

Enrichment Calendar

Road Trip Across the USA: Massachusetts

NOVEMBER 2017

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			<p>1</p> <p>9:30 Reading the Portsmouth Herald (Art Rm)</p> <p>10:15 Dance Aerobics with Lindsey (3rd DR)</p> <p>11:00 Strengthen Your Mind (Art Rm)</p> <p>2:00 Short Stories with Debra (Sunroom)</p> <p>3:30 Ornament Workshop (Art Rm)</p> <p>4:00 Sailor Social (Bistro)</p>	<p>2</p> <p>10:15 Strengthening (3rd DR)</p> <p>11:00 Greeting Cards and Coloring (Art Rm)</p> <p>2:00 Scenic Ride (Lobby)</p> <p>2:15 Classical Music Appreciation (Media Rm)</p> <p>4:00 Social Hour (Bistro)</p> <p>4:00 Meditation with Jenna (Private DR)</p> <p>7:00 Game Night (Bistro)</p>	<p>3</p> <p>9:30 Reading the Portsmouth Herald (Art Rm)</p> <p>10:15 Chair Yoga with Sherry (3rd DR)</p> <p>11:00 Manicures (Salon)</p> <p>11:00 Water Color Class (Art Rm)</p> <p>2:00 Radio Hour (Media Rm)</p> <p>3:15 Tai Chi (Chair Exercise) (3rd DR)</p> <p>4:00 Social Hour (Bistro)</p> <p>7:00 Friday Night Movie (4th DR)</p>	<p>4</p> <p>10:30 Deborah Windham Piano Concert (4th DR)</p> <p>2:30 Bingo (4th DR)</p> <p>3:45 Drinks and Conversation (Bistro)</p>
<p>5</p> <p>10:30 Travel, Biographies and Music (Bistro)</p> <p>11:00 Sunday News & Views (Art Rm)</p> <p>1:30 Trivia Hour (Lobby)</p> <p>1:30 Trip to Music Hall for 200th Ann. Of Athenaeum (Lobby)</p> <p>2:00 Movie Matinee (4th DR)</p> <p>3:15 Appetizers & Spirits (Bistro)</p>	<p>6</p> <p>9:30 Reading the Portsmouth Herald (Art Rm)</p> <p>10:15 Exercise Group (3rd DR)</p> <p>11:00 Scrabble (Art Rm)</p> <p>2:15 Left, Right, Center (Art Rm)</p> <p>3:30 Autumn Lecture Series: TED Talks (Media Rm)</p> <p>4:00 Social Hour (Bistro)</p>	<p>7</p> <p>10:00 Shopping Trip (Lobby)</p> <p>10:15 Strengthening (3rd DR)</p> <p>11:00 Word Games (Art Rm)</p> <p>2:00 Scenic Ride (Sign up) (Lobby)</p> <p>2:15 Patriotic Sing Along (Media Rm)</p> <p>4:00 Social Hour (Bistro)</p> <p>7:00 Movie (4th DR)</p>	<p>8</p> <p>9:30 Reading the Portsmouth Herald (Art Rm)</p> <p>10:15 Exercise Group (3rd DR)</p> <p>11:00 Food Discussion Meeting (4th FL DR)</p> <p>1:30 Reciting the Rosary (3rd DR)</p> <p>2:00 Catholic Mass (3rd DR)</p> <p>3:30 Saxophone Concert with Clyde (4th DR)</p>	<p>9</p> <p>10:15 Strengthening (3rd DR)</p> <p>11:00 War Movie Review (Media Rm)</p> <p>2:00 Scenic Ride (Lobby)</p> <p>2:15 Ornament Workshop (Art Rm)</p> <p>4:00 Social Hour (Bistro)</p> <p>4:00 Meditation with Jenna (Private DR)</p> <p>7:00 Game Night (Bistro)</p>	<p>10</p> <p>9:30 Reading the Portsmouth Herald (Art Rm)</p> <p>10:15 Stretch Class (3rd DR)</p> <p>11:00 Manicures (Salon)</p> <p>11:00 Water Color Class (Art Rm)</p> <p>2:00 Veterans Day Ceremony (4th DR)</p> <p>3:30 Funny Videos (Media Rm)</p> <p>7:00 Friday Night Movie (4th DR)</p>	<p>11</p> <p>Veterans Day</p> <p>10:15 Exercise Group (3rd DR)</p> <p>11:00 Group Crosswords with Laura (Art Rm)</p> <p>2:30 Bingo (4th DR)</p> <p>3:45 Drinks and Conversation (Bistro)</p>

<p>10:30 Travel, Biographies and Music (Bistro) 11:00 Sunday News & Views (Art Rm) 1:30 Trivia Hour (Lobby) 2:00 Movie Matinee (4th DR) 3:15 Appetizers & Spirits (Bistro)</p>	<p>12</p>	<p>9:30 Reading the Portsmouth Herald (Art Rm) 10:15 Exercise Group (3rd DR) 11:00 Scrabble (Art Rm) 2:00 Making Mini Sweet Potato Pies (Bistro) 3:30 Autumn Lecture Series: TED Talks (Media Rm) 4:00 Social Hour (Bistro)</p>	<p>13</p>	<p>10:15 Strengthening (3rd DR) 11:30 Lunch Bunch & Shopping (Meet in the Lobby) 2:00 Scenic Ride (Sign up) (Lobby) 2:30 Word Games (Art Rm) 3:30 1001 Questions with Jenna (Art Rm) 7:00 Movie (4th DR)</p>	<p>14</p>	<p>9:30 Reading the Portsmouth Herald (Art Rm) 10:15 Dance Aerobics with Lindsey (3rd DR) 11:00 Grand Pals (4th DR) 2:00 Strengthen Your Mind (Art Rm) 3:45 Accordion Concert with Gary (4th DR)</p>	<p>15</p>	<p>10:30 Travel, Biographies and Music (Bistro) 11:00 Sunday News & Views (Art Rm) 1:30 Trivia Hour (Lobby) 2:00 Movie Matinee (4th DR) 3:15 Appetizers & Spirits (Bistro)</p>	<p>16</p>	<p>10:00 Shopping Trip (Lobby) 10:15 Strengthening (3rd DR) 11:00 Reciting the Rosary (4th DR) 11:30 Catholic Communion (4th DR) 2:00 Scenic Ride (Sign up) (Lobby) 2:15 A Thanksgiving Tribute (Media Rm) 4:00 Social Hour (Bistro) 4:00 Meditation with Jenna (Private DR) 7:00 Movie (4th DR)</p>	<p>17</p>	<p>9:30 Watching the Parade and Baking Goodies (Bistro) 2:00 Movie Matinee (Media Rm) 2:30 Trivia with Jenna (Art Rm) 4:00 Social Hour (Bistro) 7:00 Game Night (Bistro)</p>	<p>18</p>	<p>9:30 Reading the Portsmouth Herald (Art Rm) 10:15 Stretch Class (3rd DR) 11:00 Manicures (Salon) 11:00 Water Color Class (Art Rm) 2:00 Radio Hour (Media Rm) 3:15 Tai Chi (Chair Exercise) (3rd DR) 4:00 Social Hour (Bistro) 7:00 Friday Night Movie (4th DR)</p>	<p>19</p>	<p>10:15 Exercise Group (3rd DR) 11:00 Short Stories with Debra (Media Rm) 2:30 Bingo (4th DR) 3:45 Drinks and Conversation (Bistro)</p>	<p>20</p>	<p>10:15 Exercise Group (3rd DR) 11:00 Group Crosswords with Laura (Art Rm) 2:30 Bingo (4th DR) 3:45 Drinks and Conversation (Bistro)</p>	<p>21</p>	<p>9:30 Reading the Portsmouth Herald (Art Rm) 10:15 Dance Aerobics with Lindsey (3rd DR) 11:00 Strengthen Your Mind (Art Rm) 2:00 Drama Club with Debra (Media Rm) 3:30 Thanksgiving Centerpiece Workshop (Art Rm) 4:00 Sailor Social (Bistro)</p>	<p>22</p>	<p>10:15 Exercise Group (3rd DR) 11:00 Group Crosswords with Laura (Art Rm) 2:30 Bingo (4th DR) 3:45 Drinks and Conversation (Bistro)</p>	<p>23</p>
<p>10:30 Travel, Biographies and Music (Bistro) 11:00 Sunday News & Views (Art Rm) 1:30 Trivia Hour (Lobby) 2:00 Movie Matinee (4th DR) 3:15 Appetizers & Spirits (Bistro)</p>	<p>19</p>	<p>9:30 Reading the Portsmouth Herald (Art Rm) 10:15 Exercise Group (3rd DR) 11:00 Scrabble (Art Rm) 2:15 Singing Hymns with Deb Knowlton (4th DR) 3:30 Autumn Lecture Series: TED Talks (Media Rm) 4:00 Social Hour (Bistro) 6:00 Concert at Philips Exeter (Lobby)</p>	<p>20</p>	<p>9:30 Reading the Portsmouth Herald (Art Rm) 10:15 Dance Aerobics with Lindsey (3rd DR) 11:00 Strengthen Your Mind (Art Rm) 2:00 Drama Club with Debra (Media Rm) 3:30 Thanksgiving Centerpiece Workshop (Art Rm) 4:00 Sailor Social (Bistro)</p>	<p>21</p>	<p>9:30 Watching the Parade and Baking Goodies (Bistro) 2:00 Movie Matinee (Media Rm) 2:30 Trivia with Jenna (Art Rm) 4:00 Social Hour (Bistro) 7:00 Game Night (Bistro)</p>	<p>22</p>	<p>10:30 Travel, Biographies and Music (Bistro) 11:00 Sunday News & Views (Art Rm) 1:30 Trivia Hour (Lobby) 2:00 Movie Matinee (4th DR) 3:15 Appetizers & Spirits (Bistro)</p>	<p>23</p>	<p>9:30 Reading the Portsmouth Herald (Art Rm) 10:15 Stretch Class (3rd DR) 11:00 Manicures (Salon) 11:00 Water Color Class (Art Rm) 2:00 Radio Hour (Media Rm) 3:15 Tai Chi (Chair Exercise) (3rd DR) 4:00 Social Hour (Bistro) 7:00 Friday Night Movie (4th DR)</p>	<p>24</p>	<p>9:30 Reading the Portsmouth Herald (Art Rm) 10:15 Exercise Group (3rd DR) 11:00 Group Crosswords with Laura (Art Rm) 2:30 Bingo (4th DR) 3:45 Drinks and Conversation (Bistro)</p>	<p>25</p>										

<p>26</p> <p>10:30 Travel, Biographies and Music (Bistro)</p> <p>11:00 Sunday News & Views (Art Rm)</p> <p>1:30 Trivia Hour (Lobby)</p> <p>2:00 Movie Matinee (4th DR)</p> <p>3:15 Appetizers & Spirits (Bistro)</p>	<p>27</p> <p>9:30 Reading the Portsmouth Herald (Art Rm)</p> <p>10:15 Exercise Group (3rd DR)</p> <p>11:00 Scrabble (Art Rm)</p> <p>2:00 Poetry w/ Jenna (Sunroom)</p> <p>3:30 Autumn Lecture Series: TED Talks (Media Rm)</p> <p>4:00 Social Hour (Bistro)</p>	<p>28</p> <p>10:00 Shopping Trip (Lobby)</p> <p>10:15 Strengthening (3rd DR)</p> <p>11:00 Word Games (Art Rm)</p> <p>1:00 Dennis Robinson Lecture (Lobby)</p> <p>2:00 Holiday Decorating (Meet in the Lobby)</p> <p>4:00 Social Hour (Bistro)</p> <p>4:00 Meditation with Jenna (Private DR)</p> <p>7:00 Movie (4th DR)</p>	<p>29</p> <p>9:30 Reading the Portsmouth Herald (Art Rm)</p> <p>10:15 Dance Aerobics with Lindsey (3rd DR)</p> <p>11:00 Strengthen Your Mind (Art Rm)</p> <p>12:00 Ladies Lunch (PDR)</p> <p>1:30 Reciting the Rosary (3rd DR)</p> <p>2:00 Catholic Mass (3rd DR)</p> <p>2:15 Holiday Decorating (Meet in the Lobby)</p> <p>4:00 Sailor Social (Bistro)</p>	<p>30</p> <p>10:15 Strengthening (3rd DR)</p> <p>11:00 In-House Informational Meeting (3rd DR)</p> <p>2:00 Scenic Ride (Lobby)</p> <p>2:15 Blast From the Past (Media Rm)</p> <p>4:00 November Birthday Party (Bistro)</p> <p>7:00 Game Night (Bistro)</p>		
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Room Key

(3rd DR) = 3rd Floor Dining Room
(GP) = Garden Place
(Shoppe) = Shoppe

(4th DR) = 4th Floor Dining Room
(Library) = Library
(Sunroom) = Sunroom

(Art Rm) = Art Room
(Lobby) = Lobby
(Wellness Rm) = Wellness Room

(Bistro) = Bistro
(Media Rm) = Media Room

(Board Rm) = Board Room
(Porch) = Porch

(Concierge) = Concierge
(Private DR) = Private Dining room

(Garden) = Garden
(Salon) = Salon