

**Wentworth Senior Living Dining Selections week of 9/30/18**

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>
<b>French Toast</b> Sausage Danish	<b>Scrambled Eggs</b> Bacon	<b>Cheese Omelets</b> Sausage Home fries	<b>Pancakes</b> Bacon	<b>Scrambled Eggs</b> Bacon Cinnamon Donuts	<b>Waffles</b> Sausage	<b>Scrambled Eggs w/ Cheese</b> Corned Beef Hash
<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>
Fresh Garden Salad	Fresh Garden Salad	Fresh Garden Salad	Fresh Garden Salad	Fresh Garden Salad	Fresh Garden Salad	Fresh Garden Salad
Fresh Fruit Salad Butternut Squash Bisque	Fresh Fruit Salad Beef Vegetable	Fresh Fruit Salad Greek Chicken & Rice	Fresh Fruit Salad Lentil	Fresh Fruit Salad Spicy Chicken Noodle	Fresh Fruit Salad Clam Chowder	Fresh Fruit Salad Turkey & Spinach
<b>Honey Baked Ham w/ Raisin Sauce</b> Potatoes Au Gratin Roasted Beets	<b>Maple Glazed Salmon</b> Baked Sweet Potato Buttered Cauliflower	<b>Shepherd's Pie</b> Mashed Potato Broccoli	<b>Chicken Caccitore</b> Linguine Vegetable Medley	<b>Pot Roast w/ Gravy</b> Baked Potatoes Spinach	<b>Fish Taco</b> Cous Cous Spaghetti squash	<b>Meat Lasagna</b> Wild Rice Carrots
<b>Spicy Baked Shrimp</b> Potatoes Au Gratin Roasted Beets	<b>Rosemary Chicken With Gravy</b> Baked Sweet Potato Buttered Cauliflower	<b>Pork Chop with Maple &amp; Sage</b> Mashed Potato Broccoli	<b>Shrimp Scampi</b> Linguine Vegetable Medley	<b>Pork Loin with Cranberry Glaze</b> Baked Potatoes Spinach	<b>Chicken w/ a Sage Cornbread Crust</b> Cous Cous Spaghetti squash	<b>Salmon with Cumin</b> Wild Rice Carrots
Roll Carrots Dessert of the Day Sugar Free Dessert	Roll Carrots Dessert of the Day Sugar Free Dessert	Roll Carrots Dessert of the Day Sugar Free Dessert	Roll Carrots Dessert of the Day Sugar Free Dessert	Roll Carrots Dessert of the Day Sugar Free Dessert	Roll Carrots Dessert of the Day Sugar Free Dessert	Bread Stick Carrots Dessert of the Day Sugar Free Dessert
<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>
Butternut Squash Bisque	Beef Vegetable	Greek Chicken & Rice	Lentil	Spicy Chicken Noodle	Clam Chowder	Turkey & Spinach
<b>Meatball Sub</b> Potato Salad Peas	<b>Broccoli &amp; Cheese Quiche</b> Asparagus	<b>Manicotti with Marinara</b> Garlic Bread Chef's Choice Vegetables	<b>Meat Chili</b> Cornbread Roasted Butternut Squash	<b>Cheese Ravioli w/ Pomodoro Sauce</b> Bread Stick Green Beans	<b>Fried Fish Filet</b> Onion Rings Cole Slaw	<b>Breaded Pork Cutlet</b> Mashed Potato Spinach
<b>Caesar Salad w/ Grilled Chicken</b> Garlic Bread	<b>Grilled Ham &amp; Cheese</b> Chips & Pickle Asparagus	<b>Corned Beef on Rye</b> Garlic Bread Chef's Choice Vegetables	<b>Monte Cristo</b> Roasted Butternut Squash	<b>Turkey Burger</b> Waffle Fries Green Beans	<b>Roast Beef Melt</b> Onion Rings Cole Slaw	<b>Chicken A La King with Biscuit</b> Tossed Salad
Dessert of the Day Sugar Free Dessert	Dessert of the Day Sugar Free Dessert	Dessert of the Day Sugar Free Dessert	Dessert Of the Day Sugar Free Dessert	Dessert of the Day Sugar Free Dessert	Dessert of the day Sugar Free Dessert	Dessert of the Day Sugar Free Dessert
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**Wentworth Senior Living Dining Selections Week of 10/7/18**

<b>SUNDAY</b>	<b>MONDAY</b>	<b>TUESDAY</b>	<b>WEDNESDAY</b>	<b>THURSDAY</b>	<b>FRIDAY</b>	<b>SATURDAY</b>
<i>Breakfast</i>	<i>Breakfast</i>	<i>Breakfast</i>	<i>Breakfast</i>	<i>Breakfast</i>	<i>Breakfast</i>	<i>Breakfast</i>
<b>French Toast</b>	<b>Quiche</b>	<b>Scrambled Eggs</b>	<b>Cheese Omelets</b>	<b>Pancakes</b>	<b>Eggs Over Easy</b>	<b>Scrambled Eggs</b>
Sausage	Bacon	Bacon	Corned Beef Hash	Sausage	Bacon	Sausage
Danish	Home fries	Scones		Donut		Coffee Cake
<i>Lunch</i>	<i>Lunch</i>	<i>Lunch</i>	<i>Lunch</i>	<i>Lunch</i>	<i>Lunch</i>	<i>Lunch</i>
Fresh Garden Salad	Fresh Garden Salad	Fresh Garden Salad	Fresh Garden Salad	Fresh Garden Salad	Fresh Garden Salad	Fresh Garden Salad
Fresh Fruit Salad	Fresh Fruit Salad	Fresh Fruit Salad	Fresh Fruit Salad	Fresh Fruit Salad	Fresh Fruit Salad	Fresh Fruit Salad
Tomato Basil Soup	Beef Barley Soup	Minestrone Soup	Split Pea and Ham Soup	Mushroom Barley	Clam Chowder	Chicken & Rice Soup
<b>Beef Tenderloin</b>	<b>Crab Cakes</b>	<b>Vegetable Lasagna</b>	<b>Pan Seared Duck Breast</b>	<b>Kielbasa with Apples &amp; Onions</b>	<b>Seafood Newburg</b>	<b>BBQ Spare Ribs</b>
Roasted Red Potatoes	Carfetti rice	Broccoli	Risotto	Baked Sweet Potato	Mashed Potato	Potato Wedges
Butternut Squash	Carrots	Cauliflower	Brussel Sprouts	Sliced Beets	Roasted Root Vegetable	Corn
<b>Chicken Florentine with Mushrooms</b>	<b>Pork Chop with Balsamic Peach Glaze</b>	<b>Stuffed Portobello</b>	<b>Chicken Marsala</b>	<b>Turkey Tarragon</b>	<b>Chicken with Cilantro Lime Salsa</b>	<b>Turkey Stew</b>
Mashed Potatoes	Red Bliss Potatoes	Egg Noodles	Risotto	Baked Sweet Potato	Mashed Potato	Potato Wedges
Butternut Squash	Carrots	Broccoli	Brussel Sprouts	Sliced Beets	Roasted Root Vegetable	Corn
Roll	Roll	Cauliflower	Roll	Roll	Roll	Biscuit
Broccoli	Broccoli	Roll	Broccoli	Broccoli	Broccoli	Broccoli
Dessert of the Day	Dessert of the day	Dessert of the Day	Dessert of the Day	Dessert of the Day	Dessert of the day	Dessert of the Day
Sugar Free Dessert	Sugar Free Dessert	Sugar Free Dessert	Sugar Free Dessert	Sugar Free Dessert	Sugar Free Dessert	Sugar Free Dessert
<i>Dinner</i>	<i>Dinner</i>	<i>Dinner</i>	<i>Dinner</i>	<i>Dinner</i>	<i>Dinner</i>	<i>Dinner</i>
Tomato Basil Soup	Beef Barley Soup	Minestrone Soup	Split Pea and Ham Soup	Mushroom Barley	Clam Chowder	Turkey Orzo
<b>Macaroni &amp; Cheese</b>	<b>Cranberry Chicken Salad</b>	<b>Fried Chicken</b>	<b>BBQ Pulled Pork</b>	<b>Stuffed Shells</b>	<b>Hamburger /Cheeseburgers</b>	<b>Chicken Salad Sandwich</b>
Sweet Potato tots	Potato Chips	French Fries	Corn Bread	Garlic Bread	Vegetable Rice	Potato Chips
Peas	Waldorf Salad	Green & Wax Beans	Tomato Salad	Caesar Salad	Chef's Blend	Broccoli Slaw
<b>Salami Sandwich</b>	<b>Vegetable Burger Lettuce &amp; Tomato</b>	<b>BLT with Cheese</b>	<b>Chef's Salad</b>	<b>Chicken Meatballs with Honey Mustard Glaze</b>	<b>Shrimp Salad</b>	<b>Steak Bomb</b>
Rice Beans	Potato Chips	French Fries	Roll	Garlic Bread	Vegetable Rice	Potato Chips
	Waldorf Salad	Green & Wax Beans		Peas	Chef's Blend	Broccoli Slaw
Dessert of the Day	Dessert of the Day	Dessert of the Day	Dessert of the Day	Dessert of the Day	Dessert of the Day	Dessert of the Day
Sugar Free Dessert	Sugar Free Dessert	Sugar Free Dessert	Sugar Free Dessert	Sugar Free Dessert	Sugar Free Dessert	Sugar Free Dessert
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**Wentworth Senior Living Dining Selections Week of 10/14/18**

<b>SUNDAY</b>	<b>MONDAY</b>	<b>TUESDAY</b>	<b>WEDNESDAY</b>	<b>THURSDAY</b>	<b>FRIDAY</b>	<b>SATURDAY</b>
<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>
<b>Eggs Over Hard</b> Bacon Danish	<b>French Toast</b> Sausage	<b>Scrambled Eggs</b> Corned Beef Hash Cinnamon Donut	<b>Vegetable Strata</b> Bacon	<b>Pancakes</b> Sausage	<b>Ham Omelets</b> Bacon Home fries	<b>Scrambled Eggs</b> Bacon Scone
<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>
Fresh Garden Salad Fresh Fruit Salad Lobster Bisque  <b>Turkey Dinner</b> Mashed Potato Butternut Squash  <b>Flank Steak with Maple Soy Glaze</b> Mashed Potato Butternut Squash  Roll Green Beans Dessert of the Day Sugar Free Dessert	Fresh Garden Salad Fresh Fruit Salad Tomato Florentine Soup  <b>Corned Beef</b> Boiled Potato Cabbage & Carrots  <b>Chicken Marengo</b> Boiled Potato Cabbage & Carrots  Roll Green Beans Dessert of the Day Sugar Free Dessert	Fresh Garden Salad Fresh Fruit Salad Vegetable Barley Soup  <b>Pork Tenderloin with Apple Compote</b> Rice Pilaf Kale  <b>Salmon with Maple Glaze</b> Rice Pilaf Kale  Roll Green Beans Dessert of the Day Sugar Free Dessert	Fresh Garden Salad Fresh Fruit Salad Italian Wedding  <b>Meatloaf</b> Mashed Sweet Potato Acorn Squash  <b>Pork Chop with Maple &amp; Sage</b> Mashed Sweet Potato Acorn Squash  Roll Green Beans Dessert of the Day Sugar Free Dessert	Fresh Garden Salad Fresh Fruit Salad Turkey Noodle Soup  <b>Turkey a la King</b> Brown Rice Corn with Red Peppers  <b>Apricot Braised Beef Brisket</b> Brown Rice Corn with Red Peppers  Roll Green Beans Dessert of the Day Sugar Free Dessert	Fresh Garden Salad Fresh Fruit Salad Seafood Chowder  <b>Stuffed Peppers</b> Mashed Potato Chef's Vegetable  <b>Spinach Stuffed Haddock</b> Mashed Potato Chef's Vegetable  Roll Green Beans Dessert of the Day Sugar Free Dessert	Fresh Garden Salad Fresh Fruit Salad Beef Vegetable Soup  <b>Lemon Pepper Veal Cutlet</b> Ziti Sautéed Baby Spinach  <b>Chicken with Yogurt Cilantro Sauce</b> Ziti Sautéed Baby Spinach Roll Green Beans Dessert of the Day Sugar Free Dessert
<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>
Lobster Bisque  <b>Scallop Roll</b> Sweet Potato Tots Spinach  <b>Chicken Strips</b> Sweet Potato Tots Spinach  Dessert of the Day Sugar Free Dessert	Tomato Florentine Soup  <b>Beef &amp; Broccoli</b> Stir Fry Rice Oriental Vegetables  <b>Egg Salad Croissant</b> Pasta Salad Oriental Vegetables  Dessert of the Day Sugar Free Dessert	Vegetable Barley Soup  <b>Open Face Turkey Sandwich</b> Mashed Potato/ Gravy Tomato Mozzarella Salad  <b>Cobb Salad</b> Broccoli Roll  Dessert of the Day Sugar Free Dessert	Italian Wedding  <b>Lobster Slider</b> French fries Apple Cole Slaw  <b>BBQ Chicken</b> French fries Apple Cole Slaw  Dessert of the Day Sugar Free Dessert	Turkey Noodle Soup  <b>Ham Salad Sandwich</b> Vegetable Orzo Salad Italian Green Beans  <b>American Chop Suey</b> Vegetable Orzo Salad Italian Green Beans  Dessert of the Day Sugar Free Dessert	Seafood Chowder  <b>Pizza-Cheese, Veggie or Pepperoni</b> Tabbouleh Tossed Salad <b>Tuna Melt</b> Tabbouleh Tossed Salad  Dessert of the Day Sugar Free Dessert	Beef Vegetable Soup  <b>Hot Dog</b> Brown Brea Baked Beans Cole Slaw <b>Grilled Turkey &amp; Swiss w/ Mushrooms and Onions</b> Baked Beans Cole Slaw Dessert of the Day Sugar Free Dessert
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**Wentworth Senior Living Home Dining Selections Week of 10/21/18**

<b>SUNDAY</b>	<b>MONDAY</b>	<b>TUESDAY</b>	<b>WEDNESDAY</b>	<b>THURSDAY</b>	<b>FRIDAY</b>	<b>SATURDAY</b>
<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>
<b>Pancakes</b>	<b>Scrambled Eggs</b>	<b>French Toast</b>	<b>Scrambled Eggs</b>	<b>Blueberry Pancakes</b>	<b>Waffles</b>	<b>Cheese Omelets</b>
Sausage	Bacon	Sausage	Bacon	Sausage	Bacon	Bacon
Danish		Cinnamon Roll			Coffee Cake	Home fries
<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>
Fresh Garden Salad	Fresh Garden Salad	Fresh Garden Salad	Fresh Garden Salad	Fresh Garden Salad	Fresh Garden Salad	Fresh Caesar Salad
Fresh Fruit Salad	Fresh Fruit Salad	Fresh Fruit Salad	Fresh Fruit Salad	Fresh Fruit Salad	Fresh Fruit Salad	Fresh Fruit Salad
Cream of Mushroom Soup	Vegetable Rice Soup	Beef Barley Soup	Tomato Rice Soup	Chicken Vegetable Soup	Seafood Chowder	Turkey Orzo
<b>Broccoli Stuffed Chicken</b> Red Bliss Mashed Peas & Carrots	<b>Pot Roast</b> Baked Potato Carrots	<b>Pok Loin with Apple Stuffing</b> Egg Noodles Sautéed Baby Spinach with Red Onions	<b>Lobster Ravioli</b>  Asparagus	<b>Beef Chili</b>  Snow Peas	<b>Baked Stuffed Haddock</b> Confetti Rice Broccoli	<b>Chicken Parmesan</b> Tagliatelle Pasta Cauliflower & Carrots
<b>Honey Baked Leg of Lamb</b> Red Bliss Mashed Peas & Carrots	<b>Crusted Honey Herb Haddock</b> Baked Potato Carrots	<b>Chicken Marsala</b> Buttered Egg Noodles Sautéed Baby Spinach with Red Onions	<b>Veal Picatta</b> Angel Hair Pasta Asparagus	<b>Turkey Stew</b>  Snow Peas	<b>Pork Loin with Cranberry Glaze</b> Confetti Rice Broccoli	<b>Sausage &amp; Wild Mushrooms</b> Tagliatelle Pasta Cauliflower & Carrots
Roll Butternut Squash Dessert of the Day Sugar Free Dessert	Roll Butternut Squash Dessert of the Day Sugar Free Dessert	Roll Butternut Squash Dessert of the Day Sugar Free Dessert	Roll Butternut Squash Dessert of the Day Sugar Free Dessert	Roll Butternut Squash Dessert of the Day Sugar Free Dessert	Roll Butternut Squash Dessert of the Day Sugar Free Dessert	Garlic Bread Butternut Squash Dessert of the Day Sugar Free Dessert
<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>
Cream of Mushroom Soup	Vegetable Rice Soup	Beef Barley Soup	Tomato Rice Soup	Chicken Vegetable Soup	Seafood Chowder	Turkey Orzo
<b>Stuffed Shells</b> Garlic Bread	<b>Chicken Salad on a Croissant</b> <b>Lettuce &amp; Tomato</b> Vegetable Pasta Salad	<b>Salmon Cakes</b> Rice Pilaf Chef's Choice Vegetable	<b>French Dip Sandwich</b> Garlic Bread Baby Spinach	<b>Fried Fish Filet Sandwich</b> Sweet Potato Fries Broccoli	<b>Baked Stuffed Shrimp</b> Roasted Potato Green Beans	<b>Hot Dogs &amp; Beans</b> Brown Bread Cole Slaw
<b>Hot Pastrami Sandwich</b> Chips & Pickle Cucumber Dill Salad	<b>Sloppy Joe</b> Vegetable Pasta Salad Broccoli	<b>Pulled Pork Sliders</b> Rice Pilaf Chef's Choice Vegetable	<b>Chicken Tenders w/ Honey Mustard</b> Smiley Fries Baby Spinach	<b>Vegetable Burger</b> Sweet Potato Fries	<b>Italian Sausage Grinder</b> Roasted Potato	<b>Chicken &amp; Vegetable Pot Pie</b> Cranberry Sauce Biscuit
Dessert of the Day Sugar Free Dessert	Dessert of the Day Sugar Free Dessert	Dessert of the Day Sugar Free Dessert	Dessert of the Day Sugar Free Dessert	Dessert of the Day Sugar Free Dessert	Dessert of the Day Sugar Free Dessert	Dessert of the Day Sugar Free Dessert

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**Wentworth Senior Living Dining Selections week of 10/28/18**

<b>SUNDAY</b>	<b>MONDAY</b>	<b>TUESDAY</b>	<b>WEDNESDAY</b>	<b>THURSDAY</b>	<b>FRIDAY</b>	<b>SATURDAY</b>
<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>
<b>French Toast</b> Sausage Danish	<b>Scrambled Eggs</b> Bacon	<b>Cheese Omelets</b> Sausage Home fries	<b>Pancakes</b> Bacon	<b>Scrambled Eggs</b> Bacon Cinnamon Donuts	<b>Waffles</b> Sausage	<b>Scrambled Eggs w/ Cheese</b> Corned Beef Hash
<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>
Fresh Garden Salad	Fresh Garden Salad	Fresh Garden Salad	Fresh Garden Salad	Fresh Garden Salad	Fresh Garden Salad	Fresh Garden Salad
Fresh Fruit Salad Butternut Squash Bisque	Fresh Fruit Salad Beef Vegetable	Fresh Fruit Salad Greek Chicken & Rice	Fresh Fruit Salad Lentil	Fresh Fruit Salad Spicy Chicken Noodle	Fresh Fruit Salad Clam Chowder	Fresh Fruit Salad Turkey & Spinach
<b>Honey Baked Ham w/ Raisin Sauce</b> Potatoes Au Gratin Roasted Beets	<b>Maple Glazed Salmon</b> Baked Sweet Potato Buttered Cauliflower	<b>Shepherd's Pie</b> Mashed Potato Broccoli	<b>Chicken Caccitore</b> Linguine Vegetable Medley	<b>Pot Roast w/ Gravy</b> Baked Potatoes Spinach	<b>Fish Taco</b> Cous Cous Spaghetti squash	<b>Meat Lasagna</b> Wild Rice Carrots
<b>Spicy Baked Shrimp</b> Potatoes Au Gratin Roasted Beets	<b>Rosemary Chicken With Gravy</b> Baked Sweet Potato Buttered Cauliflower	<b>Pork Chop with Maple &amp; Sage</b> Mashed Potato Broccoli	<b>Shrimp Scampi</b> Linguine Vegetable Medley	<b>Pork Loin with Cranberry Glaze</b> Baked Potatoes Spinach	<b>Chicken w/ a Sage Cornbread Crust</b> Cous Cous Spaghetti squash	<b>Salmon with Cumin</b> Wild Rice Carrots
Roll Carrots Dessert of the Day Sugar Free Dessert	Roll Carrots Dessert of the Day Sugar Free Dessert	Roll Carrots Dessert of the Day Sugar Free Dessert	Roll Carrots Dessert of the Day Sugar Free Dessert	Roll Carrots Dessert of the Day Sugar Free Dessert	Roll Carrots Dessert of the Day Sugar Free Dessert	Bread Stick Carrots Dessert of the Day Sugar Free Dessert
<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>
Butternut Squash Bisque	Beef Vegetable	Greek Chicken & Rice	Lentil	Spicy Chicken Noodle	Clam Chowder	Turkey & Spinach
<b>Meatball Sub</b> Potato Salad Peas	<b>Broccoli &amp; Cheese Quiche</b> Asparagus	<b>Manicotti with Marinara</b> Garlic Bread Chef's Choice Vegetables	<b>Meat Chili</b> Cornbread Roasted Butternut Squash	<b>Cheese Ravioli w/ Pomodoro Sauce</b> Bread Stick Green Beans	<b>Fried Fish Filet</b> Onion Rings Cole Slaw	<b>Breaded Pork Cutlet</b> Mashed Potato Spinach
<b>Caesar Salad w/ Grilled Chicken</b> Garlic Bread	<b>Grilled Ham &amp; Cheese</b> Chips & Pickle Asparagus	<b>Corned Beef on Rye</b> Garlic Bread Chef's Choice Vegetables	<b>Monte Cristo</b> Roasted Butternut Squash	<b>Turkey Burger</b> Waffle Fries Green Beans	<b>Roast Beef Melt</b> Onion Rings Cole Slaw	<b>Chicken A La King with Biscuit</b> Tossed Salad
Dessert of the Day Sugar Free Dessert	Dessert of the Day Sugar Free Dessert	Dessert of the Day Sugar Free Dessert	Dessert Of the Day Sugar Free Dessert	Dessert of the Day Sugar Free Dessert	Dessert of the day Sugar Free Dessert	Dessert of the Day Sugar Free Dessert
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**Wentworth Senior Living Dining Selections Week of 11/4/18**

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<i>Breakfast</i>	<i>Breakfast</i>	<i>Breakfast</i>	<i>Breakfast</i>	<i>Breakfast</i>	<i>Breakfast</i>	<i>Breakfast</i>
<b>French Toast</b>	<b>Quiche</b>	<b>Scrambled Eggs</b>	<b>Cheese Omelets</b>	<b>Pancakes</b>	<b>Eggs Over Easy</b>	<b>Scrambled Eggs</b>
Sausage	Bacon	Bacon	Corned Beef Hash	Sausage	Bacon	Sausage
Danish	Home fries	Scones		Donut		Coffee Cake
<i>Lunch</i>	<i>Lunch</i>	<i>Lunch</i>	<i>Lunch</i>	<i>Lunch</i>	<i>Lunch</i>	<i>Lunch</i>
Fresh Garden Salad	Fresh Garden Salad	Fresh Garden Salad	Fresh Garden Salad	Fresh Garden Salad	Fresh Garden Salad	Fresh Garden Salad
Fresh Fruit Salad	Fresh Fruit Salad	Fresh Fruit Salad	Fresh Fruit Salad	Fresh Fruit Salad	Fresh Fruit Salad	Fresh Fruit Salad
Tomato Basil Soup	Beef Barley Soup	Minestrone Soup	Split Pea and Ham Soup	Mushroom Barley	Clam Chowder	Chicken & Rice Soup
<b>Beef Tenderloin</b>	<b>Crab Cakes</b>	<b>Vegetable Lasagna</b>	<b>Pan Seared Duck Breast</b>	<b>Kielbasa with Apples &amp; Onions</b>	<b>Seafood Newburg</b>	<b>BBQ Spare Ribs</b>
Roasted Red Potatoes	Carfetti rice	Broccoli	Risotto	Baked Sweet Potato	Mashed Potato	Potato Wedges
Butternut Squash	Carrots	Cauliflower	Brussel Sprouts	Sliced Beets	Roasted Root Vegetable	Corn
<b>Chicken Florentine with Mushrooms</b>	<b>Pork Chop with Balsamic Peach Glaze</b>	<b>Stuffed Portobello</b>	<b>Chicken Marsala</b>	<b>Turkey Tarragon</b>	<b>Chicken with Cilantro Lime Salsa</b>	<b>Turkey Stew</b>
Mashed Potatoes	Red Bliss Potatoes	Egg Noodles	Risotto	Baked Sweet Potato	Mashed Potato	Potato Wedges
Butternut Squash	Carrots	Broccoli	Brussel Sprouts	Sliced Beets	Roasted Root Vegetable	Corn
Roll	Roll	Cauliflower	Roll	Roll	Roll	Biscuit
Broccoli	Broccoli	Roll	Broccoli	Broccoli	Broccoli	Broccoli
Dessert of the Day	Dessert of the day	Dessert of the Day	Dessert of the Day	Dessert of the Day	Dessert of the day	Dessert of the Day
Sugar Free Dessert	Sugar Free Dessert	Sugar Free Dessert	Sugar Free Dessert	Sugar Free Dessert	Sugar Free Dessert	Sugar Free Dessert
<i>Dinner</i>	<i>Dinner</i>	<i>Dinner</i>	<i>Dinner</i>	<i>Dinner</i>	<i>Dinner</i>	<i>Dinner</i>
Tomato Basil Soup	Beef Barley Soup	Minestrone Soup	Split Pea and Ham Soup	Mushroom Barley	Clam Chowder	Turkey Orzo
<b>Macaroni &amp; Cheese</b>	<b>Cranberry Chicken Salad</b>	<b>Fried Chicken</b>	<b>BBQ Pulled Pork</b>	<b>Stuffed Shells</b>	<b>Hamburger /Cheeseburgers</b>	<b>Chicken Salad Sandwich</b>
Sweet Potato tots	Potato Chips	French Fries	Corn Bread	Garlic Bread	Vegetable Rice	Potato Chips
Peas	Waldorf Salad	Green & Wax Beans	Tomato Salad	Caesar Salad	Chef's Blend	Broccoli Slaw
<b>Salami Sandwich</b>	<b>Vegetable Burger Lettuce &amp; Tomato</b>	<b>BLT with Cheese</b>	<b>Chef's Salad</b>	<b>Chicken Meatballs with Honey Mustard Glaze</b>	<b>Shrimp Salad</b>	<b>Steak Bomb</b>
Rice Beans	Potato Chips	French Fries	Roll	Garlic Bread	Vegetable Rice	Potato Chips
	Waldorf Salad	Green & Wax Beans		Peas	Chef's Blend	Broccoli Slaw
Dessert of the Day	Dessert of the Day	Dessert of the Day	Dessert of the Day	Dessert of the Day	Dessert of the Day	Dessert of the Day
Sugar Free Dessert	Sugar Free Dessert	Sugar Free Dessert	Sugar Free Dessert	Sugar Free Dessert	Sugar Free Dessert	Sugar Free Dessert
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**Wentworth Senior Living Dining Selections Week of 11/11/18**

<b>SUNDAY</b>	<b>MONDAY</b>	<b>TUESDAY</b>	<b>WEDNESDAY</b>	<b>THURSDAY</b>	<b>FRIDAY</b>	<b>SATURDAY</b>
<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>
<b>Eggs Over Hard</b> Bacon Danish	<b>French Toast</b> Sausage	<b>Scrambled Eggs</b> Corned Beef Hash Cinnamon Donut	<b>Vegetable Strata</b> Bacon	<b>Pancakes</b> Sausage	<b>Ham Omelets</b> Bacon Home fries	<b>Scrambled Eggs</b> Bacon Scone
<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>
Fresh Garden Salad Fresh Fruit Salad Lobster Bisque  <b>Turkey Dinner</b> Mashed Potato Butternut Squash  <b>Flank Steak with Maple Soy Glaze</b> Mashed Potato Butternut Squash  Roll Green Beans Dessert of the Day Sugar Free Dessert	Fresh Garden Salad Fresh Fruit Salad Tomato Florentine Soup  <b>Corned Beef</b> Boiled Potato Cabbage & Carrots  <b>Chicken Marengo</b> Boiled Potato Cabbage & Carrots  Roll Green Beans Dessert of the Day Sugar Free Dessert	Fresh Garden Salad Fresh Fruit Salad Vegetable Barley Soup  <b>Pork Tenderloin with Apple Compote</b> Rice Pilaf Kale  <b>Salmon with Maple Glaze</b> Rice Pilaf Kale  Roll Green Beans Dessert of the Day Sugar Free Dessert	Fresh Garden Salad Fresh Fruit Salad Italian Wedding  <b>Meatloaf</b> Mashed Sweet Potato Acorn Squash  <b>Pork Chop with Maple &amp; Sage</b> Mashed Sweet Potato Acorn Squash  Roll Green Beans Dessert of the Day Sugar Free Dessert	Fresh Garden Salad Fresh Fruit Salad Turkey Noodle Soup  <b>Turkey a la King</b> Brown Rice Corn with Red Peppers  <b>Apricot Braised Beef Brisket</b> Brown Rice Corn with Red Peppers  Roll Green Beans Dessert of the Day Sugar Free Dessert	Fresh Garden Salad Fresh Fruit Salad Seafood Chowder  <b>Stuffed Peppers</b> Mashed Potato Chef's Vegetable  <b>Spinach Stuffed Haddock</b> Mashed Potato Chef's Vegetable  Roll Green Beans Dessert of the Day Sugar Free Dessert	Fresh Garden Salad Fresh Fruit Salad Beef Vegetable Soup  <b>Lemon Pepper Veal Cutlet</b> Ziti Sautéed Baby Spinach  <b>Chicken with Yogurt Cilantro Sauce</b> Ziti Sautéed Baby Spinach Roll Green Beans Dessert of the Day Sugar Free Dessert
<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>
Lobster Bisque  <b>Scallop Roll</b> Sweet Potato Tots Spinach  <b>Chicken Strips</b> Sweet Potato Tots Spinach  Dessert of the Day Sugar Free Dessert	Tomato Florentine Soup  <b>Beef &amp; Broccoli</b> Stir Fry Rice Oriental Vegetables  <b>Egg Salad Croissant</b> Pasta Salad Oriental Vegetables  Dessert of the Day Sugar Free Dessert	Vegetable Barley Soup  <b>Open Face Turkey Sandwich</b> Mashed Potato/ Gravy Tomato Mozzarella Salad  <b>Cobb Salad</b> Broccoli Roll  Dessert of the Day Sugar Free Dessert	Italian Wedding  <b>Lobster Slider</b> French fries Apple Cole Slaw  <b>BBQ Chicken</b> French fries Apple Cole Slaw  Dessert of the Day Sugar Free Dessert	Turkey Noodle Soup  <b>Ham Salad Sandwich</b> Vegetable Orzo Salad Italian Green Beans  <b>American Chop Suey</b> Vegetable Orzo Salad Italian Green Beans  Dessert of the Day Sugar Free Dessert	Seafood Chowder  <b>Pizza-Cheese, Veggie or Pepperoni</b> Tabbouleh Tossed Salad <b>Tuna Melt</b> Tabbouleh Tossed Salad  Dessert of the Day Sugar Free Dessert	Beef Vegetable Soup  <b>Hot Dog</b> Brown Brea Baked Beans Cole Slaw <b>Grilled Turkey &amp; Swiss w/ Mushrooms and Onions</b> Baked Beans Cole Slaw Dessert of the Day Sugar Free Dessert
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**Wentworth Senior Living Home Dining Selections Week of 11/18/18**

<b>SUNDAY</b>	<b>MONDAY</b>	<b>TUESDAY</b>	<b>WEDNESDAY</b>	<b>THURSDAY</b>	<b>FRIDAY</b>	<b>SATURDAY</b>
<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>
<b>Pancakes</b>	<b>Scrambled Eggs</b>	<b>French Toast</b>	<b>Scrambled Eggs</b>	<b>Blueberry Pancakes</b>	<b>Waffles</b>	<b>Cheese Omelets</b>
Sausage	Bacon	Sausage	Bacon	Sausage	Bacon	Bacon
Danish		Cinnamon Roll			Coffee Cake	Home fries
<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>
Fresh Garden Salad	Fresh Garden Salad	Fresh Garden Salad	Fresh Garden Salad	Fresh Garden Salad	Fresh Garden Salad	Fresh Caesar Salad
Fresh Fruit Salad	Fresh Fruit Salad	Fresh Fruit Salad	Fresh Fruit Salad	Fresh Fruit Salad	Fresh Fruit Salad	Fresh Fruit Salad
Cream of Mushroom Soup	Vegetable Rice Soup	Beef Barley Soup	Tomato Rice Soup	Chicken Vegetable Soup	Seafood Chowder	Turkey Orzo
<b>Broccoli Stuffed Chicken</b> Red Bliss Mashed Peas & Carrots	<b>Pot Roast</b> Baked Potato Carrots	<b>Pok Loin with Apple Stuffing</b> Egg Noodles Sautéed Baby Spinach with Red Onions	<b>Lobster Ravioli</b>  Asparagus	<b>Beef Chili</b>  Snow Peas	<b>Baked Stuffed Haddock</b> Confetti Rice Broccoli	<b>Chicken Parmesan</b> Tagliatelle Pasta Cauliflower & Carrots
<b>Honey Baked Leg of Lamb</b> Red Bliss Mashed Peas & Carrots	<b>Crusted Honey Herb Haddock</b> Baked Potato Carrots	<b>Chicken Marsala</b> Buttered Egg Noodles Sautéed Baby Spinach with Red Onions	<b>Veal Picatta</b> Angel Hair Pasta Asparagus	<b>Turkey Stew</b>  Snow Peas	<b>Pork Loin with Cranberry Glaze</b> Confetti Rice Broccoli	<b>Sausage &amp; Wild Mushrooms</b> Tagliatelle Pasta Cauliflower & Carrots
Roll Butternut Squash Dessert of the Day Sugar Free Dessert	Roll Butternut Squash Dessert of the Day Sugar Free Dessert	Roll Butternut Squash Dessert of the Day Sugar Free Dessert	Roll Butternut Squash Dessert of the Day Sugar Free Dessert	Roll Butternut Squash Dessert of the Day Sugar Free Dessert	Roll Butternut Squash Dessert of the Day Sugar Free Dessert	Garlic Bread Butternut Squash Dessert of the Day Sugar Free Dessert
<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>
Cream of Mushroom Soup	Vegetable Rice Soup	Beef Barley Soup	Tomato Rice Soup	Chicken Vegetable Soup	Seafood Chowder	Turkey Orzo
<b>Stuffed Shells</b> Garlic Bread	<b>Chicken Salad on a Croissant</b> <b>Lettuce &amp; Tomato</b> Vegetable Pasta Salad	<b>Salmon Cakes</b> Rice Pilaf Chef's Choice Vegetable	<b>French Dip Sandwich</b> Garlic Bread Baby Spinach	<b>Fried Fish Filet Sandwich</b> Sweet Potato Fries Broccoli	<b>Baked Stuffed Shrimp</b> Roasted Potato Green Beans	<b>Hot Dogs &amp; Beans</b> Brown Bread Cole Slaw
<b>Hot Pastrami Sandwich</b> Chips & Pickle Cucumber Dill Salad	<b>Sloppy Joe</b> Vegetable Pasta Salad Broccoli	<b>Pulled Pork Sliders</b> Rice Pilaf Chef's Choice Vegetable	<b>Chicken Tenders w/ Honey Mustard</b> Smiley Fries Baby Spinach	<b>Vegetable Burger</b> Sweet Potato Fries	<b>Italian Sausage Grinder</b> Roasted Potato	<b>Chicken &amp; Vegetable Pot Pie</b> Cranberry Sauce Biscuit
Dessert of the Day Sugar Free Dessert	Dessert of the Day Sugar Free Dessert	Dessert of the Day Sugar Free Dessert	Dessert of the Day Sugar Free Dessert	Dessert of the Day Sugar Free Dessert	Dessert of the Day Sugar Free Dessert	Dessert of the Day Sugar Free Dessert
						Glendale Senior Dining, Inc. F/W 2017-2018



**Wentworth Senior Living Dining Selections week of 11/25/18**

<b>SUNDAY</b>	<b>MONDAY</b>	<b>TUESDAY</b>	<b>WEDNESDAY</b>	<b>THURSDAY</b>	<b>FRIDAY</b>	<b>SATURDAY</b>
<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>
<b>French Toast</b> Sausage Danish	<b>Scrambled Eggs</b> Bacon	<b>Cheese Omelets</b> Sausage Home fries	<b>Pancakes</b> Bacon	<b>Scrambled Eggs</b> Bacon Cinnamon Donuts	<b>Waffles</b> Sausage	<b>Scrambled Eggs w/ Cheese</b> Corned Beef Hash
<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>
Fresh Garden Salad	Fresh Garden Salad	Fresh Garden Salad	Fresh Garden Salad	Fresh Garden Salad	Fresh Garden Salad	Fresh Garden Salad
Fresh Fruit Salad Butternut Squash Bisque	Fresh Fruit Salad Beef Vegetable	Fresh Fruit Salad Greek Chicken & Rice	Fresh Fruit Salad Lentil	Fresh Fruit Salad Spicy Chicken Noodle	Fresh Fruit Salad Clam Chowder	Fresh Fruit Salad Turkey & Spinach
<b>Honey Baked Ham w/ Raisin Sauce</b> Potatoes Au Gratin Roasted Beets	<b>Maple Glazed Salmon</b> Baked Sweet Potato Buttered Cauliflower	<b>Shepherd's Pie</b> Mashed Potato Broccoli	<b>Chicken Caccitore</b> Linguine Vegetable Medley	<b>Pot Roast w/ Gravy</b> Baked Potatoes Spinach	<b>Fish Taco</b> Cous Cous Spaghetti squash	<b>Meat Lasagna</b> Wild Rice Carrots
<b>Spicy Baked Shrimp</b> Potatoes Au Gratin Roasted Beets	<b>Rosemary Chicken With Gravy</b> Baked Sweet Potato Buttered Cauliflower	<b>Pork Chop with Maple &amp; Sage</b> Mashed Potato Broccoli	<b>Shrimp Scampi</b> Linguine Vegetable Medley	<b>Pork Loin with Cranberry Glaze</b> Baked Potatoes Spinach	<b>Chicken w/ a Sage Cornbread Crust</b> Cous Cous Spaghetti squash	<b>Salmon with Cumin</b> Wild Rice Carrots
Roll Carrots Dessert of the Day Sugar Free Dessert	Roll Carrots Dessert of the Day Sugar Free Dessert	Roll Carrots Dessert of the Day Sugar Free Dessert	Roll Carrots Dessert of the Day Sugar Free Dessert	Roll Carrots Dessert of the Day Sugar Free Dessert	Roll Carrots Dessert of the Day Sugar Free Dessert	Bread Stick Carrots Dessert of the Day Sugar Free Dessert
<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>
Butternut Squash Bisque	Beef Vegetable	Greek Chicken & Rice	Lentil	Spicy Chicken Noodle	Clam Chowder	Turkey & Spinach
<b>Meatball Sub</b> Potato Salad Peas	<b>Broccoli &amp; Cheese Quiche</b> Asparagus	<b>Manicotti with Marinara</b> Garlic Bread Chef's Choice Vegetables	<b>Meat Chili</b> Cornbread Roasted Butternut Squash	<b>Cheese Ravioli w/ Pomodoro Sauce</b> Bread Stick Green Beans	<b>Fried Fish Filet</b> Onion Rings Cole Slaw	<b>Breaded Pork Cutlet</b> Mashed Potato Spinach
<b>Caesar Salad w/ Grilled Chicken</b> Garlic Bread	<b>Grilled Ham &amp; Cheese</b> Chips & Pickle Asparagus	<b>Corned Beef on Rye</b> Garlic Bread Chef's Choice Vegetables	<b>Monte Cristo</b> Roasted Butternut Squash	<b>Turkey Burger</b> Waffle Fries Green Beans	<b>Roast Beef Melt</b> Onion Rings Cole Slaw	<b>Chicken A La King with Biscuit</b> Tossed Salad
Dessert of the Day Sugar Free Dessert	Dessert of the Day Sugar Free Dessert	Dessert of the Day Sugar Free Dessert	Dessert Of the Day Sugar Free Dessert	Dessert of the Day Sugar Free Dessert	Dessert of the day Sugar Free Dessert	Dessert of the Day Sugar Free Dessert
						Glendale Senior Dining, Inc. F/W 2017-2018

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**Wentworth Senior Living Dining Selections Week of 12/2/18**

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<i>Breakfast</i>	<i>Breakfast</i>	<i>Breakfast</i>	<i>Breakfast</i>	<i>Breakfast</i>	<i>Breakfast</i>	<i>Breakfast</i>
<b>French Toast</b>	<b>Quiche</b>	<b>Scrambled Eggs</b>	<b>Cheese Omelets</b>	<b>Pancakes</b>	<b>Eggs Over Easy</b>	<b>Scrambled Eggs</b>
Sausage	Bacon	Bacon	Corned Beef Hash	Sausage	Bacon	Sausage
Danish	Home fries	Scones		Donut		Coffee Cake
<i>Lunch</i>	<i>Lunch</i>	<i>Lunch</i>	<i>Lunch</i>	<i>Lunch</i>	<i>Lunch</i>	<i>Lunch</i>
Fresh Garden Salad	Fresh Garden Salad	Fresh Garden Salad	Fresh Garden Salad	Fresh Garden Salad	Fresh Garden Salad	Fresh Garden Salad
Fresh Fruit Salad	Fresh Fruit Salad	Fresh Fruit Salad	Fresh Fruit Salad	Fresh Fruit Salad	Fresh Fruit Salad	Fresh Fruit Salad
Tomato Basil Soup	Beef Barley Soup	Minestrone Soup	Split Pea and Ham Soup	Mushroom Barley	Clam Chowder	Chicken & Rice Soup
<b>Beef Tenderloin</b>	<b>Crab Cakes</b>	<b>Vegetable Lasagna</b>	<b>Pan Seared Duck Breast</b>	<b>Kielbasa with Apples &amp; Onions</b>	<b>Seafood Newburg</b>	<b>BBQ Spare Ribs</b>
Roasted Red Potatoes	Carfetti rice	Broccoli	Risotto	Baked Sweet Potato	Mashed Potato	Potato Wedges
Butternut Squash	Carrots	Cauliflower	Brussel Sprouts	Sliced Beets	Roasted Root Vegetable	Corn
<b>Chicken Florentine with Mushrooms</b>	<b>Pork Chop with Balsamic Peach Glaze</b>	<b>Stuffed Portobello</b>	<b>Chicken Marsala</b>	<b>Turkey Tarragon</b>	<b>Chicken with Cilantro Lime Salsa</b>	<b>Turkey Stew</b>
Mashed Potatoes	Red Bliss Potatoes	Egg Noodles	Risotto	Baked Sweet Potato	Mashed Potato	Potato Wedges
Butternut Squash	Carrots	Broccoli	Brussel Sprouts	Sliced Beets	Roasted Root Vegetable	Corn
Roll	Roll	Cauliflower	Roll	Roll	Roll	Biscuit
Broccoli	Broccoli	Roll	Broccoli	Broccoli	Broccoli	Broccoli
Dessert of the Day	Dessert of the day	Dessert of the Day	Dessert of the Day	Dessert of the Day	Dessert of the day	Dessert of the Day
Sugar Free Dessert	Sugar Free Dessert	Sugar Free Dessert	Sugar Free Dessert	Sugar Free Dessert	Sugar Free Dessert	Sugar Free Dessert
<i>Dinner</i>	<i>Dinner</i>	<i>Dinner</i>	<i>Dinner</i>	<i>Dinner</i>	<i>Dinner</i>	<i>Dinner</i>
Tomato Basil Soup	Beef Barley Soup	Minestrone Soup	Split Pea and Ham Soup	Mushroom Barley	Clam Chowder	Turkey Orzo
<b>Macaroni &amp; Cheese</b>	<b>Cranberry Chicken Salad</b>	<b>Fried Chicken</b>	<b>BBQ Pulled Pork</b>	<b>Stuffed Shells</b>	<b>Hamburger /Cheeseburgers</b>	<b>Chicken Salad Sandwich</b>
Sweet Potato tots	Potato Chips	French Fries	Corn Bread	Garlic Bread	Vegetable Rice	Potato Chips
Peas	Waldorf Salad	Green & Wax Beans	Tomato Salad	Caesar Salad	Chef's Blend	Broccoli Slaw
<b>Salami Sandwich</b>	<b>Vegetable Burger Lettuce &amp; Tomato</b>	<b>BLT with Cheese</b>	<b>Chef's Salad</b>	<b>Chicken Meatballs with Honey Mustard Glaze</b>	<b>Shrimp Salad</b>	<b>Steak Bomb</b>
Rice Beans	Potato Chips	French Fries	Roll	Garlic Bread	Vegetable Rice	Potato Chips
	Waldorf Salad	Green & Wax Beans		Peas	Chef's Blend	Broccoli Slaw
Dessert of the Day	Dessert of the Day	Dessert of the Day	Dessert of the Day	Dessert of the Day	Dessert of the Day	Dessert of the Day
Sugar Free Dessert	Sugar Free Dessert	Sugar Free Dessert	Sugar Free Dessert	Sugar Free Dessert	Sugar Free Dessert	Sugar Free Dessert
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## Wentworth Senior Living Dining Selections Week of 12/09/18

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<i>Breakfast</i>	<i>Breakfast</i>	<i>Breakfast</i>	<i>Breakfast</i>	<i>Breakfast</i>	<i>Breakfast</i>	<i>Breakfast</i>
<b>Eggs Over Hard</b> Bacon Danish	<b>French Toast</b> Sausage	<b>Scrambled Eggs</b> Corned Beef Hash Cinnamon Donut	<b>Vegetable Strata</b> Bacon	<b>Pancakes</b> Sausage	<b>Ham Omelets</b> Bacon Home fries	<b>Scrambled Eggs</b> Bacon Scone
<i>Lunch</i>	<i>Lunch</i>	<i>Lunch</i>	<i>Lunch</i>	<i>Lunch</i>	<i>Lunch</i>	<i>Lunch</i>
Fresh Garden Salad Fresh Fruit Salad Lobster Bisque  <b>Turkey Dinner</b> Mashed Potato Butternut Squash  <b>Flank Steak with Maple Soy Glaze</b> Mashed Potato Butternut Squash  Roll Green Beans Dessert of the Day Sugar Free Dessert	Fresh Garden Salad Fresh Fruit Salad Tomato Florentine Soup  <b>Corned Beef</b> Boiled Potato Cabbage & Carrots  <b>Chicken Marengo</b> Boiled Potato Cabbage & Carrots  Roll Green Beans Dessert of the Day Sugar Free Dessert	Fresh Garden Salad Fresh Fruit Salad Vegetable Barley Soup  <b>Pork Tenderloin with Apple Compote</b> Rice Pilaf Kale  <b>Salmon with Maple Glaze</b> Rice Pilaf Kale  Roll Green Beans Dessert of the Day Sugar Free Dessert	Fresh Garden Salad Fresh Fruit Salad Italian Wedding  <b>Meatloaf</b> Mashed Sweet Potato Acorn Squash  <b>Pork Chop with Maple &amp; Sage</b> Mashed Sweet Potato Acorn Squash  Roll Green Beans Dessert of the Day Sugar Free Dessert	Fresh Garden Salad Fresh Fruit Salad Turkey Noodle Soup  <b>Turkey a la King</b> Brown Rice Corn with Red Peppers  <b>Apricot Braised Beef Brisket</b> Brown Rice Corn with Red Peppers  Roll Green Beans Dessert of the Day Sugar Free Dessert	Fresh Garden Salad Fresh Fruit Salad Seafood Chowder  <b>Stuffed Peppers</b> Mashed Potato Chef's Vegetable  <b>Spinach Stuffed Haddock</b> Mashed Potato Chef's Vegetable  Roll Green Beans Dessert of the Day Sugar Free Dessert	Fresh Garden Salad Fresh Fruit Salad Beef Vegetable Soup  <b>Lemon Pepper Veal Cutlet</b> Ziti Sautéed Baby Spinach  <b>Chicken with Yogurt Cilantro Sauce</b> Ziti Sautéed Baby Spinach Roll Green Beans Dessert of the Day Sugar Free Dessert
<i>Dinner</i>	<i>Dinner</i>	<i>Dinner</i>	<i>Dinner</i>	<i>Dinner</i>	<i>Dinner</i>	<i>Dinner</i>
Lobster Bisque  <b>Scallop Roll</b> Sweet Potato Tots Spinach  <b>Chicken Strips</b> Sweet Potato Tots Spinach  Dessert of the Day Sugar Free Dessert	Tomato Florentine Soup  <b>Beef &amp; Broccoli</b> Stir Fry Rice Oriental Vegetables  <b>Egg Salad Croissant</b> Pasta Salad Oriental Vegetables  Dessert of the Day Sugar Free Dessert	Vegetable Barley Soup  <b>Open Face Turkey Sandwich</b> Mashed Potato/ Gravy Tomato Mozzarella Salad  <b>Cobb Salad</b> Broccoli Roll  Dessert of the Day Sugar Free Dessert	Italian Wedding  <b>Lobster Slider</b> French fries Apple Cole Slaw  <b>BBQ Chicken</b> French fries Apple Cole Slaw  Dessert of the Day Sugar Free Dessert	Turkey Noodle Soup  <b>Ham Salad Sandwich</b> Vegetable Orzo Salad Italian Green Beans  <b>American Chop Suey</b> Vegetable Orzo Salad Italian Green Beans  Dessert of the Day Sugar Free Dessert	Seafood Chowder  <b>Pizza-Cheese, Veggie or Pepperoni</b> Tabbouleh Tossed Salad <b>Tuna Melt</b> Tabbouleh Tossed Salad  Dessert of the Day Sugar Free Dessert	Beef Vegetable Soup  <b>Hot Dog</b> Brown Brea Baked Beans Cole Slaw <b>Grilled Turkey &amp; Swiss w/ Mushrooms and Onions</b> Baked Beans Cole Slaw Dessert of the Day Sugar Free Dessert
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**Wentworth Senior Living Home Dining Selections Week of 12/16/18**

<b>SUNDAY</b>	<b>MONDAY</b>	<b>TUESDAY</b>	<b>WEDNESDAY</b>	<b>THURSDAY</b>	<b>FRIDAY</b>	<b>SATURDAY</b>
<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>
<b>Pancakes</b>	<b>Scrambled Eggs</b>	<b>French Toast</b>	<b>Scrambled Eggs</b>	<b>Blueberry Pancakes</b>	<b>Waffles</b>	<b>Cheese Omelets</b>
Sausage	Bacon	Sausage	Bacon	Sausage	Bacon	Bacon
Danish		Cinnamon Roll			Coffee Cake	Home fries
<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>
Fresh Garden Salad	Fresh Garden Salad	Fresh Garden Salad	Fresh Garden Salad	Fresh Garden Salad	Fresh Garden Salad	Fresh Caesar Salad
Fresh Fruit Salad	Fresh Fruit Salad	Fresh Fruit Salad	Fresh Fruit Salad	Fresh Fruit Salad	Fresh Fruit Salad	Fresh Fruit Salad
Cream of Mushroom Soup	Vegetable Rice Soup	Beef Barley Soup	Tomato Rice Soup	Chicken Vegetable Soup	Seafood Chowder	Turkey Orzo
<b>Broccoli Stuffed Chicken</b> Red Bliss Mashed Peas & Carrots	<b>Pot Roast</b> Baked Potato Carrots	<b>Pok Loin with Apple Stuffing</b> Egg Noodles Sautéed Baby Spinach with Red Onions	<b>Lobster Ravioli</b>  Asparagus	<b>Beef Chili</b>  Snow Peas	<b>Baked Stuffed Haddock</b> Confetti Rice Broccoli	<b>Chicken Parmesan</b> Tagliatelle Pasta Cauliflower & Carrots
<b>Honey Baked Leg of Lamb</b> Red Bliss Mashed Peas & Carrots	<b>Crusted Honey Herb Haddock</b> Baked Potato Carrots	<b>Chicken Marsala</b> Buttered Egg Noodles Sautéed Baby Spinach with Red Onions	<b>Veal Picatta</b> Angel Hair Pasta Asparagus	<b>Turkey Stew</b>  Snow Peas	<b>Pork Loin with Cranberry Glaze</b> Confetti Rice Broccoli	<b>Sausage &amp; Wild Mushrooms</b> Tagliatelle Pasta Cauliflower & Carrots
Roll Butternut Squash Dessert of the Day Sugar Free Dessert	Roll Butternut Squash Dessert of the Day Sugar Free Dessert	Roll Butternut Squash Dessert of the Day Sugar Free Dessert	Roll Butternut Squash Dessert of the Day Sugar Free Dessert	Roll Butternut Squash Dessert of the Day Sugar Free Dessert	Roll Butternut Squash Dessert of the Day Sugar Free Dessert	Garlic Bread Butternut Squash Dessert of the Day Sugar Free Dessert
<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>
Cream of Mushroom Soup	Vegetable Rice Soup	Beef Barley Soup	Tomato Rice Soup	Chicken Vegetable Soup	Seafood Chowder	Turkey Orzo
<b>Stuffed Shells</b> Garlic Bread	<b>Chicken Salad on a Croissant</b> <b>Lettuce &amp; Tomato</b> Vegetable Pasta Salad	<b>Salmon Cakes</b> Rice Pilaf Chef's Choice Vegetable	<b>French Dip Sandwich</b> Garlic Bread Baby Spinach	<b>Fried Fish Filet Sandwich</b> Sweet Potato Fries Broccoli	<b>Baked Stuffed Shrimp</b> Roasted Potato Green Beans	<b>Hot Dogs &amp; Beans</b> Brown Bread Cole Slaw
<b>Hot Pastrami Sandwich</b> Chips & Pickle Cucumber Dill Salad	<b>Sloppy Joe</b> Vegetable Pasta Salad Broccoli	<b>Pulled Pork Sliders</b> Rice Pilaf Chef's Choice Vegetable	<b>Chicken Tenders w/ Honey Mustard</b> Smiley Fries Baby Spinach	<b>Vegetable Burger</b> Sweet Potato Fries	<b>Italian Sausage Grinder</b> Roasted Potato	<b>Chicken &amp; Vegetable Pot Pie</b> Cranberry Sauce Biscuit
Dessert of the Day Sugar Free Dessert	Dessert of the Day Sugar Free Dessert	Dessert of the Day Sugar Free Dessert	Dessert of the Day Sugar Free Dessert	Dessert of the Day Sugar Free Dessert	Dessert of the Day Sugar Free Dessert	Dessert of the Day Sugar Free Dessert

Glendale Senior Dining, Inc. F/W  
2017-2018

**Wentworth Senior Living Dining Selections week of 12/23/18**

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>
<b>French Toast</b> Sausage Danish	<b>Scrambled Eggs</b> Bacon	<b>Cheese Omelets</b> Sausage Home fries	<b>Pancakes</b> Bacon	<b>Scrambled Eggs</b> Bacon Cinnamon Donuts	<b>Waffles</b> Sausage	<b>Scrambled Eggs w/ Cheese</b> Corned Beef Hash
<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>
Fresh Garden Salad Fresh Fruit Salad Butternut Squash Bisque	Fresh Garden Salad Fresh Fruit Salad Beef Vegetable	Fresh Garden Salad Fresh Fruit Salad Greek Chicken & Rice	Fresh Garden Salad Fresh Fruit Salad Lentil	Fresh Garden Salad Fresh Fruit Salad Spicy Chicken Noodle	Fresh Garden Salad Fresh Fruit Salad Clam Chowder	Fresh Garden Salad Fresh Fruit Salad Turkey & Spinach
<b>Honey Baked Ham w/ Raisin Sauce</b> Potatoes Au Gratin Roasted Beets <b>Spicy Baked Shrimp</b> Potatoes Au Gratin Roasted Beets  Roll Carrots Dessert of the Day Sugar Free Dessert	<b>Maple Glazed Salmon</b> Baked Sweet Potato Buttered Cauliflower  <b>Rosemary Chicken With Gravy</b> Baked Sweet Potato Buttered Cauliflower Roll Carrots Dessert of the Day Sugar Free Dessert	<b>Shepherd's Pie</b> Mashed Potato Broccoli  <b>Pork Chop with Maple &amp; Sage</b> Mashed Potato Broccoli  Roll Carrots Dessert of the Day Sugar Free Dessert	<b>Chicken Caccitore</b> Linguine Vegetable Medley  <b>Shrimp Scampi</b> Linguine Vegetable Medley  Roll Carrots Dessert of the Day Sugar Free Dessert	<b>Pot Roast w/ Gravy</b> Baked Potatoes Spinach  <b>Pork Loin with Cranberry Glaze</b> Baked Potatoes Spinach  Roll Carrots Dessert of the Day Sugar Free Dessert	<b>Fish Taco</b> Cous Cous Spaghetti squash  <b>Chicken w/ a Sage Cornbread Crust</b> Cous Cous Spinach Spaghetti squash Roll Carrots Dessert of the Day Sugar Free Dessert	<b>Meat Lasagna</b>  Wild Rice Carrots <b>Salmon with Cumin</b> Wild Rice Carrots  Bread Stick Carrots Dessert of the Day Sugar Free Dessert
<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>
Butternut Squash Bisque  <b>Meatball Sub</b> Potato Salad Peas  <b>Caesar Salad w/ Grilled Chicken</b> Garlic Bread  Dessert of the Day Sugar Free Dessert	Beef Vegetable  <b>Broccoli &amp; Cheese Quiche</b> Asparagus  <b>Grilled Ham &amp; Cheese</b> Chips & Pickle Asparagus  Dessert of the Day Sugar Free Dessert	Greek Chicken & Rice  <b>Manicotti with Marinara</b> Garlic Bread Chef's Choice Vegetables  <b>Corned Beef on Rye</b> Garlic Bread Chef's Choice Vegetables  Dessert of the Day Sugar Free Dessert	Lentil  <b>Meat Chili</b> Cornbread Roasted Butternut Squash  <b>Monte Cristo</b> Roasted Butternut Squash  Dessert Of the Day Sugar Free Dessert	Spicy Chicken Noodle  <b>Cheese Ravioli w/ Pomodoro Sauce</b> Bread Stick Green Beans  <b>Turkey Burger</b> Waffle Fries Green Beans  Dessert of the Day Sugar Free Dessert	Clam Chowder  <b>Fried Fish Filet</b> Onion Rings Cole Slaw  <b>Roast Beef Melt</b> Onion Rings Cole Slaw  Dessert of the day Sugar Free Dessert	Turkey & Spinach  <b>Breaded Pork Cutlet</b> Mashed Potato Spinach  <b>Chicken A La King with Biscuit</b> Tossed Salad  Dessert of the Day Sugar Free Dessert
						Glendale Senior Dining, Inc. F/W 2017-2018

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**Wentworth Senior Living Dining Selections Week of 12/30/18**

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<i>Breakfast</i>	<i>Breakfast</i>	<i>Breakfast</i>	<i>Breakfast</i>	<i>Breakfast</i>	<i>Breakfast</i>	<i>Breakfast</i>
<b>French Toast</b>	<b>Quiche</b>	<b>Scrambled Eggs</b>	<b>Cheese Omelets</b>	<b>Pancakes</b>	<b>Eggs Over Easy</b>	<b>Scrambled Eggs</b>
Sausage	Bacon	Bacon	Corned Beef Hash	Sausage	Bacon	Sausage
Danish	Home fries	Scones		Donut		Coffee Cake
<i>Lunch</i>	<i>Lunch</i>	<i>Lunch</i>	<i>Lunch</i>	<i>Lunch</i>	<i>Lunch</i>	<i>Lunch</i>
Fresh Garden Salad	Fresh Garden Salad	Fresh Garden Salad	Fresh Garden Salad	Fresh Garden Salad	Fresh Garden Salad	Fresh Garden Salad
Fresh Fruit Salad	Fresh Fruit Salad	Fresh Fruit Salad	Fresh Fruit Salad	Fresh Fruit Salad	Fresh Fruit Salad	Fresh Fruit Salad
Tomato Basil Soup	Beef Barley Soup	Minestrone Soup	Split Pea and Ham Soup	Mushroom Barley	Clam Chowder	Chicken & Rice Soup
<b>Beef Tenderloin</b> Roasted Red Potatoes Butternut Squash Butternut Squash	<b>Crab Cakes</b> Carnetti rice Carrots	<b>Vegetable Lasagna</b> Broccoli Cauliflower	<b>Pan Seared Duck Breast</b> Risotto Brussel Sprouts	<b>Kielbasa with Apples &amp; Onions</b> Baked Sweet Potato Sliced Beets	<b>Seafood Newburg</b> Mashed Potato Roasted Root Vegetable	<b>BBQ Spare Ribs</b> Potato Wedges Corn
<b>Chicken Florentine with Mushrooms</b> Mashed Potatoes Butternut Squash Roll Broccoli	<b>Pork Chop with Balsamic Peach Glaze</b> Red Bliss Potatoes Carrots Roll Broccoli	<b>Stuffed Portobello</b> Egg Noodles Broccoli Cauliflower Roll Broccoli	<b>Chicken Marsala</b> Risotto Brussel Sprouts Roll Broccoli	<b>Turkey Tarragon</b> Baked Sweet Potato Sliced Beets Roll Broccoli	<b>Chicken with Cilantro Lime Salsa</b> Mashed Potato Roasted Root Vegetable Roll Broccoli	<b>Turkey Stew</b> Potato Wedges Corn Biscuit Broccoli
Dessert of the Day	Dessert of the day	Dessert of the Day	Dessert of the Day	Dessert of the Day	Dessert of the day	Dessert of the Day
Sugar Free Dessert	Sugar Free Dessert	Sugar Free Dessert	Sugar Free Dessert	Sugar Free Dessert	Sugar Free Dessert	Sugar Free Dessert
<i>Dinner</i>	<i>Dinner</i>	<i>Dinner</i>	<i>Dinner</i>	<i>Dinner</i>	<i>Dinner</i>	<i>Dinner</i>
Tomato Basil Soup	Beef Barley Soup	Minestrone Soup	Split Pea and Ham Soup	Mushroom Barley	Clam Chowder	Turkey Orzo
<b>Macaroni &amp; Cheese</b> Sweet Potato tots Peas	<b>Cranberry Chicken Salad</b> Potato Chips Waldorf Salad	<b>Fried Chicken</b> French Fries Green & Wax Beans	<b>BBQ Pulled Pork</b> Corn Bread Tomato Salad Broccoli	<b>Stuffed Shells</b> Garlic Bread Caesar Salad	<b>Hamburger /Cheeseburgers</b> Vegetable Rice Chef's Blend	<b>Chicken Salad Sandwich</b> Potato Chips Broccoli Slaw
<b>Salami Sandwich</b> Rice Beans	<b>Vegetable Burger Lettuce &amp; Tomato</b> Potato Chips Waldorf Salad	<b>BLT with Cheese</b> French Fries Green & Wax Beans	<b>Chef's Salad</b> Roll	<b>Chicken Meatballs with Honey Mustard Glaze</b> Garlic Bread Peas	<b>Shrimp Salad</b> Vegetable Rice Chef's Blend	<b>Steak Bomb</b> Potato Chips Broccoli Slaw
Dessert of the Day	Dessert of the Day	Dessert of the Day	Dessert of the Day	Dessert of the Day	Dessert of the Day	Dessert of the Day
Sugar Free Dessert	Sugar Free Dessert	Sugar Free Dessert	Sugar Free Dessert	Sugar Free Dessert	Sugar Free Dessert	Sugar Free Dessert
2						Glendale Senior Dining, Inc. F/W 2017-2018

**Wentworth Senior Living Dining Selections Week of 1/06/19**

<b>SUNDAY</b>	<b>MONDAY</b>	<b>TUESDAY</b>	<b>WEDNESDAY</b>	<b>THURSDAY</b>	<b>FRIDAY</b>	<b>SATURDAY</b>
<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>
<b>Eggs Over Hard</b> Bacon Danish	<b>French Toast</b> Sausage	<b>Scrambled Eggs</b> Corned Beef Hash Cinnamon Donut	<b>Vegetable Strata</b> Bacon	<b>Pancakes</b> Sausage	<b>Ham Omelets</b> Bacon Home fries	<b>Scrambled Eggs</b> Bacon Scone
<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>
Fresh Garden Salad Fresh Fruit Salad Lobster Bisque  <b>Turkey Dinner</b> Mashed Potato Butternut Squash  <b>Flank Steak with Maple Soy Glaze</b> Mashed Potato Butternut Squash  Roll Green Beans Dessert of the Day Sugar Free Dessert	Fresh Garden Salad Fresh Fruit Salad Tomato Florentine Soup  <b>Corned Beef</b> Boiled Potato Cabbage & Carrots  <b>Chicken Marengo</b> Boiled Potato Cabbage & Carrots  Roll Green Beans Dessert of the Day Sugar Free Dessert	Fresh Garden Salad Fresh Fruit Salad Vegetable Barley Soup  <b>Pork Tenderloin with Apple Compote</b> Rice Pilaf Kale  <b>Salmon with Maple Glaze</b> Rice Pilaf Kale  Roll Green Beans Dessert of the Day Sugar Free Dessert	Fresh Garden Salad Fresh Fruit Salad Italian Wedding  <b>Meatloaf</b> Mashed Sweet Potato Acorn Squash  <b>Pork Chop with Maple &amp; Sage</b> Mashed Sweet Potato Acorn Squash  Roll Green Beans Dessert of the Day Sugar Free Dessert	Fresh Garden Salad Fresh Fruit Salad Turkey Noodle Soup  <b>Turkey a la King</b> Brown Rice Corn with Red Peppers  <b>Apricot Braised Beef Brisket</b> Brown Rice Corn with Red Peppers  Roll Green Beans Dessert of the Day Sugar Free Dessert	Fresh Garden Salad Fresh Fruit Salad Seafood Chowder  <b>Stuffed Peppers</b> Mashed Potato Chef's Vegetable  <b>Spinach Stuffed Haddock</b> Mashed Potato Chef's Vegetable  Roll Green Beans Dessert of the Day Sugar Free Dessert	Fresh Garden Salad Fresh Fruit Salad Beef Vegetable Soup  <b>Lemon Pepper Veal Cutlet</b> Ziti Sautéed Baby Spinach  <b>Chicken with Yogurt Cilantro Sauce</b> Ziti Sautéed Baby Spinach Roll Green Beans Dessert of the Day Sugar Free Dessert
<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>
Lobster Bisque  <b>Scallop Roll</b> Sweet Potato Tots Spinach  <b>Chicken Strips</b> Sweet Potato Tots Spinach  Dessert of the Day Sugar Free Dessert	Tomato Florentine Soup  <b>Beef &amp; Broccoli</b> Stir Fry Rice Oriental Vegetables  <b>Egg Salad Croissant</b> Pasta Salad Oriental Vegetables  Dessert of the Day Sugar Free Dessert	Vegetable Barley Soup  <b>Open Face Turkey Sandwich</b> Mashed Potato/ Gravy Tomato Mozzarella Salad  <b>Cobb Salad</b> Broccoli Roll  Dessert of the Day Sugar Free Dessert	Italian Wedding  <b>Lobster Slider</b> French fries Apple Cole Slaw  <b>BBQ Chicken</b> French fries Apple Cole Slaw  Dessert of the Day Sugar Free Dessert	Turkey Noodle Soup  <b>Ham Salad Sandwich</b> Vegetable Orzo Salad Italian Green Beans  <b>American Chop Suey</b> Vegetable Orzo Salad Italian Green Beans  Dessert of the Day Sugar Free Dessert	Seafood Chowder  <b>Pizza-Cheese, Veggie or Pepperoni</b> Tabbouleh Tossed Salad <b>Tuna Melt</b> Tabbouleh Tossed Salad  Dessert of the Day Sugar Free Dessert	Beef Vegetable Soup  <b>Hot Dog</b> Brown Brea Baked Beans Cole Slaw <b>Grilled Turkey &amp; Swiss w/ Mushrooms and Onions</b> Baked Beans Cole Slaw Dessert of the Day Sugar Free Dessert
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**Wentworth Senior Living Home Dining Selections Week of 1/13/19**

<b>SUNDAY</b>	<b>MONDAY</b>	<b>TUESDAY</b>	<b>WEDNESDAY</b>	<b>THURSDAY</b>	<b>FRIDAY</b>	<b>SATURDAY</b>
<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>
<b>Pancakes</b>	<b>Scrambled Eggs</b>	<b>French Toast</b>	<b>Scrambled Eggs</b>	<b>Blueberry Pancakes</b>	<b>Waffles</b>	<b>Cheese Omelets</b>
Sausage	Bacon	Sausage	Bacon	Sausage	Bacon	Bacon
Danish		Cinnamon Roll			Coffee Cake	Home fries
<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>
Fresh Garden Salad	Fresh Garden Salad	Fresh Garden Salad	Fresh Garden Salad	Fresh Garden Salad	Fresh Garden Salad	Fresh Caesar Salad
Fresh Fruit Salad	Fresh Fruit Salad	Fresh Fruit Salad	Fresh Fruit Salad	Fresh Fruit Salad	Fresh Fruit Salad	Fresh Fruit Salad
Cream of Mushroom Soup	Vegetable Rice Soup	Beef Barley Soup	Tomato Rice Soup	Chicken Vegetable Soup	Seafood Chowder	Turkey Orzo
<b>Broccoli Stuffed Chicken</b> Red Bliss Mashed Peas & Carrots	<b>Pot Roast</b> Baked Potato Carrots	<b>Pok Loin with Apple Stuffing</b> Egg Noodles Sautéed Baby Spinach with Red Onions	<b>Lobster Ravioli</b>  Asparagus	<b>Beef Chili</b>  Snow Peas	<b>Baked Stuffed Haddock</b> Confetti Rice Broccoli	<b>Chicken Parmesan</b> Tagliatelle Pasta Cauliflower & Carrots
<b>Honey Baked Leg of Lamb</b> Red Bliss Mashed Peas & Carrots	<b>Crusted Honey Herb Haddock</b> Baked Potato Carrots	<b>Chicken Marsala</b> Buttered Egg Noodles Sautéed Baby Spinach with Red Onions	<b>Veal Picatta</b> Angel Hair Pasta Asparagus	<b>Turkey Stew</b>  Snow Peas	<b>Pork Loin with Cranberry Glaze</b> Confetti Rice Broccoli	<b>Sausage &amp; Wild Mushrooms</b> Tagliatelle Pasta Cauliflower & Carrots
Roll Butternut Squash Dessert of the Day Sugar Free Dessert	Roll Butternut Squash Dessert of the Day Sugar Free Dessert	Roll Butternut Squash Dessert of the Day Sugar Free Dessert	Roll Butternut Squash Dessert of the Day Sugar Free Dessert	Roll Butternut Squash Dessert of the Day Sugar Free Dessert	Roll Butternut Squash Dessert of the Day Sugar Free Dessert	Garlic Bread Butternut Squash Dessert of the Day Sugar Free Dessert
<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>
Cream of Mushroom Soup	Vegetable Rice Soup	Beef Barley Soup	Tomato Rice Soup	Chicken Vegetable Soup	Seafood Chowder	Turkey Orzo
<b>Stuffed Shells</b> Garlic Bread	<b>Chicken Salad on a Croissant</b> <b>Lettuce &amp; Tomato</b> Vegetable Pasta Salad	<b>Salmon Cakes</b> Rice Pilaf Chef's Choice Vegetable	<b>French Dip Sandwich</b> Garlic Bread Baby Spinach	<b>Fried Fish Filet Sandwich</b> Sweet Poatao Fries Broccoli	<b>Baked Stuffed Shrimp</b> Roasted Potato Green Beans	<b>Hot Dogs &amp; Beans</b> Brown Bread Cole Slaw
<b>Hot Pastrami Sandwich</b> Chips & Pickle Cucumber Dill Salad	<b>Sloppy Joe</b> Vegetable Pasta Salad Broccoli	<b>Pulled Pork Sliders</b> Rice Pilaf Chef's Choice Vegetable	<b>Chicken Tenders w/ Honey Mustard</b> Smiley Fries Baby Spinach	<b>Vegetable Burger</b> Sweet Poatao Fries	<b>Italian Sausage Grinder</b> Roasted Potato	<b>Chicken &amp; Vegetable Pot Pie</b> Cranberry Sauce Biscuit
Dessert of the Day Sugar Free Dessert	Dessert of the Day Sugar Free Dessert	Dessert of the Day Sugar Free Dessert	Dessert of the Day Sugar Free Dessert	Dessert of the Day Sugar Free Dessert	Dessert of the Day Sugar Free Dessert	Dessert of the Day Sugar Free Dessert

Glendale Senior Dining, Inc. F/W  
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**Wentworth Senior Living Dining Selections week of 1/20/19**

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>
<b>French Toast</b> Sausage Danish	<b>Scrambled Eggs</b> Bacon	<b>Cheese Omelets</b> Sausage Home fries	<b>Pancakes</b> Bacon	<b>Scrambled Eggs</b> Bacon Cinnamon Donuts	<b>Waffles</b> Sausage	<b>Scrambled Eggs w/ Cheese</b> Corned Beef Hash
<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>
Fresh Garden Salad	Fresh Garden Salad	Fresh Garden Salad	Fresh Garden Salad	Fresh Garden Salad	Fresh Garden Salad	Fresh Garden Salad
Fresh Fruit Salad Butternut Squash Bisque	Fresh Fruit Salad Beef Vegetable	Fresh Fruit Salad Greek Chicken & Rice	Fresh Fruit Salad Lentil	Fresh Fruit Salad Spicy Chicken Noodle	Fresh Fruit Salad Clam Chowder	Fresh Fruit Salad Turkey & Spinach
<b>Honey Baked Ham w/ Raisin Sauce</b> Potatoes Au Gratin Roasted Beets <b>Spicy Baked Shrimp</b> Potatoes Au Gratin Roasted Beets	<b>Maple Glazed Salmon</b> Baked Sweet Potato Buttered Cauliflower	<b>Shepherd's Pie</b> Mashed Potato Broccoli	<b>Chicken Caccitore</b> Linguine Vegetable Medley	<b>Pot Roast w/ Gravy</b> Baked Potatoes Spinach	<b>Fish Taco</b> Cous Cous Spaghetti squash	<b>Meat Lasagna</b> Wild Rice Carrots
Roll Carrots Dessert of the Day Sugar Free Dessert	<b>Rosemary Chicken With Gravy</b> Baked Sweet Potato Buttered Cauliflower Roll Carrots Dessert of the Day Sugar Free Dessert	<b>Pork Chop with Maple &amp; Sage</b> Mashed Potato Broccoli Roll Carrots Dessert of the Day Sugar Free Dessert	<b>Shrimp Scampi</b> Linguine Vegetable Medley Roll Carrots Dessert of the Day Sugar Free Dessert	<b>Pork Loin with Cranberry Glaze</b> Baked Potatoes Spinach Roll Carrots Dessert of the Day Sugar Free Dessert	<b>Chicken w/ a Sage Cornbread Crust</b> Cous Cous Spaghetti squash Roll Carrots Dessert of the Day Sugar Free Dessert	<b>Salmon with Cumin</b> Wild Rice Carrots Bread Stick Carrots Dessert of the Day Sugar Free Dessert
<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>
Butternut Squash Bisque	Beef Vegetable	Greek Chicken & Rice	Lentil	Spicy Chicken Noodle	Clam Chowder	Turkey & Spinach
<b>Meatball Sub</b> Potato Salad Peas	<b>Broccoli &amp; Cheese Quiche</b> Asparagus	<b>Manicotti with Marinara</b> Garlic Bread Chef's Choice Vegetables	<b>Meat Chili</b> Cornbread Roasted Butternut Squash	<b>Cheese Ravioli w/ Pomodoro Sauce</b> Bread Stick Green Beans	<b>Fried Fish Filet</b> Onion Rings Cole Slaw	<b>Breaded Pork Cutlet</b> Mashed Potato Spinach
<b>Caesar Salad w/ Grilled Chicken</b> Garlic Bread	<b>Grilled Ham &amp; Cheese</b> Chips & Pickle Asparagus	<b>Corned Beef on Rye</b> Garlic Bread Chef's Choice Vegetables	<b>Monte Cristo</b> Roasted Butternut Squash	<b>Turkey Burger</b> Waffle Fries Green Beans	<b>Roast Beef Melt</b> Onion Rings Cole Slaw	<b>Chicken A La King with Biscuit</b> Tossed Salad
Dessert of the Day Sugar Free Dessert	Dessert of the Day Sugar Free Dessert	Dessert of the Day Sugar Free Dessert	Dessert Of the Day Sugar Free Dessert	Dessert of the Day Sugar Free Dessert	Dessert of the day Sugar Free Dessert	Dessert of the Day Sugar Free Dessert
						Glendale Senior Dining, Inc. F/W 2017-2018

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**Wentworth Senior Living Dining Selections Week of 1/27/19**

<b>SUNDAY</b>	<b>MONDAY</b>	<b>TUESDAY</b>	<b>WEDNESDAY</b>	<b>THURSDAY</b>	<b>FRIDAY</b>	<b>SATURDAY</b>
<i>Breakfast</i>	<i>Breakfast</i>	<i>Breakfast</i>	<i>Breakfast</i>	<i>Breakfast</i>	<i>Breakfast</i>	<i>Breakfast</i>
<b>French Toast</b>	<b>Quiche</b>	<b>Scrambled Eggs</b>	<b>Cheese Omelets</b>	<b>Pancakes</b>	<b>Eggs Over Easy</b>	<b>Scrambled Eggs</b>
Sausage	Bacon	Bacon	Corned Beef Hash	Sausage	Bacon	Sausage
Danish	Home fries	Scones		Donut		Coffee Cake
<i>Lunch</i>	<i>Lunch</i>	<i>Lunch</i>	<i>Lunch</i>	<i>Lunch</i>	<i>Lunch</i>	<i>Lunch</i>
Fresh Garden Salad	Fresh Garden Salad	Fresh Garden Salad	Fresh Garden Salad	Fresh Garden Salad	Fresh Garden Salad	Fresh Garden Salad
Fresh Fruit Salad	Fresh Fruit Salad	Fresh Fruit Salad	Fresh Fruit Salad	Fresh Fruit Salad	Fresh Fruit Salad	Fresh Fruit Salad
Tomato Basil Soup	Beef Barley Soup	Minestrone Soup	Split Pea and Ham Soup	Mushroom Barley	Clam Chowder	Chicken & Rice Soup
<b>Beef Tenderloin</b> Roasted Red Potatoes Butternut Squash Butternut Squash	<b>Crab Cakes</b> Carnetti rice Carrots	<b>Vegetable Lasagna</b> Broccoli Cauliflower	<b>Pan Seared Duck Breast</b> Risotto Brussel Sprouts	<b>Kielbasa with Apples &amp; Onions</b> Baked Sweet Potato Sliced Beets	<b>Seafood Newburg</b> Mashed Potato Roasted Root Vegetable	<b>BBQ Spare Ribs</b> Potato Wedges Corn
<b>Chicken Florentine with Mushrooms</b> Mashed Potatoes Butternut Squash Roll Broccoli	<b>Pork Chop with Balsamic Peach Glaze</b> Red Bliss Potatoes Carrots Roll Broccoli	<b>Stuffed Portobello</b> Egg Noodles Broccoli Cauliflower Roll Broccoli	<b>Chicken Marsala</b> Risotto Brussel Sprouts Roll Broccoli	<b>Turkey Tarragon</b> Baked Sweet Potato Sliced Beets Roll Broccoli	<b>Chicken with Cilantro Lime Salsa</b> Mashed Potato Roasted Root Vegetable Roll Broccoli	<b>Turkey Stew</b> Potato Wedges Corn Biscuit Broccoli
Dessert of the Day	Dessert of the day	Dessert of the Day	Dessert of the Day	Dessert of the Day	Dessert of the day	Dessert of the Day
Sugar Free Dessert	Sugar Free Dessert	Sugar Free Dessert	Sugar Free Dessert	Sugar Free Dessert	Sugar Free Dessert	Sugar Free Dessert
<i>Dinner</i>	<i>Dinner</i>	<i>Dinner</i>	<i>Dinner</i>	<i>Dinner</i>	<i>Dinner</i>	<i>Dinner</i>
Tomato Basil Soup	Beef Barley Soup	Minestrone Soup	Split Pea and Ham Soup	Mushroom Barley	Clam Chowder	Turkey Orzo
<b>Macaroni &amp; Cheese</b> Sweet Potato tots Peas	<b>Cranberry Chicken Salad</b> Potato Chips Waldorf Salad	<b>Fried Chicken</b> French Fries Green & Wax Beans	<b>BBQ Pulled Pork</b> Corn Bread Tomato Salad Broccoli	<b>Stuffed Shells</b> Garlic Bread Caesar Salad	<b>Hamburger /Cheeseburgers</b> Vegetable Rice Chef's Blend	<b>Chicken Salad Sandwich</b> Potato Chips Broccoli Slaw
<b>Salami Sandwich</b> Rice Beans	<b>Vegetable Burger Lettuce &amp; Tomato</b> Potato Chips Waldorf Salad	<b>BLT with Cheese</b> French Fries Green & Wax Beans	<b>Chef's Salad</b> Roll	<b>Chicken Meatballs with Honey Mustard Glaze</b> Garlic Bread Peas	<b>Shrimp Salad</b> Vegetable Rice Chef's Blend	<b>Steak Bomb</b> Potato Chips Broccoli Slaw
Dessert of the Day	Dessert of the Day	Dessert of the Day	Dessert of the Day	Dessert of the Day	Dessert of the Day	Dessert of the Day
Sugar Free Dessert	Sugar Free Dessert	Sugar Free Dessert	Sugar Free Dessert	Sugar Free Dessert	Sugar Free Dessert	Sugar Free Dessert
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**Wentworth Senior Living Dining Selections Week of 2/03/19**

<b>SUNDAY</b>	<b>MONDAY</b>	<b>TUESDAY</b>	<b>WEDNESDAY</b>	<b>THURSDAY</b>	<b>FRIDAY</b>	<b>SATURDAY</b>
<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>
<b>Eggs Over Hard</b> Bacon Danish	<b>French Toast</b> Sausage	<b>Scrambled Eggs</b> Corned Beef Hash Cinnamon Donut	<b>Vegetable Strata</b> Bacon	<b>Pancakes</b> Sausage	<b>Ham Omelets</b> Bacon Home fries	<b>Scrambled Eggs</b> Bacon Scone
<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>
Fresh Garden Salad Fresh Fruit Salad Lobster Bisque  <b>Turkey Dinner</b> Mashed Potato Butternut Squash  <b>Flank Steak with Maple Soy Glaze</b> Mashed Potato Butternut Squash  Roll Green Beans Dessert of the Day Sugar Free Dessert	Fresh Garden Salad Fresh Fruit Salad Tomato Florentine Soup  <b>Corned Beef</b> Boiled Potato Cabbage & Carrots  <b>Chicken Marengo</b> Boiled Potato Cabbage & Carrots  Roll Green Beans Dessert of the Day Sugar Free Dessert	Fresh Garden Salad Fresh Fruit Salad Vegetable Barley Soup  <b>Pork Tenderloin with Apple Compote</b> Rice Pilaf Kale  <b>Salmon with Maple Glaze</b> Rice Pilaf Kale  Roll Green Beans Dessert of the Day Sugar Free Dessert	Fresh Garden Salad Fresh Fruit Salad Italian Wedding  <b>Meatloaf</b> Mashed Sweet Potato Acorn Squash  <b>Pork Chop with Maple &amp; Sage</b> Mashed Sweet Potato Acorn Squash  Roll Green Beans Dessert of the Day Sugar Free Dessert	Fresh Garden Salad Fresh Fruit Salad Turkey Noodle Soup  <b>Turkey a la King</b> Brown Rice Corn with Red Peppers  <b>Apricot Braised Beef Brisket</b> Brown Rice Corn with Red Peppers  Roll Green Beans Dessert of the Day Sugar Free Dessert	Fresh Garden Salad Fresh Fruit Salad Seafood Chowder  <b>Stuffed Peppers</b> Mashed Potato Chef's Vegetable  <b>Spinach Stuffed Haddock</b> Mashed Potato Chef's Vegetable  Roll Green Beans Dessert of the Day Sugar Free Dessert	Fresh Garden Salad Fresh Fruit Salad Beef Vegetable Soup  <b>Lemon Pepper Veal Cutlet</b> Ziti Sautéed Baby Spinach  <b>Chicken with Yogurt Cilantro Sauce</b> Ziti Sautéed Baby Spinach Roll Green Beans Dessert of the Day Sugar Free Dessert
<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>
Lobster Bisque  <b>Scallop Roll</b> Sweet Potato Tots Spinach  <b>Chicken Strips</b> Sweet Potato Tots Spinach  Dessert of the Day Sugar Free Dessert	Tomato Florentine Soup  <b>Beef &amp; Broccoli</b> Stir Fry Rice Oriental Vegetables  <b>Egg Salad Croissant</b> Pasta Salad Oriental Vegetables  Dessert of the Day Sugar Free Dessert	Vegetable Barley Soup  <b>Open Face Turkey Sandwich</b> Mashed Potato/ Gravy Tomato Mozzarella Salad  <b>Cobb Salad</b> Broccoli Roll  Dessert of the Day Sugar Free Dessert	Italian Wedding  <b>Lobster Slider</b> French fries Apple Cole Slaw  <b>BBQ Chicken</b> French fries Apple Cole Slaw  Dessert of the Day Sugar Free Dessert	Turkey Noodle Soup  <b>Ham Salad Sandwich</b> Vegetable Orzo Salad Italian Green Beans  <b>American Chop Suey</b> Vegetable Orzo Salad Italian Green Beans  Dessert of the Day Sugar Free Dessert	Seafood Chowder  <b>Pizza-Cheese, Veggie or Pepperoni</b> Tabbouleh Tossed Salad <b>Tuna Melt</b> Tabbouleh Tossed Salad  Dessert of the Day Sugar Free Dessert	Beef Vegetable Soup  <b>Hot Dog</b> Brown Brea Baked Beans Cole Slaw <b>Grilled Turkey &amp; Swiss w/ Mushrooms and Onions</b> Baked Beans Cole Slaw Dessert of the Day Sugar Free Dessert
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**Wentworth Senior Living Home Dining Selections Week of 2/10/19**

<b>SUNDAY</b>	<b>MONDAY</b>	<b>TUESDAY</b>	<b>WEDNESDAY</b>	<b>THURSDAY</b>	<b>FRIDAY</b>	<b>SATURDAY</b>
<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>
<b>Pancakes</b>	<b>Scrambled Eggs</b>	<b>French Toast</b>	<b>Scrambled Eggs</b>	<b>Blueberry Pancakes</b>	<b>Waffles</b>	<b>Cheese Omelets</b>
Sausage	Bacon	Sausage	Bacon	Sausage	Bacon	Bacon
Danish		Cinnamon Roll			Coffee Cake	Home fries
<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>
Fresh Garden Salad	Fresh Garden Salad	Fresh Garden Salad	Fresh Garden Salad	Fresh Garden Salad	Fresh Garden Salad	Fresh Caesar Salad
Fresh Fruit Salad	Fresh Fruit Salad	Fresh Fruit Salad	Fresh Fruit Salad	Fresh Fruit Salad	Fresh Fruit Salad	Fresh Fruit Salad
Cream of Mushroom Soup	Vegetable Rice Soup	Beef Barley Soup	Tomato Rice Soup	Chicken Vegetable Soup	Seafood Chowder	Turkey Orzo
<b>Broccoli Stuffed Chicken</b> Red Bliss Mashed Peas & Carrots	<b>Pot Roast</b> Baked Potato Carrots	<b>Pok Loin with Apple Stuffing</b> Egg Noodles Sautéed Baby Spinach with Red Onions	<b>Loyster Ravioli</b>  Asparagus	<b>Beef Chili</b>  Snow Peas	<b>Baked Stuffed Haddock</b> Confetti Rice Broccoli	<b>Chicken Parmesan</b> Tagliatelle Pasta Cauliflower & Carrots
<b>Honey Baked Leg of Lamb</b> Red Bliss Mashed Peas & Carrots	<b>Crusted Honey Herb Haddock</b> Baked Potato Carrots	<b>Chicken Marsala</b> Buttered Egg Noodles Sautéed Baby Spinach with Red Onions	<b>Veal Picatta</b> Angel Hair Pasta Asparagus	<b>Turkey Stew</b>  Snow Peas	<b>Pork Loin with Cranberry Glaze</b> Confetti Rice Broccoli	<b>Sausage &amp; Wild Mushrooms</b> Tagliatelle Pasta Cauliflower & Carrots
Roll Butternut Squash Dessert of the Day Sugar Free Dessert	Roll Butternut Squash Dessert of the Day Sugar Free Dessert	Roll Butternut Squash Dessert of the Day Sugar Free Dessert	Roll Butternut Squash Dessert of the Day Sugar Free Dessert	Roll Butternut Squash Dessert of the Day Sugar Free Dessert	Roll Butternut Squash Dessert of the Day Sugar Free Dessert	Garlic Bread Butternut Squash Dessert of the Day Sugar Free Dessert
<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>
Cream of Mushroom Soup	Vegetable Rice Soup	Beef Barley Soup	Tomato Rice Soup	Chicken Vegetable Soup	Seafood Chowder	Turkey Orzo
<b>Stuffed Shells</b> Garlic Bread	<b>Chicken Salad on a Croissant</b> <b>Lettuce &amp; Tomato</b> Vegetable Pasta Salad	<b>Salmon Cakes</b> Rice Pilaf Chef's Choice Vegetable	<b>French Dip Sandwich</b> Garlic Bread Baby Spinach	<b>Fried Fish Filet Sandwich</b> Sweet Potato Fries Broccoli	<b>Baked Stuffed Shrimp</b> Roasted Potato Green Beans	<b>Hot Dogs &amp; Beans</b> Brown Bread Cole Slaw
<b>Hot Pastrami Sandwich</b> Chips & Pickle Cucumber Dill Salad	<b>Sloppy Joe</b> Vegetable Pasta Salad Broccoli	<b>Pulled Pork Sliders</b> Rice Pilaf Chef's Choice Vegetable	<b>Chicken Tenders w/ Honey Mustard</b> Smiley Fries Baby Spinach	<b>Vegetable Burger</b> Sweet Potato Fries	<b>Italian Sausage Grinder</b> Roasted Potato	<b>Chicken &amp; Vegetable Pot Pie</b> Cranberry Sauce Biscuit
Dessert of the Day Sugar Free Dessert	Dessert of the Day Sugar Free Dessert	Dessert of the Day Sugar Free Dessert	Dessert of the Day Sugar Free Dessert	Dessert of the Day Sugar Free Dessert	Dessert of the Day Sugar Free Dessert	Dessert of the Day Sugar Free Dessert

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Glendale Senior Dining, Inc. F/W  
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**Wentworth Senior Living Dining Selections week of 2/17/19**

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>
<b>French Toast</b> Sausage Danish	<b>Scrambled Eggs</b> Bacon	<b>Cheese Omelets</b> Sausage Home fries	<b>Pancakes</b> Bacon	<b>Scrambled Eggs</b> Bacon Cinnamon Donuts	<b>Waffles</b> Sausage	<b>Scrambled Eggs w/ Cheese</b> Corned Beef Hash
<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>
Fresh Garden Salad	Fresh Garden Salad	Fresh Garden Salad	Fresh Garden Salad	Fresh Garden Salad	Fresh Garden Salad	Fresh Garden Salad
Fresh Fruit Salad Butternut Squash Bisque	Fresh Fruit Salad Beef Vegetable	Fresh Fruit Salad Greek Chicken & Rice	Fresh Fruit Salad Lentil	Fresh Fruit Salad Spicy Chicken Noodle	Fresh Fruit Salad Clam Chowder	Fresh Fruit Salad Turkey & Spinach
<b>Honey Baked Ham w/ Raisin Sauce</b> Potatoes Au Gratin Roasted Beets	<b>Maple Glazed Salmon</b> Baked Sweet Potato Buttered Cauliflower	<b>Shepherd's Pie</b> Mashed Potato Broccoli	<b>Chicken Caccitore</b> Linguine Vegetable Medley	<b>Pot Roast w/ Gravy</b> Baked Potatoes Spinach	<b>Fish Taco</b> Cous Cous Spaghetti squash	<b>Meat Lasagna</b> Wild Rice Carrots
<b>Spicy Baked Shrimp</b> Potatoes Au Gratin Roasted Beets	<b>Rosemary Chicken With Gravy</b> Baked Sweet Potato Buttered Cauliflower	<b>Pork Chop with Maple &amp; Sage</b> Mashed Potato Broccoli	<b>Shrimp Scampi</b> Linguine Vegetable Medley	<b>Pork Loin with Cranberry Glaze</b> Baked Potatoes Spinach	<b>Chicken w/ a Sage Cornbread Crust</b> Cous Cous Spaghetti squash	<b>Salmon with Cumin</b> Wild Rice Carrots
Roll Carrots Dessert of the Day Sugar Free Dessert	Roll Carrots Dessert of the Day Sugar Free Dessert	Roll Carrots Dessert of the Day Sugar Free Dessert	Roll Carrots Dessert of the Day Sugar Free Dessert	Roll Carrots Dessert of the Day Sugar Free Dessert	Roll Carrots Dessert of the Day Sugar Free Dessert	Bread Stick Carrots Dessert of the Day Sugar Free Dessert
<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>
Butternut Squash Bisque	Beef Vegetable	Greek Chicken & Rice	Lentil	Spicy Chicken Noodle	Clam Chowder	Turkey & Spinach
<b>Meatball Sub</b> Potato Salad Peas	<b>Broccoli &amp; Cheese Quiche</b> Asparagus	<b>Manicotti with Marinara</b> Garlic Bread Chef's Choice Vegetables	<b>Meat Chili</b> Cornbread Roasted Butternut Squash	<b>Cheese Ravioli w/ Pomodoro Sauce</b> Bread Stick Green Beans	<b>Fried Fish Filet</b> Onion Rings Cole Slaw	<b>Breaded Pork Cutlet</b> Mashed Potato Spinach
<b>Caesar Salad w/ Grilled Chicken</b> Garlic Bread	<b>Grilled Ham &amp; Cheese</b> Chips & Pickle Asparagus	<b>Corned Beef on Rye</b> Garlic Bread Chef's Choice Vegetables	<b>Monte Cristo</b> Roasted Butternut Squash	<b>Turkey Burger</b> Waffle Fries Green Beans	<b>Roast Beef Melt</b> Onion Rings Cole Slaw	<b>Chicken A La King with Biscuit</b> Tossed Salad
Dessert of the Day Sugar Free Dessert	Dessert of the Day Sugar Free Dessert	Dessert of the Day Sugar Free Dessert	Dessert Of the Day Sugar Free Dessert	Dessert of the Day Sugar Free Dessert	Dessert of the day Sugar Free Dessert	Dessert of the Day Sugar Free Dessert
						Glendale Senior Dining, Inc. F/W 2017-2018

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**Wentworth Senior Living Dining Selections Week of 2/24/19**

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<i>Breakfast</i>	<i>Breakfast</i>	<i>Breakfast</i>	<i>Breakfast</i>	<i>Breakfast</i>	<i>Breakfast</i>	<i>Breakfast</i>
<b>French Toast</b>	<b>Quiche</b>	<b>Scrambled Eggs</b>	<b>Cheese Omelets</b>	<b>Pancakes</b>	<b>Eggs Over Easy</b>	<b>Scrambled Eggs</b>
Sausage	Bacon	Bacon	Corned Beef Hash	Sausage	Bacon	Sausage
Danish	Home fries	Scones		Donut		Coffee Cake
<i>Lunch</i>	<i>Lunch</i>	<i>Lunch</i>	<i>Lunch</i>	<i>Lunch</i>	<i>Lunch</i>	<i>Lunch</i>
Fresh Garden Salad	Fresh Garden Salad	Fresh Garden Salad	Fresh Garden Salad	Fresh Garden Salad	Fresh Garden Salad	Fresh Garden Salad
Fresh Fruit Salad	Fresh Fruit Salad	Fresh Fruit Salad	Fresh Fruit Salad	Fresh Fruit Salad	Fresh Fruit Salad	Fresh Fruit Salad
Tomato Basil Soup	Beef Barley Soup	Minestrone Soup	Split Pea and Ham Soup	Mushroom Barley	Clam Chowder	Chicken & Rice Soup
<b>Beef Tenderloin</b> Roasted Red Potatoes Butternut Squash Butternut Squash	<b>Crab Cakes</b> Carnetti rice Carrots	<b>Vegetable Lasagna</b> Broccoli Cauliflower	<b>Pan Seared Duck Breast</b> Risotto Brussel Sprouts	<b>Kielbasa with Apples &amp; Onions</b> Baked Sweet Potato Sliced Beets	<b>Seafood Newburg</b> Mashed Potato Roasted Root Vegetable	<b>BBQ Spare Ribs</b> Potato Wedges Corn
<b>Chicken Florentine with Mushrooms</b> Mashed Potatoes Butternut Squash Roll Broccoli	<b>Pork Chop with Balsamic Peach Glaze</b> Red Bliss Potatoes Carrots Roll Broccoli	<b>Stuffed Portobello</b> Egg Noodles Broccoli Cauliflower Roll Broccoli	<b>Chicken Marsala</b> Risotto Brussel Sprouts Roll Broccoli	<b>Turkey Tarragon</b> Baked Sweet Potato Sliced Beets Roll Broccoli	<b>Chicken with Cilantro Lime Salsa</b> Mashed Potato Roasted Root Vegetable Roll Broccoli	<b>Turkey Stew</b> Potato Wedges Corn Biscuit Broccoli
Dessert of the Day	Dessert of the day	Dessert of the Day	Dessert of the Day	Dessert of the Day	Dessert of the day	Dessert of the Day
Sugar Free Dessert	Sugar Free Dessert	Sugar Free Dessert	Sugar Free Dessert	Sugar Free Dessert	Sugar Free Dessert	Sugar Free Dessert
<i>Dinner</i>	<i>Dinner</i>	<i>Dinner</i>	<i>Dinner</i>	<i>Dinner</i>	<i>Dinner</i>	<i>Dinner</i>
Tomato Basil Soup	Beef Barley Soup	Minestrone Soup	Split Pea and Ham Soup	Mushroom Barley	Clam Chowder	Turkey Orzo
<b>Macaroni &amp; Cheese</b> Sweet Potato tots Peas	<b>Cranberry Chicken Salad</b> Potato Chips Waldorf Salad	<b>Fried Chicken</b> French Fries Green & Wax Beans	<b>BBQ Pulled Pork</b> Corn Bread Tomato Salad Broccoli	<b>Stuffed Shells</b> Garlic Bread Caesar Salad	<b>Hamburger /Cheeseburgers</b> Vegetable Rice Chef's Blend	<b>Chicken Salad Sandwich</b> Potato Chips Broccoli Slaw
<b>Salami Sandwich</b> Rice Beans	<b>Vegetable Burger Lettuce &amp; Tomato</b> Potato Chips Waldorf Salad	<b>BLT with Cheese</b> French Fries Green & Wax Beans	<b>Chef's Salad</b> Roll	<b>Chicken Meatballs with Honey Mustard Glaze</b> Garlic Bread Peas	<b>Shrimp Salad</b> Vegetable Rice Chef's Blend	<b>Steak Bomb</b> Potato Chips Broccoli Slaw
Dessert of the Day	Dessert of the Day	Dessert of the Day	Dessert of the Day	Dessert of the Day	Dessert of the Day	Dessert of the Day
Sugar Free Dessert	Sugar Free Dessert	Sugar Free Dessert	Sugar Free Dessert	Sugar Free Dessert	Sugar Free Dessert	Sugar Free Dessert
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**Wentworth Senior Living Dining Selections Week of 3/03/19**

<b>SUNDAY</b>	<b>MONDAY</b>	<b>TUESDAY</b>	<b>WEDNESDAY</b>	<b>THURSDAY</b>	<b>FRIDAY</b>	<b>SATURDAY</b>
<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>
<b>Eggs Over Hard</b> Bacon Danish	<b>French Toast</b> Sausage	<b>Scrambled Eggs</b> Corned Beef Hash Cinnamon Donut	<b>Vegetable Strata</b> Bacon	<b>Pancakes</b> Sausage	<b>Ham Omelets</b> Bacon Home fries	<b>Scrambled Eggs</b> Bacon Scone
<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>
Fresh Garden Salad Fresh Fruit Salad Lobster Bisque  <b>Turkey Dinner</b> Mashed Potato Butternut Squash  <b>Flank Steak with Maple Soy Glaze</b> Mashed Potato Butternut Squash  Roll Green Beans Dessert of the Day Sugar Free Dessert	Fresh Garden Salad Fresh Fruit Salad Tomato Florentine Soup  <b>Corned Beef</b> Boiled Potato Cabbage & Carrots  <b>Chicken Marengo</b> Boiled Potato Cabbage & Carrots  Roll Green Beans Dessert of the Day Sugar Free Dessert	Fresh Garden Salad Fresh Fruit Salad Vegetable Barley Soup  <b>Pork Tenderloin with Apple Compote</b> Rice Pilaf Kale  <b>Salmon with Maple Glaze</b> Rice Pilaf Kale  Roll Green Beans Dessert of the Day Sugar Free Dessert	Fresh Garden Salad Fresh Fruit Salad Italian Wedding  <b>Meatloaf</b> Mashed Sweet Potato Acorn Squash  <b>Pork Chop with Maple &amp; Sage</b> Mashed Sweet Potato Acorn Squash  Roll Green Beans Dessert of the Day Sugar Free Dessert	Fresh Garden Salad Fresh Fruit Salad Turkey Noodle Soup  <b>Turkey a la King</b> Brown Rice Corn with Red Peppers  <b>Apricot Braised Beef Brisket</b> Brown Rice Corn with Red Peppers  Roll Green Beans Dessert of the Day Sugar Free Dessert	Fresh Garden Salad Fresh Fruit Salad Seafood Chowder  <b>Stuffed Peppers</b> Mashed Potato Chef's Vegetable  <b>Spinach Stuffed Haddock</b> Mashed Potato Chef's Vegetable  Roll Green Beans Dessert of the Day Sugar Free Dessert	Fresh Garden Salad Fresh Fruit Salad Beef Vegetable Soup  <b>Lemon Pepper Veal Cutlet</b> Ziti Sautéed Baby Spinach  <b>Chicken with Yogurt Cilantro Sauce</b> Ziti Sautéed Baby Spinach Roll Green Beans Dessert of the Day Sugar Free Dessert
<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>
Lobster Bisque  <b>Scallop Roll</b> Sweet Potato Tots Spinach  <b>Chicken Strips</b> Sweet Potato Tots Spinach  Dessert of the Day Sugar Free Dessert	Tomato Florentine Soup  <b>Beef &amp; Broccoli</b> Stir Fry Rice Oriental Vegetables  <b>Egg Salad Croissant</b> Pasta Salad Oriental Vegetables  Dessert of the Day Sugar Free Dessert	Vegetable Barley Soup  <b>Open Face Turkey Sandwich</b> Mashed Potato/ Gravy Tomato Mozzarella Salad  <b>Cobb Salad</b> Broccoli Roll  Dessert of the Day Sugar Free Dessert	Italian Wedding  <b>Lobster Slider</b> French fries Apple Cole Slaw  <b>BBQ Chicken</b> French fries Apple Cole Slaw  Dessert of the Day Sugar Free Dessert	Turkey Noodle Soup  <b>Ham Salad Sandwich</b> Vegetable Orzo Salad Italian Green Beans  <b>American Chop Suey</b> Vegetable Orzo Salad Italian Green Beans  Dessert of the Day Sugar Free Dessert	Seafood Chowder  <b>Pizza-Cheese, Veggie or Pepperoni</b> Tabbouleh Tossed Salad <b>Tuna Melt</b> Tabbouleh Tossed Salad  Dessert of the Day Sugar Free Dessert	Beef Vegetable Soup  <b>Hot Dog</b> Brown Brea Baked Beans Cole Slaw <b>Grilled Turkey &amp; Swiss w/ Mushrooms and Onions</b> Baked Beans Cole Slaw Dessert of the Day Sugar Free Dessert
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**Wentworth Senior Living Home Dining Selections Week of 3/10/19**

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>
<b>Pancakes</b>	<b>Scrambled Eggs</b>	<b>French Toast</b>	<b>Scrambled Eggs</b>	<b>Blueberry Pancakes</b>	<b>Waffles</b>	<b>Cheese Omelets</b>
Sausage	Bacon	Sausage	Bacon	Sausage	Bacon	Bacon
Danish		Cinnamon Roll			Coffee Cake	Home fries
<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>
Fresh Garden Salad	Fresh Garden Salad	Fresh Garden Salad	Fresh Garden Salad	Fresh Garden Salad	Fresh Garden Salad	Fresh Caesar Salad
Fresh Fruit Salad	Fresh Fruit Salad	Fresh Fruit Salad	Fresh Fruit Salad	Fresh Fruit Salad	Fresh Fruit Salad	Fresh Fruit Salad
Cream of Mushroom Soup	Vegetable Rice Soup	Beef Barley Soup	Tomato Rice Soup	Chicken Vegetable Soup	Seafood Chowder	Turkey Orzo
<b>Broccoli Stuffed Chicken</b> Red Bliss Mashed Peas & Carrots	<b>Pot Roast</b> Baked Potato Carrots	<b>Pork Loin with Apple Stuffing</b> Egg Noodles Sautéed Baby Spinach with Red Onions	<b>Lobster Ravioli</b>  Asparagus	<b>Beef Chili</b>  Snow Peas	<b>Baked Stuffed Haddock</b> Confetti Rice Broccoli	<b>Chicken Parmesan</b> Tagliatelle Pasta Cauliflower & Carrots
<b>Honey Baked Leg of Lamb</b> Red Bliss Mashed Peas & Carrots	<b>Crusted Honey Herb Haddock</b> Baked Potato Carrots	<b>Chicken Marsala</b> Buttered Egg Noodles Sautéed Baby Spinach with Red Onions	<b>Veal Picatta</b> Angel Hair Pasta Asparagus	<b>Turkey Stew</b>  Snow Peas	<b>Pork Loin with Cranberry Glaze</b> Confetti Rice Broccoli	<b>Sausage &amp; Wild Mushrooms</b> Tagliatelle Pasta Cauliflower & Carrots
Roll Butternut Squash Dessert of the Day Sugar Free Dessert	Roll Butternut Squash Dessert of the Day Sugar Free Dessert	Roll Butternut Squash Dessert of the Day Sugar Free Dessert	Roll Butternut Squash Dessert of the Day Sugar Free Dessert	Roll Butternut Squash Dessert of the Day Sugar Free Dessert	Roll Butternut Squash Dessert of the Day Sugar Free Dessert	Garlic Bread Butternut Squash Dessert of the Day Sugar Free Dessert
<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>
Cream of Mushroom Soup	Vegetable Rice Soup	Beef Barley Soup	Tomato Rice Soup	Chicken Vegetable Soup	Seafood Chowder	Turkey Orzo
<b>Stuffed Shells</b> Garlic Bread	<b>Chicken Salad on a Croissant</b> <b>Lettuce &amp; Tomato</b> Vegetable Pasta Salad	<b>Salmon Cakes</b> Rice Pilaf Chef's Choice Vegetable	<b>French Dip Sandwich</b> Garlic Bread Baby Spinach	<b>Fried Fish Filet Sandwich</b> Sweet Potato Fries Broccoli	<b>Baked Stuffed Shrimp</b> Roasted Potato Green Beans	<b>Hot Dogs &amp; Beans</b> Brown Bread Cole Slaw
<b>Hot Pastrami Sandwich</b> Chips & Pickle Cucumber Dill Salad	<b>Sloppy Joe</b> Vegetable Pasta Salad Broccoli	<b>Pulled Pork Sliders</b> Rice Pilaf Chef's Choice Vegetable	<b>Chicken Tenders w/ Honey Mustard</b> Smiley Fries Baby Spinach	<b>Vegetable Burger</b> Sweet Potato Fries	<b>Italian Sausage Grinder</b> Roasted Potato	<b>Chicken &amp; Vegetable Pot Pie</b> Cranberry Sauce Biscuit
Dessert of the Day Sugar Free Dessert	Dessert of the Day Sugar Free Dessert	Dessert of the Day Sugar Free Dessert	Dessert of the Day Sugar Free Dessert	Dessert of the Day Sugar Free Dessert	Dessert of the Day Sugar Free Dessert	Dessert of the Day Sugar Free Dessert

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Glendale Senior Dining, Inc. F/W  
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**Wentworth Senior Living Dining Selections week of 3/17/19**

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>
<b>French Toast</b> Sausage Danish	<b>Scrambled Eggs</b> Bacon	<b>Cheese Omelets</b> Sausage Home fries	<b>Pancakes</b> Bacon	<b>Scrambled Eggs</b> Bacon Cinnamon Donuts	<b>Waffles</b> Sausage	<b>Scrambled Eggs w/ Cheese</b> Corned Beef Hash
<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>
Fresh Garden Salad	Fresh Garden Salad	Fresh Garden Salad	Fresh Garden Salad	Fresh Garden Salad	Fresh Garden Salad	Fresh Garden Salad
Fresh Fruit Salad Butternut Squash Bisque	Fresh Fruit Salad Beef Vegetable	Fresh Fruit Salad Greek Chicken & Rice	Fresh Fruit Salad Lentil	Fresh Fruit Salad Spicy Chicken Noodle	Fresh Fruit Salad Clam Chowder	Fresh Fruit Salad Turkey & Spinach
<b>Honey Baked Ham w/ Raisin Sauce</b> Potatoes Au Gratin Roasted Beets	<b>Maple Glazed Salmon</b> Baked Sweet Potato Buttered Cauliflower	<b>Shepherd's Pie</b> Mashed Potato Broccoli	<b>Chicken Caccitore</b> Linguine Vegetable Medley	<b>Pot Roast w/ Gravy</b> Baked Potatoes Spinach	<b>Fish Taco</b> Cous Cous Spaghetti squash	<b>Meat Lasagna</b> Wild Rice Carrots
<b>Spicy Baked Shrimp</b> Potatoes Au Gratin Roasted Beets	<b>Rosemary Chicken With Gravy</b> Baked Sweet Potato Buttered Cauliflower	<b>Pork Chop with Maple &amp; Sage</b> Mashed Potato Broccoli	<b>Shrimp Scampi</b> Linguine Vegetable Medley	<b>Pork Loin with Cranberry Glaze</b> Baked Potatoes Spinach	<b>Chicken w/ a Sage Cornbread Crust</b> Cous Cous Spaghetti squash	<b>Salmon with Cumin</b> Wild Rice Carrots
Roll Carrots Dessert of the Day Sugar Free Dessert	Roll Carrots Dessert of the Day Sugar Free Dessert	Roll Carrots Dessert of the Day Sugar Free Dessert	Roll Carrots Dessert of the Day Sugar Free Dessert	Roll Carrots Dessert of the Day Sugar Free Dessert	Roll Carrots Dessert of the Day Sugar Free Dessert	Bread Stick Carrots Dessert of the Day Sugar Free Dessert
<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>
Butternut Squash Bisque	Beef Vegetable	Greek Chicken & Rice	Lentil	Spicy Chicken Noodle	Clam Chowder	Turkey & Spinach
<b>Meatball Sub</b> Potato Salad Peas	<b>Broccoli &amp; Cheese Quiche</b> Asparagus	<b>Manicotti with Marinara</b> Garlic Bread Chef's Choice Vegetables	<b>Meat Chili</b> Cornbread Roasted Butternut Squash	<b>Cheese Ravioli w/ Pomodoro Sauce</b> Bread Stick Green Beans	<b>Fried Fish Filet</b> Onion Rings Cole Slaw	<b>Breaded Pork Cutlet</b> Mashed Potato Spinach
<b>Caesar Salad w/ Grilled Chicken</b> Garlic Bread	<b>Grilled Ham &amp; Cheese</b> Chips & Pickle Asparagus	<b>Corned Beef on Rye</b> Garlic Bread Chef's Choice Vegetables	<b>Monte Cristo</b> Roasted Butternut Squash	<b>Turkey Burger</b> Waffle Fries Green Beans	<b>Roast Beef Melt</b> Onion Rings Cole Slaw	<b>Chicken A La King with Biscuit</b> Tossed Salad
Dessert of the Day Sugar Free Dessert	Dessert of the Day Sugar Free Dessert	Dessert of the Day Sugar Free Dessert	Dessert Of the Day Sugar Free Dessert	Dessert of the Day Sugar Free Dessert	Dessert of the day Sugar Free Dessert	Dessert of the Day Sugar Free Dessert
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**Wentworth Senior Living Dining Selections Week of 3/24/19**

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<i>Breakfast</i>	<i>Breakfast</i>	<i>Breakfast</i>	<i>Breakfast</i>	<i>Breakfast</i>	<i>Breakfast</i>	<i>Breakfast</i>
<b>French Toast</b>	<b>Quiche</b>	<b>Scrambled Eggs</b>	<b>Cheese Omelets</b>	<b>Pancakes</b>	<b>Eggs Over Easy</b>	<b>Scrambled Eggs</b>
Sausage	Bacon	Bacon	Corned Beef Hash	Sausage	Bacon	Sausage
Danish	Home fries	Scones		Donut		Coffee Cake
<i>Lunch</i>	<i>Lunch</i>	<i>Lunch</i>	<i>Lunch</i>	<i>Lunch</i>	<i>Lunch</i>	<i>Lunch</i>
Fresh Garden Salad	Fresh Garden Salad	Fresh Garden Salad	Fresh Garden Salad	Fresh Garden Salad	Fresh Garden Salad	Fresh Garden Salad
Fresh Fruit Salad	Fresh Fruit Salad	Fresh Fruit Salad	Fresh Fruit Salad	Fresh Fruit Salad	Fresh Fruit Salad	Fresh Fruit Salad
Tomato Basil Soup	Beef Barley Soup	Minestrone Soup	Split Pea and Ham Soup	Mushroom Barley	Clam Chowder	Chicken & Rice Soup
<b>Beef Tenderloin</b> Roasted Red Potatoes Butternut Squash Butternut Squash	<b>Crab Cakes</b> Carnetti rice Carrots	<b>Vegetable Lasagna</b> Broccoli Cauliflower	<b>Pan Seared Duck Breast</b> Risotto Brussel Sprouts	<b>Kielbasa with Apples &amp; Onions</b> Baked Sweet Potato Sliced Beets	<b>Seafood Newburg</b> Mashed Potato Roasted Root Vegetable	<b>BBQ Spare Ribs</b> Potato Wedges Corn
<b>Chicken Florentine with Mushrooms</b> Mashed Potatoes Butternut Squash Roll Broccoli	<b>Pork Chop with Balsamic Peach Glaze</b> Red Bliss Potatoes Carrots Roll Broccoli	<b>Stuffed Portobello</b> Egg Noodles Broccoli Cauliflower Roll Broccoli	<b>Chicken Marsala</b> Risotto Brussel Sprouts Roll Broccoli	<b>Turkey Tarragon</b> Baked Sweet Potato Sliced Beets Roll Broccoli	<b>Chicken with Cilantro Lime Salsa</b> Mashed Potato Roasted Root Vegetable Roll Broccoli	<b>Turkey Stew</b> Potato Wedges Corn Biscuit Broccoli
Dessert of the Day	Dessert of the day	Dessert of the Day	Dessert of the Day	Dessert of the Day	Dessert of the day	Dessert of the Day
Sugar Free Dessert	Sugar Free Dessert	Sugar Free Dessert	Sugar Free Dessert	Sugar Free Dessert	Sugar Free Dessert	Sugar Free Dessert
<i>Dinner</i>	<i>Dinner</i>	<i>Dinner</i>	<i>Dinner</i>	<i>Dinner</i>	<i>Dinner</i>	<i>Dinner</i>
Tomato Basil Soup	Beef Barley Soup	Minestrone Soup	Split Pea and Ham Soup	Mushroom Barley	Clam Chowder	Turkey Orzo
<b>Macaroni &amp; Cheese</b> Sweet Potato tots Peas	<b>Cranberry Chicken Salad</b> Potato Chips Waldorf Salad	<b>Fried Chicken</b> French Fries Green & Wax Beans	<b>BBQ Pulled Pork</b> Corn Bread Tomato Salad Broccoli	<b>Stuffed Shells</b> Garlic Bread Caesar Salad	<b>Hamburger /Cheeseburgers</b> Vegetable Rice Chef's Blend	<b>Chicken Salad Sandwich</b> Potato Chips Broccoli Slaw
<b>Salami Sandwich</b> Rice Beans	<b>Vegetable Burger Lettuce &amp; Tomato</b> Potato Chips Waldorf Salad	<b>BLT with Cheese</b> French Fries Green & Wax Beans	<b>Chef's Salad</b> Roll	<b>Chicken Meatballs with Honey Mustard Glaze</b> Garlic Bread Peas	<b>Shrimp Salad</b> Vegetable Rice Chef's Blend	<b>Steak Bomb</b> Potato Chips Broccoli Slaw
Dessert of the Day	Dessert of the Day	Dessert of the Day	Dessert of the Day	Dessert of the Day	Dessert of the Day	Dessert of the Day
Sugar Free Dessert	Sugar Free Dessert	Sugar Free Dessert	Sugar Free Dessert	Sugar Free Dessert	Sugar Free Dessert	Sugar Free Dessert
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