



Wentworth Senior Living Dining Selections

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<i>Breakfast</i>	<i>Breakfast</i>	<i>Breakfast</i>	<i>Breakfast</i>	<i>Breakfast</i>	<i>Breakfast</i>	<i>Breakfast</i>
Pancakes Sausage Danish	Scrambled Eggs Bacon	French Toast Sausage Cinnamon Roll	Scrambled Eggs Bacon	Blueberry Pancakes Sausage	Waffles Bacon Coffee Cake	Cheese Omelette Bacon Homefries
<i>Dinner</i> Fresh Garden Salad Fresh Fruit Salad Minestrone Cranberry Pork Roast Mashed Sweet Potato Rutabaga & Celery Root Braised Lamb Shank w/ Mint Jelly Mashed Sweet Potato Rutabaga & Celery Root Roll Alternate Veg Dessert of the Day Sugar Free Dessert	<i>Dinner</i> Fresh Garden Salad Fresh Fruit Salad Corn Chowder Pesto Chicken Baked Potato Honey Glazed Baby Carrots Arctic Char Baked Potato Honey Glazed Baby Carrots Roll Alternate Veg Dessert of the Day Sugar Free Dessert	<i>Dinner</i> Fresh Garden Salad Fresh Fruit Salad Italian Wedding Swedish Meatball Buttered Egg Noodles Sautéed Red Cabbage Chicken Marsala Buttered Egg Noodles Sautéed Red Cabbage Roll Alternate Veg Dessert of the Day Sugar Free Dessert	<i>Dinner</i> Fresh Garden Salad Fresh Fruit Salad Chunky Tomato & Bacon Turkey Tenderloin w/ Cranberry Glaze Couscous Kale & Mushrooms Salisbury Steak Couscous Kale & Mushrooms Roll Alternate Veg Dessert of the Day Sugar Free Dessert	<i>Dinner</i> Fresh Garden Salad Fresh Fruit Salad Kale w/ White Bean Chicken w/ Artichokes Orzo Roasted Eggplant Greek Tofu Sautee Orzo Roasted Eggplant Roll Alternate Veg Dessert of the Day Sugar Free Dessert	<i>Dinner</i> Fresh Garden Salad Fresh Fruit Salad Seafood Chowder Baked Haddock Confetti Rice Broccoli Beef Stir Fry Confetti Rice Broccoli Roll Alternate Veg Dessert of the Day Sugar Free Dessert	<i>Dinner</i> Fresh Caesar Salad Fresh Fruit Salad Turkey Noodle Chicken Parmesan Tagliatelle Pasta Cauliflower & Carrots Sausage & Wild Mushrooms Tagliatelle Pasta Cauliflower & Carrots Roll Alternate Veg Dessert of the Day Sugar Free Dessert
<i>Supper</i> Minestrone Baked Manicotti Garlic Bread Red & Yellow Pepper Sauté Hot Pastrami Sandwich Chips & Pickle Red & Yellow Pepper Sauté Dessert of the Day Sugar Free Dessert	<i>Supper</i> Corn Chowder Chicken Salad on a Croissant Lettuce & Tomato Vegetable Barley Salad Cheeseburger Sliders Lettuce & Tomato Chips & Pickle Vegetable Barley Salad Dessert of the Day Sugar Free Dessert	<i>Supper</i> Italian Wedding Salmon Pie Rice Pilaf Chef's Choice Vegetable Pulled Pork Sandwich Rice Pilaf Chef's Choice Vegetable Dessert of the Day Sugar Free Dessert	<i>Supper</i> Chunky Tomato & Bacon Spaghetti & Meat sauce Garlic Bread Baby Spinach Chicken Tenders w/ Honey Mustard Smiley Fries Peas & Carrots Dessert of the Day Sugar Free Dessert	<i>Supper</i> Kale w/ White Bean French Dip Sandwich Tater tots Broccoli Slaw Italian Submarine Tater tots Broccoli Slaw Dessert of the Day Sugar Free Dessert	<i>Supper</i> Seafood Chowder Pizza-Cheese, Veggie or Pepperoni Garden Salad Vegetable Burger Over Greens Dessert of the Day Sugar Free Dessert	<i>Supper</i> Turkey Noodle Hot Dogs & Beans Brown Bread Cole Slaw Chicken & Vegetable Pot Pie Cranberry Sauce Biscuit Dessert of the Day Sugar Free Dessert