



Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

December 2018

Joy to the World

						10:15 Exercise 1 11 Crosswords 2:15 BINGO 3:45 Drinks & Conversation
10:15 Sunday Exercise 11 Sunday News & Views 1:30 Trivia 3:15 Apps & Spirits	2 9:30 Newspaper 10:15 Exercise 11 Scrabble 2 Improv Games 3:00 Party Favors 4 Hanukah Social <small>First Day of Hanukkah</small>	3 10 Shopping 10:15 Strengthening 11 Word Games 2 Ride 3:15 Rosary 3:30 Communion 4 Tree Lighting 7 Movie	4 9:30 News 10:15 Dance Aerobics 11 Strengthen Your Mind 11 Party Favors 2 Manicures & Makeovers 5:30 HOLIDAY PARTY!	5 10 Wiggles & Wisdom 11:15 Book Talks 2 Ride 3:30 Holiday Recorder Concert 4:15 Social Hour	6 9:30 Newspaper 10:15 Chair Yoga 11 Manicures 11 Watercolors 2:30 Memorial Service 4 Social Hour 7 Documentary	7 10:15 Exercise 8 11 Book Club 1:30 Trivia 3 Portsmouth Ballet Performs 'The Nutcracker'
10:15 Sunday Exercise 11 Sunday News & Views 1 Patriots Game 2 Bingo 3:30 Halftime Treats 5:00 FOSE Carolers	9 9:30 Newspaper 10:15 Exercise 11 Scrabble 2 Classical Holiday Music Appreciation 3:15 Making Mince Pie 4 Social Hour	10 10:15 Strengthening 11:30 Lunch Bunch 2 Ride 2:15 Trivia 4 Social Hour 7 Lecture Outing	11 9:30 Newspaper 10:15 Dance Aerobics 11 Protestant Service 1:30 Rosary 2 Catholic Mass 2:45 New England Lighthouse Lecture 4 Social Hour 4:45 Christmas Light Ride	12 10 Wiggles & Wisdom 11:15 Strengthen Your Mind 2 Trip to Wentworth By The Sea 4 Social Hour 6:30 Discussion Group w/ Laura	13 9:30 Newspaper 10:15 Stretch 10:15 Adv. Yoga 11 Manicures 11 Watercolors 2 Coping with Loss during the holidays 3:15 Yahtzee 4 Social Hour 7 Documentary	14 10:15 Exercise 15 11 Book Club 2:30 Vintage Voices Holiday Concert
10:15 Sunday Exercise 11 Sunday News & Views 2:00 BINGO 3:30 Trivia & Social Hour	16 9:30 Newspaper 10:15 Exercise 11 Scrabble 2 Making Pecan Pralines 3:15 TED Talks 4 Social Hour	17 10 Shopping 10:15 Strengthening 2 Ride 3:15 Rosary 3:30 Communion 4 Social Hour 6:30 Trivia After Supper	18 9:30 Newspaper 10:15 Dance Aerobics 11 Grand Pals 2 St Johns Protestant Service 2:45 Book Club 3:45 Hand Massages 4 Social Hour 7:00 Music Hall Outing	19 10 Wiggles & Wisdom 11:15 Strengthen Your Mind 1:45 Ride 2:15 Discussion Group 3:15 Clarinet Quartet	20 9:30 Newspaper 10:15 Chair Yoga 11 Manicures 11 Watercolors 1:45 Scrooge Card Game 3 Vets Coffee Hour 4 Winter Social Hour 7 Documentary <small>Winter Begins</small>	21 10:30 Jubilly Irish Music Concert 2:15 BINGO 3:45 Drinks & Conversation
10:15 Sunday Exercise 11 Sunday News & Views 1:30 Trivia 3:15 Apps & Spirits	23 9:30 Newspaper 10:15 Exercise 11 Scrabble 2 Making Shortbread 3:30 Christmas Stories & Cookies	24 9:30 Cookies w/ Karen 2 Movie Matinee 2:30 Christmas Trivia 3:30 Social Hour	25 9:30 Newspaper 10:15 Exercise 11 Strengthen Your Mind 1:30 Rosary 2 Communion 2:45 Book Club 4 Social Hour	26 10:15 Strengthening 11 Word Games 2 Ride 2:15 Discussion Group 4 Social Hour 6:30 Trivia After Supper	27 9:30 Newspaper 10:15 Stretch 10:15 Adv Yoga 11 Manicures 11 Watercolors 2:15 Indoor Walking Tour 4 Dec Bday Party 7 Documentary	28 10:15 Exercise 29 11 Crosswords 2:15 BINGO 3:45 Drinks & Conversation
10:15 Sunday Exercise 11 Sunday News & Views 1-4 Patriots and Trivia!	30 9:30 Newspaper 10:15 Exercise 11 Scrabble 2 TED Talks 3 Never Have I Ever 4 Social Hour 6:30 NYE Resolutions and Fireworks <small>New Year's Eve</small>	31	<p><i>It's the Most Wonderful Time of the Year!</i></p> <p>(Programs are subject to change)</p>			