

# Enrichment Calendar

# DECEMBER 2017

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					<p>9:30 Reading the Portsmouth Herald (Art Rm)</p> <p>10:15 Chair Yoga with Sherry (3rd DR)</p> <p>11:00 Manicures (Salon)</p> <p>11:00 Water Color Class (Art Rm)</p> <p>2:00 Holiday Bazaar (3rd DR)</p> <p>4:00 Social Hour (Bistro)</p> <p>7:00 Friday Night Movie (4th DR)</p>	<p>10:15 Exercise Group (3rd DR)</p> <p>11:00 Short Stories with Debra (Sunroom)</p> <p>2:30 Bingo (4th DR)</p> <p>3:45 Drinks and Conversation (Bistro)</p>
<p>10:30 Travel, Biographies and Music (Bistro)</p> <p>11:00 Sunday News &amp; Views (Art Rm)</p> <p>1:30 Trivia Hour (Lobby)</p> <p>2:00 Movie Matinee (4th DR)</p> <p>3:15 Cocktails and Appetizers (Bistro)</p>	<p>9:30 Reading the Portsmouth Herald (Art Rm)</p> <p>10:15 Exercise Group (3rd DR)</p> <p>11:00 Scrabble (Art Rm)</p> <p>2:00 Party Favor Workshop (Bistro)</p> <p>3:30 Debate Club: the Drinking Age (Media Rm)</p> <p>4:00 Social Hour (Bistro)</p>	<p>10:00 Shopping Trip (Meet in the Lobby)</p> <p>10:15 Strengthening (3rd DR)</p> <p>11:00 Word Games (Art Rm)</p> <p>2:00 Scenic Ride (Sign up) (Lobby)</p> <p>2:15 Party Favor Workshop (Bistro)</p> <p>4:00 Tree Lighting Event (Lobby)</p> <p>7:00 Movie (4th DR)</p>	<p>9:30 Reading the Portsmouth Herald (Art Rm)</p> <p>10:15 Zumba with Donna (3rd DR)</p> <p>11:00 Party Centerpiece Workshop (Art Rm)</p> <p>2:00 Manicures &amp; Makeovers (Salon)</p> <p>5:30 Holiday Party (All Dining Rooms)</p>	<p>9:00 Little Harbor Carolers (through the halls)</p> <p>10:15 Strengthening (3rd DR)</p> <p>11:00 Reciting the Rosary (4th fl Dining Room)</p> <p>11:30 Catholic Communion (4th DR)</p> <p>2:00 Scenic Ride (Lobby)</p> <p>2:15 Strengthen Your Mind (Art Room)</p> <p>3:45 Kevin Farley Irish Music Concert (4<sup>th</sup> FL DR)</p> <p>7:00 Game Night (Bistro)</p>	<p>9:30 Reading the Portsmouth Herald (Art Rm)</p> <p>10:15 Stretch Class (3rd DR)</p> <p>11:00 Manicures (Salon)</p> <p>11:00 Water Color Class (Art Rm)</p> <p>2:00 News Radio Hour (Media Rm)</p> <p>3:00 Memorial Service (4th fl Dining Room)</p> <p>7:00 Friday Night Movie (4th DR)</p>	<p>10:15 Exercise Group (3rd DR)</p> <p>11:00 Crosswords with Laura (Art Rm)</p> <p>2:30 Bingo (4th DR)</p> <p>3:45 Drinks and Conversation (Bistro)</p>

<p>10:30 Travel, Biographies and Music (Bistro)</p> <p>11:00 Sunday News &amp; Views (Art Rm)</p> <p>1:30 Trivia Hour (Lobby)</p> <p>2:00 Movie Matinee (4th DR)</p> <p>3:15 Cocktails and Appetizers (Bistro)</p> <p>5:30 Friends of the South End Carolers (Walking the Halls)</p>	<b>10</b>	<p>9:30 Reading the Portsmouth Herald (Art Rm)</p> <p>10:15 Exercise Group (3rd DR)</p> <p>11:00 Scrabble (Art Rm)</p> <p>2:00 In the Kitchen with Monique (Bistro)</p> <p>3:30 Debate Club: Improving Voting process (Media Rm)</p> <p>4:00 Social Hour (Bistro)</p>	<b>11</b>	<p>10:15 Strengthening (3rd DR)</p> <p>11:00 Word Games (Art Rm)</p> <p>2:00 Scenic Ride (Sign up) (Lobby)</p> <p>2:15 Classical Music Appreciation (Media Rm)</p> <p>4:00 Social Hour (Bistro)</p> <p>4:00 Girl Scouts Caroling (Through the Halls)</p> <p>7:00 Movie (4th DR)</p>	<b>12</b>	<p>9:30 Reading the Portsmouth Herald (Art Rm)</p> <p>10:15 Dance Aerobics with Lindsey (3rd DR)</p> <p>11:00 Food Discussion Meeting (4th FL DR)</p> <p>2:00 Holiday Fun with the Brownies (3rd DR)</p> <p>4:00 Sailor Social (Bistro)</p>	<b>13</b>	<p>10:15 Strengthening (3rd DR)</p> <p>11:00 Reciting the Rosary (4th fl Dining Room)</p> <p>11:30 Catholic Communion (4th DR)</p> <p>2:00 Trip to Discover Portsmouth (Meet in the Lobby)</p> <p>2:15 Strengthen Your Mind (Art Rm)</p> <p>4:00 Meditation w/ Jenna (PR DR)</p> <p>4:00 Social Hour (Bistro)</p> <p>7:00 Game Night (Bistro)</p>	<b>14</b>	<p>9:30 Reading the Portsmouth Herald (Art Rm)</p> <p>10:15 Chair Yoga with Sherry (3rd DR)</p> <p>11:00 Manicures (Salon)</p> <p>11:00 Water Color Class (Art Rm)</p> <p>2:00 News Radio Hour (Media Rm)</p> <p>3:00 Veterans Coffee Hour (3rd DR)</p> <p>4:00 Social Hour (Bistro)</p> <p>7:00 Friday Night Movie (4th DR)</p>	<b>15</b>	<p>10:15 Exercise Group (3rd DR)</p> <p>11:00 Short Stories with Debra (Sunroom)</p> <p>2:15 Home for the Holidays @ Star Theater (Meet in the Lobby)</p> <p>2:30 Bingo (4th DR)</p> <p>3:45 Drinks and Conversation (Bistro)</p>	<b>16</b>
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<p>10:30 Travel, Biographies and Music (Bistro)</p> <p>11:00 Sunday News &amp; Views (Art Rm)</p> <p>1:00 Sandpipers Chorus Comes Caroling (Through the Halls)</p> <p>1:30 Trivia Hour (Lobby)</p> <p>2:00 Movie Matinee (4th DR)</p> <p>3:15 Cocktails and Appetizers (Bistro)</p>	<p><b>1</b> <b>7</b></p>	<p>9:30 Reading the Portsmouth Herald (Art Rm)</p> <p>10:15 Exercise Group (3rd DR)</p> <p>11:00 Scrabble (Art Rm)</p> <p>2:15 Singing Hymns with Deb Knowlton (4th DR)</p> <p>3:30 Debate Club: Golf-A Real Sport? (Media Rm)</p> <p>4:00 Social Hour (Bistro)</p>	<p><b>1</b> <b>8</b></p>	<p>10:00 Shopping Trip (Meet in the Lobby)</p> <p>10:30 Guitar &amp; Accordion Concert (4<sup>th</sup> FL DR)</p> <p>2:15 A Dramatic Reading of 'A Christmas Carol' (4th DR)</p> <p>4:00 Social Hour (Bistro)</p> <p>4:30 Christmas Light Ride (Meet in the Lobby)</p> <p>7:00 Movie (4th DR)</p>	<p><b>1</b> <b>9</b></p>	<p>9:30 Reading the Portsmouth Herald (Art Rm)</p> <p>10:15 Dance Aerobics with Lindsey (3rd DR)</p> <p>11:00 Grand Pals (4th DR)</p> <p>1:30 Reciting the Rosary (3rd fl Dining Room)</p> <p>2:00 Catholic Mass (3rd DR)</p> <p>3:00 Strengthen Your Mind (Art Rm)</p> <p>4:00 Holiday Recorder Concert (4<sup>th</sup> FL DR)</p>	<p><b>2</b> <b>0</b></p>	<p>10:15 Strengthening (3rd DR)</p> <p>11:00 In the Kitchen with Kay (Bistro)</p> <p>2:00 Scenic Ride (Lobby)</p> <p>2:15 Making Holiday Centerpieces (Art Rm)</p> <p>3:30 Clarinet Quartet Concert (4th fl Dining Room)</p> <p>7:00 Game Night (Bistro)</p>	<p><b>2</b> <b>1</b></p>	<p>9:30 Reading the Portsmouth Herald (Art Rm)</p> <p>10:15 Stretch Class (3rd DR)</p> <p>11:00 Manicures (Salon)</p> <p>11:00 Water Color Class (Art Rm)</p> <p>2:15 A Reading of 'A Cup of Christmas Tea' (4th fl Dining Room)</p> <p>4:00 Social Hour (Bistro)</p> <p>7:00 Friday Night Movie (4th DR)</p>	<p><b>2</b> <b>2</b></p>	<p>10:15 Exercise Group (3rd DR)</p> <p>11:00 Crosswords with Laura (Art Rm)</p> <p>2:30 Bingo (4th DR)</p> <p>3:45 Drinks and Conversation (Bistro)</p>	<p><b>2</b> <b>3</b></p>
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<p>10:30 Travel, Biographies and Music (Bistro) <b>24</b></p> <p>11:00 Sunday News &amp; Views (Art Rm)</p> <p>1:30 Trivia Hour (Lobby)</p> <p>2:30 Hot Cocoa &amp; Christmas Stories (3rd DR)</p>	<p>10:00 Coffee Social &amp; Trivia (Bistro) <b>25</b></p> <p>2:00 Christmas Movie Matinee (4th DR)</p> <p>2:15 Scrabble (Art Rm)</p> <p>4:00 Social Hour (Bistro)</p>	<p>10:00 Shopping Trip (Meet in the Lobby) <b>26</b></p> <p>10:15 Strengthening (3rd DR)</p> <p>11:00 Word Games (Art Rm)</p> <p>2:00 Scenic Ride (Sign up) (Lobby)</p> <p>3:00 Reciting the Rosary (4th fl Dining Room)</p> <p>3:30 Catholic Communion (4th DR)</p> <p>4:00 Social Hour (Bistro)</p> <p>7:00 Movie (4th DR)</p>	<p>9:30 Reading the Portsmouth Herald (Art Rm) <b>27</b></p> <p>10:15 Dance Aerobics with Lindsey (3rd DR)</p> <p>11:00 Strengthen Your Mind (Art Rm)</p> <p>2:00 Classical Music Appreciation (Media Rm)</p> <p>3:00 Left, Right, Center (Art Rm)</p> <p>4:00 Social Hour (Bistro)</p>	<p>10:15 Strengthening (3rd DR) <b>28</b></p> <p>11:00 In-House Informational Meeting (3rd DR)</p> <p>2:00 Scenic Ride (Lobby)</p> <p>2:15 Blast From the Past (Media Rm)</p> <p>4:00 Meditation w/ Jenna (PR DR)</p> <p>4:00 Social Hour (Bistro)</p> <p>7:00 Game Night (Bistro)</p>	<p>9:30 Reading the Portsmouth Herald (Art Rm) <b>29</b></p> <p>10:15 Stretch Class (3rd DR)</p> <p>11:00 Manicures (Salon)</p> <p>11:00 Water Color Class (Art Rm)</p> <p>2:00 Poetry w/ Jenna (Sunroom)</p> <p>3:15 Tai Chi (Chair Exercise) (3rd DR)</p> <p>4:00 December Birthday Party (Bistro)</p> <p>7:00 Friday Night Movie (4th DR)</p>	<p>10:15 Exercise Group (3rd DR) <b>30</b></p> <p>11:00 Funny Videos (Media Rm)</p> <p>2:30 Bingo (4th DR)</p> <p>3:45 Drinks and Conversation (Bistro)</p>
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<p><b>31</b></p> <p>10:30 Travel, Biographies and Music (Bistro)</p> <p>11:00 Sunday News &amp; Views (Art Rm)</p> <p>1:30 Trivia Hour (Lobby)</p> <p>2:00 Movie Matinee (4th DR)</p> <p>3:15 New Year's Eve Social (Bistro)</p> <p>7:30 Fireworks over the South Mill Pond</p>						
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**Room Key**

(3rd DR) = 3rd Floor  
Dining Room  
(GP) = Garden Place  
(Shoppe) = Shoppe

(4th DR) = 4th Floor  
Dining Room  
(Library) = Library  
(Sunroom) = Sunroom

(Art Rm) = Art Room  
(Lobby) = Lobby  
(Wellness Rm) =  
Wellness Room

(Bistro) = Bistro  
(Media Rm) = Media  
Room

(Board Rm) = Board  
Room  
(Porch) = Porch

(Concierge) =  
Concierge  
(Private DR) = Private  
Dining room

(Garden) = Garden  
(Salon) = Salon