



Wentworth Senior Living Dining Selections

Week 1 - 11/20/23

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

Breakfast

* A La Carte

* A La Carte

* A La Carte


* A La Carte

* A La Carte

* A La Carte

* A La Carte

Lunch

Tuscan Tomato Soup 

Pork Dianne

Creamy Mashed Potatoes

Green Bean Almondine

Turkey a la King

Biscuit

Tri Colored Carrots

Dinner Roll

Dessert of the Day

S/F Butterscotch Pudding

Turkey and Rice Soup

Chicken Cutlet

Buttered Egg Noodles

Peas & Pearl Onions

Beef Stroganoff 

Buttered Egg Noodles

Tri Colored Carrots

Dinner Roll

Dessert of the Day

S/F Butterscotch Pudding

Cream of Mushroom Soup 

Shrimp Kabobs

Herbed Rice Pilaf

Lima Beans

Grilled Lemon Pepper Turkey Tips

Herbed Rice Pilaf

Lima Beans

Tri Colored Carrots

Dessert of the Day

S/F Butterscotch Pudding

Beef Barley Soup

Beef Tips Dijonnaise

Scalloped Potatoes

Baby Spinach

Vegetable Lasagna

Baby Spinach

Garlic Bread

Tri Colored Carrots

Dessert of the Day

S/F Butterscotch Pudding

Minestrone Soup

Grilled Pork Medallion

Confetti Rice

Roasted Butternut Squash

Baked Herbed Chicken Breast

Confetti Rice

Roasted Butternut Squash

Tri Colored Carrots

Dinner Roll

Dessert of the Day

S/F Butterscotch Pudding

Clam Chowder

Pan Seared Sea Scallops with White Wine Sauce

Wild Mushroom Rissoto

Parmesan Zucchini

Roast Pork Loin

Wild Mushroom Rissoto

Parmesan Zucchini

Tri Colored Carrots

Dinner Roll

Dessert of the Day

S/F Butterscotch Pudding

Italian Wedding Soup

Veal Oscar

Twice Baked Potato

Chef's Vegetable Blend

Eggplant Parmesan

Linguini Pasta

Chef's Vegetable Selection


Tri Colored Carrots

Garlic Bread

Dessert of the Day

S/F Butterscotch Pudding

Dinner

Tuscan Tomato Soup 

Fried Scallops on Brioche Roll

Cole Slaw

Spinach Salad with Grilled Chicken

Dinner Roll

Dessert of the Day

S/F Creamy Lemon Bars

Turkey and Rice Soup

Cuban Pork Sandwich

Havana Rice

Chicken & Roasted Peppers Quesadilla

Havana Rice

Dessert of the Day

S/F Creamy Lemon Bars

Cream of Mushroom Soup 

Lamb Stew

Parsley Potatoes

Egg Salad Sandwich

Pasta Salad

Dessert of the Day

S/F Creamy Lemon Bars

Beef Barley Soup

Philadelphia Steak & Cheese

French Fried Potatoes

Vegetable Stew

Biscuit

Dessert of the Day

S/F Creamy Lemon Bars

Minestrone Soup

Grilled Cheese & Tomato

Stewed Tomatoes

Shepherds Pie

Baby Spinach

Dessert of the Day

S/F Creamy Lemon Bars

Clam Chowder

Lobster Roll

Broccoli Slaw

BBQ Chicken Thighs

Potato Salad

Dessert of the Day

S/F Creamy Lemon Bars

Italian Wedding Soup

Hot Dogs & Beans

Brown Bread

Autumn Chicken Stew

Maple Cornbread

Dessert of the Day

S/F Creamy Lemon Bars

THIS WEEK'S FEATURED VEGETABLES

Tri-Colored Carrots

 = Vegetarian Option

 = Reduced fat, reduced carbohydrate, reduced sodium options.

 = Baked chicken and fish always available at lunch and dinner.

Before placing your order, please inform your server if a person in your party has a FOOD ALLERGY.
 Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of foodborne illness.
 Coffee, Tea, Milk, V-8 Juice, Cranberry Juice, 100% Orange Juice, 100% Apple Juice and Fresh Fruit are offered at each meal.
 *Alternate menu always available. Assorted whole grain (WG) bread options always available.
 Sugar-free dessert and ice cream options always available at lunch and dinner.
 Garden Salad and Fresh Fruit always available at lunch and dinner.
 Dietitian signature on file.

