


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						
10:15 Strength Class 11 Word Games 2 New Year's Bingo 2:15 Travelogue 4 Social Hour <small>New Year's Day</small>	9:30 Newspaper 10:15 Dance Aerobics 11 Strengthen Your Mind 2 Newsletter Committee 3:15 Tell Me Something Good 4 Social Hour 7 Movie	10:15 Strength Class 11 Word Games 2 Ride 4 Social Hour 7 Movie	9:30 Newspaper 10:15 Dance Aerobics 11 Strengthen Your Mind 2 Newsletter Committee 3:15 Tell Me Something Good 4 Social Hour 7 Movie	10:15 Strength Class 11:15 Book Talks 2 Ride 2:15 Organizing Our Library 4 Social Hour	9:30 Newspaper 10:15 Chair Yoga 11 Manicures 11 Watercolors 12:30 Trip to the Movies 2 Classical Music 3 Walking Group 4 Social Hour 7 Documentary	10:15 Exercise 11 Book Club 2:15 BINGO 3:45 Drinks & Conversation
10:15 Sunday Exercise 11 Sunday News & Views 1:30 Trivia 3:15 Appetizers & Spirits	9:30 Newspaper 10:15 Exercise 11 Scrabble 2 Improv Games 3:30 Chris Ekblom Music Concert	10 Shopping 10:15 Strength Class 11 Word Games 2 Ride 4 Social Hour 7 Movie	9:30 Newspaper 10:15 Exercise 11 Protestant Service with Debra 1:45 Rosary 2 Communion 3 WWII & U-Boats Lecture 4 Social Hour	10:15 Strength Class 11:15 Book Club 2 Ride 2:15 Do You Hear What I Hear? 4 Social Hour	9:30 Newspaper 10:15 Stretch 10:15 Adv. Yoga 11 Manicures 11 Watercolors 2 Yahtzee 3:15 Walking Group 4 Social Hour 7 Documentary	10:15 Exercise 11 Discussion Group w/ Laura 2:15 BINGO 3:45 Drinks & Conversation
10:15 Sunday Exercise 11 Sunday News & Views 1:30 Trivia 3 Outing to Kittery Dance Hall 3:15 Apps & Spirits	9:30 Newspaper 10:15 Exercise 11 Scrabble 2 Trip to the Library 3:15 TED Talks 4 Social Hour	10:15 Strength Class 11:30 Lunch Bunch 2 Ride 2:15 Riddle Me This 3:45 Hand Massages 4 Social Hour 7 Movie	9:30 Newspaper 10:15 Dance Aerobics 11 Grand Pals 1:45 Rosary 2 Communion 2:15 Protestant Srvc 3:30 Wildlife Encounters 6:30 Trivia with Chris	10 Wiggles & Wisdom 11:15 Strengthen Your Mind 2 Ride 2:15 Scrabble 4 Social Hour	9:30 Newspaper 10:15 Chair Yoga 11 Manicures 11 Watercolors 2 Classical Music 3 Veterans Coffee Hour 4 Social Hour 7 Documentary	10:15 Exercise 11 Book Club 2:30 Recital of Musical Talents 3:45 Drinks & Conversation
10:15 Sunday Exercise 11 Sunday News & Views 2:00 Bingo 3:30 Trivia & Social	9:30 Newspaper 10:15 Exercise 11 Scrabble 2 Making Cookies with Lindsey 3:15 A Tribute to MLK 4 Social Hour <small>Martin Luther King Day Tu B'Shevat</small>	10 Shopping 10:15 Strength Class 11 Words Games 2 Ride 3:15 Rosary 3:30 Communion 4 Social Hour 7 Movie	9:30 Newspaper 10:15 Dance Aerobics 11 Strengthen Your Mind 2 Book Club 3:15 Info Meeting 4 Social Hour	10 Wiggles & Wisdom 11:15 <i>Eat, Wear or Drive</i> Game 2 Ride 2:15 Organizing Our Library 4 Social Hour 6:30 Discussion Group w/ Laura	9:30 Newspaper 10:15 Stretch 10:15 Adv, Yoga 11 Manicures 11 Watercolors 2 The Nature of NH Lecture 3:15 Yahtzee 4 Social Hour 7 Documentary	10:15 Exercise 11 Crossword Puzzle w/ Laura 2:15 BINGO 3:45 Drinks & Conversation
10:15 Sunday Exercise 11 Sunday News & Views 1:30 Trivia 3:15 Apps & Spirits	9:30 Newspaper 10:15 Exercise 11 Scrabble 2 TED Talks 3:15 Making Spinach Artichoke Dip 4 Social Hour <small>Australia Day (observed)</small>	10 Shopping 10:15 Strength Class 11 Food Discussion Mtg 2 Ride 2:15 Word Games 3:15 Rosary 3:30 Communion 4 Social Hour 7 Movie	9:30 Newspaper 10:15 Dance Aerobics 11 Strengthen Your Mind 2:30 Brian Corcoran Concert 4 Social Hour 6:30 Trivia w/ Ken	10 Wiggles & Wisdom 11:15 Book Club 2 Ride 2:15 Newsletter Committee 4 January Birthday Party	