Pork Tenderloin w/ Cranberry Apple Compote Mashed Potatoes Fall Vegetable Blend</p> <p>Roll Alternate Veg Dessert of the Day Sugar Free Dessert</p>	<p><i>Dinner</i></p> <p>Fresh Garden Salad Fresh Fruit Salad Turkey Orzo</p> <p>Pork Chop w/ Gravy Vegetable Risotto Acorn Squash</p> <p>Stuffed Portabella Vegetable Risotto Acorn Squash</p> <p>Roll Alternate Veg Dessert of the Day Sugar Free Dessert</p>	<p><i>Dinner</i></p> <p>Fresh Garden Salad Fresh Fruit Salad Seafood Chowder</p> <p>Lobster & Shrimp Scampi Tagliatelle Pasta Roasted Beets</p> <p>Stuffed Red Pepper Roasted Beets</p> <p>Roll Alternate Veg Dessert of the day Sugar Free Dessert</p>	<p><i>Dinner</i></p> <p>Fresh Garden Salad Fresh Fruit Salad Split Pea w/ Rosemary</p> <p>Beef Stroganoff Egg Noodles Sautéed Baby Spinach</p> <p>Chicken Alfredo Egg Noodles Sautéed Baby Spinach</p> <p>Roll Alternate Veg Dessert of the Day Sugar Free Dessert</p>
<p><i>Supper</i></p> <p>Split Pea & Ham</p> <p>Lobster Roll French Fries Broccoli Slaw</p> <p>BBQ Chicken French Fries Broccoli Slaw</p> <p>Dessert of the Day Sugar Free Dessert</p>	<p><i>Supper</i></p> <p>Minestrone</p> <p>Beef & Broccoli Stir Fry Stir Fried Rice Oriental Vegetables</p> <p>Egg Salad on a Croissant Lettuce & Tomato Waldorf Salad</p> <p>Dessert of the Day Sugar Free Dessert</p>	<p><i>Supper</i></p> <p>Country Vegetable Noodle</p> <p>Seafood Salad Roll French Fries Peas & Carrots</p> <p>Chicken Fingers w/ Honey Mustard French Fries Peas & Carrots</p> <p>Dessert of the Day Sugar Free Dessert</p>	<p><i>Supper</i></p> <p>Beef Barley</p> <p>Hot Open Faced Turkey Sandwich Mashed Potatoes Tomato Salad</p> <p>Roast Beef Sandwich Lettuce & Tomato Tomato Salad</p> <p>Dessert of the Day Sugar Free Dessert</p>	<p><i>Supper</i></p> <p>Turkey Orzo</p> <p>American Chop Suey Italian Green Beans</p> <p>Ham Salad Sandwich Lettuce & Tomato Vegetable Cous Cous</p> <p>Dessert of the Day Sugar Free Dessert</p>	<p><i>Supper</i></p> <p>Seafood Chowder</p> <p>Pizza-Cheese, Veggie or Pepperoni Garden Salad</p> <p>Tuna Melt Garden Salad</p> <p>Dessert of the Day Sugar Free Dessert</p>	<p><i>Supper</i></p> <p>Split Pea w/ Rosemary</p> <p>Hot Dogs & Beans Brown Bread Coleslaw</p> <p>Grilled Turkey & Cheddar Lettuce & Tomato Coleslaw</p> <p>Dessert of the Day Sugar Free Dessert</p>



Wentworth Senior Living Dining Selections Week of 4/1/18

Week 3 (FW 2016/17)

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p><i>Breakfast</i></p> <p>Eggs Over Hard Bacon Danish</p>	<p><i>Breakfast</i></p> <p>French Toast Sausage</p>	<p><i>Breakfast</i></p> <p>Scrambled Eggs Corned Beef Hash Cinnamon Donut</p>	<p><i>Breakfast</i></p> <p>Vegetable Strata Bacon</p>	<p><i>Breakfast</i></p> <p>Pancakes Sausage</p>	<p><i>Breakfast</i></p> <p>Ham Omelette Bacon Homefries</p>	<p><i>Breakfast</i></p> <p>Scrambled Eggs Bacon Scone</p>
<p><i>Dinner</i></p> <p>Fresh Garden Salad Fresh Fruit Salad Cream of Spinach</p> <p>Beef Tenderloin Sweet Potato Broccoli</p> <p>Roasted Chicken Thigh Sweet Potato Broccoli</p> <p>Roll Alternate Veg Dessert of the Day Sugar Free Dessert</p>	<p><i>Dinner</i></p> <p>Fresh Garden Salad Fresh Fruit Salad Pumpkin Soup</p> <p>Rosemary Pork Tenderloin Confetti Rice Broccoli</p> <p>Baked Lasagna Broccoli</p> <p>Garlic Bread Alternate Veg Dessert of the Day Sugar Free Dessert</p>	<p><i>Dinner</i></p> <p>Fresh Garden Salad Fresh Fruit Salad Minestrone</p> <p>Beef Brisket Egg Noodles Cauliflower</p> <p>Crab Cake Egg Noodles Cauliflower</p> <p>Roll Alternate Veg Dessert of the Day Sugar Free Dessert</p>	<p><i>Dinner</i></p> <p>Fresh Garden Salad Fresh Fruit Salad Wild Mushroom</p> <p>Seared Duck Breast Wild Mushroom Risotto Roasted Brussel Sprouts</p> <p>Chicken Picatta Wild Mushroom Risotto Roasted Brussels Sprouts</p> <p>Roll Alternate Veg Dessert of the Day Sugar Free Dessert</p>	<p><i>Dinner</i></p> <p>Fresh Garden Salad Fresh Fruit Salad Beef Garden Bareley</p> <p>Turkey Tenderloin Brown Rice Steamed Beets</p> <p>Kielbasa w/ Apples Brown Rice Steamed Beets</p> <p>Roll Alternate Veg Dessert of the Day Sugar Free Dessert</p>	<p><i>Dinner</i></p> <p>Fresh Garden Salad Fresh Fruit Salad Clam Chowder</p> <p>Seafood St. Jacque Mashed Potato Roasted Root Vegetables</p> <p>Stewed Chicken Mashed Potato Roasted Root Vegetables</p> <p>Roll Alternate Veg Dessert of the Day Sugar Free Dessert</p>	<p><i>Dinner</i></p> <p>Fresh Garden Salad Fresh Fruit Salad Chicken Noodle Soup</p> <p>BBQ Ribs Cole Slaw Buttered Cut Corn</p> <p>Turkey a la King Cole Slaw</p> <p>Biscuit Alternate Veg Dessert of the Day Sugar Free Dessert</p>
<p><i>Supper</i></p> <p>Cream of Spinach</p> <p>Macaroni & Cheese Stewed Tomatoes</p> <p>Salami & Provolone Sandwich Rice & Bean Salad</p> <p>Dessert of the Day Sugar Free Dessert</p>	<p><i>Supper</i></p> <p>Pumpkin Soup</p> <p>Cranberry Chicken Salad Roll Steak Fries Waldorf Salad</p> <p>Meatloaf Sandwich Steak Fries Waldorf Salad</p> <p>Dessert of the Day Sugar Free Dessert</p>	<p><i>Supper</i></p> <p>Minestrone</p> <p>Pork Pie German Potato Salad Wax & Green Beans</p> <p>BLT Sandwich w/ Cheese German Potato Salad Wax & Green Beans</p> <p>Dessert of the Day Sugar Free Dessert</p>	<p><i>Supper</i></p> <p>Wild Mushroom</p> <p>Fried Chicken Sandwich Smiley Fries Carrots</p> <p>Chef Salad Garlic Bread</p> <p>Dessert of the Day Sugar Free Dessert</p>	<p><i>Supper</i></p> <p>Beef Garden Bareley</p> <p>Stuffed Shells Garlic Bread Caesar Salad</p> <p>Chicken Meatballs w/ Honey Mustard Glaze Peas & Carrots</p> <p>Dessert of the Day Sugar Free Dessert</p>	<p><i>Supper</i></p> <p>Clam Chowder</p> <p>Burger with Onion, Bacon Lettuce & Tomato Broccoli Slaw</p> <p>Grilled Chicken Sandwich Lettuce & Tomato Broccoli Slaw</p> <p>Dessert of the Day Sugar Free Dessert</p>	<p><i>Supper</i></p> <p>Chicken Noodle Soup</p> <p>Baked Stuffed Shrimp Vegetable Rice Chef's Blend Vegetable</p> <p>Steak & Cheese Submarine w/ Mushrooms and Onions Waffle Fries Chef's Blend Vegetable Dessert of the Day Sugar Free Dessert</p>



Wentworth Senior Living Dining Selections Week of 4/8/18

Week 4 (FW 2016/17)

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p><i>Breakfast</i></p> <p>Pancakes Sausage Danish</p>	<p><i>Breakfast</i></p> <p>Scrambled Eggs Bacon</p>	<p><i>Breakfast</i></p> <p>French Toast Sausage Cinnamon Roll</p>	<p><i>Breakfast</i></p> <p>Scrambled Eggs Bacon</p>	<p><i>Breakfast</i></p> <p>Blueberry Pancakes Sausage</p>	<p><i>Breakfast</i></p> <p>Waffles Bacon Coffee Cake</p>	<p><i>Breakfast</i></p> <p>Cheese Omelette Bacon Homefries</p>
<p><i>Dinner</i></p> <p>Fresh Garden Salad Fresh Fruit Salad Minestrone</p> <p>Cranberry Pork Roast Mashed Sweet Potato Rutabaga & Celery Root</p> <p>Braised Lamb Shank w/ Mint Jelly Mashed Sweet Potato Rutabaga & Celery Root</p> <p>Roll Alternate Veg Dessert of the Day Sugar Free Dessert</p>	<p><i>Dinner</i></p> <p>Fresh Garden Salad Fresh Fruit Salad Corn Chowder</p> <p>Pesto Chicken Baked Potato Honey Glazed Baby Carrots</p> <p>Arctic Char Baked Potato Honey Glazed Baby Carrots</p> <p>Roll Alternate Veg Dessert of the Day Sugar Free Dessert</p>	<p><i>Dinner</i></p> <p>Fresh Garden Salad Fresh Fruit Salad Italian Wedding</p> <p>Swedish Meatball Buttered Egg Noodles Sautéed Red Cabbage</p> <p>Chicken Marsala Buttered Egg Noodles Sautéed Red Cabbage</p> <p>Roll Alternate Veg Dessert of the Day Sugar Free Dessert</p>	<p><i>Dinner</i></p> <p>Fresh Garden Salad Fresh Fruit Salad Chunky Tomato & Bacon</p> <p>Turkey Tenderloin w/ Cranberry Glaze Couscous Kale & Mushrooms</p> <p>Salisbury Steak Couscous Kale & Mushrooms</p> <p>Roll Alternate Veg Dessert of the Day Sugar Free Dessert</p>	<p><i>Dinner</i></p> <p>Fresh Garden Salad Fresh Fruit Salad Kale w/ White Bean</p> <p>Chicken w/ Artichokes Orzo Roasted Eggplant</p> <p>Greek Tofu Sauté Orzo Roasted Eggplant</p> <p>Roll Alternate Veg Dessert of the Day Sugar Free Dessert</p>	<p><i>Dinner</i></p> <p>Fresh Garden Salad Fresh Fruit Salad Seafood Chowder</p> <p>Baked Haddock Confetti Rice Broccoli</p> <p>Beef Stir Fry Confetti Rice Broccoli</p> <p>Roll Alternate Veg Dessert of the Day Sugar Free Dessert</p>	<p><i>Dinner</i></p> <p>Fresh Caesar Salad Fresh Fruit Salad Turkey Noodle</p> <p>Chicken Parmesan Tagliatelle Pasta Cauliflower & Carrots</p> <p>Sausage & Wild Mushrooms Tagliatelle Pasta Cauliflower & Carrots</p> <p>Roll Alternate Veg Dessert of the Day Sugar Free Dessert</p>
<p><i>Supper</i></p> <p>Minestrone</p> <p>Baked Manicotti Garlic Bread Red & Yellow Pepper Sauté</p> <p>Hot Pastrami Sandwich Chips & Pickle Red & Yellow Pepper Sauté</p> <p>Dessert of the Day Sugar Free Dessert</p>	<p><i>Supper</i></p> <p>Corn Chowder</p> <p>Chicken Salad on a Croissant Lettuce & Tomato Vegetable Barley Salad</p> <p>Cheeseburger Sliders Lettuce & Tomato Chips & Pickle Vegetable Barley Salad</p> <p>Dessert of the Day Sugar Free Dessert</p>	<p><i>Supper</i></p> <p>Italian Wedding</p> <p>Salmon Pie Rice Pilaf Chef's Choice Vegetable</p> <p>Pulled Pork Sandwich Rice Pilaf Chef's Choice Vegetable</p> <p>Dessert of the Day Sugar Free Dessert</p>	<p><i>Supper</i></p> <p>Chunky Tomato & Bacon</p> <p>Spaghetti & Meat sauce Garlic Bread Baby Spinach</p> <p>Chicken Tenders w/ Honey Mustard Smiley Fries Peas & Carrots</p> <p>Dessert of the Day Sugar Free Dessert</p>	<p><i>Supper</i></p> <p>Kale w/ White Bean</p> <p>French Dip Sandwich Tater tots Broccoli Slaw</p> <p>Italian Submarine Tater tots Broccoli Slaw</p> <p>Dessert of the Day Sugar Free Dessert</p>	<p><i>Supper</i></p> <p>Seafood Chowder</p> <p>Pizza-Cheese, Veggie or Pepperoni Garden Salad</p> <p>Vegetable Burger Over Greens</p> <p>Dessert of the Day Sugar Free Dessert</p>	<p><i>Supper</i></p> <p>Turkey Noodle</p> <p>Hot Dogs & Beans Brown Bread Cole Slaw</p> <p>Chicken & Vegetable Pot Pie Cranberry Sauce Biscuit</p> <p>Dessert of the Day Sugar Free Dessert</p>



Wentworth Senior Living Dining Selections Week of 4/15/18

Week 1 (FW 2016/17)

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p><i>Breakfast</i></p> <p>French Toast Sausage Danish</p>	<p><i>Breakfast</i></p> <p>Scrambled Eggs Bacon</p>	<p><i>Breakfast</i></p> <p>Cheese Omelette Sausage Homefries</p>	<p><i>Breakfast</i></p> <p>Pancakes Bacon</p>	<p><i>Breakfast</i></p> <p>Scrambled Eggs Bacon Cinnamon Donuts</p>	<p><i>Breakfast</i></p> <p>Waffles Sausage</p>	<p><i>Breakfast</i></p> <p>Scrambled Eggs w/ Cheese Corned Beef Hash</p>
<p><i>Dinner</i></p> <p>Fresh Garden Salad Fresh Fruit Salad Butternut Squash Bisque</p> <p>Honey Baked Ham w/ Raisin Sauce Potatoes Au Gratin Roasted Beets</p> <p>Stuffed Sole Potatoes Au Gratin Roasted Beets</p> <p>Roll Alternate Veg Dessert of the Day Sugar Free Dessert</p>	<p><i>Dinner</i></p> <p>Fresh Garden Salad Fresh Fruit Salad Beef Vegetable</p> <p>Maple Glazed Salmon Roasted Red Bliss Potatoes Turnip</p> <p>Chicken Florentine w/ Mushroom Gravy Roasted Red Bliss Potatoes Turnip</p> <p>Roll Alternate Veg Dessert of the Day Sugar Free Dessert</p>	<p><i>Dinner</i></p> <p>Fresh Garden Salad Fresh Fruit Salad Turkey & Spinach</p> <p>Pork Tenderloin w/Apple Chutney Mashed Potato Broccoli</p> <p>Shepherd's Pie Broccoli</p> <p>Roll Alternate Veg Dessert of the Day Sugar Free Dessert</p>	<p><i>Dinner</i></p> <p>Fresh Garden Salad Fresh Fruit Salad Escarole</p> <p>Chicken Cacciatore Linguine Vegetable Medley</p> <p>Shrimp Alfredo Linguine Vegetable Medley</p> <p>Garlic Bread Alternate Veg Dessert of the Day Sugar Free Dessert</p>	<p><i>Dinner</i></p> <p>Fresh Garden Salad Fresh Fruit Salad Chicken Noodle</p> <p>Pot Roast w/ Gravy Baked Potatoes Parsnips & Carrots</p> <p>Sesame Pork Baked Potatoes Parsnips & Carrots</p> <p>Roll Alternate Veg Dessert of the Day Sugar Free Dessert</p>	<p><i>Dinner</i></p> <p>Fresh Garden Salad Fresh Fruit Salad Clam Chowder</p> <p>Mediterranean Baked Fish Cous Cous Kale Sauté</p> <p>Chicken w/ a Sage Cornbread Crust Cous Cous Kale Sauté</p> <p>Roll Alternate Veg Dessert of the Day Sugar Free Dessert</p>	<p><i>Dinner</i></p> <p>Fresh Garden Salad Fresh Fruit Salad Lentil</p> <p>Chicken Stuffed w/ Cranberries & Apple Stuffing Wild Rice Carrots</p> <p>Vegetable Lasagna Carrots</p> <p>Roll Alternate Veg Dessert of the Day Sugar Free Dessert</p>
<p><i>Supper</i></p> <p>Butternut Squash Bisque</p> <p>Meatball Sub Hot Bacon Potato Salad Peas & Carrots</p> <p>Caesar Salad w/ Grilled Chicken Garlic Bread</p> <p>Dessert of the Day Sugar Free Dessert</p>	<p><i>Supper</i></p> <p>Beef Vegetable</p> <p>Chef's Quiche Asparagus</p> <p>Grilled Ham & Cheese Chips & Pickle Asparagus</p> <p>Dessert of the Day Sugar Free Dessert</p>	<p><i>Supper</i></p> <p>Turkey & Spinach</p> <p>Chili Con Carne Cornbread Chef's Choice Vegetables</p> <p>Grilled Rubeen & Swiss on Rye Chips & Pickle Chef's Choice Vegetables</p> <p>Dessert of the Day Sugar Free Dessert</p>	<p><i>Supper</i></p> <p>Escarole</p> <p>Baked Haddock Wild Rice Roasted Butternut Squash</p> <p>Monte Cristo Roasted Butternut Squash</p> <p>Dessert Of the Day Sugar Free Dessert</p>	<p><i>Supper</i></p> <p>Chicken Noodle</p> <p>Cheese Ravioli w/ Pomodoro Sauce Bread Stick Green Beans</p> <p>Patty Melt Waffle Fries Green Beans</p> <p>Dessert of the Day Sugar Free Dessert</p>	<p><i>Supper</i></p> <p>Clam Chowder</p> <p>Fried Cajun Catfish Onion Rings Apple Cole Slaw</p> <p>Roast Beef & Cheddar Onion Rings Apple Cole Slaw</p> <p>Dessert of the day Sugar Free Dessert</p>	<p><i>Supper</i></p> <p>Lentil</p> <p>Spaghetti & Meatballs Garlic Bread Caesar Salad</p> <p>Turkey Stew Garlic Bread Caesar Salad</p> <p>Dessert of the Day Sugar Free Dessert</p>



Wentworth Senior Living Dining Selections Week of 4/22/18

Week 2 (FW 2016/17)

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p><i>Breakfast</i></p> <p>French Toast Sausage Danish</p>	<p><i>Breakfast</i></p> <p>Quiche Bacon Homefries</p>	<p><i>Breakfast</i></p> <p>Scrambled Eggs Bacon Scones</p>	<p><i>Breakfast</i></p> <p>Cheese Omelette Corned Beef Hash</p>	<p><i>Breakfast</i></p> <p>Pancakes Sausage Donut</p>	<p><i>Breakfast</i></p> <p>Eggs Over Easy Bacon</p>	<p><i>Breakfast</i></p> <p>Scrambled Eggs Sausage Coffee Cake</p>
<p><i>Dinner</i></p> <p>Fresh Garden Salad Fresh Fruit Salad Split Pea & Ham</p> <p>Roast Turkey & Gravy Stuffing Mashed Potatoes Butternut Squash</p> <p>Liver w/ Bacon & Onions Mashed Potatoes Butternut Squash</p> <p>Roll Alternate Veg Dessert of the Day Sugar Free Dessert</p>	<p><i>Dinner</i></p> <p>Fresh Garden Salad Fresh Fruit Salad Minestrone</p> <p>Corned Beef & Cabbage Red Bliss Potatoes Carrots</p> <p>Chicken Leg Red Bliss Potatoes Carrots</p> <p>Roll Alternate Veg Dessert of the day Sugar Free Dessert</p>	<p><i>Dinner</i></p> <p>Fresh Garden Salad Fresh Fruit Salad Country Vegetable Noodle</p> <p>Veal Saltimbocca Wild Rice Green Beans Almondine</p> <p>Turkey cutlet w/ Tarragon Sauce Wild Rice Green Beans Almondine</p> <p>Roll Alternate Veg Dessert of the Day Sugar Free Dessert</p>	<p><i>Dinner</i></p> <p>Fresh Garden Salad Fresh Fruit Salad Beef Barley</p> <p>Meatloaf & Gravy Mashed Potatoes Fall Vegetable Blend</p> <p>Pork Tenderloin w/ Cranberry Apple Compote Mashed Potatoes Fall Vegetable Blend</p> <p>Roll Alternate Veg Dessert of the Day Sugar Free Dessert</p>	<p><i>Dinner</i></p> <p>Fresh Garden Salad Fresh Fruit Salad Turkey Orzo</p> <p>Pork Chop w/ Gravy Vegetable Risotto Acorn Squash</p> <p>Stuffed Portabella Vegetable Risotto Acorn Squash</p> <p>Roll Alternate Veg Dessert of the Day Sugar Free Dessert</p>	<p><i>Dinner</i></p> <p>Fresh Garden Salad Fresh Fruit Salad Seafood Chowder</p> <p>Lobster & Shrimp Scampi Tagliatelle Pasta Roasted Beets</p> <p>Stuffed Red Pepper Roasted Beets</p> <p>Roll Alternate Veg Dessert of the day Sugar Free Dessert</p>	<p><i>Dinner</i></p> <p>Fresh Garden Salad Fresh Fruit Salad Split Pea w/ Rosemary</p> <p>Beef Stroganoff Egg Noodles Sautéed Baby Spinach</p> <p>Chicken Alfredo Egg Noodles Sautéed Baby Spinach</p> <p>Roll Alternate Veg Dessert of the Day Sugar Free Dessert</p>
<p><i>Supper</i></p> <p>Split Pea & Ham</p> <p>Lobster Roll French Fries Broccoli Slaw</p> <p>BBQ Chicken French Fries Broccoli Slaw</p> <p>Dessert of the Day Sugar Free Dessert</p>	<p><i>Supper</i></p> <p>Minestrone</p> <p>Beef & Broccoli Stir Fry Stir Fried Rice Oriental Vegetables</p> <p>Egg Salad on a Croissant Lettuce & Tomato Waldorf Salad</p> <p>Dessert of the Day Sugar Free Dessert</p>	<p><i>Supper</i></p> <p>Country Vegetable Noodle</p> <p>Seafood Salad Roll French Fries Peas & Carrots</p> <p>Chicken Fingers w/ Honey Mustard French Fries Peas & Carrots</p> <p>Dessert of the Day Sugar Free Dessert</p>	<p><i>Supper</i></p> <p>Beef Barley</p> <p>Hot Open Faced Turkey Sandwich Mashed Potatoes Tomato Salad</p> <p>Roast Beef Sandwich Lettuce & Tomato Tomato Salad</p> <p>Dessert of the Day Sugar Free Dessert</p>	<p><i>Supper</i></p> <p>Turkey Orzo</p> <p>American Chop Suey Italian Green Beans</p> <p>Ham Salad Sandwich Lettuce & Tomato Vegetable Cous Cous</p> <p>Dessert of the Day Sugar Free Dessert</p>	<p><i>Supper</i></p> <p>Seafood Chowder</p> <p>Pizza-Cheese, Veggie or Pepperoni Garden Salad</p> <p>Tuna Melt Garden Salad</p> <p>Dessert of the Day Sugar Free Dessert</p>	<p><i>Supper</i></p> <p>Split Pea w/ Rosemary</p> <p>Hot Dogs & Beans Brown Bread Coleslaw</p> <p>Grilled Turkey & Cheddar Lettuce & Tomato Coleslaw</p> <p>Dessert of the Day Sugar Free Dessert</p>



Wentworth Senior Living Dining Selections Week of 4/29/18

Week 3 (FW 2016/17)

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<i>Breakfast</i>	<i>Breakfast</i>	<i>Breakfast</i>	<i>Breakfast</i>	<i>Breakfast</i>	<i>Breakfast</i>	<i>Breakfast</i>
Eggs Over Hard Bacon Danish	French Toast Sausage	Scrambled Eggs Corned Beef Hash Cinnamon Donut	Vegetable Strata Bacon	Pancakes Sausage	Ham Omelette Bacon Homefries	Scrambled Eggs Bacon Scone
<i>Dinner</i> Fresh Garden Salad Fresh Fruit Salad Cream of Spinach Beef Tenderloin Sweet Potato Broccoli Roasted Chicken Thigh Sweet Potato Broccoli Roll Alternate Veg Dessert of the Day Sugar Free Dessert	<i>Dinner</i> Fresh Garden Salad Fresh Fruit Salad Pumpkin Soup Rosemary Pork Tenderloin Confetti Rice Broccoli Baked Lasagna Broccoli Garlic Bread Alternate Veg Dessert of the Day Sugar Free Dessert	<i>Dinner</i> Fresh Garden Salad Fresh Fruit Salad Minestrone Beef Brisket Egg Noodles Cauliflower Crab Cake Egg Noodles Cauliflower Roll Alternate Veg Dessert of the Day Sugar Free Dessert	<i>Dinner</i> Fresh Garden Salad Fresh Fruit Salad Wild Mushroom Seared Duck Breast Wild Mushroom Risotto Roasted Brussel Sprouts Chicken Picatta Wild Mushroom Risotto Roasted Brussels Sprouts Roll Alternate Veg Dessert of the Day Sugar Free Dessert	<i>Dinner</i> Fresh Garden Salad Fresh Fruit Salad Beef Garden Bareley Turkey Tenderloin Brown Rice Steamed Beets Kielbasa w/ Apples Brown Rice Steamed Beets Roll Alternate Veg Dessert of the Day Sugar Free Dessert	<i>Dinner</i> Fresh Garden Salad Fresh Fruit Salad Clam Chowder Seafood St. Jacque Mashed Potato Roasted Root Vegetables Stewed Chicken Mashed Potato Roasted Root Vegetables Roll Alternate Veg Dessert of the Day Sugar Free Dessert	<i>Dinner</i> Fresh Garden Salad Fresh Fruit Salad Chicken Noodle Soup BBQ Ribs Cole Slaw Buttered Cut Corn Turkey a la King Cole Slaw Biscuit Alternate Veg Dessert of the Day Sugar Free Dessert
<i>Supper</i> Cream of Spinach Macaroni & Cheese Stewed Tomatoes Salami & Provolone Sandwich Rice & Bean Salad Dessert of the Day Sugar Free Dessert	<i>Supper</i> Pumpkin Soup Cranberry Chicken Salad Roll Steak Fries Waldorf Salad Meatloaf Sandwich Steak Fries Waldorf Salad Dessert of the Day Sugar Free Dessert	<i>Supper</i> Minestrone Pork Pie German Potato Salad Wax & Green Beans BLT Sandwich w/ Cheese German Potato Salad Wax & Green Beans Dessert of the Day Sugar Free Dessert	<i>Supper</i> Wild Mushroom Fried Chicken Sandwich Smiley Fries Carrots Chef Salad Garlic Bread Dessert of the Day Sugar Free Dessert	<i>Supper</i> Beef Garden Bareley Stuffed Shells Garlic Bread Caesar Salad Chicken Meatballs w/ Honey Mustard Glaze Peas & Carrots Dessert of the Day Sugar Free Dessert	<i>Supper</i> Clam Chowder Burger with Onion, Bacon Lettuce & Tomato Broccoli Slaw Grilled Chicken Sandwich Lettuce & Tomato Broccoli Slaw Dessert of the Day Sugar Free Dessert	<i>Supper</i> Chicken Noodle Soup Baked Stuffed Shrimp Vegetable Rice Chef's Blend Vegetable Steak & Cheese Submarine w/ Mushrooms and Onions Waffle Fries Chef's Blend Vegetable Dessert of the Day Sugar Free Dessert



Wentworth Senior Living Dining Selections Week of 5/6/18

Week 4 (FW 2016/17)

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p><i>Breakfast</i></p> <p>Pancakes Sausage Danish</p>	<p><i>Breakfast</i></p> <p>Scrambled Eggs Bacon</p>	<p><i>Breakfast</i></p> <p>French Toast Sausage Cinnamon Roll</p>	<p><i>Breakfast</i></p> <p>Scrambled Eggs Bacon</p>	<p><i>Breakfast</i></p> <p>Blueberry Pancakes Sausage</p>	<p><i>Breakfast</i></p> <p>Waffles Bacon Coffee Cake</p>	<p><i>Breakfast</i></p> <p>Cheese Omelette Bacon Homefries</p>
<p><i>Dinner</i></p> <p>Fresh Garden Salad Fresh Fruit Salad Minestrone</p> <p>Cranberry Pork Roast Mashed Sweet Potato Rutabaga & Celery Root</p> <p>Braised Lamb Shank w/ Mint Jelly Mashed Sweet Potato Rutabaga & Celery Root</p> <p>Roll Alternate Veg Dessert of the Day Sugar Free Dessert</p>	<p><i>Dinner</i></p> <p>Fresh Garden Salad Fresh Fruit Salad Corn Chowder</p> <p>Pesto Chicken Baked Potato Honey Glazed Baby Carrots</p> <p>Arctic Char Baked Potato Honey Glazed Baby Carrots</p> <p>Roll Alternate Veg Dessert of the Day Sugar Free Dessert</p>	<p><i>Dinner</i></p> <p>Fresh Garden Salad Fresh Fruit Salad Italian Wedding</p> <p>Swedish Meatball Buttered Egg Noodles Sautéed Red Cabbage</p> <p>Chicken Marsala Buttered Egg Noodles Sautéed Red Cabbage</p> <p>Roll Alternate Veg Dessert of the Day Sugar Free Dessert</p>	<p><i>Dinner</i></p> <p>Fresh Garden Salad Fresh Fruit Salad Chunky Tomato & Bacon</p> <p>Turkey Tenderloin w/ Cranberry Glaze Couscous Kale & Mushrooms</p> <p>Salisbury Steak Couscous Kale & Mushrooms</p> <p>Roll Alternate Veg Dessert of the Day Sugar Free Dessert</p>	<p><i>Dinner</i></p> <p>Fresh Garden Salad Fresh Fruit Salad Kale w/ White Bean</p> <p>Chicken w/ Artichokes Orzo Roasted Eggplant</p> <p>Greek Tofu Sauté Orzo Roasted Eggplant</p> <p>Roll Alternate Veg Dessert of the Day Sugar Free Dessert</p>	<p><i>Dinner</i></p> <p>Fresh Garden Salad Fresh Fruit Salad Seafood Chowder</p> <p>Baked Haddock Confetti Rice Broccoli</p> <p>Beef Stir Fry Confetti Rice Broccoli</p> <p>Roll Alternate Veg Dessert of the Day Sugar Free Dessert</p>	<p><i>Dinner</i></p> <p>Fresh Caesar Salad Fresh Fruit Salad Turkey Noodle</p> <p>Chicken Parmesan Tagliatelle Pasta Cauliflower & Carrots</p> <p>Sausage & Wild Mushrooms Tagliatelle Pasta Cauliflower & Carrots</p> <p>Roll Alternate Veg Dessert of the Day Sugar Free Dessert</p>
<p><i>Supper</i></p> <p>Minestrone</p> <p>Baked Manicotti Garlic Bread Red & Yellow Pepper Sauté</p> <p>Hot Pastrami Sandwich Chips & Pickle Red & Yellow Pepper Sauté</p> <p>Dessert of the Day Sugar Free Dessert</p>	<p><i>Supper</i></p> <p>Corn Chowder</p> <p>Chicken Salad on a Croissant Lettuce & Tomato Vegetable Barley Salad</p> <p>Cheeseburger Sliders Lettuce & Tomato Chips & Pickle Vegetable Barley Salad</p> <p>Dessert of the Day Sugar Free Dessert</p>	<p><i>Supper</i></p> <p>Italian Wedding</p> <p>Salmon Pie Rice Pilaf Chef's Choice Vegetable</p> <p>Pulled Pork Sandwich Rice Pilaf Chef's Choice Vegetable</p> <p>Dessert of the Day Sugar Free Dessert</p>	<p><i>Supper</i></p> <p>Chunky Tomato & Bacon</p> <p>Spaghetti & Meat sauce Garlic Bread Baby Spinach</p> <p>Chicken Tenders w/ Honey Mustard Smiley Fries Peas & Carrots</p> <p>Dessert of the Day Sugar Free Dessert</p>	<p><i>Supper</i></p> <p>Kale w/ White Bean</p> <p>French Dip Sandwich Tater tots Broccoli Slaw</p> <p>Italian Submarine Tater tots Broccoli Slaw</p> <p>Dessert of the Day Sugar Free Dessert</p>	<p><i>Supper</i></p> <p>Seafood Chowder</p> <p>Pizza-Cheese, Veggie or Pepperoni Garden Salad</p> <p>Vegetable Burger Over Greens</p> <p>Dessert of the Day Sugar Free Dessert</p>	<p><i>Supper</i></p> <p>Turkey Noodle</p> <p>Hot Dogs & Beans Brown Bread Cole Slaw</p> <p>Chicken & Vegetable Pot Pie Cranberry Sauce Biscuit</p> <p>Dessert of the Day Sugar Free Dessert</p>