



Wentworth Senior Living Dining Selections Week of 4/5

SUNDAY <i>Breakfast</i>	MONDAY <i>Breakfast</i>	TUESDAY <i>Breakfast</i>	WEDNESDAY <i>Breakfast</i>	THURSDAY <i>Breakfast</i>	FRIDAY <i>Breakfast</i>	SATURDAY <i>Breakfast</i>
Fried Eggs Bacon Danish	Scrambled Eggs Sausage Links	Cheese Omelet Home Fried Potatoes Sausage	Pancakes	Scrambled Eggs Bacon	French Toast Sausage Patty Assorted Donuts	Scrambled Eggs Bacon
<i>Lunch</i> Fresh Garden Salad Fresh Fruit Salad Broccoli & Cheese Baked Ham & Pineapple Sauce Mashed Sweet Potato Green Beans Chicken Cordon Bleu Mashed Sweet Potato Green Beans Roll Carrots Dessert of the Day Sugar Free Dessert	<i>Lunch</i> Fresh Garden Salad Fresh Fruit Salad Split Pea and Ham London Broil Garden Brown Rice Buttered Cauliflower Fresh Fish of the Day Garden Brown Rice Buttered Cauliflower Roll Carrots Dessert of the day Sugar Free Dessert	<i>Lunch</i> Fresh Garden Salad Fresh Fruit Salad Beef & Rice Braised Lamb Shanks Creamy Mashed Potatoes Broccoli & Red Peppers Shake N' Bake Chicken Thighs Creamy Mashed Potatoes Broccoli & Red Peppers Roll Carrots Dessert of the Day Sugar Free Dessert	<i>Lunch</i> Fresh Garden Salad Fresh Fruit Salad Gazpacho Grilled Lemon Dill Salmon Roasted Sweet Potato Baby Spinach Roasted Pork Ribs w/ BBQ Sauce Roasted Sweet Potato Baby Spinach Roll Carrots Dessert of the Day Sugar Free Dessert	<i>Lunch</i> Fresh Garden Salad Fresh Fruit Salad Soup Du Jour Grilled Turkey Tips Oven Roasted Potatoes Corn Veal Marsala Oven Roasted Potatoes Corn Roll Carrots Dessert of the Day Sugar Free Dessert	<i>Lunch</i> Fresh Garden Salad Fresh Fruit Salad Clam Chowder Grilled Swordfish Confetti Rice Pilaf Zucchini & Summer Squash Chicken & Sausage Jambalaya Confetti Rice Pilaf Zucchini & Summer Squash Roll Carrots Dessert of the day Sugar Free Dessert	<i>Lunch</i> Fresh Garden Salad Fresh Fruit Salad Turkey & Rice Pork Tenderloin Baked Potato Beets Pot Roast Baked Potato Beets Roll Carrots Dessert of the Day Sugar Free Dessert
<i>Dinner</i> Broccoli & Cheese Meatball Sub Jo- Jo Fries Macaroni Salad Quiche- Lorraine Jo- Jo Fries Dessert of the Day Sugar Free Dessert	<i>Dinner</i> Split Pea and Ham Stuffed Shells Garlic Bread Fish Filet Sandwich Broccoli Slaw Dessert of the Day Sugar Free Dessert	<i>Dinner</i> Beef & Rice Shepherd's Pie Peas & Onions Chilled Shrimp Cocktail Plate Homemade Potato Chips Beef Salad Dessert of the Day Sugar Free Dessert	<i>Dinner</i> Gazpacho B.L.T. with Cheese Pineapple Cottage Cheese Cucumber & Tomato Salad Greek Chicken Wrap Pineapple Cottage Cheese Dessert of the Day Sugar Free Dessert	<i>Dinner</i> Soup Du Jour Cobb Salad Dinner Roll Mixed Vegetables Chicken Tenders with Sauce French Fries Mixed Vegetables Dessert of the Day Sugar Free Dessert	<i>Dinner</i> Clam Chowder Hamburger or Cheeseburger Couscous Salad Carrots & Broccoli American Chop Suey Carrots & Broccoli Garlic Bread Dessert of the Day Sugar Free Dessert	<i>Dinner</i> Turkey & Rice Hot Dogs & Beans Brown Bread Coleslaw Chicken Meatballs with Honey Mustard Sauce Coleslaw Dessert of the Day Sugar Free Dessert



Wentworth Senior Living Dining Selections Week of 4/12

SUNDAY <i>Breakfast</i>	MONDAY <i>Breakfast</i>	TUESDAY <i>Breakfast</i>	WEDNESDAY <i>Breakfast</i>	THURSDAY <i>Breakfast</i>	FRIDAY <i>Breakfast</i>	SATURDAY <i>Breakfast</i>
Fried Eggs Sausage Danish	French Toast w/ Fruit Topping Sausage Patties	Scrambled Eggs Cinnamon Donuts	Strata	Apple Spiced Pancakes Hash Brown Potatoes	Ham Omelet Bacon Home fries	Scrambled Eggs Sausage Pattie Scone
<i>Lunch</i> Fresh Garden Salad Fresh Fruit Salad Beef & Rice Soup	<i>Lunch</i> Fresh Garden Salad Fresh Fruit Salad Chicken Noodle Soup	<i>Lunch</i> Fresh Garden Salad Fresh Fruit Salad Summer Vegetable Soup	<i>Lunch</i> Fresh Garden Salad Fresh Fruit Salad Soup Du Jour	<i>Lunch</i> Fresh Garden Salad Fresh Fruit Salad Chicken Vegetable Soup	<i>Lunch</i> Fresh Garden Salad Fresh Fruit Salad Shrimp Bisque	<i>Lunch</i> Fresh Garden Salad Fresh Fruit Salad Soup Du Jour
Beef Tenderloin w/ Demi Glaze Roasted Fingerling Potatoes Fresh Broccoli	Fresh Fish of the Day Garden Brown Rice Roasted Beets	Sweet & Sour Pork Jasmine Rice Fresh Carrot Coins	Baked Scallops Boiled Potatoes Buttered Corn	4 Cheese Lasagna Collard Greens	Turkey Tenderloin with Gravy Rice Pilaf Roasted Asparagus	Spaghetti & Meatballs Broccoli & Cauliflower
Lemon Rosemary Turkey Roasted Fingerling Potatoes Fresh Broccoli	Chinese Pepper Steak Garden Brown Rice Roasted Beets	Herbed Grilled Chicken Thighs Jasmine Rice Fresh Carrot Coins	Kielbasa w/ Apples & Onions Boiled Potatoes Buttered Corn	Stuffed Peppers Collard Greens	Haddock w/ Crumb Topping Rice Pilaf Roasted Asparagus	Chicken Stew Broccoli & Cauliflower
Peas Roll Dessert of the Day Sugar Free Dessert	Peas Roll Dessert of the Day Sugar Free Dessert	Peas Roll Dessert of the Day Sugar Free Dessert	Peas Roll Dessert of the Day Sugar Free Dessert	Peas Garlic Bread Dessert of the Day Sugar Free Dessert	Peas Roll Dessert of the Day Sugar Free Dessert	Peas Biscuit Dessert of the Day Sugar Free Dessert
<i>Dinner</i> Beef & Rice Soup	<i>Dinner</i> Chicken Noodle Soup	<i>Dinner</i> Summer Vegetable Soup	<i>Dinner</i> Soup Du Jour	<i>Dinner</i> Chicken Vegetable	<i>Dinner</i> Shrimp Bisque	<i>Dinner</i> Soup Du Jour
Tuna Melt Stewed Tomatoes	Cheese Tortellini in Pesto Peas & Pearl Onions Garlic Bread Fish & Chips Fish Cakes Peas & Pearl Onions	Roast Beef Melt Tater Tots Olive & Artichoke Medley Tarragon Chicken Salad Plate Olive & Artichoke Medley	Open Faced Turkey Sandwich Mashed Potatoes w/ Gravy Carrots Chef's Salad Roll	Ruben Sandwich Couscous Salad Green & wax Beans Pulled Pork Sandwich Couscous Salad Green & wax Beans	Eggplant Parmesan Side Salad Fish Filet Sandwich Sweet Potato Fries	Patty Melt Tater Tots Sesame Cucumber Salad Ham Salad Sandwich Tater Tots Sesame Cucumber Salad
Baked Chicken or Fish *Always Available Menu Dessert of the Day Sugar Free Dessert	Baked Chicken or Fish *Always Available Menu Dessert of the Day Sugar Free Dessert	Baked Chicken or Fish *Always Available Menu Dessert of the Day Sugar Free Dessert	Baked Chicken or Fish *Always Available Menu Dessert of the Day Sugar Free Dessert	Baked Chicken or Fish *Always Available Menu Dessert of the Day Sugar Free Dessert	Baked Chicken or Fish *Always Available Menu Dessert of the day Sugar Free Dessert	Baked Chicken or Fish *Always Available Menu Dessert of the Day Sugar Free Dessert



Wentworth Senior Living Dining Selections Week of 4/19

SUNDAY <i>Breakfast</i>	MONDAY <i>Breakfast</i>	TUESDAY <i>Breakfast</i>	WEDNESDAY <i>Breakfast</i>	THURSDAY <i>Breakfast</i>	FRIDAY <i>Breakfast</i>	SATURDAY <i>Breakfast</i>
French Toast Sausage Danish	Quiche du Jour Home Fried Potatoes	Scrambled Eggs Bacon	French Toast w/ Fruit Topping Bacon	Pancakes w/ Syrup Hash Brown Potatoes	Eggs to Order Bacon	Pancakes Sausage Links
Lunch Fresh Garden Salad Fresh Fruit Salad Turkey Bean Soup Roast Turkey Mashed Potatoes Bread Stuffing Butternut Squash Stuffed Sole Mashed Potatoes Butternut Squash Fresh Green Beans Roll Dessert of the Day Sugar Free Dessert	Lunch Fresh Garden Salad Fresh Fruit Salad Soup Du Jour Corned Beef Boiled Potatoes Cabbage & Carrots Chicken Cordon Bleu Boiled Potatoes Cabbage & Carrots Fresh Green Beans Roll Dessert of the Day Sugar Free Dessert	Lunch Fresh Garden Salad Fresh Fruit Salad Beef & Rice Soup Pork Tenderloin Creamy Parmesan Risotto Buttered Broccoli Fresh Fish of the Day Creamy Parmesan Risotto Buttered Broccoli Fresh Green Beans Roll Dessert of the Day Sugar Free Dessert	Lunch Fresh Garden Salad Fresh Fruit Salad Chicken Noodle Soup Meatloaf Baked Potato Asparagus & Red peppers Chicken & Broccoli Alfredo Fettuccini Asparagus & Red peppers Fresh Green Beans Rolls Assorted Pies Sugar Free Dessert	Lunch Fresh Garden Salad Fresh Fruit Salad Lentil Soup Turkey Tenderloin Mashed Sweet Potatoes Chef's Blend Pan Seared Duck Breast Mashed Sweet Potatoes Chef's Blend Fresh Green Beans Roll Dessert of the Day Sugar Free Dessert	Lunch Fresh Garden Salad Fresh Fruit Salad Clam Chowder Meatball Cacciatore Pasta Fresh Julienne Vegetables Lobster Ravioli Fresh Julienne Vegetables Fresh Green Beans Garlic Bread Dessert of the Day Sugar Free Dessert	Lunch Fresh Garden Salad Fresh Fruit Salad Tomato Basil Soup Coconut Shrimp Almond Rice Pilaf Sautéed Baby Spinach Grilled Ginger Soy Beef Tips Almond Rice Pilaf Sautéed Baby Spinach Fresh Green Beans Biscuit Dessert of the Day Sugar Free Dessert
Dinner Turkey Bean Soup Seafood Salad Roll Sweet Potato Tots Sautéed Baby Spinach Chicken Kabob Sweet Potato Tots Sautéed Baby Spinach Dessert of the Day Sugar Free Dessert	Dinner Soup Du Jour Egg Salad on a Croissant Pasta & Vegetable Salad Beef & Broccoli Brown Rice Oriental Vegetables Dessert of the Day Sugar Free Dessert	Dinner Beef & Rice Soup Herb Seared Salmon Salad Roll Turkey, Lettuce & Tomato Sandwich Potato Salad Dessert of the Day Sugar Free Dessert	Dinner Chicken Noodle Soup Lobster Roll French Fries Apple Cole Slaw BBQ Chicken French Fries Apple Cole Slaw Dessert of the Day Sugar Free Dessert	Dinner Lentil Soup American Chop Suey Italian Green Beans Ham Salad Sandwich Italian Green Beans Dessert of the Day Sugar Free Dessert	Dinner Clam Chowder Fried Haddock on Brioche French Fries Bean Medley Chicken Meatballs with Honey Mustard French Fries Bean Medley Dessert of the Day Sugar Free Dessert	Dinner Tomato Basil Soup Hot Dog Brown Bread Baked Beans Cole Slaw Grilled Turkey & Swiss Cole Slaw Dessert of the Day Sugar Free Dessert



Wentworth Senior Living Dining Selections Week of 4/26

SUNDAY <i>Breakfast</i>	MONDAY <i>Breakfast</i>	TUESDAY <i>Breakfast</i>	WEDNESDAY <i>Breakfast</i>	THURSDAY <i>Breakfast</i>	FRIDAY <i>Breakfast</i>	SATURDAY <i>Breakfast</i>
Pancakes Sausage Danish	Scrambled Eggs Home Fried Potatoes	French Toast w/ Fruit Topping Bacon	Eggs Your Way Sausage Patties	Belgian Waffle Potato Pancakes	Eggs to Order Bacon	Cheese Omelets Sausage Link
<i>Lunch</i> Fresh Garden Salad Fresh Fruit Salad Chicken & Rice Soup Broccoli & Cheese Stuffed Chicken Red Bliss Mashed Potatoes Peas & Onions Roast Sirloin Red Bliss Mashed Potatoes Peas & Onions Asparagus Roll Dessert of the Day Sugar Free Dessert	<i>Lunch</i> Fresh Garden Salad Fresh Fruit Salad Soup Du jour BBQ Beef Brisket Herbed Rice Pilaf Carrots Marinated Turkey Tips Herbed Rice Pilaf Carrots Asparagus Roll Dessert of the Day Sugar Free Dessert	<i>Lunch</i> Fresh Garden Salad Fresh Fruit Salad Sausage, Pepper & Potato Soup Pork Lo Mein Lo Mein Noodles Asian Blend Vegetables General Tso's Chicken Lo Mein Noodles Garlic Spinach Asian Blend Vegetables Asparagus Roll Dessert of the Day Sugar Free Dessert	<i>Lunch</i> Fresh Garden Salad Fresh Fruit Salad Vegetable Barley Soup Pappardelle Bolognese Harvard Beets Baked Seafood Casserole Baked Potato Harvard Beets Asparagus Garlic Bread Dessert of the Day Sugar Free Dessert	<i>Lunch</i> Fresh Garden Salad Fresh Fruit Salad Chicken & Vegetable Soup Chicken Cacciatore Steamed Jasmine Rice Peas Salisbury Steak w/ Onion Gravy Steamed Jasmine Rice Peas Asparagus Roll Dessert of the Day Sugar Free Dessert	<i>Lunch</i> Fresh Garden Salad Fresh Fruit Salad Seafood Chowder Ritz Cracker Haddock Parsley Mashed Potatoes Chef's Blend Sausage & Peppers Bow Tie Pasta Chef's Blend Asparagus Roll Dessert of the Day Sugar Free Dessert	<i>Lunch</i> Fresh Caesar Salad Fresh Fruit Salad Soup Du Jour Chicken Parmesan Linguine Cauliflower & Red Peppers Lemon Rosemary Turkey Linguine Cauliflower & Red Pepper Asparagus Garlic Bread Dessert of the Day Sugar Free Dessert
<i>Dinner</i> Chicken & Rice Soup Italian Sub Homemade Potato Chips Caprese Salad Manicotti Garlic Bread Dessert of the Day Sugar Free Dessert	<i>Dinner</i> Soup Du jour Curried Chicken Salad On a Croissant French Fries Apple Cole Slaw Sloppy Joe French Fries Apple Cole Slaw Dessert of the Day Sugar Free Dessert	<i>Dinner</i> Sausage, Pepper & Potato Soup Grilled Tomato, Mozzarella & Basil Sandwich Vegetable Medley Stuffed Portobello Vegetable Medley Dessert of the Day Sugar Free Dessert	<i>Dinner</i> Vegetable Barley Soup Reuben Sandwich Potato Salad Carrot & Raisin Salad Chicken Tenders Potato Salad Carrot & Raisin Salad Dessert of the Day Sugar Free Dessert	<i>Dinner</i> Chicken & Vegetable Soup French Dip Sandwich Sweet Potato Fries Roasted Cherry Tomatoes Honey Mustard Chicken Salad Plate Roasted Cherry Tomatoes Sweet Potato Fries Dessert of the Day Sugar Free Dessert	<i>Dinner</i> Seafood Chowder Hot Pastrami Sandwich Caesar Salad Calzones Caesar Salad Dessert of the Day Sugar Free Dessert	<i>Dinner</i> Soup Du Jour Franks & Beans Cole Slaw Brown Bread Greek Chicken Wrap Chips Cole Slaw Dessert of the Day Sugar Free Dessert



Wentworth Senior Living Dining Selections Week of 5/3

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<i>Breakfast</i>	<i>Breakfast</i>	<i>Breakfast</i>	<i>Breakfast</i>	<i>Breakfast</i>	<i>Breakfast</i>	<i>Breakfast</i>
Scrambled Eggs Bacon Danish	French Toast Sausage Patty	Scrambled Eggs	Chef's Special Pancakes	Waffles Bacon	Eggs to Order Sausage Patty	Ham, Egg & Cheese on Croissant Sausage Link
<i>Lunch</i>	<i>Lunch</i>	<i>Lunch</i>	<i>Lunch</i>	<i>Lunch</i>	<i>Lunch</i>	<i>Lunch</i>
Fresh Garden Salad Fresh Fruit Salad Tomato Rice Soup	Fresh Garden Salad Fresh Fruit Salad Italian Wedding Soup	Fresh Garden Salad Fresh Fruit Salad Chilled Strawberry Soup	Fresh Garden Salad Fresh Fruit Salad Greek Chicken Soup	Fresh Garden Salad Fresh Fruit Salad Broccoli & Cheese Soup	Fresh Garden Salad Fresh Fruit Salad Fish Chowder	Fresh Caesar Salad Fresh Fruit Salad Chicken Noodle Soup
Leg of Lamb Baked Potato Roasted Brussel Sprouts	Beef Brisket w/ Gravy Orzo Fresh Julienne Vegetables	Sweet & Sour Chicken Spanish Rice Asparagus	Spaghetti & Meatballs Spaghetti Broccoli & Cauliflower	Steak Tips Pasta Salad Mexican Corn	Baked Haddock Sweet Potato Fresh Green Beans	Beef Pot Roast Scalloped Potatoes Grilled Zucchini
Chicken Florentine Baked Potato Roasted Brussel Sprouts	Crab Stuffed filet of Sole Orzo Fresh Julienne Vegetables	Beef Tenderloin w/ Demi Glaze Spanish Rice Asparagus	Macaroni & Cheese Stewed Tomatos Broccoli & Cauliflower	BBQ Chicken Thighs Pasta Salad Mexican Corn	Grilled Turkey Tips Sweet Potato Fresh Green Beans	Pork Tenderloin Scalloped Potatoes Grilled Zucchini
<i>Dinner</i>	<i>Dinner</i>	<i>Dinner</i>	<i>Dinner</i>	<i>Dinner</i>	<i>Dinner</i>	<i>Dinner</i>
Spinach Roll Dessert of the Day Sugar Free Dessert	Spinach Roll Dessert of the Day Sugar Free Dessert	Spinach Roll Dessert of the Day Sugar Free Dessert	Spinach Roll Dessert of the Day Sugar Free Dessert	Spinach Roll Dessert of the Day Sugar Free Dessert	Spinach Roll Dessert of the Day Sugar Free Dessert	Spinach Roll Dessert of the Day Sugar Free Dessert
Tomato Rice Soup	Italian Wedding	Chilled Strawberry Soup	Greek Chicken Soup	Broccoli & Cheese Soup	Fish Chowder	Chicken Noodle Soup
Tortellini w/ Sauce Iceberg Wedge	Pork Loin w/ Gravy Steamed Brown Rice Sauteed Spinch & Onions	Stuffed Peppers Carrots & Raisin Salad Zucchini & Summer Squash	Patty Melt Homemade Potato Chips Cole Slaw	Fried Scallop Roll Potato Du Jour Italian Green Beans	Baked Ziti w/ Meat Sauce Broccoli Au Gratin	Franks & Beans Brown Bread Cole Slaw
Fried Chicken Tenders German Potato Salad Iceberg Wedge	Turkey Melt with Pesto Garlic Mayo Chips	Monte Cristo Sandwich Carrot & Raisin Salad Zucchini & Summer Squash	Caesar Salad w/ Shrimp Dinner Roll	Chicken Meatballs w/ sauce Potato Du Jour Italian Green Beans	Italian Sausage Grinder Pasta Salad Broccoli Au Gratin	Italian Deli Sandwich Peppers & Onions Cole Slaw
Baked Chicken or Fish *Always Available Menu Sugar Free Dessert	Baked Chicken or Fish *Always Available Menu Sugar Free Dessert	Baked Chicken or Fish *Always Available Menu Sugar Free Dessert	Baked Chicken or Fish *Always Available Menu Sugar Free Dessert	Baked Chicken or Fish *Always Available Menu Sugar Free Dessert	Baked Chicken or Fish *Always Available Menu Sugar Free Dessert	Baked Chicken or Fish *Always Available Menu Sugar Free Dessert



Wentworth Senior Living Dining Selections Week of 5/10

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<i>Breakfast</i>	<i>Breakfast</i>	<i>Breakfast</i>	<i>Breakfast</i>	<i>Breakfast</i>	<i>Breakfast</i>	<i>Breakfast</i>
Fried Eggs Bacon Danish	Scrambled Eggs Sausage Links	Cheese Omelet Home Fried Potatoes Sausage	Pancakes	Scrambled Eggs Bacon	French Toast Sausage Patty Assorted Donuts	Scrambled Eggs Bacon
<i>Lunch</i>	<i>Lunch</i>	<i>Lunch</i>	<i>Lunch</i>	<i>Lunch</i>	<i>Lunch</i>	<i>Lunch</i>
Fresh Garden Salad Fresh Fruit Salad Broccoli & Cheese	Fresh Garden Salad Fresh Fruit Salad Split Pea and Ham	Fresh Garden Salad Fresh Fruit Salad Beef & Rice	Fresh Garden Salad Fresh Fruit Salad Gazpacho	Fresh Garden Salad Fresh Fruit Salad Soup Du Jour	Fresh Garden Salad Fresh Fruit Salad Clam Chowder	Fresh Garden Salad Fresh Fruit Salad Turkey & Rice
Baked Ham & Pineapple Sauce Mashed Sweet Potato Green Beans	London Broil Garden Brown Rice Buttered Cauliflower	Braised Lamb Shanks Creamy Mashed Potatoes Broccoli & Red Peppers	Grilled Lemon Dill Salmon Roasted Sweet Potato Baby Spinach	Grilled Turkey Tips Oven Roasted Potatoes Corn	Grilled Swordfish Confetti Rice Pilaf Zucchini & Summer Squash	Pork Tenderloin Baked Potato Beets
Chicken Cordon Bleu Mashed Sweet Potato Green Beans	Fresh Fish of the Day Garden Brown Rice Buttered Cauliflower	Shake N' Bake Chicken Thighs Creamy Mashed Potatoes Broccoli & Red Peppers	Roasted Pork Ribs w/ BBQ Sauce Roasted Sweet Potato Baby Spinach	Veal Marsala Oven Roasted Potatoes Corn	Chicken & Sausage Jambalaya Confetti Rice Pilaf Zucchini & Summer Squash	Pot Roast Baked Potato Beets
Roll Carrots Dessert of the Day Sugar Free Dessert	Roll Carrots Dessert of the day Sugar Free Dessert	Roll Carrots Dessert of the Day Sugar Free Dessert	Roll Carrots Dessert of the Day Sugar Free Dessert	Roll Carrots Dessert of the Day Sugar Free Dessert	Roll Carrots Dessert of the day Sugar Free Dessert	Roll Carrots Dessert of the Day Sugar Free Dessert
<i>Dinner</i>	<i>Dinner</i>	<i>Dinner</i>	<i>Dinner</i>	<i>Dinner</i>	<i>Dinner</i>	<i>Dinner</i>
Broccoli & Cheese	Split Pea and Ham	Beef & Rice	Gazpacho	Soup Du Jour	Clam Chowder	Turkey & Rice
Meatball Sub Jo- Jo Fries Macaroni Salad	Stuffed Shells Garlic Bread	Shepherd's Pie Peas & Onions	B.L.T. with Cheese Pineapple Cottage Cheese Cucumber & Tomato Salad	Cobb Salad Dinner Roll Mixed Vegetables	Hamburger or Cheeseburger Couscous Salad Carrots & Broccoli	Hot Dogs & Beans Brown Bread Coleslaw
Quiche- Lorraine Jo- Jo Fries	Fish Filet Sandwich Broccoli Slaw	Chilled Shrimp Cocktail Plate Homemade Potato Chips Beef Salad	Greek Chicken Wrap Pineapple Cottage Cheese	Chicken Tenders with Sauce French Fries Mixed Vegetables	American Chop Suey Carrots & Broccoli Garlic Bread	Chicken Meatballs with Honey Mustard Sauce Coleslaw
Dessert of the Day Sugar Free Dessert	Dessert of the Day Sugar Free Dessert	Dessert of the Day Sugar Free Dessert	Dessert of the Day Sugar Free Dessert	Dessert of the Day Sugar Free Dessert	Dessert of the Day Sugar Free Dessert	Dessert of the Day Sugar Free Dessert



Wentworth Senior Living Dining Selections Week of 5/17

SUNDAY <i>Breakfast</i>	MONDAY <i>Breakfast</i>	TUESDAY <i>Breakfast</i>	WEDNESDAY <i>Breakfast</i>	THURSDAY <i>Breakfast</i>	FRIDAY <i>Breakfast</i>	SATURDAY <i>Breakfast</i>
Fried Eggs Sausage Danish	French Toast w/ Fruit Topping Sausage Patties	Scrambled Eggs Cinnamon Donuts	Strata	Apple Spiced Pancakes Hash Brown Potatoes	Ham Omelet Bacon Home fries	Scrambled Eggs Sausage Pattie Scone
<i>Lunch</i> Fresh Garden Salad Fresh Fruit Salad Beef & Rice Soup	<i>Lunch</i> Fresh Garden Salad Fresh Fruit Salad Chicken Noodle Soup	<i>Lunch</i> Fresh Garden Salad Fresh Fruit Salad Summer Vegetable Soup	<i>Lunch</i> Fresh Garden Salad Fresh Fruit Salad Soup Du Jour	<i>Lunch</i> Fresh Garden Salad Fresh Fruit Salad Chicken Vegetable Soup	<i>Lunch</i> Fresh Garden Salad Fresh Fruit Salad Shrimp Bisque	<i>Lunch</i> Fresh Garden Salad Fresh Fruit Salad Soup Du Jour
Beef Tenderloin w/ Demi Glaze Roasted Fingerling Potatoes Fresh Broccoli	Fresh Fish of the Day Garden Brown Rice Roasted Beets	Sweet & Sour Pork Jasmine Rice Fresh Carrot Coins	Baked Scallops Boiled Potatoes Buttered Corn	4 Cheese Lasagna Collard Greens	Turkey Tenderloin with Gravy Rice Pilaf Roasted Asparagus	Spaghetti & Meatballs Broccoli & Cauliflower
Lemon Rosemary Turkey Roasted Fingerling Potatoes Fresh Broccoli	Chinese Pepper Steak Garden Brown Rice Roasted Beets	Herbed Grilled Chicken Thighs Jasmine Rice Fresh Carrot Coins	Kielbasa w/ Apples & Onions Boiled Potatoes Buttered Corn	Stuffed Peppers Collard Greens	Haddock w/ Crumb Topping Rice Pilaf Roasted Asparagus	Chicken Stew Broccoli & Cauliflower
Peas Roll Dessert of the Day Sugar Free Dessert	Peas Roll Dessert of the Day Sugar Free Dessert	Peas Roll Dessert of the Day Sugar Free Dessert	Peas Roll Dessert of the Day Sugar Free Dessert	Peas Garlic Bread Dessert of the Day Sugar Free Dessert	Peas Roll Dessert of the Day Sugar Free Dessert	Peas Biscuit Dessert of the Day Sugar Free Dessert
<i>Dinner</i> Beef & Rice Soup	<i>Dinner</i> Chicken Noodle Soup	<i>Dinner</i> Summer Vegetable Soup	<i>Dinner</i> Soup Du Jour	<i>Dinner</i> Chicken Vegetable	<i>Dinner</i> Shrimp Bisque	<i>Dinner</i> Soup Du Jour
Tuna Melt Stewed Tomatoes	Cheese Tortellini in Pesto Peas & Pearl Onions Garlic Bread Fish & Chips Fish Cakes Peas & Pearl Onions	Roast Beef Melt Tater Tots Olive & Artichoke Medley Tarragon Chicken Salad Plate Olive & Artichoke Medley	Open Faced Turkey Sandwich Mashed Potatoes w/ Gravy Carrots Chef's Salad Roll	Ruben Sandwich Couscous Salad Green & wax Beans Pulled Pork Sandwich Couscous Salad Green & wax Beans	Eggplant Parmesan Side Salad Fish Filet Sandwich Sweet Potato Fries	Patty Melt Tater Tots Sesame Cucumber Salad Ham Salad Sandwich Tater Tots Sesame Cucumber Salad
Baked Chicken or Fish *Always Available Menu Dessert of the Day Sugar Free Dessert	Baked Chicken or Fish *Always Available Menu Dessert of the Day Sugar Free Dessert	Baked Chicken or Fish *Always Available Menu Dessert of the Day Sugar Free Dessert	Baked Chicken or Fish *Always Available Menu Dessert of the Day Sugar Free Dessert	Baked Chicken or Fish *Always Available Menu Dessert of the Day Sugar Free Dessert	Baked Chicken or Fish *Always Available Menu Dessert of the day Sugar Free Dessert	Baked Chicken or Fish *Always Available Menu Dessert of the Day Sugar Free Dessert



Wentworth Senior Living Dining Selections Week of 5/24

SUNDAY <i>Breakfast</i>	MONDAY <i>Breakfast</i>	TUESDAY <i>Breakfast</i>	WEDNESDAY <i>Breakfast</i>	THURSDAY <i>Breakfast</i>	FRIDAY <i>Breakfast</i>	SATURDAY <i>Breakfast</i>
French Toast Sausage Danish	Quiche du Jour Home Fried Potatoes	Scrambled Eggs Bacon	French Toast w/ Fruit Topping Bacon	Pancakes w/ Syrup Hash Brown Potatoes	Eggs to Order Bacon	Pancakes Sausage Links
Lunch Fresh Garden Salad Fresh Fruit Salad Turkey Bean Soup Roast Turkey Mashed Potatoes Bread Stuffing Butternut Squash Stuffed Sole Mashed Potatoes Butternut Squash Fresh Green Beans Roll Dessert of the Day Sugar Free Dessert	Lunch Fresh Garden Salad Fresh Fruit Salad Soup Du Jour Corned Beef Boiled Potatoes Cabbage & Carrots Chicken Cordon Bleu Boiled Potatoes Cabbage & Carrots Fresh Green Beans Roll Dessert of the Day Sugar Free Dessert	Lunch Fresh Garden Salad Fresh Fruit Salad Beef & Rice Soup Pork Tenderloin Creamy Parmesan Risotto Buttered Broccoli Fresh Fish of the Day Creamy Parmesan Risotto Buttered Broccoli Fresh Green Beans Roll Dessert of the Day Sugar Free Dessert	Lunch Fresh Garden Salad Fresh Fruit Salad Chicken Noodle Soup Meatloaf Baked Potato Asparagus & Red peppers Chicken & Broccoli Alfredo Fettuccini Asparagus & Red peppers Fresh Green Beans Rolls Assorted Pies Sugar Free Dessert	Lunch Fresh Garden Salad Fresh Fruit Salad Lentil Soup Turkey Tenderloin Mashed Sweet Potatoes Chef's Blend Pan Seared Duck Breast Mashed Sweet Potatoes Chef's Blend Fresh Green Beans Roll Dessert of the Day Sugar Free Dessert	Lunch Fresh Garden Salad Fresh Fruit Salad Clam Chowder Meatball Cacciatore Pasta Fresh Julienne Vegetables Lobster Ravioli Fresh Julienne Vegetables Fresh Green Beans Garlic Bread Dessert of the Day Sugar Free Dessert	Lunch Fresh Garden Salad Fresh Fruit Salad Tomato Basil Soup Coconut Shrimp Almond Rice Pilaf Sautéed Baby Spinach Grilled Ginger Soy Beef Tips Almond Rice Pilaf Sautéed Baby Spinach Fresh Green Beans Biscuit Dessert of the Day Sugar Free Dessert
Dinner Turkey Bean Soup Seafood Salad Roll Sweet Potato Tots Sautéed Baby Spinach Chicken Kabob Sweet Potato Tots Sautéed Baby Spinach Dessert of the Day Sugar Free Dessert	Dinner Soup Du Jour Egg Salad on a Croissant Pasta & Vegetable Salad Beef & Broccoli Brown Rice Oriental Vegetables Dessert of the Day Sugar Free Dessert	Dinner Beef & Rice Soup Herb Seared Salmon Salad Roll Turkey, Lettuce & Tomato Sandwich Potato Salad Dessert of the Day Sugar Free Dessert	Dinner Chicken Noodle Soup Lobster Roll French Fries Apple Cole Slaw BBQ Chicken French Fries Apple Cole Slaw Dessert of the Day Sugar Free Dessert	Dinner Lentil Soup American Chop Suey Italian Green Beans Ham Salad Sandwich Italian Green Beans Dessert of the Day Sugar Free Dessert	Dinner Clam Chowder Fried Haddock on Brioche French Fries Bean Medley Chicken Meatballs with Honey Mustard French Fries Bean Medley Dessert of the Day Sugar Free Dessert	Dinner Tomato Basil Soup Hot Dog Brown Bread Baked Beans Cole Slaw Grilled Turkey & Swiss Cole Slaw Dessert of the Day Sugar Free Dessert



Wentworth Senior Living Dining Selections Week of 5/31

SUNDAY <i>Breakfast</i>	MONDAY <i>Breakfast</i>	TUESDAY <i>Breakfast</i>	WEDNESDAY <i>Breakfast</i>	THURSDAY <i>Breakfast</i>	FRIDAY <i>Breakfast</i>	SATURDAY <i>Breakfast</i>
Pancakes Sausage Danish	Scrambled Eggs Home Fried Potatoes	French Toast w/ Fruit Topping Bacon	Eggs Your Way Sausage Patties	Belgian Waffle Potato Pancakes	Eggs to Order Bacon	Cheese Omelets Sausage Link
<i>Lunch</i> Fresh Garden Salad Fresh Fruit Salad Chicken & Rice Soup Broccoli & Cheese Stuffed Chicken Red Bliss Mashed Potatoes Peas & Onions Roast Sirloin Red Bliss Mashed Potatoes Peas & Onions Asparagus Roll Dessert of the Day Sugar Free Dessert	<i>Lunch</i> Fresh Garden Salad Fresh Fruit Salad Soup Du jour BBQ Beef Brisket Herbed Rice Pilaf Carrots Marinated Turkey Tips Herbed Rice Pilaf Carrots Asparagus Roll Dessert of the Day Sugar Free Dessert	<i>Lunch</i> Fresh Garden Salad Fresh Fruit Salad Sausage, Pepper & Potato Soup Pork Lo Mein Lo Mein Noodles Asian Blend Vegetables General Tso's Chicken Lo Mein Noodles Garlic Spinach Asian Blend Vegetables Asparagus Roll Dessert of the Day Sugar Free Dessert	<i>Lunch</i> Fresh Garden Salad Fresh Fruit Salad Vegetable Barley Soup Pappardelle Bolognese Harvard Beets Baked Seafood Casserole Baked Potato Harvard Beets Asparagus Garlic Bread Dessert of the Day Sugar Free Dessert	<i>Lunch</i> Fresh Garden Salad Fresh Fruit Salad Chicken & Vegetable Soup Chicken Cacciatore Steamed Jasmine Rice Peas Salisbury Steak w/ Onion Gravy Steamed Jasmine Rice Peas Asparagus Roll Dessert of the Day Sugar Free Dessert	<i>Lunch</i> Fresh Garden Salad Fresh Fruit Salad Seafood Chowder Ritz Cracker Haddock Parsley Mashed Potatoes Chef's Blend Sausage & Peppers Bow Tie Pasta Chef's Blend Asparagus Roll Dessert of the Day Sugar Free Dessert	<i>Lunch</i> Fresh Caesar Salad Fresh Fruit Salad Soup Du Jour Chicken Parmesan Linguine Cauliflower & Red Peppers Lemon Rosemary Turkey Linguine Cauliflower & Red Pepper Asparagus Garlic Bread Dessert of the Day Sugar Free Dessert
<i>Dinner</i> Chicken & Rice Soup Italian Sub Homemade Potato Chips Caprese Salad Manicotti Garlic Bread Dessert of the Day Sugar Free Dessert	<i>Dinner</i> Soup Du jour Curried Chicken Salad On a Croissant French Fries Apple Cole Slaw Sloppy Joe French Fries Apple Cole Slaw Dessert of the Day Sugar Free Dessert	<i>Dinner</i> Sausage, Pepper & Potato Soup Grilled Tomato, Mozzarella & Basil Sandwich Vegetable Medley Stuffed Portobello Vegetable Medley Dessert of the Day Sugar Free Dessert	<i>Dinner</i> Vegetable Barley Soup Reuben Sandwich Potato Salad Carrot & Raisin Salad Chicken Tenders Potato Salad Carrot & Raisin Salad Dessert of the Day Sugar Free Dessert	<i>Dinner</i> Chicken & Vegetable Soup French Dip Sandwich Sweet Potato Fries Roasted Cherry Tomatoes Honey Mustard Chicken Salad Plate Roasted Cherry Tomatoes Sweet Potato Fries Dessert of the Day Sugar Free Dessert	<i>Dinner</i> Seafood Chowder Hot Pastrami Sandwich Caesar Salad Calzones Caesar Salad Dessert of the Day Sugar Free Dessert	<i>Dinner</i> Soup Du Jour Franks & Beans Cole Slaw Brown Bread Greek Chicken Wrap Chips Cole Slaw Dessert of the Day Sugar Free Dessert



Wentworth Senior Living Dining Selections Week of 6/7

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<i>Breakfast</i>	<i>Breakfast</i>	<i>Breakfast</i>	<i>Breakfast</i>	<i>Breakfast</i>	<i>Breakfast</i>	<i>Breakfast</i>
Scrambled Eggs Bacon Danish	French Toast Sausage Patty	Scrambled Eggs	Chef's Special Pancakes	Waffles Bacon	Eggs to Order Sausage Patty	Ham, Egg & Cheese on Croissant Sausage Link
<i>Lunch</i>	<i>Lunch</i>	<i>Lunch</i>	<i>Lunch</i>	<i>Lunch</i>	<i>Lunch</i>	<i>Lunch</i>
Fresh Garden Salad Fresh Fruit Salad Tomato Rice Soup	Fresh Garden Salad Fresh Fruit Salad Italian Wedding Soup	Fresh Garden Salad Fresh Fruit Salad Chilled Strawberry Soup	Fresh Garden Salad Fresh Fruit Salad Greek Chicken Soup	Fresh Garden Salad Fresh Fruit Salad Broccoli & Cheese Soup	Fresh Garden Salad Fresh Fruit Salad Fish Chowder	Fresh Caesar Salad Fresh Fruit Salad Chicken Noodle Soup
Leg of Lamb Baked Potato Roasted Brussel Sprouts	Beef Brisket w/ Gravy Orzo Fresh Julienne Vegetables	Sweet & Sour Chicken Spanish Rice Asparagus	Spaghetti & Meatballs Spaghetti Broccoli & Cauliflower	Steak Tips Pasta Salad Mexican Corn	Baked Haddock Sweet Potato Fresh Green Beans	Beef Pot Roast Scalloped Potatoes Grilled Zucchini
Chicken Florentine Baked Potato Roasted Brussel Sprouts	Crab Stuffed filet of Sole Orzo Fresh Julienne Vegetables	Beef Tenderloin w/ Demi Glaze Spanish Rice Asparagus	Macaroni & Cheese Stewed Tomatos Broccoli & Cauliflower	BBQ Chicken Thighs Pasta Salad Mexican Corn	Grilled Turkey Tips Sweet Potato Fresh Green Beans	Pork Tenderloin Scalloped Potatoes Grilled Zucchini
Spinach Roll	Spinach Roll	Spinach Roll	Spinach Roll	Spinach Roll	Spinach Roll	Spinach Roll
Dessert of the Day Sugar Free Dessert	Dessert of the Day Sugar Free Dessert	Dessert of the Day Sugar Free Dessert	Dessert of the Day Sugar Free Dessert	Dessert of the Day Sugar Free Dessert	Dessert of the Day Sugar Free Dessert	Dessert of the Day Sugar Free Dessert
<i>Dinner</i>	<i>Dinner</i>	<i>Dinner</i>	<i>Dinner</i>	<i>Dinner</i>	<i>Dinner</i>	<i>Dinner</i>
Tomato Rice Soup	Italian Wedding	Chilled Strawberry Soup	Greek Chicken Soup	Broccoli & Cheese Soup	Fish Chowder	Chicken Noodle Soup
Tortellini w/ Sauce Iceberg Wedge	Pork Loin w/ Gravy Steamed Brown Rice Sauteed Spinch & Onions	Stuffed Peppers Carrots & Raisin Salad Zucchini & Summer Squash	Patty Melt Homemade Potato Chips Cole Slaw	Fried Scallop Roll Potato Du Jour Italian Green Beans	Baked Ziti w/ Meat Sauce Broccoli Au Gratin	Franks & Beans Brown Bread Cole Slaw
Fried Chicken Tenders German Potato Salad Iceberg Wedge	Turkey Melt with Pesto Garlic Mayo Chips	Monte Cristo Sandwich Carrot & Raisin Salad Zucchini & Summer Squash	Caesar Salad w/ Shrimp Dinner Roll	Chicken Meatballs w/ sauce Potato Du Jour Italian Green Beans	Italian Sausage Grinder Pasta Salad Broccoli Au Gratin	Italian Deli Sandwich Peppers & Onions Cole Slaw
Baked Chicken or Fish *Always Available Menu Sugar Free Dessert	Baked Chicken or Fish *Always Available Menu Sugar Free Dessert	Baked Chicken or Fish *Always Available Menu Sugar Free Dessert	Baked Chicken or Fish *Always Available Menu Sugar Free Dessert	Baked Chicken or Fish *Always Available Menu Sugar Free Dessert	Baked Chicken or Fish *Always Available Menu Sugar Free Dessert	Baked Chicken or Fish *Always Available Menu Sugar Free Dessert



Wentworth Senior Living Dining Selections Week of 6/14

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<i>Breakfast</i>	<i>Breakfast</i>	<i>Breakfast</i>	<i>Breakfast</i>	<i>Breakfast</i>	<i>Breakfast</i>	<i>Breakfast</i>
Fried Eggs Bacon Danish	Scrambled Eggs Sausage Links	Cheese Omelet Home Fried Potatoes Sausage	Pancakes	Scrambled Eggs Bacon	French Toast Sausage Patty Assorted Donuts	Scrambled Eggs Bacon
<i>Lunch</i>	<i>Lunch</i>	<i>Lunch</i>	<i>Lunch</i>	<i>Lunch</i>	<i>Lunch</i>	<i>Lunch</i>
Fresh Garden Salad Fresh Fruit Salad Broccoli & Cheese	Fresh Garden Salad Fresh Fruit Salad Split Pea and Ham	Fresh Garden Salad Fresh Fruit Salad Beef & Rice	Fresh Garden Salad Fresh Fruit Salad Gazpacho	Fresh Garden Salad Fresh Fruit Salad Soup Du Jour	Fresh Garden Salad Fresh Fruit Salad Clam Chowder	Fresh Garden Salad Fresh Fruit Salad Turkey & Rice
Baked Ham & Pineapple Sauce Mashed Sweet Potato Green Beans	London Broil Garden Brown Rice Buttered Cauliflower	Braised Lamb Shanks Creamy Mashed Potatoes Broccoli & Red Peppers	Grilled Lemon Dill Salmon Roasted Sweet Potato Baby Spinach	Grilled Turkey Tips Oven Roasted Potatoes Corn	Grilled Swordfish Confetti Rice Pilaf Zucchini & Summer Squash	Pork Tenderloin Baked Potato Beets
Chicken Cordon Bleu Mashed Sweet Potato Green Beans	Fresh Fish of the Day Garden Brown Rice Buttered Cauliflower	Shake N' Bake Chicken Thighs Creamy Mashed Potatoes Broccoli & Red Peppers	Roasted Pork Ribs w/ BBQ Sauce Roasted Sweet Potato Baby Spinach	Veal Marsala Oven Roasted Potatoes Corn	Chicken & Sausage Jambalaya Confetti Rice Pilaf Zucchini & Summer Squash	Pot Roast Baked Potato Beets
Roll Carrots Dessert of the Day Sugar Free Dessert	Roll Carrots Dessert of the day Sugar Free Dessert	Roll Carrots Dessert of the Day Sugar Free Dessert	Roll Carrots Dessert of the Day Sugar Free Dessert	Roll Carrots Dessert of the Day Sugar Free Dessert	Roll Carrots Dessert of the day Sugar Free Dessert	Roll Carrots Dessert of the Day Sugar Free Dessert
<i>Dinner</i>	<i>Dinner</i>	<i>Dinner</i>	<i>Dinner</i>	<i>Dinner</i>	<i>Dinner</i>	<i>Dinner</i>
Broccoli & Cheese	Split Pea and Ham	Beef & Rice	Gazpacho	Soup Du Jour	Clam Chowder	Turkey & Rice
Meatball Sub Jo- Jo Fries Macaroni Salad	Stuffed Shells Garlic Bread	Shepherd's Pie Peas & Onions	B.L.T. with Cheese Pineapple Cottage Cheese Cucumber & Tomato Salad	Cobb Salad Dinner Roll Mixed Vegetables	Hamburger or Cheeseburger Couscous Salad Carrots & Broccoli	Hot Dogs & Beans Brown Bread Coleslaw
Quiche- Lorraine Jo- Jo Fries	Fish Filet Sandwich Broccoli Slaw	Chilled Shrimp Cocktail Plate Homemade Potato Chips Beef Salad	Greek Chicken Wrap Pineapple Cottage Cheese	Chicken Tenders with Sauce French Fries Mixed Vegetables	American Chop Suey Carrots & Broccoli Garlic Bread	Chicken Meatballs with Honey Mustard Sauce Coleslaw
Dessert of the Day Sugar Free Dessert	Dessert of the Day Sugar Free Dessert	Dessert of the Day Sugar Free Dessert	Dessert of the Day Sugar Free Dessert	Dessert of the Day Sugar Free Dessert	Dessert of the Day Sugar Free Dessert	Dessert of the Day Sugar Free Dessert



Wentworth Senior Living Dining Selections Week of 6/21

SUNDAY <i>Breakfast</i>	MONDAY <i>Breakfast</i>	TUESDAY <i>Breakfast</i>	WEDNESDAY <i>Breakfast</i>	THURSDAY <i>Breakfast</i>	FRIDAY <i>Breakfast</i>	SATURDAY <i>Breakfast</i>
Fried Eggs Sausage Danish	French Toast w/ Fruit Topping Sausage Patties	Scrambled Eggs Cinnamon Donuts	Strata	Apple Spiced Pancakes Hash Brown Potatoes	Ham Omelet Bacon Home fries	Scrambled Eggs Sausage Pattie Scone
<i>Lunch</i> Fresh Garden Salad Fresh Fruit Salad Beef & Rice Soup	<i>Lunch</i> Fresh Garden Salad Fresh Fruit Salad Chicken Noodle Soup	<i>Lunch</i> Fresh Garden Salad Fresh Fruit Salad Summer Vegetable Soup	<i>Lunch</i> Fresh Garden Salad Fresh Fruit Salad Soup Du Jour	<i>Lunch</i> Fresh Garden Salad Fresh Fruit Salad Chicken Vegetable Soup	<i>Lunch</i> Fresh Garden Salad Fresh Fruit Salad Shrimp Bisque	<i>Lunch</i> Fresh Garden Salad Fresh Fruit Salad Soup Du Jour
Beef Tenderloin w/ Demi Glaze Roasted Fingerling Potatoes Fresh Broccoli	Fresh Fish of the Day Garden Brown Rice Roasted Beets	Sweet & Sour Pork Jasmine Rice Fresh Carrot Coins	Baked Scallops Boiled Potatoes Buttered Corn	4 Cheese Lasagna Collard Greens	Turkey Tenderloin with Gravy Rice Pilaf Roasted Asparagus	Spaghetti & Meatballs Broccoli & Cauliflower
Lemon Rosemary Turkey Roasted Fingerling Potatoes Fresh Broccoli	Chinese Pepper Steak Garden Brown Rice Roasted Beets	Herbed Grilled Chicken Thighs Jasmine Rice Fresh Carrot Coins	Kielbasa w/ Apples & Onions Boiled Potatoes Buttered Corn	Stuffed Peppers Collard Greens	Haddock w/ Crumb Topping Rice Pilaf Roasted Asparagus	Chicken Stew Broccoli & Cauliflower
Peas Roll Dessert of the Day Sugar Free Dessert	Peas Roll Dessert of the Day Sugar Free Dessert	Peas Roll Dessert of the Day Sugar Free Dessert	Peas Roll Dessert of the Day Sugar Free Dessert	Peas Garlic Bread Dessert of the Day Sugar Free Dessert	Peas Roll Dessert of the Day Sugar Free Dessert	Peas Biscuit Dessert of the Day Sugar Free Dessert
<i>Dinner</i> Beef & Rice Soup	<i>Dinner</i> Chicken Noodle Soup	<i>Dinner</i> Summer Vegetable Soup	<i>Dinner</i> Soup Du Jour	<i>Dinner</i> Chicken Vegetable	<i>Dinner</i> Shrimp Bisque	<i>Dinner</i> Soup Du Jour
Tuna Melt Stewed Tomatoes	Cheese Tortellini in Pesto Peas & Pearl Onions Garlic Bread Fish & Chips Fish Cakes Peas & Pearl Onions	Roast Beef Melt Tater Tots Olive & Artichoke Medley Tarragon Chicken Salad Plate Olive & Artichoke Medley	Open Faced Turkey Sandwich Mashed Potatoes w/ Gravy Carrots Chef's Salad Roll	Ruben Sandwich Couscous Salad Green & wax Beans Pulled Pork Sandwich Couscous Salad Green & wax Beans	Eggplant Parmesan Side Salad Fish Filet Sandwich Sweet Potato Fries	Patty Melt Tater Tots Sesame Cucumber Salad Ham Salad Sandwich Tater Tots Sesame Cucumber Salad
Baked Chicken or Fish *Always Available Menu Dessert of the Day Sugar Free Dessert	Baked Chicken or Fish *Always Available Menu Dessert of the Day Sugar Free Dessert	Baked Chicken or Fish *Always Available Menu Dessert of the Day Sugar Free Dessert	Baked Chicken or Fish *Always Available Menu Dessert of the Day Sugar Free Dessert	Baked Chicken or Fish *Always Available Menu Dessert of the Day Sugar Free Dessert	Baked Chicken or Fish *Always Available Menu Dessert of the day Sugar Free Dessert	Baked Chicken or Fish *Always Available Menu Dessert of the Day Sugar Free Dessert



Wentworth Senior Living Dining Selections Week of 6/28

SUNDAY <i>Breakfast</i>	MONDAY <i>Breakfast</i>	TUESDAY <i>Breakfast</i>	WEDNESDAY <i>Breakfast</i>	THURSDAY <i>Breakfast</i>	FRIDAY <i>Breakfast</i>	SATURDAY <i>Breakfast</i>
French Toast Sausage Danish	Quiche du Jour Home Fried Potatoes	Scrambled Eggs Bacon	French Toast w/ Fruit Topping Bacon	Pancakes w/ Syrup Hash Brown Potatoes	Eggs to Order Bacon	Pancakes Sausage Links
Lunch Fresh Garden Salad Fresh Fruit Salad Turkey Bean Soup Roast Turkey Mashed Potatoes Bread Stuffing Butternut Squash Stuffed Sole Mashed Potatoes Butternut Squash Fresh Green Beans Roll Dessert of the Day Sugar Free Dessert	Lunch Fresh Garden Salad Fresh Fruit Salad Soup Du Jour Corned Beef Boiled Potatoes Cabbage & Carrots Chicken Cordon Bleu Boiled Potatoes Cabbage & Carrots Fresh Green Beans Roll Dessert of the Day Sugar Free Dessert	Lunch Fresh Garden Salad Fresh Fruit Salad Beef & Rice Soup Pork Tenderloin Creamy Parmesan Risotto Buttered Broccoli Fresh Fish of the Day Creamy Parmesan Risotto Buttered Broccoli Fresh Green Beans Roll Dessert of the Day Sugar Free Dessert	Lunch Fresh Garden Salad Fresh Fruit Salad Chicken Noodle Soup Meatloaf Baked Potato Asparagus & Red peppers Chicken & Broccoli Alfredo Fettuccini Asparagus & Red peppers Fresh Green Beans Rolls Assorted Pies Sugar Free Dessert	Lunch Fresh Garden Salad Fresh Fruit Salad Lentil Soup Turkey Tenderloin Mashed Sweet Potatoes Chef's Blend Pan Seared Duck Breast Mashed Sweet Potatoes Chef's Blend Fresh Green Beans Roll Dessert of the Day Sugar Free Dessert	Lunch Fresh Garden Salad Fresh Fruit Salad Clam Chowder Meatball Cacciatore Pasta Fresh Julienne Vegetables Lobster Ravioli Fresh Julienne Vegetables Fresh Green Beans Garlic Bread Dessert of the Day Sugar Free Dessert	Lunch Fresh Garden Salad Fresh Fruit Salad Tomato Basil Soup Coconut Shrimp Almond Rice Pilaf Sautéed Baby Spinach Grilled Ginger Soy Beef Tips Almond Rice Pilaf Sautéed Baby Spinach Fresh Green Beans Biscuit Dessert of the Day Sugar Free Dessert
Dinner Turkey Bean Soup Seafood Salad Roll Sweet Potato Tots Sautéed Baby Spinach Chicken Kabob Sweet Potato Tots Sautéed Baby Spinach Dessert of the Day Sugar Free Dessert	Dinner Soup Du Jour Egg Salad on a Croissant Pasta & Vegetable Salad Beef & Broccoli Brown Rice Oriental Vegetables Dessert of the Day Sugar Free Dessert	Dinner Beef & Rice Soup Herb Seared Salmon Salad Roll Turkey, Lettuce & Tomato Sandwich Potato Salad Dessert of the Day Sugar Free Dessert	Dinner Chicken Noodle Soup Lobster Roll French Fries Apple Cole Slaw BBQ Chicken French Fries Apple Cole Slaw Dessert of the Day Sugar Free Dessert	Dinner Lentil Soup American Chop Suey Italian Green Beans Ham Salad Sandwich Italian Green Beans Dessert of the Day Sugar Free Dessert	Dinner Clam Chowder Fried Haddock on Brioche French Fries Bean Medley Chicken Meatballs with Honey Mustard French Fries Bean Medley Dessert of the Day Sugar Free Dessert	Dinner Tomato Basil Soup Hot Dog Brown Bread Baked Beans Cole Slaw Grilled Turkey & Swiss Cole Slaw Dessert of the Day Sugar Free Dessert



Wentworth Senior Living Dining Selections Week of 7/5

SUNDAY <i>Breakfast</i>	MONDAY <i>Breakfast</i>	TUESDAY <i>Breakfast</i>	WEDNESDAY <i>Breakfast</i>	THURSDAY <i>Breakfast</i>	FRIDAY <i>Breakfast</i>	SATURDAY <i>Breakfast</i>
Pancakes Sausage Danish	Scrambled Eggs Home Fried Potatoes	French Toast w/ Fruit Topping Bacon	Eggs Your Way Sausage Patties	Belgian Waffle Potato Pancakes	Eggs to Order Bacon	Cheese Omelets Sausage Link
Lunch Fresh Garden Salad Fresh Fruit Salad Chicken & Rice Soup Broccoli & Cheese Stuffed Chicken Red Bliss Mashed Potatoes Peas & Onions Roast Sirloin Red Bliss Mashed Potatoes Peas & Onions Asparagus Roll Dessert of the Day Sugar Free Dessert	Lunch Fresh Garden Salad Fresh Fruit Salad Soup Du jour BBQ Beef Brisket Herbed Rice Pilaf Carrots Marinated Turkey Tips Herbed Rice Pilaf Carrots Asparagus Roll Dessert of the Day Sugar Free Dessert	Lunch Fresh Garden Salad Fresh Fruit Salad Sausage, Pepper & Potato Soup Pork Lo Mein Lo Mein Noodles Asian Blend Vegetables General Tso's Chicken Lo Mein Noodles Garlic Spinach Asian Blend Vegetables Asparagus Roll Dessert of the Day Sugar Free Dessert	Lunch Fresh Garden Salad Fresh Fruit Salad Vegetable Barley Soup Pappardelle Bolognese Harvard Beets Baked Seafood Casserole Baked Potato Harvard Beets Asparagus Garlic Bread Dessert of the Day Sugar Free Dessert	Lunch Fresh Garden Salad Fresh Fruit Salad Chicken & Vegetable Soup Chicken Cacciatore Steamed Jasmine Rice Peas Salisbury Steak w/ Onion Gravy Steamed Jasmine Rice Peas Asparagus Roll Dessert of the Day Sugar Free Dessert	Lunch Fresh Garden Salad Fresh Fruit Salad Seafood Chowder Ritz Cracker Haddock Parsley Mashed Potatoes Chef's Blend Sausage & Peppers Bow Tie Pasta Chef's Blend Asparagus Roll Dessert of the Day Sugar Free Dessert	Lunch Fresh Caesar Salad Fresh Fruit Salad Soup Du Jour Chicken Parmesan Linguine Cauliflower & Red Peppers Lemon Rosemary Turkey Linguine Cauliflower & Red Pepper Asparagus Garlic Bread Dessert of the Day Sugar Free Dessert
Dinner Chicken & Rice Soup Italian Sub Homemade Potato Chips Caprese Salad Manicotti Garlic Bread Dessert of the Day Sugar Free Dessert	Dinner Soup Du jour Curried Chicken Salad On a Croissant French Fries Apple Cole Slaw Sloppy Joe French Fries Apple Cole Slaw Dessert of the Day Sugar Free Dessert	Dinner Sausage, Pepper & Potato Soup Grilled Tomato, Mozzarella & Basil Sandwich Vegetable Medley Stuffed Portobello Vegetable Medley Dessert of the Day Sugar Free Dessert	Dinner Vegetable Barley Soup Reuben Sandwich Potato Salad Carrot & Raisin Salad Chicken Tenders Potato Salad Carrot & Raisin Salad Dessert of the Day Sugar Free Dessert	Dinner Chicken & Vegetable Soup French Dip Sandwich Sweet Potato Fries Roasted Cherry Tomatoes Honey Mustard Chicken Salad Plate Roasted Cherry Tomatoes Sweet Potato Fries Dessert of the Day Sugar Free Dessert	Dinner Seafood Chowder Hot Pastrami Sandwich Caesar Salad Calzones Caesar Salad Dessert of the Day Sugar Free Dessert	Dinner Soup Du Jour Franks & Beans Cole Slaw Brown Bread Greek Chicken Wrap Chips Cole Slaw Dessert of the Day Sugar Free Dessert



Wentworth Senior Living Dining Selections Week of 7/12

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<i>Breakfast</i>	<i>Breakfast</i>	<i>Breakfast</i>	<i>Breakfast</i>	<i>Breakfast</i>	<i>Breakfast</i>	<i>Breakfast</i>
Scrambled Eggs Bacon Danish	French Toast Sausage Patty	Scrambled Eggs	Chef's Special Pancakes	Waffles Bacon	Eggs to Order Sausage Patty	Ham, Egg & Cheese on Croissant Sausage Link
<i>Lunch</i> Fresh Garden Salad Fresh Fruit Salad Tomato Rice Soup	<i>Lunch</i> Fresh Garden Salad Fresh Fruit Salad Italian Wedding Soup	<i>Lunch</i> Fresh Garden Salad Fresh Fruit Salad Chilled Strawberry Soup	<i>Lunch</i> Fresh Garden Salad Fresh Fruit Salad Greek Chicken Soup	<i>Lunch</i> Fresh Garden Salad Fresh Fruit Salad Broccoli & Cheese Soup	<i>Lunch</i> Fresh Garden Salad Fresh Fruit Salad Fish Chowder	<i>Lunch</i> Fresh Caesar Salad Fresh Fruit Salad Chicken Noodle Soup
Leg of Lamb Baked Potato Roasted Brussel Sprouts	Beef Brisket w/ Gravy Orzo Fresh Julienne Vegetables	Sweet & Sour Chicken Spanish Rice Asparagus	Spaghetti & Meatballs Spaghetti Broccoli & Cauliflower	Steak Tips Pasta Salad Mexican Corn	Baked Haddock Sweet Potato Fresh Green Beans	Beef Pot Roast Scalloped Potatoes Grilled Zucchini
Chicken Florentine Baked Potato Roasted Brussel Sprouts	Crab Stuffed filet of Sole Orzo Fresh Julienne Vegetables	Beef Tenderloin w/ Demi Glaze Spanish Rice Asparagus	Macaroni & Cheese Stewed Tomatos Broccoli & Cauliflower	BBQ Chicken Thighs Pasta Salad Mexican Corn	Grilled Turkey Tips Sweet Potato Fresh Green Beans	Pork Tenderloin Scalloped Potatoes Grilled Zucchini
Spinach Roll Dessert of the Day Sugar Free Dessert	Spinach Roll Dessert of the Day Sugar Free Dessert	Spinach Roll Dessert of the Day Sugar Free Dessert	Spinach Roll Dessert of the Day Sugar Free Dessert	Spinach Roll Dessert of the Day Sugar Free Dessert	Spinach Roll Dessert of the Day Sugar Free Dessert	Spinach Roll Dessert of the Day Sugar Free Dessert
<i>Dinner</i>	<i>Dinner</i>	<i>Dinner</i>	<i>Dinner</i>	<i>Dinner</i>	<i>Dinner</i>	<i>Dinner</i>
Tomato Rice Soup	Italian Wedding	Chilled Strawberry Soup	Greek Chicken Soup	Broccoli & Cheese Soup	Fish Chowder	Chicken Noodle Soup
Tortellini w/ Sauce Iceberg Wedge	Pork Loin w/ Gravy Steamed Brown Rice Sauteed Spinch & Onions	Stuffed Peppers Carrots & Raisin Salad Zucchini & Summer Squash	Patty Melt Homemade Potato Chips Cole Slaw	Fried Scallop Roll Potato Du Jour Italian Green Beans	Baked Ziti w/ Meat Sauce Broccoli Au Gratin	Franks & Beans Brown Bread Cole Slaw
Fried Chicken Tenders German Potato Salad Iceberg Wedge	Turkey Melt with Pesto Garlic Mayo Chips	Monte Cristo Sandwich Carrot & Raisin Salad Zucchini & Summer Squash	Caesar Salad w/ Shrimp Dinner Roll	Chicken Meatballs w/ sauce Potato Du Jour Italian Green Beans	Italian Sausage Grinder Pasta Salad Broccoli Au Gratin	Italian Deli Sandwich Peppers & Onions Cole Slaw
Baked Chicken or Fish *Always Available Menu Sugar Free Dessert	Baked Chicken or Fish *Always Available Menu Sugar Free Dessert	Baked Chicken or Fish *Always Available Menu Sugar Free Dessert	Baked Chicken or Fish *Always Available Menu Sugar Free Dessert	Baked Chicken or Fish *Always Available Menu Sugar Free Dessert	Baked Chicken or Fish *Always Available Menu Sugar Free Dessert	Baked Chicken or Fish *Always Available Menu Sugar Free Dessert



Wentworth Senior Living Dining Selections Week of 7/19

SUNDAY <i>Breakfast</i>	MONDAY <i>Breakfast</i>	TUESDAY <i>Breakfast</i>	WEDNESDAY <i>Breakfast</i>	THURSDAY <i>Breakfast</i>	FRIDAY <i>Breakfast</i>	SATURDAY <i>Breakfast</i>
Fried Eggs Bacon Danish	Scrambled Eggs Sausage Links	Cheese Omelet Home Fried Potatoes Sausage	Pancakes	Scrambled Eggs Bacon	French Toast Sausage Patty Assorted Donuts	Scrambled Eggs Bacon
<i>Lunch</i> Fresh Garden Salad Fresh Fruit Salad Broccoli & Cheese Baked Ham & Pineapple Sauce Mashed Sweet Potato Green Beans Chicken Cordon Bleu Mashed Sweet Potato Green Beans Roll Carrots Dessert of the Day Sugar Free Dessert	<i>Lunch</i> Fresh Garden Salad Fresh Fruit Salad Split Pea and Ham London Broil Garden Brown Rice Buttered Cauliflower Fresh Fish of the Day Garden Brown Rice Buttered Cauliflower Roll Carrots Dessert of the day Sugar Free Dessert	<i>Lunch</i> Fresh Garden Salad Fresh Fruit Salad Beef & Rice Braised Lamb Shanks Creamy Mashed Potatoes Broccoli & Red Peppers Shake N' Bake Chicken Thighs Creamy Mashed Potatoes Broccoli & Red Peppers Roll Carrots Dessert of the Day Sugar Free Dessert	<i>Lunch</i> Fresh Garden Salad Fresh Fruit Salad Gazpacho Grilled Lemon Dill Salmon Roasted Sweet Potato Baby Spinach Roasted Pork Ribs w/ BBQ Sauce Roasted Sweet Potato Baby Spinach Roll Carrots Dessert of the Day Sugar Free Dessert	<i>Lunch</i> Fresh Garden Salad Fresh Fruit Salad Soup Du Jour Grilled Turkey Tips Oven Roasted Potatoes Corn Veal Marsala Oven Roasted Potatoes Corn Roll Carrots Dessert of the Day Sugar Free Dessert	<i>Lunch</i> Fresh Garden Salad Fresh Fruit Salad Clam Chowder Grilled Swordfish Confetti Rice Pilaf Zucchini & Summer Squash Chicken & Sausage Jambalaya Confetti Rice Pilaf Zucchini & Summer Squash Roll Carrots Dessert of the day Sugar Free Dessert	<i>Lunch</i> Fresh Garden Salad Fresh Fruit Salad Turkey & Rice Pork Tenderloin Baked Potato Beets Pot Roast Baked Potato Beets Roll Carrots Dessert of the Day Sugar Free Dessert
<i>Dinner</i> Broccoli & Cheese Meatball Sub Jo- Jo Fries Macaroni Salad Quiche- Lorraine Jo- Jo Fries Dessert of the Day Sugar Free Dessert	<i>Dinner</i> Split Pea and Ham Stuffed Shells Garlic Bread Fish Filet Sandwich Broccoli Slaw Dessert of the Day Sugar Free Dessert	<i>Dinner</i> Beef & Rice Shepherd's Pie Peas & Onions Chilled Shrimp Cocktail Plate Homemade Potato Chips Beef Salad Dessert of the Day Sugar Free Dessert	<i>Dinner</i> Gazpacho B.L.T. with Cheese Pineapple Cottage Cheese Cucumber & Tomato Salad Greek Chicken Wrap Pineapple Cottage Cheese Dessert of the Day Sugar Free Dessert	<i>Dinner</i> Soup Du Jour Cobb Salad Dinner Roll Mixed Vegetables Chicken Tenders with Sauce French Fries Mixed Vegetables Dessert of the Day Sugar Free Dessert	<i>Dinner</i> Clam Chowder Hamburger or Cheeseburger Couscous Salad Carrots & Broccoli American Chop Suey Carrots & Broccoli Garlic Bread Dessert of the Day Sugar Free Dessert	<i>Dinner</i> Turkey & Rice Hot Dogs & Beans Brown Bread Coleslaw Chicken Meatballs with Honey Mustard Sauce Coleslaw Dessert of the Day Sugar Free Dessert



Wentworth Senior Living Dining Selections Week of 7/26

SUNDAY <i>Breakfast</i>	MONDAY <i>Breakfast</i>	TUESDAY <i>Breakfast</i>	WEDNESDAY <i>Breakfast</i>	THURSDAY <i>Breakfast</i>	FRIDAY <i>Breakfast</i>	SATURDAY <i>Breakfast</i>
Fried Eggs Sausage Danish	French Toast w/ Fruit Topping Sausage Patties	Scrambled Eggs Cinnamon Donuts	Strata	Apple Spiced Pancakes Hash Brown Potatoes	Ham Omelet Bacon Home fries	Scrambled Eggs Sausage Pattie Scone
<i>Lunch</i> Fresh Garden Salad Fresh Fruit Salad Beef & Rice Soup	<i>Lunch</i> Fresh Garden Salad Fresh Fruit Salad Chicken Noodle Soup	<i>Lunch</i> Fresh Garden Salad Fresh Fruit Salad Summer Vegetable Soup	<i>Lunch</i> Fresh Garden Salad Fresh Fruit Salad Soup Du Jour	<i>Lunch</i> Fresh Garden Salad Fresh Fruit Salad Chicken Vegetable Soup	<i>Lunch</i> Fresh Garden Salad Fresh Fruit Salad Shrimp Bisque	<i>Lunch</i> Fresh Garden Salad Fresh Fruit Salad Soup Du Jour
Beef Tenderloin w/ Demi Glaze Roasted Fingerling Potatoes Fresh Broccoli	Fresh Fish of the Day Garden Brown Rice Roasted Beets	Sweet & Sour Pork Jasmine Rice Fresh Carrot Coins	Baked Scallops Boiled Potatoes Buttered Corn	4 Cheese Lasagna Collard Greens	Turkey Tenderloin with Gravy Rice Pilaf Roasted Asparagus	Spaghetti & Meatballs Broccoli & Cauliflower
Lemon Rosemary Turkey Roasted Fingerling Potatoes Fresh Broccoli	Chinese Pepper Steak Garden Brown Rice Roasted Beets	Herbed Grilled Chicken Thighs Jasmine Rice Fresh Carrot Coins	Kielbasa w/ Apples & Onions Boiled Potatoes Buttered Corn	Stuffed Peppers Collard Greens	Haddock w/ Crumb Topping Rice Pilaf Roasted Asparagus	Chicken Stew Broccoli & Cauliflower
Peas Roll Dessert of the Day Sugar Free Dessert	Peas Roll Dessert of the Day Sugar Free Dessert	Peas Roll Dessert of the Day Sugar Free Dessert	Peas Roll Dessert of the Day Sugar Free Dessert	Peas Garlic Bread Dessert of the Day Sugar Free Dessert	Peas Roll Dessert of the Day Sugar Free Dessert	Peas Biscuit Dessert of the Day Sugar Free Dessert
<i>Dinner</i> Beef & Rice Soup	<i>Dinner</i> Chicken Noodle Soup	<i>Dinner</i> Summer Vegetable Soup	<i>Dinner</i> Soup Du Jour	<i>Dinner</i> Chicken Vegetable	<i>Dinner</i> Shrimp Bisque	<i>Dinner</i> Soup Du Jour
Tuna Melt Stewed Tomatoes	Cheese Tortellini in Pesto Peas & Pearl Onions Garlic Bread Fish & Chips Fish Cakes Peas & Pearl Onions	Roast Beef Melt Tater Tots Olive & Artichoke Medley Tarragon Chicken Salad Plate Olive & Artichoke Medley	Open Faced Turkey Sandwich Mashed Potatoes w/ Gravy Carrots Chef's Salad Roll	Ruben Sandwich Couscous Salad Green & wax Beans Pulled Pork Sandwich Couscous Salad Green & wax Beans	Eggplant Parmesan Side Salad Fish Filet Sandwich Sweet Potato Fries	Patty Melt Tater Tots Sesame Cucumber Salad Ham Salad Sandwich Tater Tots Sesame Cucumber Salad
Baked Chicken or Fish *Always Available Menu Dessert of the Day Sugar Free Dessert	Baked Chicken or Fish *Always Available Menu Dessert of the Day Sugar Free Dessert	Baked Chicken or Fish *Always Available Menu Dessert of the Day Sugar Free Dessert	Baked Chicken or Fish *Always Available Menu Dessert of the Day Sugar Free Dessert	Baked Chicken or Fish *Always Available Menu Dessert of the Day Sugar Free Dessert	Baked Chicken or Fish *Always Available Menu Dessert of the day Sugar Free Dessert	Baked Chicken or Fish *Always Available Menu Dessert of the Day Sugar Free Dessert



Wentworth Senior Living Dining Selections Week of 8/2

SUNDAY <i>Breakfast</i>	MONDAY <i>Breakfast</i>	TUESDAY <i>Breakfast</i>	WEDNESDAY <i>Breakfast</i>	THURSDAY <i>Breakfast</i>	FRIDAY <i>Breakfast</i>	SATURDAY <i>Breakfast</i>
French Toast Sausage Danish	Quiche du Jour Home Fried Potatoes	Scrambled Eggs Bacon	French Toast w/ Fruit Topping Bacon	Pancakes w/ Syrup Hash Brown Potatoes	Eggs to Order Bacon	Pancakes Sausage Links
Lunch Fresh Garden Salad Fresh Fruit Salad Turkey Bean Soup Roast Turkey Mashed Potatoes Bread Stuffing Butternut Squash Stuffed Sole Mashed Potatoes Butternut Squash Fresh Green Beans Roll Dessert of the Day Sugar Free Dessert	Lunch Fresh Garden Salad Fresh Fruit Salad Soup Du Jour Corned Beef Boiled Potatoes Cabbage & Carrots Chicken Cordon Bleu Boiled Potatoes Cabbage & Carrots Fresh Green Beans Roll Dessert of the Day Sugar Free Dessert	Lunch Fresh Garden Salad Fresh Fruit Salad Beef & Rice Soup Pork Tenderloin Creamy Parmesan Risotto Buttered Broccoli Fresh Fish of the Day Creamy Parmesan Risotto Buttered Broccoli Fresh Green Beans Roll Dessert of the Day Sugar Free Dessert	Lunch Fresh Garden Salad Fresh Fruit Salad Chicken Noodle Soup Meatloaf Baked Potato Asparagus & Red peppers Chicken & Broccoli Alfredo Fettuccini Asparagus & Red peppers Fresh Green Beans Rolls Assorted Pies Sugar Free Dessert	Lunch Fresh Garden Salad Fresh Fruit Salad Lentil Soup Turkey Tenderloin Mashed Sweet Potatoes Chef's Blend Pan Seared Duck Breast Mashed Sweet Potatoes Chef's Blend Fresh Green Beans Roll Dessert of the Day Sugar Free Dessert	Lunch Fresh Garden Salad Fresh Fruit Salad Clam Chowder Meatball Cacciatore Pasta Fresh Julienne Vegetables Lobster Ravioli Fresh Julienne Vegetables Fresh Green Beans Garlic Bread Dessert of the Day Sugar Free Dessert	Lunch Fresh Garden Salad Fresh Fruit Salad Tomato Basil Soup Coconut Shrimp Almond Rice Pilaf Sautéed Baby Spinach Grilled Ginger Soy Beef Tips Almond Rice Pilaf Sautéed Baby Spinach Fresh Green Beans Biscuit Dessert of the Day Sugar Free Dessert
Dinner Turkey Bean Soup Seafood Salad Roll Sweet Potato Tots Sautéed Baby Spinach Chicken Kabob Sweet Potato Tots Sautéed Baby Spinach Dessert of the Day Sugar Free Dessert	Dinner Soup Du Jour Egg Salad on a Croissant Pasta & Vegetable Salad Beef & Broccoli Brown Rice Oriental Vegetables Dessert of the Day Sugar Free Dessert	Dinner Beef & Rice Soup Herb Seared Salmon Salad Roll Turkey, Lettuce & Tomato Sandwich Potato Salad Dessert of the Day Sugar Free Dessert	Dinner Chicken Noodle Soup Lobster Roll French Fries Apple Cole Slaw BBQ Chicken French Fries Apple Cole Slaw Dessert of the Day Sugar Free Dessert	Dinner Lentil Soup American Chop Suey Italian Green Beans Ham Salad Sandwich Italian Green Beans Dessert of the Day Sugar Free Dessert	Dinner Clam Chowder Fried Haddock on Brioche French Fries Bean Medley Chicken Meatballs with Honey Mustard French Fries Bean Medley Dessert of the Day Sugar Free Dessert	Dinner Tomato Basil Soup Hot Dog Brown Bread Baked Beans Cole Slaw Grilled Turkey & Swiss Cole Slaw Dessert of the Day Sugar Free Dessert



Wentworth Senior Living Dining Selections Week of 8/9

SUNDAY <i>Breakfast</i>	MONDAY <i>Breakfast</i>	TUESDAY <i>Breakfast</i>	WEDNESDAY <i>Breakfast</i>	THURSDAY <i>Breakfast</i>	FRIDAY <i>Breakfast</i>	SATURDAY <i>Breakfast</i>
Pancakes Sausage Danish	Scrambled Eggs Home Fried Potatoes	French Toast w/ Fruit Topping Bacon	Eggs Your Way Sausage Patties	Belgian Waffle Potato Pancakes	Eggs to Order Bacon	Cheese Omelets Sausage Link
Lunch Fresh Garden Salad Fresh Fruit Salad Chicken & Rice Soup Broccoli & Cheese Stuffed Chicken Red Bliss Mashed Potatoes Peas & Onions Roast Sirloin Red Bliss Mashed Potatoes Peas & Onions Asparagus Roll Dessert of the Day Sugar Free Dessert	Lunch Fresh Garden Salad Fresh Fruit Salad Soup Du jour BBQ Beef Brisket Herbed Rice Pilaf Carrots Marinated Turkey Tips Herbed Rice Pilaf Carrots Asparagus Roll Dessert of the Day Sugar Free Dessert	Lunch Fresh Garden Salad Fresh Fruit Salad Sausage, Pepper & Potato Soup Pork Lo Mein Lo Mein Noodles Asian Blend Vegetables General Tso's Chicken Lo Mein Noodles Garlic Spinach Asian Blend Vegetables Asparagus Roll Dessert of the Day Sugar Free Dessert	Lunch Fresh Garden Salad Fresh Fruit Salad Vegetable Barley Soup Pappardelle Bolognese Harvard Beets Baked Seafood Casserole Baked Potato Harvard Beets Asparagus Garlic Bread Dessert of the Day Sugar Free Dessert	Lunch Fresh Garden Salad Fresh Fruit Salad Chicken & Vegetable Soup Chicken Cacciatore Steamed Jasmine Rice Peas Salisbury Steak w/ Onion Gravy Steamed Jasmine Rice Peas Asparagus Roll Dessert of the Day Sugar Free Dessert	Lunch Fresh Garden Salad Fresh Fruit Salad Seafood Chowder Ritz Cracker Haddock Parsley Mashed Potatoes Chef's Blend Sausage & Peppers Bow Tie Pasta Chef's Blend Asparagus Roll Dessert of the Day Sugar Free Dessert	Lunch Fresh Caesar Salad Fresh Fruit Salad Soup Du Jour Chicken Parmesan Linguine Cauliflower & Red Peppers Lemon Rosemary Turkey Linguine Cauliflower & Red Pepper Asparagus Garlic Bread Dessert of the Day Sugar Free Dessert
Dinner Chicken & Rice Soup Italian Sub Homemade Potato Chips Caprese Salad Manicotti Garlic Bread Dessert of the Day Sugar Free Dessert	Dinner Soup Du jour Curried Chicken Salad On a Croissant French Fries Apple Cole Slaw Sloppy Joe French Fries Apple Cole Slaw Dessert of the Day Sugar Free Dessert	Dinner Sausage, Pepper & Potato Soup Grilled Tomato, Mozzarella & Basil Sandwich Vegetable Medley Stuffed Portobello Vegetable Medley Dessert of the Day Sugar Free Dessert	Dinner Vegetable Barley Soup Reuben Sandwich Potato Salad Carrot & Raisin Salad Chicken Tenders Potato Salad Carrot & Raisin Salad Dessert of the Day Sugar Free Dessert	Dinner Chicken & Vegetable Soup French Dip Sandwich Sweet Potato Fries Roasted Cherry Tomatoes Honey Mustard Chicken Salad Plate Roasted Cherry Tomatoes Sweet Potato Fries Dessert of the Day Sugar Free Dessert	Dinner Seafood Chowder Hot Pastrami Sandwich Caesar Salad Calzones Caesar Salad Dessert of the Day Sugar Free Dessert	Dinner Soup Du Jour Franks & Beans Cole Slaw Brown Bread Greek Chicken Wrap Chips Cole Slaw Dessert of the Day Sugar Free Dessert



Wentworth Senior Living Dining Selections Week of 8/16

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<i>Breakfast</i>	<i>Breakfast</i>	<i>Breakfast</i>	<i>Breakfast</i>	<i>Breakfast</i>	<i>Breakfast</i>	<i>Breakfast</i>
Scrambled Eggs Bacon Danish	French Toast Sausage Patty	Scrambled Eggs	Chef's Special Pancakes	Waffles Bacon	Eggs to Order Sausage Patty	Ham, Egg & Cheese on Croissant Sausage Link
<i>Lunch</i>	<i>Lunch</i>	<i>Lunch</i>	<i>Lunch</i>	<i>Lunch</i>	<i>Lunch</i>	<i>Lunch</i>
Fresh Garden Salad Fresh Fruit Salad Tomato Rice Soup	Fresh Garden Salad Fresh Fruit Salad Italian Wedding Soup	Fresh Garden Salad Fresh Fruit Salad Chilled Strawberry Soup	Fresh Garden Salad Fresh Fruit Salad Greek Chicken Soup	Fresh Garden Salad Fresh Fruit Salad Broccoli & Cheese Soup	Fresh Garden Salad Fresh Fruit Salad Fish Chowder	Fresh Caesar Salad Fresh Fruit Salad Chicken Noodle Soup
Leg of Lamb Baked Potato Roasted Brussel Sprouts	Beef Brisket w/ Gravy Orzo Fresh Julienne Vegetables	Sweet & Sour Chicken Spanish Rice Asparagus	Spaghetti & Meatballs Spaghetti Broccoli & Cauliflower	Steak Tips Pasta Salad Mexican Corn	Baked Haddock Sweet Potato Fresh Green Beans	Beef Pot Roast Scalloped Potatoes Grilled Zucchini
Chicken Florentine Baked Potato Roasted Brussel Sprouts	Crab Stuffed filet of Sole Orzo Fresh Julienne Vegetables	Beef Tenderloin w/ Demi Glaze Spanish Rice Asparagus	Macaroni & Cheese Stewed Tomatos Broccoli & Cauliflower	BBQ Chicken Thighs Pasta Salad Mexican Corn	Grilled Turkey Tips Sweet Potato Fresh Green Beans	Pork Tenderloin Scalloped Potatoes Grilled Zucchini
<i>Dinner</i>	<i>Dinner</i>	<i>Dinner</i>	<i>Dinner</i>	<i>Dinner</i>	<i>Dinner</i>	<i>Dinner</i>
Spinach Roll Dessert of the Day Sugar Free Dessert	Spinach Roll Dessert of the Day Sugar Free Dessert	Spinach Roll Dessert of the Day Sugar Free Dessert	Spinach Roll Dessert of the Day Sugar Free Dessert	Spinach Roll Dessert of the Day Sugar Free Dessert	Spinach Roll Dessert of the Day Sugar Free Dessert	Spinach Roll Dessert of the Day Sugar Free Dessert
Tomato Rice Soup	Italian Wedding	Chilled Strawberry Soup	Greek Chicken Soup	Broccoli & Cheese Soup	Fish Chowder	Chicken Noodle Soup
Tortellini w/ Sauce Iceberg Wedge	Pork Loin w/ Gravy Steamed Brown Rice Sauteed Spinch & Onions	Stuffed Peppers Carrots & Raisin Salad Zucchini & Summer Squash	Patty Melt Homemade Potato Chips Cole Slaw	Fried Scallop Roll Potato Du Jour Italian Green Beans	Baked Ziti w/ Meat Sauce Broccoli Au Gratin	Franks & Beans Brown Bread Cole Slaw
Fried Chicken Tenders German Potato Salad Iceberg Wedge	Turkey Melt with Pesto Garlic Mayo Chips	Monte Cristo Sandwich Carrot & Raisin Salad Zucchini & Summer Squash	Caesar Salad w/ Shrimp Dinner Roll	Chicken Meatballs w/ sauce Potato Du Jour Italian Green Beans	Italian Sausage Grinder Pasta Salad Broccoli Au Gratin	Italian Deli Sandwich Peppers & Onions Cole Slaw
Baked Chicken or Fish *Always Available Menu Sugar Free Dessert	Baked Chicken or Fish *Always Available Menu Sugar Free Dessert	Baked Chicken or Fish *Always Available Menu Sugar Free Dessert	Baked Chicken or Fish *Always Available Menu Sugar Free Dessert	Baked Chicken or Fish *Always Available Menu Sugar Free Dessert	Baked Chicken or Fish *Always Available Menu Sugar Free Dessert	Baked Chicken or Fish *Always Available Menu Sugar Free Dessert



Wentworth Senior Living Dining Selections Week of 8/23

SUNDAY <i>Breakfast</i>	MONDAY <i>Breakfast</i>	TUESDAY <i>Breakfast</i>	WEDNESDAY <i>Breakfast</i>	THURSDAY <i>Breakfast</i>	FRIDAY <i>Breakfast</i>	SATURDAY <i>Breakfast</i>
Fried Eggs Bacon Danish	Scrambled Eggs Sausage Links	Cheese Omelet Home Fried Potatoes Sausage	Pancakes	Scrambled Eggs Bacon	French Toast Sausage Patty Assorted Donuts	Scrambled Eggs Bacon
<i>Lunch</i> Fresh Garden Salad Fresh Fruit Salad Broccoli & Cheese Baked Ham & Pineapple Sauce Mashed Sweet Potato Green Beans Chicken Cordon Bleu Mashed Sweet Potato Green Beans Roll Carrots Dessert of the Day Sugar Free Dessert	<i>Lunch</i> Fresh Garden Salad Fresh Fruit Salad Split Pea and Ham London Broil Garden Brown Rice Buttered Cauliflower Fresh Fish of the Day Garden Brown Rice Buttered Cauliflower Roll Carrots Dessert of the day Sugar Free Dessert	<i>Lunch</i> Fresh Garden Salad Fresh Fruit Salad Beef & Rice Braised Lamb Shanks Creamy Mashed Potatoes Broccoli & Red Peppers Shake N' Bake Chicken Thighs Creamy Mashed Potatoes Broccoli & Red Peppers Roll Carrots Dessert of the Day Sugar Free Dessert	<i>Lunch</i> Fresh Garden Salad Fresh Fruit Salad Gazpacho Grilled Lemon Dill Salmon Roasted Sweet Potato Baby Spinach Roasted Pork Ribs w/ BBQ Sauce Roasted Sweet Potato Baby Spinach Roll Carrots Dessert of the Day Sugar Free Dessert	<i>Lunch</i> Fresh Garden Salad Fresh Fruit Salad Soup Du Jour Grilled Turkey Tips Oven Roasted Potatoes Corn Veal Marsala Oven Roasted Potatoes Corn Roll Carrots Dessert of the Day Sugar Free Dessert	<i>Lunch</i> Fresh Garden Salad Fresh Fruit Salad Clam Chowder Grilled Swordfish Confetti Rice Pilaf Zucchini & Summer Squash Chicken & Sausage Jambalaya Confetti Rice Pilaf Zucchini & Summer Squash Roll Carrots Dessert of the day Sugar Free Dessert	<i>Lunch</i> Fresh Garden Salad Fresh Fruit Salad Turkey & Rice Pork Tenderloin Baked Potato Beets Pot Roast Baked Potato Beets Roll Carrots Dessert of the Day Sugar Free Dessert
<i>Dinner</i> Broccoli & Cheese Meatball Sub Jo- Jo Fries Macaroni Salad Quiche- Lorraine Jo- Jo Fries Dessert of the Day Sugar Free Dessert	<i>Dinner</i> Split Pea and Ham Stuffed Shells Garlic Bread Fish Filet Sandwich Broccoli Slaw Dessert of the Day Sugar Free Dessert	<i>Dinner</i> Beef & Rice Shepherd's Pie Peas & Onions Chilled Shrimp Cocktail Plate Homemade Potato Chips Beef Salad Dessert of the Day Sugar Free Dessert	<i>Dinner</i> Gazpacho B.L.T. with Cheese Pineapple Cottage Cheese Cucumber & Tomato Salad Greek Chicken Wrap Pineapple Cottage Cheese Dessert of the Day Sugar Free Dessert	<i>Dinner</i> Soup Du Jour Cobb Salad Dinner Roll Mixed Vegetables Chicken Tenders with Sauce French Fries Mixed Vegetables Dessert of the Day Sugar Free Dessert	<i>Dinner</i> Clam Chowder Hamburger or Cheeseburger Couscous Salad Carrots & Broccoli American Chop Suey Carrots & Broccoli Garlic Bread Dessert of the Day Sugar Free Dessert	<i>Dinner</i> Turkey & Rice Hot Dogs & Beans Brown Bread Coleslaw Chicken Meatballs with Honey Mustard Sauce Coleslaw Dessert of the Day Sugar Free Dessert



Wentworth Senior Living Dining Selections Week of 8/30

SUNDAY <i>Breakfast</i>	MONDAY <i>Breakfast</i>	TUESDAY <i>Breakfast</i>	WEDNESDAY <i>Breakfast</i>	THURSDAY <i>Breakfast</i>	FRIDAY <i>Breakfast</i>	SATURDAY <i>Breakfast</i>
Fried Eggs Sausage Danish	French Toast w/ Fruit Topping Sausage Patties	Scrambled Eggs Cinnamon Donuts	Strata	Apple Spiced Pancakes Hash Brown Potatoes	Ham Omelet Bacon Home fries	Scrambled Eggs Sausage Pattie Scone
<i>Lunch</i> Fresh Garden Salad Fresh Fruit Salad Beef & Rice Soup	<i>Lunch</i> Fresh Garden Salad Fresh Fruit Salad Chicken Noodle Soup	<i>Lunch</i> Fresh Garden Salad Fresh Fruit Salad Summer Vegetable Soup	<i>Lunch</i> Fresh Garden Salad Fresh Fruit Salad Soup Du Jour	<i>Lunch</i> Fresh Garden Salad Fresh Fruit Salad Chicken Vegetable Soup	<i>Lunch</i> Fresh Garden Salad Fresh Fruit Salad Shrimp Bisque	<i>Lunch</i> Fresh Garden Salad Fresh Fruit Salad Soup Du Jour
Beef Tenderloin w/ Demi Glaze Roasted Fingerling Potatoes Fresh Broccoli	Fresh Fish of the Day Garden Brown Rice Roasted Beets	Sweet & Sour Pork Jasmine Rice Fresh Carrot Coins	Baked Scallops Boiled Potatoes Buttered Corn	4 Cheese Lasagna Collard Greens	Turkey Tenderloin with Gravy Rice Pilaf Roasted Asparagus	Spaghetti & Meatballs Broccoli & Cauliflower
Lemon Rosemary Turkey Roasted Fingerling Potatoes Fresh Broccoli	Chinese Pepper Steak Garden Brown Rice Roasted Beets	Herbed Grilled Chicken Thighs Jasmine Rice Fresh Carrot Coins	Kielbasa w/ Apples & Onions Boiled Potatoes Buttered Corn	Stuffed Peppers Collard Greens	Haddock w/ Crumb Topping Rice Pilaf Roasted Asparagus	Chicken Stew Broccoli & Cauliflower
Peas Roll Dessert of the Day Sugar Free Dessert	Peas Roll Dessert of the Day Sugar Free Dessert	Peas Roll Dessert of the Day Sugar Free Dessert	Peas Roll Dessert of the Day Sugar Free Dessert	Peas Garlic Bread Dessert of the Day Sugar Free Dessert	Peas Roll Dessert of the Day Sugar Free Dessert	Peas Biscuit Dessert of the Day Sugar Free Dessert
<i>Dinner</i> Beef & Rice Soup	<i>Dinner</i> Chicken Noodle Soup	<i>Dinner</i> Summer Vegetable Soup	<i>Dinner</i> Soup Du Jour	<i>Dinner</i> Chicken Vegetable	<i>Dinner</i> Shrimp Bisque	<i>Dinner</i> Soup Du Jour
Tuna Melt Stewed Tomatoes	Cheese Tortellini in Pesto Peas & Pearl Onions Garlic Bread Fish & Chips Fish Cakes Peas & Pearl Onions	Roast Beef Melt Tater Tots Olive & Artichoke Medley Tarragon Chicken Salad Plate Olive & Artichoke Medley	Open Faced Turkey Sandwich Mashed Potatoes w/ Gravy Carrots Chef's Salad Roll	Ruben Sandwich Couscous Salad Green & wax Beans Pulled Pork Sandwich Couscous Salad Green & wax Beans	Eggplant Parmesan Side Salad Fish Filet Sandwich Sweet Potato Fries	Patty Melt Tater Tots Sesame Cucumber Salad Ham Salad Sandwich Tater Tots Sesame Cucumber Salad
Baked Chicken or Fish *Always Available Menu Dessert of the Day Sugar Free Dessert	Baked Chicken or Fish *Always Available Menu Dessert of the Day Sugar Free Dessert	Baked Chicken or Fish *Always Available Menu Dessert of the Day Sugar Free Dessert	Baked Chicken or Fish *Always Available Menu Dessert of the Day Sugar Free Dessert	Baked Chicken or Fish *Always Available Menu Dessert of the Day Sugar Free Dessert	Baked Chicken or Fish *Always Available Menu Dessert of the day Sugar Free Dessert	Baked Chicken or Fish *Always Available Menu Dessert of the Day Sugar Free Dessert



Wentworth Senior Living Dining Selections Week of 9/6

SUNDAY <i>Breakfast</i>	MONDAY <i>Breakfast</i>	TUESDAY <i>Breakfast</i>	WEDNESDAY <i>Breakfast</i>	THURSDAY <i>Breakfast</i>	FRIDAY <i>Breakfast</i>	SATURDAY <i>Breakfast</i>
French Toast Sausage Danish	Quiche du Jour Home Fried Potatoes	Scrambled Eggs Bacon	French Toast w/ Fruit Topping Bacon	Pancakes w/ Syrup Hash Brown Potatoes	Eggs to Order Bacon	Pancakes Sausage Links
Lunch Fresh Garden Salad Fresh Fruit Salad Turkey Bean Soup Roast Turkey Mashed Potatoes Bread Stuffing Butternut Squash Stuffed Sole Mashed Potatoes Butternut Squash Fresh Green Beans Roll Dessert of the Day Sugar Free Dessert	Lunch Fresh Garden Salad Fresh Fruit Salad Soup Du Jour Corned Beef Boiled Potatoes Cabbage & Carrots Chicken Cordon Bleu Boiled Potatoes Cabbage & Carrots Fresh Green Beans Roll Dessert of the Day Sugar Free Dessert	Lunch Fresh Garden Salad Fresh Fruit Salad Beef & Rice Soup Pork Tenderloin Creamy Parmesan Risotto Buttered Broccoli Fresh Fish of the Day Creamy Parmesan Risotto Buttered Broccoli Fresh Green Beans Roll Dessert of the Day Sugar Free Dessert	Lunch Fresh Garden Salad Fresh Fruit Salad Chicken Noodle Soup Meatloaf Baked Potato Asparagus & Red peppers Chicken & Broccoli Alfredo Fettuccini Asparagus & Red peppers Fresh Green Beans Rolls Assorted Pies Sugar Free Dessert	Lunch Fresh Garden Salad Fresh Fruit Salad Lentil Soup Turkey Tenderloin Mashed Sweet Potatoes Chef's Blend Pan Seared Duck Breast Mashed Sweet Potatoes Chef's Blend Fresh Green Beans Roll Dessert of the Day Sugar Free Dessert	Lunch Fresh Garden Salad Fresh Fruit Salad Clam Chowder Meatball Cacciatore Pasta Fresh Julienne Vegetables Lobster Ravioli Fresh Julienne Vegetables Fresh Green Beans Garlic Bread Dessert of the Day Sugar Free Dessert	Lunch Fresh Garden Salad Fresh Fruit Salad Tomato Basil Soup Coconut Shrimp Almond Rice Pilaf Sautéed Baby Spinach Grilled Ginger Soy Beef Tips Almond Rice Pilaf Sautéed Baby Spinach Fresh Green Beans Biscuit Dessert of the Day Sugar Free Dessert
Dinner Turkey Bean Soup Seafood Salad Roll Sweet Potato Tots Sautéed Baby Spinach Chicken Kabob Sweet Potato Tots Sautéed Baby Spinach Dessert of the Day Sugar Free Dessert	Dinner Soup Du Jour Egg Salad on a Croissant Pasta & Vegetable Salad Beef & Broccoli Brown Rice Oriental Vegetables Dessert of the Day Sugar Free Dessert	Dinner Beef & Rice Soup Herb Seared Salmon Salad Roll Turkey, Lettuce & Tomato Sandwich Potato Salad Dessert of the Day Sugar Free Dessert	Dinner Chicken Noodle Soup Lobster Roll French Fries Apple Cole Slaw BBQ Chicken French Fries Apple Cole Slaw Dessert of the Day Sugar Free Dessert	Dinner Lentil Soup American Chop Suey Italian Green Beans Ham Salad Sandwich Italian Green Beans Dessert of the Day Sugar Free Dessert	Dinner Clam Chowder Fried Haddock on Brioche French Fries Bean Medley Chicken Meatballs with Honey Mustard French Fries Bean Medley Dessert of the Day Sugar Free Dessert	Dinner Tomato Basil Soup Hot Dog Brown Bread Baked Beans Cole Slaw Grilled Turkey & Swiss Cole Slaw Dessert of the Day Sugar Free Dessert



Wentworth Senior Living Dining Selections Week of 9/13

SUNDAY <i>Breakfast</i>	MONDAY <i>Breakfast</i>	TUESDAY <i>Breakfast</i>	WEDNESDAY <i>Breakfast</i>	THURSDAY <i>Breakfast</i>	FRIDAY <i>Breakfast</i>	SATURDAY <i>Breakfast</i>
Pancakes Sausage Danish	Scrambled Eggs Home Fried Potatoes	French Toast w/ Fruit Topping Bacon	Eggs Your Way Sausage Patties	Belgian Waffle Potato Pancakes	Eggs to Order Bacon	Cheese Omelets Sausage Link
Lunch Fresh Garden Salad Fresh Fruit Salad Chicken & Rice Soup Broccoli & Cheese Stuffed Chicken Red Bliss Mashed Potatoes Peas & Onions Roast Sirloin Red Bliss Mashed Potatoes Peas & Onions Asparagus Roll Dessert of the Day Sugar Free Dessert	Lunch Fresh Garden Salad Fresh Fruit Salad Soup Du jour BBQ Beef Brisket Herbed Rice Pilaf Carrots Marinated Turkey Tips Herbed Rice Pilaf Carrots Asparagus Roll Dessert of the Day Sugar Free Dessert	Lunch Fresh Garden Salad Fresh Fruit Salad Sausage, Pepper & Potato Soup Pork Lo Mein Lo Mein Noodles Asian Blend Vegetables General Tso's Chicken Lo Mein Noodles Garlic Spinach Asian Blend Vegetables Asparagus Roll Dessert of the Day Sugar Free Dessert	Lunch Fresh Garden Salad Fresh Fruit Salad Vegetable Barley Soup Pappardelle Bolognese Harvard Beets Baked Seafood Casserole Baked Potato Harvard Beets Asparagus Garlic Bread Dessert of the Day Sugar Free Dessert	Lunch Fresh Garden Salad Fresh Fruit Salad Chicken & Vegetable Soup Chicken Cacciatore Steamed Jasmine Rice Peas Salisbury Steak w/ Onion Gravy Steamed Jasmine Rice Peas Asparagus Roll Dessert of the Day Sugar Free Dessert	Lunch Fresh Garden Salad Fresh Fruit Salad Seafood Chowder Ritz Cracker Haddock Parsley Mashed Potatoes Chef's Blend Sausage & Peppers Bow Tie Pasta Chef's Blend Asparagus Roll Dessert of the Day Sugar Free Dessert	Lunch Fresh Caesar Salad Fresh Fruit Salad Soup Du Jour Chicken Parmesan Linguine Cauliflower & Red Peppers Lemon Rosemary Turkey Linguine Cauliflower & Red Pepper Asparagus Garlic Bread Dessert of the Day Sugar Free Dessert
Dinner Chicken & Rice Soup Italian Sub Homemade Potato Chips Caprese Salad Manicotti Garlic Bread Dessert of the Day Sugar Free Dessert	Dinner Soup Du jour Curried Chicken Salad On a Croissant French Fries Apple Cole Slaw Sloppy Joe French Fries Apple Cole Slaw Dessert of the Day Sugar Free Dessert	Dinner Sausage, Pepper & Potato Soup Grilled Tomato, Mozzarella & Basil Sandwich Vegetable Medley Stuffed Portobello Vegetable Medley Dessert of the Day Sugar Free Dessert	Dinner Vegetable Barley Soup Reuben Sandwich Potato Salad Carrot & Raisin Salad Chicken Tenders Potato Salad Carrot & Raisin Salad Dessert of the Day Sugar Free Dessert	Dinner Chicken & Vegetable Soup French Dip Sandwich Sweet Potato Fries Roasted Cherry Tomatoes Honey Mustard Chicken Salad Plate Roasted Cherry Tomatoes Sweet Potato Fries Dessert of the Day Sugar Free Dessert	Dinner Seafood Chowder Hot Pastrami Sandwich Caesar Salad Calzones Caesar Salad Dessert of the Day Sugar Free Dessert	Dinner Soup Du Jour Franks & Beans Cole Slaw Brown Bread Greek Chicken Wrap Chips Cole Slaw Dessert of the Day Sugar Free Dessert

Wentworth Senior Living Dining Selections Week of 9/20

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Scrambled Eggs Bacon Danish	French Toast Sausage Patty	Scrambled Eggs	Chef's Special Pancakes	Waffles Bacon	Eggs to Order Sausage Patty	Ham, Egg & Cheese on Croissant Sausage Link
Lunch Fresh Garden Salad Fresh Fruit Salad Tomato Rice Soup	Lunch Fresh Garden Salad Fresh Fruit Salad Italian Wedding Soup	Lunch Fresh Garden Salad Fresh Fruit Salad Chilled Strawberry Soup	Lunch Fresh Garden Salad Fresh Fruit Salad Greek Chicken Soup	Lunch Fresh Garden Salad Fresh Fruit Salad Broccoli & Cheese Soup	Lunch Fresh Garden Salad Fresh Fruit Salad Fish Chowder	Lunch Fresh Caesar Salad Fresh Fruit Salad Chicken Noodle Soup
Leg of Lamb Baked Potato Roasted Brussel Sprouts	Beef Brisket w/ Gravy Orzo Fresh Julienne Vegetables	Sweet & Sour Chicken Spanish Rice Asparagus	Spaghetti & Meatballs Spaghetti Broccoli & Cauliflower	Steak Tips Pasta Salad Mexican Corn	Baked Haddock Sweet Potato Fresh Green Beans	Beef Pot Roast Scalloped Potatoes Grilled Zucchini
Chicken Florentine Baked Potato Roasted Brussel Sprouts	Crab Stuffed filet of Sole Orzo Fresh Julienne Vegetables	Beef Tenderloin w/ Demi Glaze Spanish Rice Asparagus	Macaroni & Cheese Stewed Tomatos Broccoli & Cauliflower	BBQ Chicken Thighs Pasta Salad Mexican Corn	Grilled Turkey Tips Sweet Potato Fresh Green Beans	Pork Tenderloin Scalloped Potatoes Grilled Zucchini
Spinach Roll Dessert of the Day Sugar Free Dessert	Spinach Roll Dessert of the Day Sugar Free Dessert	Spinach Roll Dessert of the Day Sugar Free Dessert	Spinach Roll Dessert of the Day Sugar Free Dessert	Spinach Roll Dessert of the Day Sugar Free Dessert	Spinach Roll Dessert of the Day Sugar Free Dessert	Spinach Roll Dessert of the Day Sugar Free Dessert
Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
Tomato Rice Soup	Italian Wedding	Chilled Strawberry Soup	Greek Chicken Soup	Broccoli & Cheese Soup	Fish Chowder	Chicken Noodle Soup
Tortellini w/ Sauce Iceberg Wedge	Pork Loin w/ Gravy Steamed Brown Rice Sauteed Spinch & Onions	Stuffed Peppers Carrots & Raisin Salad Zucchini & Summer Squash	Patty Melt Homemade Potato Chips Cole Slaw	Fried Scallop Roll Potato Du Jour Italian Green Beans	Baked Ziti w/ Meat Sauce Broccoli Au Gratin	Franks & Beans Brown Bread Cole Slaw
Fried Chicken Tenders German Potato Salad Iceberg Wedge	Turkey Melt with Pesto Garlic Mayo Chips	Monte Cristo Sandwich Carrot & Raisin Salad Zucchini & Summer Squash	Caesar Salad w/ Shrimp Dinner Roll	Chicken Meatballs w/ sauce Potato Du Jour Italian Green Beans	Italian Sausage Grinder Pasta Salad Broccoli Au Gratin	Italian Deli Sandwich Peppers & Onions Cole Slaw
Baked Chicken or Fish *Always Available Menu Sugar Free Dessert	Baked Chicken or Fish *Always Available Menu Sugar Free Dessert	Baked Chicken or Fish *Always Available Menu Sugar Free Dessert	Baked Chicken or Fish *Always Available Menu Sugar Free Dessert	Baked Chicken or Fish *Always Available Menu Sugar Free Dessert	Baked Chicken or Fish *Always Available Menu Sugar Free Dessert	Baked Chicken or Fish *Always Available Menu Sugar Free Dessert



Wentworth Senior Living Dining Selections Week of 9/27

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<i>Breakfast</i>	<i>Breakfast</i>	<i>Breakfast</i>	<i>Breakfast</i>	<i>Breakfast</i>	<i>Breakfast</i>	<i>Breakfast</i>
Fried Eggs Bacon Danish	Scrambled Eggs Sausage Links	Cheese Omelet Home Fried Potatoes Sausage	Pancakes	Scrambled Eggs Bacon	French Toast Sausage Patty Assorted Donuts	Scrambled Eggs Bacon
<i>Lunch</i>	<i>Lunch</i>	<i>Lunch</i>	<i>Lunch</i>	<i>Lunch</i>	<i>Lunch</i>	<i>Lunch</i>
Fresh Garden Salad Fresh Fruit Salad Broccoli & Cheese	Fresh Garden Salad Fresh Fruit Salad Split Pea and Ham	Fresh Garden Salad Fresh Fruit Salad Beef & Rice	Fresh Garden Salad Fresh Fruit Salad Gazpacho	Fresh Garden Salad Fresh Fruit Salad Soup Du Jour	Fresh Garden Salad Fresh Fruit Salad Clam Chowder	Fresh Garden Salad Fresh Fruit Salad Turkey & Rice
Baked Ham & Pineapple Sauce Mashed Sweet Potato Green Beans	London Broil Garden Brown Rice Buttered Cauliflower	Braised Lamb Shanks Creamy Mashed Potatoes Broccoli & Red Peppers	Grilled Lemon Dill Salmon Roasted Sweet Potato Baby Spinach	Grilled Turkey Tips Oven Roasted Potatoes Corn	Grilled Swordfish Confetti Rice Pilaf Zucchini & Summer Squash	Pork Tenderloin Baked Potato Beets
Chicken Cordon Bleu Mashed Sweet Potato Green Beans	Fresh Fish of the Day Garden Brown Rice Buttered Cauliflower	Shake N' Bake Chicken Thighs Creamy Mashed Potatoes Broccoli & Red Peppers	Roasted Pork Ribs w/ BBQ Sauce Roasted Sweet Potato Baby Spinach	Veal Marsala Oven Roasted Potatoes Corn	Chicken & Sausage Jambalaya Confetti Rice Pilaf Zucchini & Summer Squash	Pot Roast Baked Potato Beets
Roll Carrots Dessert of the Day Sugar Free Dessert	Roll Carrots Dessert of the day Sugar Free Dessert	Roll Carrots Dessert of the Day Sugar Free Dessert	Roll Carrots Dessert of the Day Sugar Free Dessert	Roll Carrots Dessert of the Day Sugar Free Dessert	Roll Carrots Dessert of the day Sugar Free Dessert	Roll Carrots Dessert of the Day Sugar Free Dessert
<i>Dinner</i>	<i>Dinner</i>	<i>Dinner</i>	<i>Dinner</i>	<i>Dinner</i>	<i>Dinner</i>	<i>Dinner</i>
Broccoli & Cheese	Split Pea and Ham	Beef & Rice	Gazpacho	Soup Du Jour	Clam Chowder	Turkey & Rice
Meatball Sub Jo- Jo Fries Macaroni Salad	Stuffed Shells Garlic Bread	Shepherd's Pie Peas & Onions	B.L.T. with Cheese Pineapple Cottage Cheese Cucumber & Tomato Salad	Cobb Salad Dinner Roll Mixed Vegetables	Hamburger or Cheeseburger Couscous Salad Carrots & Broccoli	Hot Dogs & Beans Brown Bread Coleslaw
Quiche- Lorraine Jo- Jo Fries	Fish Filet Sandwich Broccoli Slaw	Chilled Shrimp Cocktail Plate Homemade Potato Chips Beef Salad	Greek Chicken Wrap Pineapple Cottage Cheese	Chicken Tenders with Sauce French Fries Mixed Vegetables	American Chop Suey Carrots & Broccoli Garlic Bread	Chicken Meatballs with Honey Mustard Sauce Coleslaw
Dessert of the Day Sugar Free Dessert	Dessert of the Day Sugar Free Dessert	Dessert of the Day Sugar Free Dessert	Dessert of the Day Sugar Free Dessert	Dessert of the Day Sugar Free Dessert	Dessert of the Day Sugar Free Dessert	Dessert of the Day Sugar Free Dessert



Wentworth Senior Living Dining Selections Week of 10/4

SUNDAY <i>Breakfast</i>	MONDAY <i>Breakfast</i>	TUESDAY <i>Breakfast</i>	WEDNESDAY <i>Breakfast</i>	THURSDAY <i>Breakfast</i>	FRIDAY <i>Breakfast</i>	SATURDAY <i>Breakfast</i>
Fried Eggs Sausage Danish	French Toast w/ Fruit Topping Sausage Patties	Scrambled Eggs Cinnamon Donuts	Strata	Apple Spiced Pancakes Hash Brown Potatoes	Ham Omelet Bacon Home fries	Scrambled Eggs Sausage Pattie Scone
<i>Lunch</i> Fresh Garden Salad Fresh Fruit Salad Beef & Rice Soup	<i>Lunch</i> Fresh Garden Salad Fresh Fruit Salad Chicken Noodle Soup	<i>Lunch</i> Fresh Garden Salad Fresh Fruit Salad Summer Vegetable Soup	<i>Lunch</i> Fresh Garden Salad Fresh Fruit Salad Soup Du Jour	<i>Lunch</i> Fresh Garden Salad Fresh Fruit Salad Chicken Vegetable Soup	<i>Lunch</i> Fresh Garden Salad Fresh Fruit Salad Shrimp Bisque	<i>Lunch</i> Fresh Garden Salad Fresh Fruit Salad Soup Du Jour
Beef Tenderloin w/ Demi Glaze Roasted Fingerling Potatoes Fresh Broccoli	Fresh Fish of the Day Garden Brown Rice Roasted Beets	Sweet & Sour Pork Jasmine Rice Fresh Carrot Coins	Baked Scallops Boiled Potatoes Buttered Corn	4 Cheese Lasagna Collard Greens	Turkey Tenderloin with Gravy Rice Pilaf Roasted Asparagus	Spaghetti & Meatballs Broccoli & Cauliflower
Lemon Rosemary Turkey Roasted Fingerling Potatoes Fresh Broccoli	Chinese Pepper Steak Garden Brown Rice Roasted Beets	Herbed Grilled Chicken Thighs Jasmine Rice Fresh Carrot Coins	Kielbasa w/ Apples & Onions Boiled Potatoes Buttered Corn	Stuffed Peppers Collard Greens	Haddock w/ Crumb Topping Rice Pilaf Roasted Asparagus	Chicken Stew Broccoli & Cauliflower
Peas Roll Dessert of the Day Sugar Free Dessert	Peas Roll Dessert of the Day Sugar Free Dessert	Peas Roll Dessert of the Day Sugar Free Dessert	Peas Roll Dessert of the Day Sugar Free Dessert	Peas Garlic Bread Dessert of the Day Sugar Free Dessert	Peas Roll Dessert of the Day Sugar Free Dessert	Peas Biscuit Dessert of the Day Sugar Free Dessert
<i>Dinner</i> Beef & Rice Soup	<i>Dinner</i> Chicken Noodle Soup	<i>Dinner</i> Summer Vegetable Soup	<i>Dinner</i> Soup Du Jour	<i>Dinner</i> Chicken Vegetable	<i>Dinner</i> Shrimp Bisque	<i>Dinner</i> Soup Du Jour
Tuna Melt Stewed Tomatoes	Cheese Tortellini in Pesto Peas & Pearl Onions Garlic Bread Fish & Chips Fish Cakes Peas & Pearl Onions	Roast Beef Melt Tater Tots Olive & Artichoke Medley Tarragon Chicken Salad Plate Olive & Artichoke Medley	Open Faced Turkey Sandwich Mashed Potatoes w/ Gravy Carrots Chef's Salad Roll	Ruben Sandwich Couscous Salad Green & wax Beans Pulled Pork Sandwich Couscous Salad Green & wax Beans	Eggplant Parmesan Side Salad Fish Filet Sandwich Sweet Potato Fries	Patty Melt Tater Tots Sesame Cucumber Salad Ham Salad Sandwich Tater Tots Sesame Cucumber Salad
Baked Chicken or Fish *Always Available Menu Dessert of the Day Sugar Free Dessert	Baked Chicken or Fish *Always Available Menu Dessert of the Day Sugar Free Dessert	Baked Chicken or Fish *Always Available Menu Dessert of the Day Sugar Free Dessert	Baked Chicken or Fish *Always Available Menu Dessert of the Day Sugar Free Dessert	Baked Chicken or Fish *Always Available Menu Dessert of the Day Sugar Free Dessert	Baked Chicken or Fish *Always Available Menu Dessert of the day Sugar Free Dessert	Baked Chicken or Fish *Always Available Menu Dessert of the Day Sugar Free Dessert



Wentworth Senior Living Dining Selections Week of 10/11

SUNDAY <i>Breakfast</i>	MONDAY <i>Breakfast</i>	TUESDAY <i>Breakfast</i>	WEDNESDAY <i>Breakfast</i>	THURSDAY <i>Breakfast</i>	FRIDAY <i>Breakfast</i>	SATURDAY <i>Breakfast</i>
French Toast Sausage Danish	Quiche du Jour Home Fried Potatoes	Scrambled Eggs Bacon	French Toast w/ Fruit Topping Bacon	Pancakes w/ Syrup Hash Brown Potatoes	Eggs to Order Bacon	Pancakes Sausage Links
Lunch Fresh Garden Salad Fresh Fruit Salad Turkey Bean Soup Roast Turkey Mashed Potatoes Bread Stuffing Butternut Squash Stuffed Sole Mashed Potatoes Butternut Squash Fresh Green Beans Roll Dessert of the Day Sugar Free Dessert	Lunch Fresh Garden Salad Fresh Fruit Salad Soup Du Jour Corned Beef Boiled Potatoes Cabbage & Carrots Chicken Cordon Bleu Boiled Potatoes Cabbage & Carrots Fresh Green Beans Roll Dessert of the Day Sugar Free Dessert	Lunch Fresh Garden Salad Fresh Fruit Salad Beef & Rice Soup Pork Tenderloin Creamy Parmesan Risotto Buttered Broccoli Fresh Fish of the Day Creamy Parmesan Risotto Buttered Broccoli Fresh Green Beans Roll Dessert of the Day Sugar Free Dessert	Lunch Fresh Garden Salad Fresh Fruit Salad Chicken Noodle Soup Meatloaf Baked Potato Asparagus & Red peppers Chicken & Broccoli Alfredo Fettuccini Asparagus & Red peppers Fresh Green Beans Rolls Assorted Pies Sugar Free Dessert	Lunch Fresh Garden Salad Fresh Fruit Salad Lentil Soup Turkey Tenderloin Mashed Sweet Potatoes Chef's Blend Pan Seared Duck Breast Mashed Sweet Potatoes Chef's Blend Fresh Green Beans Roll Dessert of the Day Sugar Free Dessert	Lunch Fresh Garden Salad Fresh Fruit Salad Clam Chowder Meatball Cacciatore Pasta Fresh Julienne Vegetables Lobster Ravioli Fresh Julienne Vegetables Fresh Green Beans Garlic Bread Dessert of the Day Sugar Free Dessert	Lunch Fresh Garden Salad Fresh Fruit Salad Tomato Basil Soup Coconut Shrimp Almond Rice Pilaf Sautéed Baby Spinach Grilled Ginger Soy Beef Tips Almond Rice Pilaf Sautéed Baby Spinach Fresh Green Beans Biscuit Dessert of the Day Sugar Free Dessert
Dinner Turkey Bean Soup Seafood Salad Roll Sweet Potato Tots Sautéed Baby Spinach Chicken Kabob Sweet Potato Tots Sautéed Baby Spinach Dessert of the Day Sugar Free Dessert	Dinner Soup Du Jour Egg Salad on a Croissant Pasta & Vegetable Salad Beef & Broccoli Brown Rice Oriental Vegetables Dessert of the Day Sugar Free Dessert	Dinner Beef & Rice Soup Herb Seared Salmon Salad Roll Turkey, Lettuce & Tomato Sandwich Potato Salad Dessert of the Day Sugar Free Dessert	Dinner Chicken Noodle Soup Lobster Roll French Fries Apple Cole Slaw BBQ Chicken French Fries Apple Cole Slaw Dessert of the Day Sugar Free Dessert	Dinner Lentil Soup American Chop Suey Italian Green Beans Ham Salad Sandwich Italian Green Beans Dessert of the Day Sugar Free Dessert	Dinner Clam Chowder Fried Haddock on Brioche French Fries Bean Medley Chicken Meatballs with Honey Mustard French Fries Bean Medley Dessert of the Day Sugar Free Dessert	Dinner Tomato Basil Soup Hot Dog Brown Bread Baked Beans Cole Slaw Grilled Turkey & Swiss Cole Slaw Dessert of the Day Sugar Free Dessert



Wentworth Senior Living Dining Selections Week of 10/18

SUNDAY <i>Breakfast</i>	MONDAY <i>Breakfast</i>	TUESDAY <i>Breakfast</i>	WEDNESDAY <i>Breakfast</i>	THURSDAY <i>Breakfast</i>	FRIDAY <i>Breakfast</i>	SATURDAY <i>Breakfast</i>
Pancakes Sausage Danish	Scrambled Eggs Home Fried Potatoes	French Toast w/ Fruit Topping Bacon	Eggs Your Way Sausage Patties	Belgian Waffle Potato Pancakes	Eggs to Order Bacon	Cheese Omelets Sausage Link
Lunch Fresh Garden Salad Fresh Fruit Salad Chicken & Rice Soup Broccoli & Cheese Stuffed Chicken Red Bliss Mashed Potatoes Peas & Onions Roast Sirloin Red Bliss Mashed Potatoes Peas & Onions Asparagus Roll Dessert of the Day Sugar Free Dessert	Lunch Fresh Garden Salad Fresh Fruit Salad Soup Du jour BBQ Beef Brisket Herbed Rice Pilaf Carrots Marinated Turkey Tips Herbed Rice Pilaf Carrots Asparagus Roll Dessert of the Day Sugar Free Dessert	Lunch Fresh Garden Salad Fresh Fruit Salad Sausage, Pepper & Potato Soup Pork Lo Mein Lo Mein Noodles Asian Blend Vegetables General Tso's Chicken Lo Mein Noodles Garlic Spinach Asian Blend Vegetables Asparagus Roll Dessert of the Day Sugar Free Dessert	Lunch Fresh Garden Salad Fresh Fruit Salad Vegetable Barley Soup Pappardelle Bolognese Harvard Beets Baked Seafood Casserole Baked Potato Harvard Beets Asparagus Garlic Bread Dessert of the Day Sugar Free Dessert	Lunch Fresh Garden Salad Fresh Fruit Salad Chicken & Vegetable Soup Chicken Cacciatore Steamed Jasmine Rice Peas Salisbury Steak w/ Onion Gravy Steamed Jasmine Rice Peas Asparagus Roll Dessert of the Day Sugar Free Dessert	Lunch Fresh Garden Salad Fresh Fruit Salad Seafood Chowder Ritz Cracker Haddock Parsley Mashed Potatoes Chef's Blend Sausage & Peppers Bow Tie Pasta Chef's Blend Asparagus Roll Dessert of the Day Sugar Free Dessert	Lunch Fresh Caesar Salad Fresh Fruit Salad Soup Du Jour Chicken Parmesan Linguine Cauliflower & Red Peppers Lemon Rosemary Turkey Linguine Cauliflower & Red Pepper Asparagus Garlic Bread Dessert of the Day Sugar Free Dessert
Dinner Chicken & Rice Soup Italian Sub Homemade Potato Chips Caprese Salad Manicotti Garlic Bread Dessert of the Day Sugar Free Dessert	Dinner Soup Du jour Curried Chicken Salad On a Croissant French Fries Apple Cole Slaw Sloppy Joe French Fries Apple Cole Slaw Dessert of the Day Sugar Free Dessert	Dinner Sausage, Pepper & Potato Soup Grilled Tomato, Mozzarella & Basil Sandwich Vegetable Medley Stuffed Portobello Vegetable Medley Dessert of the Day Sugar Free Dessert	Dinner Vegetable Barley Soup Reuben Sandwich Potato Salad Carrot & Raisin Salad Chicken Tenders Potato Salad Carrot & Raisin Salad Dessert of the Day Sugar Free Dessert	Dinner Chicken & Vegetable Soup French Dip Sandwich Sweet Potato Fries Roasted Cherry Tomatoes Honey Mustard Chicken Salad Plate Roasted Cherry Tomatoes Sweet Potato Fries Dessert of the Day Sugar Free Dessert	Dinner Seafood Chowder Hot Pastrami Sandwich Caesar Salad Calzones Caesar Salad Dessert of the Day Sugar Free Dessert	Dinner Soup Du Jour Franks & Beans Cole Slaw Brown Bread Greek Chicken Wrap Chips Cole Slaw Dessert of the Day Sugar Free Dessert



Wentworth Senior Living Dining Selections Week of 10/25

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<i>Breakfast</i>	<i>Breakfast</i>	<i>Breakfast</i>	<i>Breakfast</i>	<i>Breakfast</i>	<i>Breakfast</i>	<i>Breakfast</i>
Scrambled Eggs Bacon Danish	French Toast Sausage Patty	Scrambled Eggs	Chef's Special Pancakes	Waffles Bacon	Eggs to Order Sausage Patty	Ham, Egg & Cheese on Croissant Sausage Link
<i>Lunch</i>	<i>Lunch</i>	<i>Lunch</i>	<i>Lunch</i>	<i>Lunch</i>	<i>Lunch</i>	<i>Lunch</i>
Fresh Garden Salad Fresh Fruit Salad Tomato Rice Soup	Fresh Garden Salad Fresh Fruit Salad Italian Wedding Soup	Fresh Garden Salad Fresh Fruit Salad Chilled Strawberry Soup	Fresh Garden Salad Fresh Fruit Salad Greek Chicken Soup	Fresh Garden Salad Fresh Fruit Salad Broccoli & Cheese Soup	Fresh Garden Salad Fresh Fruit Salad Fish Chowder	Fresh Caesar Salad Fresh Fruit Salad Chicken Noodle Soup
Leg of Lamb Baked Potato Roasted Brussel Sprouts	Beef Brisket w/ Gravy Orzo Fresh Julienne Vegetables	Sweet & Sour Chicken Spanish Rice Asparagus	Spaghetti & Meatballs Spaghetti Broccoli & Cauliflower	Steak Tips Pasta Salad Mexican Corn	Baked Haddock Sweet Potato Fresh Green Beans	Beef Pot Roast Scalloped Potatoes Grilled Zucchini
Chicken Florentine Baked Potato Roasted Brussel Sprouts	Crab Stuffed filet of Sole Orzo Fresh Julienne Vegetables	Beef Tenderloin w/ Demi Glaze Spanish Rice Asparagus	Macaroni & Cheese Stewed Tomatos Broccoli & Cauliflower	BBQ Chicken Thighs Pasta Salad Mexican Corn	Grilled Turkey Tips Sweet Potato Fresh Green Beans	Pork Tenderloin Scalloped Potatoes Grilled Zucchini
<i>Dinner</i>	<i>Dinner</i>	<i>Dinner</i>	<i>Dinner</i>	<i>Dinner</i>	<i>Dinner</i>	<i>Dinner</i>
Spinach Roll Dessert of the Day Sugar Free Dessert	Spinach Roll Dessert of the Day Sugar Free Dessert	Spinach Roll Dessert of the Day Sugar Free Dessert	Spinach Roll Dessert of the Day Sugar Free Dessert	Spinach Roll Dessert of the Day Sugar Free Dessert	Spinach Roll Dessert of the Day Sugar Free Dessert	Spinach Roll Dessert of the Day Sugar Free Dessert
Tomato Rice Soup	Italian Wedding	Chilled Strawberry Soup	Greek Chicken Soup	Broccoli & Cheese Soup	Fish Chowder	Chicken Noodle Soup
Tortellini w/ Sauce Iceberg Wedge	Pork Loin w/ Gravy Steamed Brown Rice Sauteed Spinch & Onions	Stuffed Peppers Carrots & Raisin Salad Zucchini & Summer Squash	Patty Melt Homemade Potato Chips Cole Slaw	Fried Scallop Roll Potato Du Jour Italian Green Beans	Baked Ziti w/ Meat Sauce Broccoli Au Gratin	Franks & Beans Brown Bread Cole Slaw
Fried Chicken Tenders German Potato Salad Iceberg Wedge	Turkey Melt with Pesto Garlic Mayo Chips	Monte Cristo Sandwich Carrot & Raisin Salad Zucchini & Summer Squash	Caesar Salad w/ Shrimp Dinner Roll	Chicken Meatballs w/ sauce Potato Du Jour Italian Green Beans	Italian Sausage Grinder Pasta Salad Broccoli Au Gratin	Italian Deli Sandwich Peppers & Onions Cole Slaw
Baked Chicken or Fish *Always Available Menu Sugar Free Dessert	Baked Chicken or Fish *Always Available Menu Sugar Free Dessert	Baked Chicken or Fish *Always Available Menu Sugar Free Dessert	Baked Chicken or Fish *Always Available Menu Sugar Free Dessert	Baked Chicken or Fish *Always Available Menu Sugar Free Dessert	Baked Chicken or Fish *Always Available Menu Sugar Free Dessert	Baked Chicken or Fish *Always Available Menu Sugar Free Dessert