



Wentworth Senior Living Dining Selections

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<i>Breakfast</i>	<i>Breakfast</i>	<i>Breakfast</i>	<i>Breakfast</i>	<i>Breakfast</i>	<i>Breakfast</i>	<i>Breakfast</i>
Pancakes Sausage Danish	Scrambled Eggs Bacon	French Toast Sausage Cinnamon Roll	Scrambled Eggs Bacon	Blueberry Pancakes Sausage	Waffles Bacon Coffee Cake	Cheese Omelette Bacon Homefries
<i>Dinner</i>	<i>Dinner</i>	<i>Dinner</i>	<i>Dinner</i>	<i>Dinner</i>	<i>Dinner</i>	<i>Dinner</i>
Fresh Garden Salad Fresh Fruit Salad Minestrone	Fresh Garden Salad Fresh Fruit Salad Corn Chowder	Fresh Garden Salad Fresh Fruit Salad Italian Wedding	Fresh Garden Salad Fresh Fruit Salad Chunky Tomato & Bacon	Fresh Garden Salad Fresh Fruit Salad Kale w/ White Bean	Fresh Garden Salad Fresh Fruit Salad Seafood Chowder	Fresh Caesar Salad Fresh Fruit Salad Turkey Noodle
Cranberry Pork Roast Mashed Sweet Potato Rutabaga & Celery Root	Pesto Chicken Baked Potato Honey Glazed Baby Carrots	Swedish Meatball Buttered Egg Noodles Sautéed Red Cabbage	Turkey Tenderloin w/ Cranberry Glaze Couscous Kale & Mushrooms	Chicken w/ Artichokes Orzo Roasted Eggplant	Baked Haddock Confetti Rice Broccoli	Chicken Parmesan Tagliatelle Pasta Cauliflower & Carrots
Braised Lamb Shank w/ Mint Jelly Mashed Sweet Potato Rutabaga & Celery Root	Arctic Char Baked Potato Honey Glazed Baby Carrots	Chicken Marsala Buttered Egg Noodles Sautéed Red Cabbage	Salisbury Steak Couscous Kale & Mushrooms	Greek Tofu Sautee Orzo Roasted Eggplant	Beef Stir Fry Confetti Rice Broccoli	Sausage & Wild Mushrooms Tagliatelle Pasta Cauliflower & Carrots
Roll Alternate Veg Dessert of the Day Sugar Free Dessert	Roll Alternate Veg Dessert of the Day Sugar Free Dessert	Roll Alternate Veg Dessert of the Day Sugar Free Dessert	Roll Alternate Veg Dessert of the Day Sugar Free Dessert	Roll Alternate Veg Dessert of the Day Sugar Free Dessert	Roll Alternate Veg Dessert of the Day Sugar Free Dessert	Roll Alternate Veg Dessert of the Day Sugar Free Dessert
<i>Supper</i>	<i>Supper</i>	<i>Supper</i>	<i>Supper</i>	<i>Supper</i>	<i>Supper</i>	<i>Supper</i>
Minestrone	Corn Chowder	Italian Wedding	Chunky Tomato & Bacon	Kale w/ White Bean	Seafood Chowder	Turkey Noodle
Baked Manicotti Garlic Bread Red & Yellow Pepper Sauté	Chicken Salad on a Croissant Lettuce & Tomato Vegetable Barley Salad	Salmon Pie Rice Pilaf Chef's Choice Vegetable	Spaghetti & Meat sauce Garlic Bread Baby Spinach	French Dip Sandwich Tater tots Broccoli Slaw	Pizza-Cheese, Veggie or Pepperoni Garden Salad	Hot Dogs & Beans Brown Bread Cole Slaw
Hot Pastrami Sandwich Chips & Pickle Red & Yellow Pepper Sauté	Cheeseburger Sliders Lettuce & Tomato Chips & Pickle Vegetable Barley Salad	Pulled Pork Sandwich Rice Pilaf Chef's Choice Vegetable	Chicken Tenders w/ Honey Mustard Smiley Fries Peas & Carrots	Italian Submarine Tater tots Broccoli Slaw	Vegetable Burger Over Greens	Chicken & Vegetable Pot Pie Cranberry Sauce Biscuit
Dessert of the Day Sugar Free Dessert	Dessert of the Day Sugar Free Dessert	Dessert of the Day Sugar Free Dessert	Dessert of the Day Sugar Free Dessert	Dessert of the Day Sugar Free Dessert	Dessert of the Day Sugar Free Dessert	Dessert of the Day Sugar Free Dessert